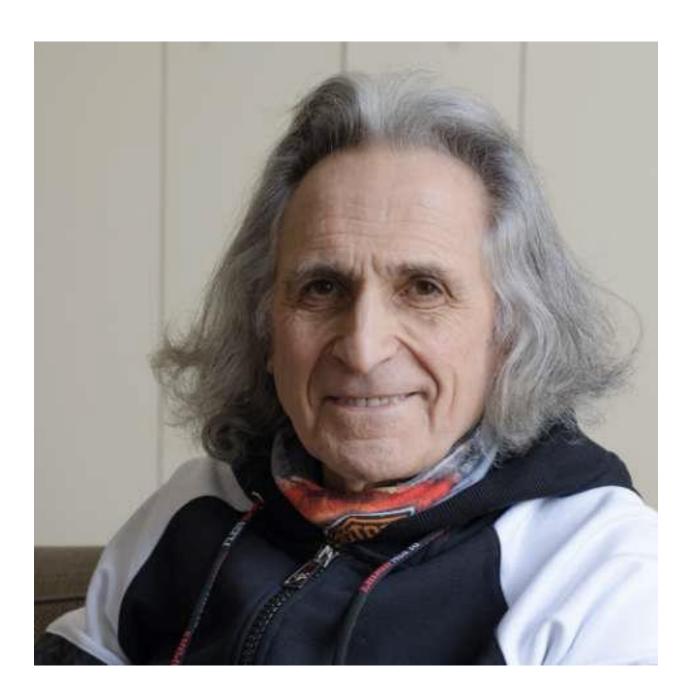
Rabbi Michael-ben-Pesach Portnaar

# FROM EVERYONE AND FOR EVERYONE



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with Rabbi Michael-ben-Pesach Portnaar (RaMPeP)

Verkabbala Uitgevers Publishing

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No group, no society, nor any spiritual movement, or otherwise conformed to methods into group loyalty in the social society (social and animal), will receive the ultimate development which is excluded for and given for him personally! Only due to the individual aspects of the Lurian kabbalah what is the everlasting method that is in this time revealed to the human race, there is a positive chance. Therefore are given to this world the books of Ari and the Zohar so that every individual – and in that way the whole human race - can receive the ultimate release of his own egoistic slavery.

Rabbi Michael-ben-Pesach Portnaar

### 1. FROM EVERYONE AND FOR EVERYONE

We start this rubric for all members of the forum, that is, for students of any level, including teachers of the Lurian Kabbalah. Each of you can ask me questions WITHOUT FEELING SHY, and I reserve the right whether to respond each question or not. The prerequisite for posting a message / question to me should be the fact that the person who asks the question has already done a thorough \* search for an answer both in the materials of our books and from the messages on our forum ... And so, after having done the said work, after combing everything the person can into one... yet still not able find the answer, the person puts his question on the forum. At the same time, when posing his question, he provides various references from sources, from our books, forum messages (both mine and others), gives his ideas, answer assumptions, etc. That is, the process of raising the question itself is already the FRUIT OF SPIRITUAL WORK, and not a child's question: "Dad, what is it? And what is it? ..." and so on.

Note: on the forum there is a SEARCH button that can be used. It is called Who I am in the panel with other control buttons named "Search". There you can search for anything, by many parameters ... By author, in a specific forum, or everywhere, by word or by a bunch of words, showing results by posts or topics, etc.).

And here on the forum you may be given an answer (s), a series of answers, the fruit of discussion, etc., including your active participation in solving this issue ... And now, after all this, you did not receive satisfaction from the answer (not just simple YES or No, but an answer, that refers you to your personal process of comprehension).

Then only this will be a sufficient reason to ask me a question ... for only then my answer (and the answers of others) can really HELP you. After all, I have the right to answer ONLY when I am firmly aware that my answer can HELP ... (Try to put your questions on the basis of the same principle: will my question help me and others?).

Questions / answers I will sometimes (for convenience) classify as follows:

Level BEG - for beginners.

**Level MED** - for the medium level of training.

Level ADV - for advanced students.

# 2. THE TERM "KABBALAH" APPEARED IN THE 6TH DAY OF CREATION OF THE WORLD

### Question:

"Hello Michael. One newcomer asked a question about the history of Kabbalah, and I do not know how to answer it. Please help.

Question: When did the term Kabbalah appear in history? How was this teaching called before? Where in the primary sources is this name mentioned, is it in the Zohar? "

### Answer: Level: BEG

Yes, it is true that Kabbalah, both the concept and the doctrine itself, is the same age as all of Creation. After all, the Creator created nothing more than the desire to receive — ratzon lekabbel (from the word Kabbalah, receiving). He himself is ONLY the desire to give back. And therefore, in order to create the creation, it was necessary to create something new: the desire for RECEPTION, that is ... DESIRE FOR KABBALAH, or the kabbalah itself, as you cannot create a desire for something that does not exist, because it would be ridiculous, wouldn't it?

This is a general explanation. As for written sources, the first mention of this word "Kabbalah" in the holy language was at Moshe himself.

This is evidenced by the very beginning of an outstanding document of spirituality: Pirkei Avot (Teachings of the Fathers), compiled by the sages of the Torah, somewhere in the 1st to 2nd centuries of this era. Strictly speaking, it begins with the words: Moshe kibbel Tora mi-sinai - Moshe received (kibbel is the past tense form from the root of the base kuff-bet-lamed - kabbala, with the basic meaning "receive"). As you see, there is not in it, in this word "Kabbalah," nor a hint of national, religious, political, or any other group BELONGING in this world.

And in the book of Zohar, the teaching of Kabbalah is called so: Hochmat ha-Kabbalah - "The Wisdom of Recieving".

There is only the Creator, who wants to ENJOY (give!) And the person is ratzon lekabbel, the desire to receive, who is OBLIGED to receive (engage in "Kabbalah"!), But do it with intention, like the Creator for the sake of bestowal.

# 3. LISTEN AND READ ... EVEN IF "EVERYTHING DISAPPEARS" RIGHT AFTER THIS

### Question

"Dear Rav Michael, a question from a beginner: I assume that there is a Creator and a creation (the desire to receive), it is important to work individually while studying, to try to feelm, rather than think while studying, from here I have a desire to know the Creator, tools of knowledge (your books and lessons), initiation (through you personally). While I listen and read, I undergo certain sensory changes, but as soon as I try to analyze, everything disappears. Probably, I should still listen, learn more and ask questions (and try to analyze) when the "critical mass" is already collected?"

# Answer Level: BEG

From your words there is distinct, clear and right intention to study - this is the main thing! And what you write: "While I listen and read, I undergo certain sensory changes, but as soon as I try to analyze, everything disappears" - it is completely natural! If it were otherwise, it would be just self-deception! After all, you yourself indicate that your question is for "beginners."

The fact is that at the moment when (or, as you write "for now") you listen to an audio lesson or read, for example, from my book, then "you undergo certain sensory changes," but, bear in mind "so far" THROUGH MY KELIM, that is, you stay with me, as it were, in MY sensations that are transmitted to you.

And as a beginner, you have at this moment practically NO PLACE WHERE to receive what you listen and read. You have no clearly formed OWN vessels (kelim) for receiving spiritual information. And therefore, when then you try to understand, find out what you just heard or read YOURSELF, apart from listening / reading, then "as soon as you try to analyze it, everything disappears."

After all, the glow that comes with what you just heard / read WANTS to be "caught" in YOUR KELIM, but they are not there yet, or they are not yet "sufficient" to hear what you read: to STOP AND LIMIT it. And this is why you believe, feel that this is all "disappearing."

No, my friend, nothing disappears (for there is no extinction in the spiritual!). And coming to you, remains with you but only INVISIBLE to your sensations, "for now", temporarily, UNTIL you acquire properties that correspond to the influincing forces of the learning material that you listen or read.

And therefore, my advice to you is to GAIN PATIENCE and know that not the slightest of your efforts in comprehending the spiritual will not remain UNNOTICES from above! This knowledge (and the belief that this is so!) should give you the strength to listen or read EVEN if "everything disappears" every time after you finish listening/reading.

### 4. HOW TO RECOGNIZE GOOD FROM EVIL?

### Question:

"This question is very important to me; HOW TO RECOGNIZE GOOD FROM EVIL? How to distinguish whom you serve? Perhaps there is an answer to this guestion in your books or lessons, however I have only read half of "Kabbalah for the complete organization of life", I didn't listen to a lot of lessons, About six all together. Probably I am very poor at controlling myself. From listening to lessons or from a book, sensations, awareness and new insights arise, as I start to develop them, translate them into actions, and I think that what comes can be valuable to people on the forum, so I started writing. And at first everything goes well, but then, little by little I gradually move completely to the sensations of the heart, for some reason I am very easily "washed away" from listening to your lessons, from your texts, as I become a feeling as if I fly away to heaven, and I stop monitoring myself. And then it is difficult to descend. And at the time when I write here what is happening there, I first praise myself, and then scold myself. I myself understand that somewhere where I had to turn it on head, stop - I do not do it, and therefore there is such an imbalance. How to stop? How to control yourself? WHAT CRITERIA of what is "good" and what is "bad", what is "right" and what is "not right"? How to navigate? "

### Answer Level: BEG

What you are writing here is correct! And the fact that, as you say, "from listening to the lessons or from reading the books, everything goes fine at first, and then I gradually move completely to the feelings in my heart, for some reason, it's very easy for me to "wash away" from listening to the lessons, from your texts, I am turning into a feeling, as if flying away to heaven, ceasing to keep myself in check. And then it is difficult to descend. "

On one hand, this is a bit of what I said to Alexey, that when you listen to the lessons and / or read from my books, you, as it were, entrust yourself to MY KELIM - and this is absolutely the RIGHT attitude! And it is at these moments that your Kelim are working this way: PURELY IN ORDER TO GIVE BACK: that is, GIVING BACK FOR THE SAKE OF GIVING BACK!!!

But this is not all yet, because the purpose of creation is to RECIEVE FOR THE SAKE OF GIVING BACK! For this purpose, in order to help you realize this goal, to receive for the sake of giving back, you need to develop in yourself the LEFT LINE, constructively limiting the "feelings of the heart", so that it is not very easy for you to "wash away" from listening to my lessons or reading my texts, and you do not become "a feeling, as if flying away to heaven and ceasing to keep yourself in check, and then it is difficult to descend."

And who, if not S., knows all the secrets of the left line and what is hidden outside it! And so I recently asked him in a friendly way to secure you in the development of your left line, which he is doing. For by nature he himself is a "leftist" - learn from him this side of your individuality! And here, as a result, you will acquire YOUR left line,

balancing your REMARKABLE right! And so in your every state you will have a job that leads you to the MIDDLE line (as you worked through two adjacent ones by yourself). In this you will find and FEEL every time YOUR perfection (instead of only the perfection of the Creator in the right line).

### 5. TRANSCRIBING AUDIO LESSONS INTO A TEXT FORM (Remark)

### Level: BEG

I remember when we began to publish our audio lessons on this Russian-speaking forum, what a lift it was then! Several forum users volunteered to transcribe audio lessons into texts. Everyone started, but the spiritually it was only enough for a couple of lessons. However ONLY this work is real: transcribing audio lessons into text gives immeasurably more to the transferor than all his pondering on the teachings of Kabbalah. And what do I see now, I see that those forum-transcribers, changed and now became "great adepts of Kabbalah". They talk about mitzvot (commandments), write in the section on the Torah, etc. And it seems to them that it seems that here they will advance faster. I don't even know who whispered such nonsense into their ears.

About Joshua bin Nun (the successor to Moshe, who was rewarded with bringing the people of Israel to the promised land), it was said that he was honored not by his knowledge of the Torah, but by serving Moshe!

It is said about the great prophet Elisha that he was rewarded twice the prophetic power of his teacher, the prophet Elijah, not because of his knowledge, but because of the fact that "he poured water on his hands" (Elijah's) when he washed them.

But besides Moshe, there were such great sages in the Assembly of sages (70 elders), Moshe? And after all he passed the baton to Joshua bin Nun, who was referred to as "naar", kid, "servant".

And the prophet Elisha was not at all a talmid haham, a scholar of the Torah. Elijah met him and said: "Follow me!" and he went, without complaining and without asking why.

In this way and in the study of the spiritual, the student receives most of all, by serving "Rav," the teacher, then his through his whole study. And all the others that only want to receive knowledge from the teacher (knowledge of sefirot, partzufim, for example, want to know the meaning of the word Pardas, which absolutely does not help, and there is no comprehension without service in this knowledge!).

And what about the "service to the rabbi" I say here: to paint the walls in my house? To change the lock? No, I'm talking about such a "ministry", from which only the student wins HIMSELF!

Take our student Miriam. You can not imagine what kind of inhuman work she did in order to "TRANSCRBIE" my lessons into the text form. 450 pages of the "The Teachings of the Kingdom of Heaven", pages 350 of the Zohar, my entire book "Kabbalah for the complete Life Management", etc. etc. And this, while she, as a result of a terrible traffic

accident, was all broken, her neck did not turn, her face twisted (now a little better, with God's help) and many more serious injuries that I will not enumerate here. You can rightly say that she became disabled by the body, but she continued and continued, as if nothing had happened. THE CREATOR SEES THIS, THIS IS WHAT HELPS!

And our student Tassos P., he has been helping me for many years, he remains firmly committed. Not knowing a single letter of the alphabet of the holy language, having come to me to study about 6-7 years ago, he soon asked me if he could TRANSCRIBE my audio lessons Shlavey haSulam and Ets Chaim into text. He completed 500 pages of Shlavey hasulam, and just as much Ets Chaim – can you imagine the effort it takes to transcribe the Hebrew parts of Ets Chaim into text, what that means! What a supernatural desire one must have in order to delve into these impassable phrases and words of Etz Chaim outside the TES! He also took on all sorts organizational planning, computer/IT work, uploading lessons, etc. All in all, he was always eager, he adopted this methodlogy with his whole soul and body.

And thus he completed his task, "served in the service of Rav," the teacher, and therefore he served himself, as a boomerang. For there is the principle of the spiritual: that which the lower one will arouse at the higher, the lower one also will receive – the addition he aroused.

The same goes for our student Tina. She herself, without asking me, worked out 500 pages from my Audio lessons on the Basic course of Kabbalah 6 years ago! Then, she translated my entire book "Kabbalah for the Complete Life Management" into English, the initial part of the existing Zohar lessons into English. And this is at the time when she has a family, her daughter has recently given birth to a child and she also has time to help her as a baby-sitter. And here, in some miraculous way, she finds the time and energy to "serve" the ray, the teacher, and hence to herself for the sake of bestowal.

### 6. FAITH IN THE TEACHER

### Question

Michael, MY DEAR TEACHER!

I never told you how I once begged the Creator for you, this is how it happened, one day on the forum I read about "some" Kabbalist from Amsterdam, I found your website and read your article ABOUT LOVE, then I started reading your lessons in STUDY ZOAR.

At that moment, as I miraculously jumped out of the BB, and came here, I forgot all of the Sefirot, an absolute amnesia happened to me on this subject.

I was a clean slate your ZOAR, I did not understand anything in it, except for one thing - YOU'RE MY TEACHER!

I read, and kept asking myself, how to reach you, so you would hear - I CHOSE YOU, YOU ARE MY TEACHER!

Every day I opened the site and looked at your photo. In a somehow simple, foolish, childish way, I began to look at you, I really liked to look at you, look into your eyes and asked, please, dear, find me, come please, I HAVE CHOSEN YOU - YOU ARE MY TEACHER! Someone inside was laughing all the time - look, look, you fool, what will you see, what will you ask for, who will hear you? For some reason, on the forum, at the time, there were many messages about your inaccessibility, that someone was trying to get through to you, but nothing happened. But I would stupidly believe that I could, I would for you, and you would come, as otherwise it could not be, I chose you!

I'm the worst of your students, I don't know anything, I listened to very few lessons, almost none. The baby on my chest chest grew up listening to your voice. I listened to lessons while my hands were constantly busy, for I was breastfeeding for up to two years. I only had time to listen to you when he was asleep, and when he is sleeping the light does not turn on, and he sucks all the time, he lays down, wakes up and again his hands go to my chest. This is why I did not make a single entry, not a single note. I would also frequently fall asleep, as I didn't have enough willpower, someweeks I could only listen to one lesson for the whole all week, and everytime I had to start from scratch, or from the place where I fell asleep...

### Answer: Level: BEG

The greatest change in a person occurs during the most extreme states/cases. But thee person must have an implacable FAITH in the teacher, even if he scolds you. It is written: even if He takes your Nefesh, your soul, you must continue to love Him. Such trust and love should also be towards the teacher, for how can you learn to love the Creator, through Yeshua, and how can one can learn to love the Creator OTHER THAN, by first loving the lessons of your EARTHLY teacher!

And so, I saw and read the messages of Rima, and I see that she stumbles between: both ours and yours. There is no sustainability, no advancement in faith. Somehow inwardly I wanted to help her. And then I proceed to give her cold hard truth. After all, I frequently "told" of the need to show your photos, and not to play hide and seek from others, as otherwsie the ones above will also play hide and seek with you.

And here was a moment in which Rima could make an INCREDIBLE, ONES IN A LIFETIME leap in spiritual progress, in her self-giving, in her love, if without thinking, she immediately exposed her photo in the previous message. But this miracle did not happen! And so the opposite happened. And everything suddenly turned in the opposite direction: from a blessing to a curse. For non-love is a curse.

I have just answered Michail O. to his early request for me to reveal to him the meaning of his name. I did not do it then (for obvious reasons) and even wrote "unpleasant" things to him. But now this nice guy now turned to me in a personal message and wrote that he had INSERTED his photo and asked him to answer! This is work on self, this is a victory over yourself. Bravo Michail O. (do not confuse, him, with another Michael, that today had suddenly appeared from nowhere, too, and also with a photo)!

But this Rima had only words, only confrontation!!!!

And you know why? I just wrote about this to Michail O., I quote: "As you know, I'm ending my presence on your forum, but you asked me about the meaning of your name prior to me making my decision," Michael is the name of the highest angel, means: "Mi" - Who, "Cha" - like, "El" - the Creator dressed in Chassadim, mercy. That is, the highest purpose of a person named Michael – is to always and everywhere praise the Creator, nu saying "Who, is like HIM?! "- Of course, no one except Him. This is my personal task in life, and maybe it will be yours.

But I advise you to do it wholeheartedly ONLY from my books, lessons, and when you go through everything thoroughly and agree, you can go further with the same sources that I study. As for that forum - it will give you absolutely nothing good, but on the contrary!

This can be compared to a dog that has no owner, no matter the reason. And then another person comes and takes this dog to himself. Do you think the dog forgot the lessons of its first owner? Of course not! He rests, bites, runs, etc. Similarly, your Russian-speaking forum users. They started with BB, and then they wanted something else. But they did not forget the lessons of their first master, with all his HERESY. And so, I struggled with this, hoping that they would forget this negligent first owner, but they did not.

And therefore, I see that this forum is absolutely hopeless! For they do not take the lessons from the SOUL of the "new owner," who wishes to graciously take this dog to himself and take care of him with love, but instead they protest and lose the precious chance, as no one else WILL HELP them!"

Valentina, I know what I'm talking about, I absolutely do not need anything that is so important for the outside person of this world: honor, power, etc. I have achieved EVERYTHING that I wanted and I have no urges to COMMAND, consider myself a great Rabbi, as you know yourself.

Here is my word for you: now, after my departure, there will be a few days of "relief": finally, we are left to ourselves (read: to our external selves!). For I with all my strength tore you away from the ordinary, whose name is s"a ('sitra achra' – the unclean power).

And then, no later than in a week, the FULL EMPTINESS will come, a complete wreck, because which one of you is able to PULL the strap? As there is NO ONE left! After all, the whole force of the inveterate "leftist" lies in his utter agreement, uncompromising adherence to the right-line teacher, without him he will simply SUFFACATE spiritually! Now his Gevura will expand so that there is no place for the spiritual! I know its nature! He needs to be very, very careful with his left problem! Just, as the leader of the BB!

And therefore, be very careful now, as you stay on the forum, I say this to you PERSONALLY, because with all this activity on the forum, you will lose the PRECIOUS time and energy, and not only that, but also will steal from you. G'd forbid, all that you built with such an effort will crumble. After all, NO ONE WILL HELP! After all, the faith in Yeshua here is undeveloped, A WAY TO SHOW OFF, that is, words, words and words like Rima. And beware of the good of this other Michael, that he has just returned to the forum. He is a nice guy, but inside he is completely confused, but he does not let himself be untangled! Worse, he gives lessons in his confusion to others!!!

This will be the salvation of the forum. And if the leftists do not go for this, it will be very silly (and for himself!), because the forum will turn become a balagan, and it will become even meaner than before my arrival to the said forum, your apologists of Judaism will then spiritually destroy it with impurity. For while there is a kdusha, the klipa is afraid to appear in front of it's eyes. You saw that while I was on the forum, they all hid somewhere in the corners.

Be happy and do not hesitate to contact me always when YOU need it, but OUTSIDE the forum, because I don't go in there, everything will now turn upside down, like during the Flood. You will soon see that my prophecy will inevitably come true.

### 7. "DO NOT SPEAK THE NAME OF THE CREATOR IN VAIN!"

**Level: Medium** 

"Rav Michael, please answer this question:

When I mention haShem in written or oral speech, do I need to write or pronounce the Praise, Blessing of haShem aloud?

Because I developed an INTERNAL NEED NOT TO UTILIZE THE NAME OF THE LORD IN VAIN, so not to violate this commandment. After all, as I further comprehend the Greatness of the Creator, I become MORE MORE DEMANDING of myself. I understand that this blessing should be primarily done Internally, but how about the outwardly blessing? What words should I use to bless haShem when I write or speak about Him?

And I also have a question about the Descent of the Blessed Fire.

Does Kabbalah mention anything about the Pproperties of this fire? Why does this fire NOT burn in the first minutes after its descent?

Thank You".

Here is my answer:

This is a very good question. Firstly, it is necessary to distinguish the spelling of the names of the Creator and their respective pronunciation. Writing them requires no special "replacements", "fears", for it is said: "DO NOT <u>PRONOUNCE</u> the name of the Creator in vain!" But it does not say that you should not write them. In addition, the written representations of the names of the Creator were given from the above above, in their perfect form. And after all, no corrections are required from above, but only from below, a person, who has not yet been completely corrected, should not pronounce the PERFECT Creator's name for a simple reason: a full correspondence in properties between that person and the Creator's name is not yet there. And if you pronounce that name in an unprepared state (read: not in prayer), then it will not benefit you, but on the contrary harm you. All this concerns the pronouciation of the names of the Creator in the true order of the letters that constitute them.

But, for example, the name haShem is the replacement of the name of the Creator and can be safely pronounced in all situations where you need it, including pronouncing His names in the process of learning. For example, when you study Zohar, and the name of the Creator is mentioned there, such as: Elohim or JaHVh - you pronounce them accordingly as Elokim (and not as in prayer: Elohim, as to not say it in vain!) and AVAYA (and not, for example, ADONAI, as in prayer itself)).

Please do not utter the deformed nickname "adoshem", as the spiritually illiterate crowd of Israel pronounces it in replacing the name ADONAI, so as not to "utter it in vain !!!" "adoshem" is a name that they made up with their heads? - They combine the forbidden "to utter the name ADONAI with the allowed haShem, and make this stupid "adoshem" out of it.

So you can and must say the names of the Creator ONLY in prayer itself in all their correct form of writing !!! But bear in mind that even then, in prayer, it is necessary to pronounce His names EXACTLY as they are written in the sidur, a prayer book. For there is no place for one's own speculation, but it is only necessary to pronounce them as indicated in the appropriate place of prayer in the prayer book itself.

And one more thing, about the ending of your message: "And I also have a question about the Descent of the Holy Fire. Does Kabbalah mention anything about the Properties of this fire? Why DOES THIS FIRE NOT BURN in the first minutes after its descent?"

What you write here in such a "figurative", sensitive language, comes from a well-known spiritual phenomenon.

The Light ALWAYS comes to the Kli WHOLE and UNDIVIDED, because the Upper Light, "existing from existing", "does not know" of all these reductions, restrictions put on by the Kli, the man, the creation – "that which comes into existence from nothing", those who are in the process of correcting and therefore limiting themselves in order not to receive "for their own sake" and feel the darkness.

And therefore, when the kli elevates MaN, capturing a certain fraction of the incoming light via this action as the or yashar, then that light come in FULL in the first moments, that is, in full GADLUT. But as it cannot find a place for itself in the limited Kli that summoned it, it immediately goes back !!!

The Kli, the person that recieves the light, feels it's descent as "the condescension of the Holy Fire", as the creation, the 4 stages of the desire to receive, can only feel the eternal light as "fire"!

And so, in the first moments after it's descent, it DOES NOT BURN "- all indivisible light DOES NOT BURN! And only after most of it does not find a place in the kelim, it leaves, and a person gets the feeling that this LIGHT" burned" him, meaning that the light which remained in the kelim produced a corresponding engraving in his kelim.

### 8. "IN HOLINESS ONE CAN ONLY RISE AND NOT FALL".

### **Level: Novice**

"Dear Rav, can you please explain, why after listening to your lessons for a month, morning and evening prayers Shma and the imposition of talith started to be percieved completely different?"

Here is my answer:

There a general principle, a law. In the holy language, it sounds like this: MAALIM BE-KUDSH Ve-Lo Yordim = "They rise in holiness,but not fall." In the process of spiritual attainment (and prayer is one of the most important elements in achieving it!), you ALWAYS RISE, and in fact (!) NEVER descend.

And only in the personal perception of ones states there can be "rises and falls". As there are no falls at all, provided, of course, that the person STOPPED sinning INTENTIONALLY. And the fact that one "sins" inadvertently, for example, when one does everything possible not to sin, that is, one do not delliberatly try to receive only "for himself", but still sometimes deviates to the right or left of the straight path - then this is called "the dust of sin".

And our task is to constantly ensure that in our spiritual work (even sometimes through suffering, if necessary), we gently erase this dust from the surface of our kelim.

### 9. LOOKING FOR ANY POSSIBILITY TO SERVE THE CREATOR

**Level: Novice** 

"Dear Rav. What do 408 torments before the arrival of the Mashiach mean (hevley mashi-408, kol-136, czom-136, mammon-136, 3 to 136 = 408). Also what is mem sofit, nun sofit, pei sofit and tzadi sofit. I ask you about this, so as not to step aside. Thank you "

### Here is my answer:

I will not answer the first question, because it is empty, that is, it is not a question but a "question" taken from emptiness, from a "source" of emptiness (for example, from traditionalists), and therefore the answer to it will NOT HELP YOU and other forum users so why should we then "analyze" it.

And about your question "And what is a meme sophit, nun sophit, pei sophit and tzadi sophit" – you can find the answer to this question yourself in one of the lessons of Heblet. You can find there a picture from the book where these final letters (soffit means "final") are depicted and a lesson in which this is said and there you will find the answer itself.

From above, they love it when we make an efort, and not when we get everything "chewed up" for us. So when you find the answer to this question yourself, there will be a great joy!

In such situations the great experience of S. could be useful, because he knows very well the materials of the forum and where everything is located. He could help you in this, by directing you where it is necessary. "Here, look there somewhere and there," however, WITHOUT INTERVENTION in the search for an answer itself !!! But for this purpose, S. is necessary, of course, to first overcome his sick pride, because you cannot call it anything but "sick".

In this regard, I now recall the famous story from the midrash Tanhum (there is such a special midrash - allegorical explanations of the Torah). When Moshe heard from the Creator that he would not enter the Promised Land, what did he do? Moshe began to ask the Creator like this: "Let me,, enter there, say, in the form of a cow. And here I will graze there in the meadow, chew grass and praise You". But the Creator refused him. And then Moshe continued to search for the opportunity to serve the Creator. "Or maybe I will be allowed to enter the Promised Land as a bird (he reasoned like this: if I, Moshe, have no right to go" with my feet "to the Promised Land, it is possible that should i fly over it?) etc.

We see that Moshe was completely indifferent in what role he could still serve the Creator: be it the leader and teacher of the holy people, be it the most imperceptible, even animal, part of nature.

And this is how we should look for ANY opportunity — even the most insignificant — to serve the Creator. And what can we say about such an important service as serving as the administrator of such a forum!

### 10. ON TRANSCRIBING THE AUDIO LESSONS TO TEXT

**Level: Novice** 

"In regards to transcribing of lessons into text:

I am disturbed that sometimes (I translate literally) some incomprehensible sentences appear. For example:

"That even Rashbi (Rabbi Shimon bar Yohai, author of Zohar) and Rabbi Ishmael, who has a stricter approach than Rabbi Ishmael, softens the implementation of the commandments and the study of Torah." it probably means here:

That even Rashbi (Rabbi Shimon bar Yohai, author of Zohar) and Rabbi Ishmael, who has a more rigorous approach (RASHBI) than Rabbi Ishmael, softens the execution of the commandments and the study of the Torah.

Here I do not understand how to proceed in such cases. Should I contact you for clarification? To what extent should I literally translate? Because, sometimes, the same phrases are repeated next to each other, separated by commas, the search for the necessary word is being conducted aloud, and so on ... "

### Here is my answer:

Since you are transcribing from an audio lesson to text, it will be more correct if you leave it that way, as I said there, even if you find it incomprehensible and inconsistent. You can mark such places for me with a different color (for example, red!). I will then be more visible when viewing / editing your text version, which may seem incomprehensible, etc. in that spirit. That is, besides the fact that when you transcribe the lesson into text, you indicate to me, along the way, and unclear places in that lesson.

But what you understand grammatically and syntactically in the audio lesson, you are RIGHT to do what you do and correct it stylistically, without changing or interpreting, my words. It remains for me, in this case, to only briefly look through your transcribtion, instead of picking through text, separating commas from dashes, etc.

### 11. DON'T TOUCH UP TO THE "FORBIDDEN FRUIT"

**Level: Novice** 

"Dear Rav. Thanks for the answers, each answer feels like a whole lesson. In the 5th lesson of PEH, you say that it is very useful to study gematria. I have a a few questions: which words should be analyzed and which ones should not, what are the criteria for deviation to left and to the right side? For now, I can only rely on what you say: read it, but not touch it, but I fear tha the principle of the "forbidden fruit" may come into effect. I can only rely on the energy of texts, but I still see very little ".

### Here is my answer:

The "correct" gematria is the one that is given in our sources. And do not touch the rest. There are whole books (even published by traditionalists) that are teeming with all sorts of gematria and "codes" from the Torah. Do not touch them, for they will not help you - they only help publishers of such books to earn money from selling as many copies as possible to their naive readers (searching for "mystical knowledge"!)

In the process of learning, new gematria (inner meanings of comprehension) of different terms, notarians, etc., will be opened to you individually, adding, revealing what you learn in our sources. They will become "your" comprehensions in a particular aspect.

The main thing: constantly learn not to touch the "forbidden fruit" – as you must know that your "snake" always pushes you towards it. After all, why do you want to "know everything"? What will it give you personally?

### 12. REMAIN INDEPENDENTLY CONNECTED WITH YOUR TEACHER

**Level: Novice** 

"Dear Rav, thank you for the lesson. In addition, I learned for it one of the basic principles of studying: if you chose a Rav for yourself, then you must do everything that he says unconditionally as it's for your own benefit, even though you may not undestand anything, as otherwise you can be left without Rav (maybe the non-observance of this principle is one of the reasons for the events that happened?) "

### Here is my answer:

You are understood this absolutely correctly and above reason! Once you have chosen a teacher (in fact, they give you a teacher from above, with the teaching that YOUR heart seeks!), Then, as you say:

- 1) "everything that he says must be done unconditionally for your own good, even if at first you don't understand anything" and ...
- 2) otherwise you can may stay without a Ray and more ....
- 3) (maybe, non-observance of this principle is one of the causes of the events?
   and this you saw correctly, you see that the Lurian method of spiritual enlightenment and elevation works for you! But you just recently started to study it. As you can see, "experience in Kabbalah" does not mean anything. One will hear the teacher, follow his advice and get LIFE. And another, with great arrogance and experience in Kabbalah, will be offended by the bitter words-pills of his Rav and will lose his spiritual life. And where and from whom, tell me, should he find it then ???

And now I tell you a positive story, about a student who listened to the voice of the Rav and overcame herself creatively, for the sake of bestowal. You may have heard about our Mirjam, Mirjam, who recently received the FIRST, real teacher's diploma ... from the above!

So, she often found my words in the lessons quite sharp and even hurtful, but I didn't feel sorry for her at all, because I knew that there was an enormous potential of work towards giving back in her. The same thing happened in our correspondence with her: I "criticized" her, "humiliated" her, etc., despite the fact that she was doing a titanic work of putting my audio lessons into text!

And so, somehow, about 5 years ago, at the end of the summer, immediately after returning from a vacation, she wrote to me in her email that she was

finishing her studies with me, thanked me for everything, etc, and this after several years of hard work. I then answered her in my email, wished her the best, and in the end said, "within 3 weeks, Sitra Ahra, the unclean powers, will EAT everything that you have built with such difficulty for all these years of truly spiritual studies." She (s"a) will take you completely into it's web, and who will pull you out of there then?"

And what do you think? On the same day, a few minutes later, upon the receipt of my mail, Mirijam called me herself (and this is not normal in our studies, as it does not happen the students do not to call me!). She only said: "I will not wait for 3 weeks, and immediately return to my studies."

This Miriam has now RIGHTFULLY become a teacher of the Lurian Kabbalah. Now just around February of this year, she received a diploma of a teacher, and yesterday she put her first book on the Dutch forum - at my request - "Yeshua through my heart."

In addition, she is now writing a new book with her commentary on an outstanding work — the world-famous book of the great Kabbalist of the Lurian Kabbalah, the name of which I will not name yet.

And even now, despite the fact that Miriam herself has become a real teacher, she continues her studies in the Luria system! And this is at that time, as she already has her own way out into the spiritual, directly to the Ari and to other sources, but she remains INDEPENDENTIYY connected with her Rav.

### 13. WHAT KIND OF STUDENT AM I LOOKING FOR?

**Level: Novice** 

"Rav Michael, I have a question:

You wrote that you are looking for a student with a GOOD HEAD. I understood that you mean a TRY-HARD MIND by GOOD HEAD.

But why is it important to you that the student has a good head, and not a STRONG Faith. After all, DEVELOPED Faith is a more fertile ground for spiritual material than a well-developed brain.

And the second question: In your photo, I see that you have long hair and a beard. Is this an indication of a Kabbalist, and does it carry any meaning at all?

### Here is my answer:

1) When I wrote that I was looking for a student with a good head, then "under a good head" I didn't mean TRY-HARD MIND. I meant, prepared and "developed" head (with a developed left line, that is, with knowledge of Torah, Talmud, midrash, etc. LISHMA - a person fully formed by Torah, and not various pseudoteachings of the world!) In UNITY with true "developed" faith of the right line.

This is an IDEAL pupil whom I "seek", strictly speaking, I am not actively seeking him, but if such a person appears, then, I repeat, I would give him all my free time and teach him "face-to-face" what I was taught (and continue to be taught) by Ari, Rashbi, Moshe and Yeshua!

Do you understand? For otherwise, there are problems that are obtained when a person knows as in HEARD of something, without being able to get into the source (in the holy language!!!) HIMSELF, in addition to my lessons, and could also work with them independently. However, without knowledge of how to work with the holy language, without having any general spiritual formation (general knowledge of the Torah, Talmud, midrash, commandments, etc. LIHMA), one cannot become "my ideal" student.

So, such a tadpole, after hearing from me that the MAIN THING is FAITH, comes to the same false conclusion, "proclaiming" at the top of his lungs (or even worse, here on the forum!) That knowledge of the "mind" is not required and that only faith is enough. This, of course, is a great stupidity, a real stupidity in the literal sense of the word! And therefore, as soon as he sees the clouds, he immediately runs away into the bushes and loses everything that he found grain by grain, and

loses his Rav as welll. And what does he have left? He throws himself out, at the mercy of S"A! And she finishes him offf very quickly, because he does not have any DEFENSE, connectedness through his Rav with the highest source.

And so instead of listening to my voice, as I after all, cry about it in almost every lesson: learn the holy language! You do not need to speak it, but learn only the language of Kabbalah and the grammatical connections between words. Carefully analyzing my lessons, letter by letter, you will not need any special grammar. I learned everything myself, Hebrew and Arameic! Why can't you?!

And I repeated in my lessons that it takes approx. 1.5 years of intensive study of the holy language, and after that you will no longer need a dictionary! Spiritual language is very short and compact. The entire stock of root words of the entire Torah is approx. 8,000 units. And all the other parts of the Teaching add a few thousand more - here you have the entire vocabulary of the holy language (compare: that to the English language that consists of many hundreds of thousands of words!).

The Torah, the Talmud and the Midrashim also exist in the English translation. It is necessary to run through it once, to know in general, to get familiar with them, but not to study them. This will already be enough. Otherwise, it turns out that there is no healthy base, a foundation on which Kabbalah could have been laid, and from here come all your waverings: you are being thrown from Blavatski to chasidism, tao, teachings of the east and other "sorts of teachings" that will never HELP YOU.

And this porridge from all the crap that you find, accumulated and continues to "feed" you up until you begin to do the true work - that which only can, has the power, to help!

And so, having gotten such a real student, I would no longer need to explain everything on my fingers, in numerous introductory sentences, etc., but with such a "perfect", single student, I could speak with Hint, half-word, gesture about the most intimate and he would understand me perfectly.

So, I told about this ONE possible student, but each of you can become like this "ideal" student, if you take my words to heart and, FINALLY, invest into your "head", the KNOWLEDGE of Torah LISHMA, for the sake of bestowal! (And when I say "leave your head" in class, I mean it as YOUR knowledge and opinions and not the knowledge and OPINIONS of the Torah!)

2) Regarding your 2nd question: "And 2nd question: In your photo, I see that you have long hair and a beard. Is this an indication of a Kabbalist or does it carry any semantic meaning?"

My answer is simple and unambiguous: NO, neither a long beard nor long hair is any indication of / for a Kabbalist and carry absolutely NO semantic meaning!!!

The fact is that a Kabbalist CAN, if he WANTS, have long hair and a beard, similar to the head of AA, but this is just something like, a tip, a reminder to him about the structure of the head of Arich Anpin. There, in the beard of A.A, as we

will learn, b.z.a, there are 13 points, from where the whole GOODNESS comes to the worlds and souls. However, having long beard/hair does not grant you any of the highest goodness, "not by a hairbreadth, but from the lessons of the holy language it will absolutely COME TO YOU and in abundance!

### 14. EATING: BY INJECTING OR CONSUMING THE FOOD

### **Level: Novice**

"Dear Rav Michael, it turns out that I was right in saying that the letters must first become "alive", they must be clearly felt and "seen", because each letter is Gevura, the key to another world. And only after that the letters will become connected. Perhaps that is why I like messing around with letters, but the words are still not "coming through"? Thank you. "

### Here is my answer:

Teaching the spiritual, the Kabbalah, to a person, NOT by the MEANS of the holy language, its individual letters, combinations of those letters, gematria, words, sentences, phrases, paragraphs, texts, but only through TRANSLATIONS into another (even if native) language, can be likened to artificial feeding or feeding a person with unordinary foods (and not bread, meat, vegetables, dairy products, etc.), but by injecting him with, for example, glucose.

And so glucose, this sweetness, penetrates through the veins to his heart right away, WITHOUT THE WORK of the whole system of the body: as he does not chew, swallow, or allow the food to pass through ALL of his transporting passageways to the stomach and does not go through processing based on hierarchial mixture of the nutrients, and their subsequent distribution (something goes to one place, something to another). And now, only at the end of the whole cycle of "eating" through the mouth, it finally gets into the blood of a person and will help, becomes a part of the person himself.

So, he only wants to get some nourishment, the buzz, HERE ON THE SPOT, as they say, "standing on one leg" - the same way he does with vodka: right away, a shot, in one fell swoop and without chaser.

The same is true with regard to the study of the spiritual, the Kabbalah, can only be accomplished through translations from the holy language.

### 15. EVIL - A SINFUL DESIRE TO RECIEVE FOR YOURSELF

### **Level: Medium**

"Rabbi Michael I have 2 questions for you again:

1. In "Baderekh el-haSulam" lesson number 5 you gave a comment. Here is a quote:

"The inner attitude is important in order to have Hassadim in any condition so as NOT to get angry. You can do all the prohibitions of the Torah (murder, theft, etc.), then do TSHUVA-Remorse and RETURN to the Creator, and correct your condition, come to Forgiveness", but if you get angry EVEN in LITTLE THINGS, THEN IT IS WORSE, then breaking the laws of TORAH, EVEN WORSE THAN MURDER. THROUGH REPENTANCE YOU COME INTO CLEANSING, however ANGER IS NOT FORGIVEN. THROGH IT YOUR KLI IS FULLY SHATTERED AND ALL THE CONNECTIONS WITH THE HIGHEST ARE SHATTERED, since EVIL CANNOT BE CORRECTED, AND IT IS NECESSARY TO START EVERYTHING FROM THE BEGINNING."

EVIL, EVILNESS what is this concept? Maybe in Hebrew, this state has some other meaning. After all, isn't KILLING a MANIFESTATION of ANGER?

2. Question: In "Shlavey haSulam" lesson number 6 it is written:

"there is still a series of prayers in which he (the person), in his prayer, descends down the spiritual ladder down again."

Meaning a person can, with the help of SPECIAL PRAYERS, not only Rise, but also DESCENT. Thus, a person "legally" descents, correctly descents, and not through the breach of the covenants, by the means of conscious or unconscious sin? "

### Here is my answer:

Everything will come gradually.

1) No, my dear! Murder can be accomplished ABSOLUTELY without any malice. After all, anger is already a communion with evil, and murder can be calculated, a purely rational calculation. Of course, it is evil. But in my lessons, I speak of evil, which is completely different: evil as a sinful desire to receive for oneself — this is evil! And the forms in which it manifests itself – are just details. But it is quite possible that neither Hitler nor Lenin "did not harbor any evil", respectively, neither to the Jews, nor to the bourgeoisie, but each had his own calculation. This evil can be ABSTRACT evil, social evil, evil against humanity, etc. - that is, it may be "evil" that is OUTSIDE OF KELIM of the evil-doer. And therefore, such evil is forgiven. But when a person harbors anger in OWN HIS KELIM and manifests it (that is, is not able to suppress it and remake it for good, to justify the

Creator, Rav, neighbor, wife) – then this LEADS TO FULL BREAKAGE OF KELIM, then you have to start building everything from the beginning.

2) We can talk about this later. For the time being, I am answering your questions for which you still do not have the Kelim, study the lessons YOURSELF and work through them, as by answering your questions it turns out that I am working FOR YOU (instead of you!) and thus I am getting, earning "points" by raising MaN. But you should be the one does this? Otherwise, all that remains are empty words.

But still, when you climb the mountain, you still have to go down, right? The same is true in prayer - it is a climb up the spiritual ladder - a mountain to the top, to Atzilut, and then it is required in a special way to to descend down into the sensations of this world. How? You need to study! How to study? ONLY through the holy letters.

### 16. WHAT IS THE HOLY SPIRIT?

Level: Advanced

"Rabbi Michael, please explain what is the Holy Spirit? How can a person be directly influenced by the Holy Spirit?"

### Here is my answer:

Look, Michael (*person asking the question*). Try to always look at the source and look for the answer there. As I understand it, you have your own ideas and feelings about what the Holy Spirit is, or the Holy Spirit.

But you will find a DIRECT and WHOLE answer when you consider this concept, this force, based on the holy language and the position of the "Holy Spirit" on the TREE OF LIFE. Then everything will become clear and distinct.

In the holy language, the Holy Spirit is "Ruach haKadosh" or, as they say (option) "Ruach aKodesh". The difference in these two pronunciations is:

Ruach haKadosh literally means "the Holy Spirit." Meanwhile "Ruach haKodesh" means the Spirit of Holiness.

So: Aba-ve-Ima is called KADOSH or KODESH - this is their level with the general meaning of "holiness." And what they give ZA (and with it, and his Nukva, and then to all the other worlds and souls) is from their, Aba-ve-Ima, light, from their characterized light. And what kind of light does Aba-ve-Ima emit?

We know that Aba-ve-Ima is Ga"R and, as such, they receive the light of Chochma without any restrictions, but their property is from the 4 stages of direct light (arba bhinot de-or yashar) – this is Hassadim.

That is, the highest Bina it ALWAYS chooses only Chassadim (the definition for this: Ki Hafetz Chesed Hu - as IT IS the Highest Binah – that desires Chesed, the light of mercy). And so, their Chassadim descend from Aba-ve-Ima. And Chassadim is, by definition, the light of Ruach (Chassadim of Aba-ve-Ima, of course, is immeasurably thinner, higher than Chassadim of Z "A, for Chassadim of Aba-ve-Ima is of the level of Ga"R, while Chassadim of ZA is only Va"K, and therefore Chassadim of Aba-ve-Ima in Zohar are called "Avira Dahya" - "thin air", while Zohar calls Chassadim Z"A " avira stam "-" or simply Chassadim ").

So: what does Aba-ve-Ima send to Zeir Anpin? Chassadim (Ruach), but what kind? From his level, and he is the level of Kadosh or Kodesh, the level of holiness. Therefore, the definition of this light is Ruach haKadosh (or Ruach haKodesh), which, in principle, is one and the same for us. That is, Ruach (Spirit), coming from Kadosh / Kodesh - Holiness.

I am glad to receive this question, as it and (and you!) are on the appropriate level, and therefore I give an appropriate answer for those who are rather advanced in the spiritual.

# 17. THE HOLY SPIRIT COMES DOWN ONLY TO THE ONE WHO BRINGS HIMSELF IN CONFORMITY WITH IT

Level: Medium

"Rabbi Michael, thank you for such a deep answer.

If possible, I would like to continue this topic.

It is known that all the prophets and wise men of antiquity were broadcasting from Ruach haKadosh.

I am also interested in the practical side of this. How (and can a person at all) become a servant of the Holy Spirit, according to his will and desire? Or it does not manifest itself in our time. I am asking this because I want to correct my qualities (save my soul) for reapprochement with the Creator, and I think such "cooperation" would improve the odds. Maybe I am confused? Rav, help me get cleaned up. "

### Here is my answer:

Everything that I said in the above answer about the essence of the Holy Spirit is perfectly practical, BUT those who strive to serve the Holy Spirit should carry this out from the "practical side"! From itself, the Holy Spirit does not descend to anyone unless there are correspondence in qualities below.

So, the practical side of this worship is precisely to be in a state in which one is able to raise the MaN. Where? To the place that the Holy Spirit comes from! That is, to Aba-ve-Ima! And how to get there - this you have to learn and ask the Highest, not me. I will not be able to raise it for you, as the Creator has an individual relationship with the soul of EVERY person in SEGREGATION.

Listen carefully, take it to heart and look for such "cooperation". After all, there is no need to go or fly anywhere to find this cooperation! EVERYTHING IS INSIDE OF YOU! If you are sincere, you WILL SURELY find it. After all, the very sincere, PURPOSEFUL search itself is already an APPROACH, already a COOPERATION!

### 18. REVERSE RELATIONSHIP BETWEEN THE LIGHTS AND THE KELIM

"Dear Rav, one can't put a price on what you wrote. I call it the "Lurian Kabbalistic Rhythm" or "Lurian Alchemy", I shall not continue on this further. Can I still continue asking you questions? — as I don't' want to inconvenience you, since it takes You a lot of time to and energy to answer these questions, as one can put together a separate book with only your answers."

### Here is my answer:

I will try to answer questions only if I am sure that this can HELP you in your spiritual work.

In the meantime, I would advise you and all the other members of the forum to wholeheartedly deal with the most important QUESTION, about the complete understanding and knowledge on which our entire further study and further advancement of each of you depends on. I am talking about the phenomenon of the "Reverse relation between the lights and the Kelim."

I used to call this phenomenon the "inverse **dependency** between the lights and the Kelim," but this is not entirely correct, for only the Kelim can "**depend**" on the light, and not vice versa. Therefore, it is better to call it "**Inverse relation**".

Everything that exists is, in essence, only Ein Sof and His creation, defined by the general concepts of "kli" or "kelim". When we say the Creator, Hashem, HaVaYaH, Elohim, EhYE, ADNI and all the other names of the Creator, they are all ONLY "tastes" of perception by one or another layer of our kelim of the one, indivisible light of Einsof. All of them – are CLOTHES on Ein Sof. And therefore, God DOES NOT EXIST, but there is the subtlest glow of the indivisible light of the eternal life of Ein Sof.

And the creation, the Kli, should transform its Kli, created for receiving, into the same Kelim (!), but with the intention of bestowal. Therefore, there are no other Kelim than those created by Ein Sof himself. We call Ein Sof differently. Both in the world of objective reality in a general aspect, and in the layers of perception inside a person, we give him a name as we perceive it in our Kelim. In the world of perceptions of Atzilut, his name is Maatzil (from the root "atzil"), in the world of Briyah, he manifests himself in the power of the name Bore (literally: The Creator), in the world of Yetzirah, Yotzer (Giver of the Form), and in Assiyah - Ose (The one who creates the deeds).

But there is ONLY one source of all that exists: Ein Sof!

This is the most important comprehension that you need to awaken in yourself every morning when you get out of bed, when you go to the toilet, when you eat,

you drink, you play with your kids, in short, in any situation you need to put this comprehension, the feeling of this comprehension as a cornerstone, the foundation of your kelim

On only through this will you begin to build your eternal, spiritual, true BODY. This is exactly what Yeshua himself put on the scale of the souls as the FIRST of all souls. Therefore, your spiritual body will be connected with the BODY of Yeshua, thereby connecting with Einsof - with an eternal, FAVORABLE existence.

Why, then, should we study the names of the Creator, representing only the all kinds of garments on Ein Sof? – Well, how will you be able to advance to Ein Sof, other than wearing the CLOTHES, protective suits of the names of the Creator? How can you look into the sun at noon, at the height of the southern summer day, without shades? It will blind you after all. And if you look for a long time, then you will burn! The same can be said about the gigantic power of light felt when approaching Ein Sof!

So, in order to PREVENT this possible "burning", "blinding", the Creator made it so, that a person can only see the glow of Ein Sof based on the levels which he can precieve in his kelim. And the higher luminescence that the person has yet to comprehended, simply passes unhindered through the person, not lingering in him, and he therefore remains safe - after all, he does not have the corresponding kelim. And then that person remains in ignorance about Einsof, about his tastes, attainments for which he has not developed the kelim of returning. And this why you hear some people say "I do not believe in God," etc.

But know that there is no God, wherever you rush, even into the most "extreme" corners of the universe, his radiance there would be NO DIFFERENT than here on earth!!! And all these tales that the traditionalists, the church, the synagogue tell the people about the other world, that "there things", will finally be, well, it is from ignorance of the structure of the universe. After all, at one point they dealt with all the dissidents, all those who knew MORE than their medieval obscurantism, by the means of Christian inquisition - Giordano Bruno, Galileo. Meanwhile the Jewish inquisition cruelly punished Spinoza, Ariel d'Akosta (both from Amsterdam), Ramchal (he also lived and wrote in Amsterdam).

No, my friend, even here on earth, Ein Sof shines as brightly, with all his strength, as in the highest places of his being in the Galgalta A. K. That is, in the begging of KAV and bellow.

So, there only exists Ein Sof and your Kli!

So, what is required of you to come into full compliance with him? How do you build a mature relationship with Him? In the same way as He built the worlds and their robes.

This will give you the sheer knowledge and perception of the principle of the "Reverse relation between the lights and the Kelim"!

That is, this will be the "connection" between you and Ein Sof!

We talked about this a lot in the past and you will find it in my lessons. Yehuda Ashlag devoted a lot of pages of his Ptiha (Ptiha le-hochmat a-Kabbala) to this issue.

Now open up and UNLOCK this key question, the knowledge of which is very superficial for everyone (even those who have been studying Kabbalah for dozens of years! I know what I'm talking about). The best place is on this forum.

And what a stunning effect the study of this topic will have on you! At first, do not be embarrassed to do the drawings, if it helps you, but then leave them. And instead of them, the whole scale of the INTERACTION of the lights and the Kelim is built within itself. And so, the "end point" of this study will be when you can already recreate the whole picture of this interaction within yourself. As, for example, a chess grandmaster can internally reproduce the entire game that he had with his opponent. And therefore, to him, it will not even be a problem to reproduce within oneself the positions of many chess boards when playing multiple games at once.

And now, just like the chess master, perfectly knows the name of each cell on the chessboard: for example, C3, D4, etc., so should you also immediately INSIDE yourself to know immediately which light comes into which cell of your kelim you correct them.

For example, in Kli Bina Hochma (that is, the private Kli of Bina in Kli Hochma, and therefore we write Hochma with a capital letter, so as not to be mistaken). Which light comes there? It is always ONE and THE SAME! But I will get ahead of myeslf - it will all come gradually.

And so the moment will come when your spiritual perception will become so refined, so subtle that you can define (and feel) the light in your Kli up to, as they say, "microns"! So through this, you will see that you are getting closer to the Source, and your perception of Him is gradually developing.

And then you can develop a clear spiritual vision - and this is your connection with Ein Sof, from the inside.

And the light is located from the bottom upwards from the weakest to the strongest: Nefesh, Ruach, Neshama, Haya and Yechida. And the Kelim begin from the lightest, thin, and below — more and more thickened, with a greater thickness of desire, Aviut: from the Kli keter to the Kli Malchut.

And another thing is, if you present the picture of the Kelim for clarity in the form of a chessboard (in different versions: 5x5 - as five stages, or 10x10, or as three Kelim with three lights: NeH"I with the light of nefesh, HaGa"T with the light of ruach , HaBa"D with the light of Neshama - that is, the kelim in general aspect after Tzimtzum Bet, because in general aspect we do not have more than 3 Kelim before Gmar Tikun!), then with such a view, Kli Keter is ALWAYS to the RIGHT, and to the left of it is kli hochma, and further to the left is Kli Bina, etc. and at the very end of the left, each Kli is Malchut of that Kli.

And now take up this wonderful work and actively join in the discussions of this greatest topic, as the study of it by the lowest, gives Ein Soph the greatest pleasure!

### 19. STATE CALLED "BORN AGAIN"

"From John, chapter 3:

- 3. Jesus answered and said unto him, Verily, verily, I say unto thee, unless a man is born again, he cannot see the kingdom of God.
- 4. Nikodim said to him: how can a man be born when he is old? Can he, on another occasion, enter his mother's womb and be born?
- 5. Jesus answered: truly, truly I say to you, unless one is born of water and the Spirit, he cannot enter the kingdom of God.
- 6. That which is born of the flesh is flesh, and that which is born of the Spirit is the Spirit.
- 7. Do not be surprised at what I said to you: you must be born again.
- 8. The spirit breathes where it wishes, and you hear its voice, but you do not know where it comes from and where it goes: this is the case with everyone born of the Spirit.
- 9. Nicodemus answered and said to Him, How can this be?
- 10 Jesus answered and said to him: You are the teacher of Israel, and do you not know that?

Rabbi Michael, if you can, explain this mystery. Can a man of the modern world have hope for such a New Birth?

How can it be?"

### Here is my answer:

You yourself will be able to answer this mystery (as well as your previous question about how to feel, attract the "Holy Spirit"), but ONLY after you FINALLY understand the phenomenon of "Inverse relationship between the lights and the Kelim". And do not try to look at it as a "theoretical" lesson!!! At first, it may seem like a very "technical" activity — as you should live through it many times. This applies to all other members of the forum. Everyone needs to go through the MECHANICS of their uncorrected Kelim! And then a miracle will happen and restore the connection with the Creator.

Now, if only you believed me, that this is so and started to FINALLY, WORK ON YOURSELF, instead of pointless reasoning with yourself.

Only then you will understand, feel, this INSIDE OF YOURSELF, the state of "being born again" in each of your states from 10 Sefirot, with each passing day with increasing strength and clarity. And you will freely attract the Holy Spirit with your EVERY request.

But you will never succeed without true and SIMPLE knowledge of spiritual reality, nourished by faith above knowledge, just like the great sage of the Torah,

Rabbi Gamliel could not understand it (or as he is called in a stupid, illiterate translation - "Nicodemus") whom was addressed in the above passage by Yeshua.

Do you really want this? Then you have no other choice than to first believe in my advice to you, and then see for yourself if this is so. And if this "so" does not work out - then the whole thing is in you, you must, and THEN always justify me until this miracle happens to you! THIS IS IT!

### 20. "YOU FIGHT FIRE WITH FIRE"

"Michael, I apologize for my long absence, I decided to ask a question. Somewhere on the forum, the topic of health problems as well as the environment was touched. And since this problem is very close to me, are there any recommendations on this matter? At first, I absorbed the material like a sponge and this in turn gave me strength. Now, sometimes I cannot read one page and there now power in it either. Total emptiness and porridge in my head plus health problems. How to be in this situation? ps I apologize for my past actions.

Thank you in advance".

Here is my answer:

Very glad you to be back.

The problem is that you are ruining yourself, first of all your spiritual health, and everything else is the result of this spiritual destruction. And all because you lack the desire for UNITY with the Source, as it turns out, your desire is very weak, "premature." In other words, you don't really want to live!

And therefore, it is your unsteady, not ripe desire - that pulls you into different directions (in Hassidut, in keeping with the commandments, as they are prescribed by those that, for the time being, are "damned" themselves and receive only for their own sake). And now you have no integrity, to direct all of your focus only on the ONE - one the only thing that gives life and is called LIFE!

And from here, the feeling of being torn, "total emptiness and porridge in my head, plus health problems." Everything is natural, according to the great principle of "mida knegat mida" - complete. "property versus property" or as in the English proverb: What (which property) you sow, then (such property) you reap (this Russian proverb is taken, of course, from the Torah!).

And also: As what goes around comes around. And so, with your eclectic activities ("porridge" made up of all sorts of activities), you destroy your weak Kelim, which you build through the Lurian Kabbalah, with me, as with your rabbi. After all, I'm not pulling you somewhere, but just pushing in the right direction HEALTHY for you. And even then, I do it completely without pressure, but ONLY invisible, through my books, lessons and posts on the forum.

But there is still such a Russian saying that speak of healing: A wedge is knocked out with a wedge – the same way you "ran away" from your true occupation and your ray, the same way you can recover: grasp and hold on to only one ray!!!

Choose yourself the one in your soul and TRUST HIM (meaning: "BEFORE obtaining YOUR complete faith" – you must draw your faith from him for now!) And now hold on to him, as if you are sinking into the quicksand and he is a reed, connected, however, with falling branches of a huge old willow.

### 21. WHAT DOES THE NAME OF YESHUAS MOTHER מָרָיָם MIRIAM MEAN?

Rabbi Michael, I heard that according to the Torah, the one who has a Jewish mother is considered a Jew. Why is it determined by the mother?

Quote: And the name Yeshua means in the holy language liberation: it is in this holy name that all his liberating power of Keter (which has no Aviut) is contained. I would like to ask about the name:

Mary is mother of jesus christ

What is the meaning of the name Maria?

How do you spell it in the holy language?

Does it have any connection with the meaning of the name Yeshua - liberation?

### Here is my answer:

No, this is not according to the Torah at all, that "a Jew is considered to be one whose mother is Jewish". This is a pure invention of the rabbis - but they had some very sensible, practical considerations for this, inside knowledge, of course.

The name Mary is an English translation of the real name of the mother of Yeshua מְרָיַם Miriam. In the Torah, this was the name of Aaron's sister. She was the greatest prophetess of the Jewish people and could, strictly speaking, have enough power to attract the great light of salvation directly by herself (that is, not through Moshe!), to attract this light to herself and to the people of Israel in the desert. So, during her life, the people of Israel in the desert were accompanied by the 12 wells of "living water", but we can talk about this at another time, when it will be applicable, where and when we will be told to reveal it.

But then from the "generation of the desert" as was the name of the generation of the people of Israel, who came out of Egyptian slavery and walked in the desert for 40 years, was required to show complete obedience to Moses, as the Torah was given to him for all the people, who had to fulfill it based on the covenant of meat! And this covenant "for the whole nation" is for a person of the masses without distinction of individuals working for the Creator individually in spirit!

But this Miriam, the "sister" of the high priest Aaron, THEN already possessed the soul of the "new generation" - the generation of the country of Israel, that is, those who already perform the Torah by the spirit, according to the covenant of the spirit. Therefore, the Torah tells us about one surprising case of

"disobedience" by Miryam to Moshe, as a result of which she was covered with leprosy, and then died.

And so, the people mourned her deeply, for they all sincerely loved her, as the prophetess of the Creator. And with her death, all the wells with LIVING WATER accompanying the people of Israel in the wilderness disappeared, and no longer appeared, despite the presence of the great Moshe and Aaron.

And her soul of the "new generation", the generation of the covenant according to the spirit, was then incarnated as the mother of Yeshua! But now it is already MARIAM purely by the SPIRIT.

In my Dutch book "The Teachings of the Kingdom of Heaven" in the explanations for Brit Khadasha, I first spoke about the miracle of the phenomenon of the Immaculate Conception, but did any of them understand it? In order to understand anything from this at all, it is necessary to at least fully understand the inverse relationship between the lights and the Kelim.

So, as they say: "Everything is still ahead with you!"

#### 22. ESSENTIAL QUESTION

"Dear Ray, I have a very personal question: how do "false memories" relate to the study of Kabbalah, and what can I do about them (I studied clinical psychiatry and Jung's psychoanalysis, and I will soon know Shaar haGilglim by heart)"

#### Here is my answer:

I am tired of constantly repeating the principles of posing a question, that is, you must have sufficient grounds to bring up your question. Let's call this good question - ESSENTIAL QUESTION. So: always BEFORE asking me a question, ask yourself:

- 1) "Why do I need to know this? And will Michael's answer help me in my spiritual work (or spiritual work of other members of the forum and that should also worry you!)." After that (if you think that my answer can still on working on yourself), then
- 2) REASON-OUT your question, that is, WHY do you want to ask it, what prompted you to do this, also ask it of yourself first.

And so, if according to these two parameters your question turns out to be "ACCEPTABLE", then and only then you can deliver it to me. Of course, it is not forbidden to put any questions to me, but then do not expect me to answer the "non-essential" question.

For example, take a look at the question that was asked earlier by Michael about the Holy Spirit. I would probably not have answered him (for it is unclear how my answer would help him in his individual work, so why would I trouble other members of the forum). But he gave me his motivation, that he wanted to serve him, the Holy Spirit, and therefore he gave me the basis for providing an answer. The same thing in yesterday's question posed by Andrew.

But even in the case when both factors (or one of them) are, in your opinion, present in said question, I reserve the right not to answer the question if it does not correspond to these 2 (or even one) reasons in my eyes.

After all, what does the "knowledge" of the answer to a question: "I heard that, according to Torah, only those born by a Jewish mother, are considered Jewish", give you. This is a question that was posed yesterday by Rima (and all her other

questions— which I call "smart"—that is, questions for the sake of questions and "not in essence", but simply for the sake of gaining some knowledge, perhaps in order to a get mental "kick", something like strong coffee.

However, I nevertheless answered to Rima, but only out of politeness, in order to maintain a "good tone." But all these questions raised by her are only "know-it-all" questions and this is a big problem and a symptom of a "serious illness".

And therefore, when I do not answer the "know-it-all questions" - then let it point you to your "illness" - then look carefully at your question and work on yourself and try to "recover" as soon as possible.

After all, I immediately see from the statement of the question the LEVEL of the questioner, his present state, how he lives, what he eats and what he abuses.

After all, you do not mind to be offended by the attending a physician for having diagnosed you with some kind of internal disease, say, a stomach or liver?

So look at me as an animatologist (anima - soul) - a specialist in diseases of the soul, as well as in the prevention in order to help you achieve a HEALTHY SOUL!

#### 23. HOW DOES IT FEEL TO RAISE MaaN?

"Here is an example of lesson given to me by Rav yesterday. I asked the following question – "I raised MAN, having a lack (Hisaron) and a desire to receive (Kli). Since I can't receive after the Tzim-tzum Beit, I raise M'N to the highest (Rav). My desire is to have Aviut from the coarsest (the desire to show one's awareness) to the subtlest (to receive the light from Ravs explanation of reincarnations). In response, Rav sends (descends) M'D — his answer. He scolds me, then more subtly points to the questions of Michael and Rima. And then at the subtlest level, by accepting which (my kli) understands the correction received from Rav's answer.

My example can demonstrate the process of creating a "damper" to mitigate the properties of din in Malchut (BSHK - Bet Shaar a-Kavanot - Lesson 3 homework). In addition, this is an attempt (my post here) to use Kabbalah in practice. In addition, this is an attempt to correct the private chesed in sfirah tiferet"

#### Here is my answer:

You see, intuitively, you came to the right conclusion, yet with your "hands and feet", with words that were not yet sufficiently formed, not distinctly kabalistic, but still, you have this "vein" stretching to the truth, raking (with your hands) curtain fabrications of the earthly mind (that is, the serpent).

For in every raising of MaN, what happens? MaN rises to the Nukva, it connects with ZA and they rise together (raise Man) to Tvun (Yishsu "T, lower binah). And this feels like yira, FEAR (as Yishsu" T are located UNDER chaze A"A, and there, as the Zohar teaches, "dina kashya" or heavy heavy din acts. So this din of ZoN is the one who gives, to the one who raised that MaN

And only if the one who raises MaN "CAN HANDLE" this din, this necessary severity, then by a subsequent raising of MaN ZON will raise him to Abba-ve-Ima of his state in 10 Sefirot (in this case, the MaN-question). And there, ZoN will be dressed accordingly: Z"A onto Aba, and Nukva - onto Ima."

And so, Aba-ve-Ima is there in a non-pasik Zivug, a continuous Zivug, a confluence, and from here, ZoN will receive Mochin, which are Rachamim, the light of mercy, the light of love. Then ZoN transmits this LOVE like a boomerang to the lower one, who summoned it. Only you need to have enough patience, perseverance and faith.

## 24. BEFORE YOU WRITE TO ME, WORK ON MAKING A MESSAGE INSIDE OF YOURSELF

"Hello Dear Rav. I realized my mistake: the question – and the answer - turned out a one-time action, and I don't recieve any benefit from it. It's much more profitable to present the decision-making process, then one goes into the other. I've got today that the process the raising of MaN was further described in the Torah, when Moshe ascended Mount Sinai on behalf of the people of Israel for the first and second time, and the Creator, on the contrary, went down to him, and the Moshe himself could not stand (breaking the tablets) or the people of Israel (lifting resh tol dalet.) On the other hand, the presence of the lower leg of kuf assumes that impure forces are necessarily involved in the process of receiving spiritual information (this against that made the Creator). And the division of everything, in particular, into bones, bone marrow, meat and veins, implies the propagation of lights along brain, bones, etc. "

### Here is my answer:

Your message indicates that complete "nonesense" is extending along and across your "brain", and therefore on the "bones, etc."!

# 25. TRANSLATION OF TORAH WITHOUT A KHABBALISTIC EXPLANATION IS COMPARABLE TO A PURCHASE OF EXPIRED FOOD.

Weekly Torah Chapter "Eikev"

And it will be, because you will heed these ordinances and keep them and perform, that the Lord, your God, will keep for you the covenant and the kindness that He swore to your forefathers.

And He will love you and bless you and multiply you; He will bless the fruit of your womb and the fruit of your soil, your grain, your wine, and your oil, the offspring of your cattle and the choice of your flocks, in the land which He swore to your forefathers to give you.

You shall be blessed above all peoples: There will be no sterile male or barren female among you or among your livestock.

And the Lord will remove from you all illness, and all of the evil diseases of Egypt which you knew, He will not set upon you, but He will lay them upon all your enemies.

And you shall consume all the peoples which the Lord your God gives you; you shall not spare them, nor shall you worship their gods, for that will be a snare for you.

Will you say to yourself, "These nations are more numerous than I; how will I be able to drive them out"?

You shall not fear them. You shall surely remember what the Lord, your God, did to Pharaoh and to all of Egypt:

**19**The great trials that your eyes saw, the signs, the wonders, the mighty hand, and the outstretched arm with which the Lord, your God, brought you out. So will the Lord, Your God, do to all the peoples you fear.

**20**And also the tzir'ah, the Lord, your God, will incite against them, until the survivors and those who hide from you perish.

You shall not be terrified of them, for the Lord, your God, Who is in your midst, is a great and awesome God.

And the Lord, your God, will drive out those nations from before you, little by little. You will

not be able to destroy them quickly, lest the beasts of the field outnumber you.

**23**But the Lord, your God, will deliver them to you, and He will confound them with great confusion, until they are destroyed.

**24**And He will deliver their kings into your hand, and you will destroy their name from beneath the heavens; no man will be able to stand up before you, until you have destroyed them.

**25**The graven images of their gods you will burn with fire; you shall not covet the silver or gold that is upon them and take it for yourself, lest you be ensnared by it, for it is an abomination to the Lord, your God.

**26**Nor should you bring an abomination into your house, lest you are to be destroyed like it, but you shall utterly detest it, and you shall utterly abhor it; for it is to be destroyed.

#### Chapter 8

1Every commandment that I command you this day you shall keep to do, that you may live and multiply, and come and possess the land that the Lord swore to your forefathers.

**2**And you shall remember the entire way on which the Lord, your God, led you these forty years in the desert, in order to afflict you to test you, to know what is in your heart, whether you would keep His commandments or not.

**3**And He afflicted you and let you go hungry, and then fed you with manna, which you did not know, nor did your forefathers know, so that He would make you know that man does not live by bread alone, but rather by, whatever comes forth from the mouth of the Lord does man live.

**4**Your clothing did not wear out upon you, nor did your foot swell these forty years.

**5**You shall know in your heart, that just as a man chastises his son, so does the Lord, your God, chastise you.

**6**And you shall keep the commandments of the Lord your God, to go in His ways, and to fear Him.

**7**For the Lord your God is bringing you to a good land, a land with brooks of water, fountains and depths, that emerge in valleys and mountains,

**8**a land of wheat and barley, vines and figs and pomegranates, a land of oil producing olives and honey,

**9**a land in which you will eat bread without scarcity, you will lack nothing in it, a land whose

stones are iron, and out of whose mountains you will hew copper.

**10**And you will eat and be sated, and you shall bless the Lord, your God, for the good land He has given you."

### Here is my commentary:

How does copy pasting of the weekly chapter of the Torah WITHOUT passing everything written there through YOUR Kelim by the method of the Lurian Kabbalah help you? Of course, it absolutely does not help. After all, each word of the Torah should be considered as a "balm" for YOUR soul. And the rest - it's just talks, empty pompous words, uttered by a two-legged speaker with a kippah on his head or without it – it makes absolutely no difference!

After all, what it says, for example: "12And it will be, because you will heed these ordinances and keep them and perform, that the Lord, your God, will keep for you the covenant and the kindness that He swore to your forefathers."

It teaches you, YOUR soul, that if:

You will observe the "Inverse ratio of your Kelim with the Light" and from YOUR side:

- 1) LISTEN to the Higher laws of the universe (given in the Torah, which can be understood and applied ONLY through the study of Kabbalah) or in it's words "listen" The Torah speaks of the study of laws. That is, how to serve the Creator LISHMA, and not what the "people of Israel" do in the meat. They have nothing to do with the "people of Israel" of the Torah!!! Only when an individual person begins to fulfill the Torah LISHMA, only then will his Kelim become "the people of Israel"!
- 2) HEED them to make Tzimtzum, restrict and reflect the light emanating from the laws of the Torah into your Kelim only in this way can they be "heeded"! Tzimtzum and the subsequent bestowal for the sake of bestowal with the light of chassadim! And then

KEEP then and PERFORM them — receiving for the sake of bestowal with the illumination of Chochma — through individual inner spiritual work in two lines, that is, work in the left line, because without work in the left line it is impossible to get illumination of Chochma!

Then by this, you will establish a REVERSE relation with the light ("by the Lord, your God"). And then he

1) "WILL KEEP FOR YOU" - will give you as much as you can "keep", will support you with the same degree

- a) covenant the equality of the left and right sides of the equation, giving-receiving. The place of union is YESOD, with the reception of illumination of Hochma and the Holy Spirit and
- b) "kindness" Chassadim, in which the light of Hochma is put on to the light of salvation ...
- c) "that He swore to your forefathers": You here on earth are like ZoN, who are your "fathers". And so, "Gd, your Gd" the creator of "heaven and earth" this is Abba-ve-Ima, "SWORE" to ZoN, to your fathers, that EVERY TIME, THEIR SONS NEED MUTUAL CONNECTION WITH HIM, he, Abba-ve-Ima, called OH (hu), will keep you alliance and kindness. "

Bear in mind that you pasted ONLY an English translation, that is, a text devoid of the strength that is embedded in the very text of the original! And any such translation is similar to expired food. How many nutrients are left in it?

And now work through this translation from the text of the Torah, which you have put up further, to the end, but ONLY through YOUR Kelim and by the method of the Creator himself!!!

# 26. THE PURPOSE IS NOT TO HURRY, BUT TO ACCELERATE THE ADVANCED

"Dear Rav, thank you for your delicacy in answering me. At the moment, my main mistake is haste, because the answers to my questions were and are in your subsequent lessons, which I understood. I have patience."

### Here is my answer:

It's okay if you hear "criticism" of your messages from me. The main thing is not to be offended, but go ahead and work on my comments, instead of running off into the bushes. You have a great advantage, which I didn't have, because I didn't have anyone to ask from the "living rabbis" - they are only "alive" in meat, and even this all rotten as they do not accept the covenant by the spirit!

And behind the "haste" there may be a positive moment: the quickness of understanding the educational material, the rapid ability to find links between individual statements, etc. Your task is to correct your "haste", but in such a way as not to inhibit the speed of comprehension. Indeed, the whole advantage of Kabbalah is precisely to ACCELERATE, as quickly as possible, every day faster, the advance towards the cherished goal - the individual gmar tikkun.

After all, by aligning yourself with the Higher, you accelerate the speed of perception. Therefore, a Kabbalist travels every day, gigantic distances of billions of years in his development (and at gigantic speed!).

Unlike a person who leads his lifestyle only according to the laws of nature. Whos speed of correction is negligible and is directed, stimulated, determined only by the sufferings, which are imposed on him by the very laws of nature, according to which he lives. He also succumbs to the "fate" - the predictions of the astrologers, determined by the positioning of the signs of the zodiac, etc., because they do not go beyond the scope of "natural egoism" and hence suffering all his traumas, is it not deserving of him?!

Of course, it is "deserving" - so that he awakens from the material existence, from hibernation and begins to LIVE in a way above knowledge, putting oneself above the laws of nature.

#### 27. LISTEN TO THE "RUSTLE"

"Teacher, I have a long-standing question:
How do I know if I am holy or unclean?
How do I check it? Or is it impossible to verify ONLY in the sensations of our world? In short: how can I be closer to the light?
Thank you, I hope to hear from you. "

Here is my answer:

A very difficult question and at the same time very, very simple.

All the time when you make an effort to work in the Torah and the commandments - you are in holiness, even if you yourself think that impurity is very close and even if you "feel" that you are in impurity!

And vice versa, all the time that you do the opposite, other then practice of Kabbalah, you are also affected by "the opposite" power.

Therefore, the moments of practice of the Torah and the commandments (Kabbalah) - this is your "test" that you are in holiness, and not in impurity or in sensations ONLY of our world (which is equivalent to being in impurity). These moments and periods of practice of Kabbalah - they can happen in any of your states: at home behind a book, on a forum, at work, on a walk - practice of the Torah is measured by the INTERNAL focus on LISHMA, whatever you do and think!

There was one such great Rabbi, and it was written in the Talmud, that he was so old, "old by years", that none of the elders of his generation were as old that they could testify how old he really was (for the sages The Torahs, as a rule, did not "reveal" their age outside – as there is an forbbidence from the Teaching itself).

And so Sa'M, the angel of death, could not take the life from him, no matter what, as this angel of death did not have any power over this old man, according to the testimony of the Talmud. And all because he did not disengage from the study of the spiritual, and therefore remained constantly and continuously ONLY in holiness. And in such a state, impure forces cannot take a person's life away from them! They don't have "rights" to it from above!

But suddenly in the courtyard he heard a "rustle of the leaves", the old man turned around, and immediately the angel of death grabbed him!

Now watch and listen to the "rustle", wherever it comes from. Do not fix your inner gaze on it, but remain adamantly in a state of holiness and you will live "in the now", that is, you will live a life that knows no beginning or end.

#### 28. LOVE, INDEPENDENT OF CIRCUMSTANCES

"Rabbi Michael, I have a question that I really can't find and answer for ANYWHERE. It would seem that the screen INSIDE should feel the same, regardless I Reflect the Direct light from a pleasant desire or an unpleasant one. Ie when a person tells me pleasant things and I push them away, because I shouldn't be pleased that I'm accepting them for my own sake, but at the same time I myself am disgusted and I've hurt and upset that person.

And on the contrary, when a person says unpleasant things, but I do not push them away, I try to swallow them, I am in pain and want to cry, but in this way I am also building up my screen. Why, in both cases, when you are building up your screen, you feel that everything inside you is turning over? "

### Here is my answer:

The fact that "in this and in another case you feel that everything inside you is turning over", that is, when it is unpleasant for you, that you have hurt that person for his pleasant words, or vice versa: he has terribly upset you and you want to cry.

It is, strictly speaking, two sides of the same medal. Do you get BETTER, when some person says something pleasant to you? Does someone calling you stupid or ugly make WORSE (that is stupider or uglier) in reallity just because they said some words? Of course not!

But the fact that "this and that", BOTHER you - this is a signal for help, to show you what you need to correct firsthand!!! And these "unpleasant feelings" - both from "flattery" and "subservience", and from hatred and disgust — will continue and continue until you fully trust the Creator and rebuild your Kelim ("swords to plowshares").

And then you will be able to receive from Him from both sides, rejoicing at both His blows and His mercy towards you, moreover, with absolutely EQUAL LOVE! That is, without the sentiment of amenity and without getting angry. But you can't fool yourself if you feel pain and react to it angrily.

And so, this is a perfect state, constant love, independent of circumstances: "they are insulted, but they do not get offended, they get humiliated, but they are not humiliated."

# 29. DO NOT GET STUCK ON SOMETHING THAT YOU DO NOT UNDERSTAND FOR NOW

"Dear Rav. I have a question regarding the learning process itself: do you really need to look for and correct something in yourself, or is it enough at first simply to feel your lessons, something like "catch the wind, so that it will blow in the back and push forward, not in the chest or in the side?"

### Here is my answer:

You understood it correctly that at the "first stages" it is enough just to feel "my" lessons - after all, they come from a higher level in relation to me. And you do "catch the wind" from "the back", because the front still has no strength to withstand its pressure. And I must to trust it to blow in the back and push me forward!

I still have the same attitude towards my higher teachers: Yeshua, Moshe, Shimon bar Yohai and Ari, that I stay with them, as I did in the the beggining. And by going through my lessons you are getting their direct impact on you, you are correcting yourself without focusing on that which you (so far!) do not understand.

This is a WINNING attitude in spiritual work, when you humble yourself by studying the lessons, books of your rav and let the Creator lift you up. Truly spiritual cannot be acquired by effort, as the process of learning is based on SENSATIONS! And so, these sensations come from both the FAITH in the Creator and the KNOWLEDGE of the Creator.

#### 30. YOU MUST AQUIRE FAITH PRIOR TO ANYTHING ELSE

"Dear Rav. Forgive my intrusiveness, but today I don't quite understand (more precisely, I have no idea) about the following: 1. before correcting something by studying Kabbalah, you need to create something by studying Kabbalah. By observing the principles laid out for the begginers, as long as there is no Kli, questions about correction by bringing in the light are of a purely abstract nature. This is what I was prepared for. 2. The concept of the highest keter, only works when I don't just understand but start feel it based on the build up kelim of relation between Yeshua – Moshes - rabbi Shimon - ARI. Am I mistaken, if so, I will be very enthusiastic about correcting my mistakes. Thank you "

Here is my answer:

You listen, but you do not hear my answers.

"Before creating something" again by studying Kabbalah, you need to ask and acquire FAITH so that "the corrections through the attraction of light" became purely PRACTICAL!

### 31. ASK FOR FAITH, AND IN ADDTION YOU WILL GET KNOWLEDGE

"Dear Rav, I try to hear your answers, and therefore, at my current stage, which differs little from the state of double concealment, I have nothing left to do but work in the commandment of creating Faith in the Creator (about any work in the light of Torah and speech cannot), without the creation of the Faith, there can be no lbur aleph the desire to work for the Creator. This is where I stay."

### Here is my answer:

FAITH is the base on which you build all the work for the sake of the Creator. But know that cultivating in yourself FAITH also brings with it the light of KNOWLEDGE of the Torah. And this is because the light itself is INDEFINITE: it always comes complete and whole (there is in it both Hassadim and Gevurot, Panim and Achor, all stages of light, etc. - everything that we can discern in it and is incredibly more!) But when he enters the Kelim, he remains only in the corresponding Kelim, and the rest, for which you do not yet have the Kelim - disappears immediately - returns to the Source.

And how do you know, "there is no extinction in the spiritual": once having visited your Kelim, even for a moment, he left his INSEPRESSABLE trace there and this trace, reshimo, now works in you, gives you a charge and forces you to new achievements. But he asked only FAITH.

#### 32. WHO IS CAUSING CONFUSION?

I just received a private message from S. He writes:

"In my opinion, your post titled "ABOUT THE ROOT OF THE SOUL" is not entirely accurate and, in fact, may lead the reader into delusions, causing confusion.

The root of the root of the human soul is in the World of Infinity, so therefore the root of the human soul cannot be tied to the Worlds BYA, which will merge into the world Atzilut after complete correction one after another, ceasing to be clothes and ceasing to exist as the Worlds of Concealment. The root of human souls should be the middle axis of the World of Atzilut; but this is only while corrections are in progress, the coordinates can be pinpointed according to the EXTERNAL vision of the uncorrected Creation, but if we are talking about complete correction of the soul, then we should speak from the point of view of the Overall Correction, and here the picture is different, first Worlds BYA are strung on the central axis of the World of Atzilut, and with the stringing of the last one (Assiyah), the World Atzilut itself ceases to be the clothing of World Adam Kadmon, and EVERYTHING is on the same axis of light Kav "

Here is my direct answer to S.:

Your whole problem is your OWN opinion, instead of the opinion of the Torah. After all, you are completely illiterate in the holy language (and do not even try to learn it!). How can you operate with spiritual concepts and give YOUR opinion about them? It's incredibily stupid. And therefore, all your past messages about the structure of the universe and right up to this message are completely "inaccurate and in fact can lead the reader into delusions, causing confusion."

You keep thinking and scooping out of your head - that's your whole problem. And this a sure way to get nowhere and leads to nothing good. This is all because you refuse to listen to your Rav! So, what was the point then in studying my book "Kabbalah for the complete organization of life"? You adored it so much! Now I see that it was all just a bluff, but in fact you remained as you were. How "incorrigible" you were, so you remained, instead of overcoming your arrogance, your thirst to train others and starting to work on correcting yourself!

And so, you lost your Rav - and therefore you lost your spiritual life and the opportunity to get out of his prison altogether! Maybe you will succeed in the next

incarnation to pacify yourself and begin to agree... But as of now I only see an evil snake in front of me!!!

All that I say is from the Zohar and Ari, there is not a word here FROM MYSELF! And therefore, I know what I am saying and I know that "my" words come from the truth, and your task, I repeat, is precisely to overcome your own pride which is based with nothing good and substantial and agree with me every time. Especially when you think I'm wrong.

That's the Teaching will finally help you. In the meantime, it is for you as "sam hamavat" - a deadly poison.

## 33. HUMAN NAME IS THE "GOLDEN KEY" TO REVEAL THE ESSENCE OF HIS SOUL

"Rav Michael, I had a question that seemed to emerge from my previous question about the ROOT of the SOUL. My question is about the NAME of a person as it gives a hint about that person, that is, his name indicates the root of his soul? Is that so? I came across a quote in the topic "The Meaning of Names", which warmed me up to my question:

Quote:

"I must say that one connection between the root and its manifestation on earth, nevertheless, remains in force, despite the leaps and bounds of the process of alienation from the internal laws of the universe — the individual's own name. of the world."

#### Here is my answer:

This is a very, very good quote! It not only "warmed up" your question, but gave you the most (and all of us at the same time!) Magnificent, "hot" answer!

Yes, of course, it is true that in the name that the Creator whispers to the parents of the child, lies a "golden key", as a hint to that person, in order to let him naturally know the root of his soul. And this knowledge will serve him / her as a guide in finding a connection with his soul, but no more than as a guide! After all, you can even get the "golden key", and not find the only door that opens the treasury of eternal life!

And most importantly, everything else, a person achieves constant individual work on himself in two lines (by faith of the Creator and KNOWLEDGE of the Creator).

Then the Creator Himself then makes the middle line along which a person rises steadily to the root of his soul.

# 34. HOW TO CHECK WHETHER OR NOT YOU ARE TRULLY ADVANCING IN THE SPIRITUAL

"Michael, can you please explain to me, how to check my own spiritual state in order to dispel illusions about my spiritual position at the moment. How should I check myself against my current state in order to feel and understand that I have not attained any spiritual level? That is to accept my self-deception and move on, as otherwise I can spend eternity in my imagination, without realizing anything. And, on the contrary, what are the signs of real spiritual movement? How to detect this threshold, and how to strengthen, and be sure that it's not another illusion? What is the effort that I need to provide? What is the dot inside that I need to find, and most importantly, how can I feel it, what kind of psychological movement do I have to do? I do not know how to call this move in its entirety.

This is about how to play chess with oneself, at first glance it seems meaningless, but by digging deeper, you can see something that is beyond any explanation, and it is at this point that you don't have enough strength for vivid awareness, not enough confidence, and catch on then. You want, but can't at the same time. The desire burns, then again you rush into battle, and again you feel like you've already felt it, and then fall down again. This reminds me of my childhood when we sneaked into the neighbours gardens, and climbed the apple trees, and would get so carried away seeing a ripe, filling apple, reaching out to it, and then the branch under you breaks, and you go tumbling down to the ground. Does it give strength? In order to recognize the moment of confusion, and to intercept it in time without serious consequences? Or rather, it's not about strength, but about, feeling the power, that is this break point?

While I was writing this a lot of thoughts and doubts came to my mind, how should I clear my mind, what is it like? "

#### Here is my answer:

You could have found the answer to your question in the message quoted by you, this would have made sense. But what do you do? Ask me to "chew" your

food for you, "and to put in your mouth," so when will you spiritually grow up? Who will do this for you?

At the end you mentioned: "While I was writing this a lot of thoughts and doubts came to my mind" - this is where your "problems" come from:

- 1) "a bunch of thoughts" instead of reducing everything to ONE and only this is due to your lack of true KNOWLEDGE of the Creator.
- 2) Your "doubts" come due to your lack of faith of the Creator.

And if you would have worked on my message, you would receive both the answer and the light yourself- and it would work, act in you, GENERATING your further spiritual advancement!

What am I talking about in this quoted succinct message? In your words, what does a person need to do in order to "clear their mind? What does it look like?":

Here are three conditions for you:

- 1) Instead of your own opinion, you must ALWAYS take, put the opinion of the Torah.
- 2) To keep only for ONE rav, which means you must UNCODINTIONALLY agree with him, especially when it seems that he is wrong!
- 3) Constantly conquer your pride and ego, by belittling yourself before the Creator and His creation (any!!!).

And what is the sign that you are not deceiving yourself, that you are not fooled by illusions, but instead, really moving forward in the spiritual?

After all. I wrote about this so much in my book "Kabbalah for the complete

After all, I wrote about this so much in my book "Kabbalah for the complete organization of life," but you did not earn the right to work through it. You only practice "heresy" - by doing all sorts of "mitzvot" - the commandments of the dead, explanations of the Torah by them, and therefore you hold on to "death" and who will pull you out of there?

Therefore, your eyes are "closed" and do not see the light, therefore you do not understand what you read in my book. But if were to start, aquired courage, give up all the stupid reading about the commandments, and studied the book "Kabbalah for the complete organization of life" thoroughly - then it would help!

Instead I have to chew your food for you now, as if you were a baby, and therefore my answer will not help you, like it would help you if you arrived at it yourself, or at least in your question gave the outlines of your possible answer, even if not quite true.

Learn, for example, from Olga and Anna. Look through their questions and see how to ask questions. For both of them put their question as a researcher "above reason", and not from the position of wanting to receive "below knowledge," as you invariably do.

So now, you will eat what I've put into your mouth, and you will get hungry again in about an hour, as you can't saturate yourself, become self-saturated, look for saturation yourself. That's why this answer will not help you.

Here is a SINGLE answer, on how you can check yourself, even you, a spiritually blind person, you can use this method to check check yourself any time you WANT:

- Always compare two conjugate states and no more then two. Do not say empty words about more distant and especially future states. Take ONLY two conjugate states every time and compare them: ie. you compare this state with the previous one.
- 2) If it turns out that you have even a little less DOUBTS (of any kind!) than in the conjugate previous state, then you have already moved forward. Know then that you are close to the spiritual, by "at least a jot." And by how much really, that's none of your business: you are a worker, and compensation should be indifferent to you.

This ADDITION, this delta, is the difference in the level of doubt (downward !!!) of the conjugate previous state with this state is the "break point"!

#### 35. HOW TO CORRECT "THE SIN OF ADAM" IN YOUR SOUL

"Rav Michael, what is the essence of the" sin of Adam, "how can I correct it in my soul,

where do I start, what key in this work for me? "

#### Here is my answer:

The answer can be found in my most quoted message. Always try to find the answer YOURSELF first - only this will help! Alternatively, after having worked through it thoroughly, provide me - along with your question - your blueprints for a possible answer. This is already your job/ work on yourself. Otherwise, it will not help - it will not generate progress in your personal spiritual work. And then what's the point in my answers?

I suggest that you, in a friendly way, look for the answer to your given question itself, first give your assumptions with the BACKGROUND and then I will answer you on the merits. Or maybe you will find the answer here yourself, so I don't have to "chewing up" the answer for you?! As the answer to your question may be very obvious and even "catches your eye"! As your eye is already equipped with faith and knowledge.

And if you are still not able to find your answer even (after a lot of effort!) Is applied by you, and it still seems insurmountable (and you can't even give the outlines of your answer), then go to our Discussion section and there, together with other forum users, try to jointly produce such an effort in search.

This will help both you and those who will actively participate in this search. (It will help even those who are hidden, passively browsing the forum!).

After all, the coming to the truth is a spiritual PROCESS through WORK and SEARCH!

#### **36. CHANGES HAPPEN IN EXTREME STATES**

"I can only explain why I am asking this question:

Adam's "sin" is that he chose to know (find out, make sure, make sure ...) instead of having faith, faith above reason. Thus, he was born as a "human"; he had the Kelim of receiving instead of the Kelim of giving. What confuses me is what is called "sin" when it is in fact the ONLY way to know the Creator.

And the greater the egoism, the closer one is to the turning point that is called "home."

The last level (the greatest egoism) - I want to know, see, make sure, know the meaning, why it is so, and now it turns out that STUPIDITY is to doing something, that is impossible, - which just a dead end.

So how do I fix my nefesh? - that's what I really wanted to ask, to make one more "verification", to get one more hint, to stay in the state of "the shepherds of Lot" ... Though as it was clearly shown to me through your quotes and even in through my own eyes. This search for answers is endless and I do not know what to do with it. The only thing that supports me is the understanding that all this is the will of the Creator, including this path through questions.

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These quotes can be read as they read the open Torah and remain there. But you can read in a different way and understand the correction mechanisms or at least tobegin understanding, because it is not the same to understand and to do:

#### Quote:

The greatest change of man occurs in the most extreme cases. But there must be an implacable faith in the teacher, even if he scolded you. It is written: even if He takes your Nefesh, your soul, you must continue to love Him. Such trust and love should be given to the teacher, for how can you learn to love the Creator, Yeshua, unless you learn to love the Creator by first loving the lessons of your EARTHLY teacher here on earth!

In other words: if - or it is better to say 'when', as this is sure to happen in our day - the Jews openly offer their sincere apologies and the whole world will hear them, then ALL essential problems will be solved in the root! Heed what I am saying here, and learn this lesson — live it! Until the Jews do this, there will be no end to all sorts of crises, earthquakes, floods, wars, looting, violence, famine, etc. Nothing will provide a structural solution if the Jews do not get together as quickly as possible and do not make this "small gesture". To express to the whole world deep regret and remorse for what they did to Yeshua. And then their 'Jewish' gates will open to the whole world, and this will give a gigantic correction and

impact on the whole world! This should come primarily from Israel, on behalf of the Chief Rabbinate of Jerusalem. After all, it was they who handed Yeshua to the Romans for the slaughter, and they must clean it up in the inner consciousness of humanity of all times. Moreover, all Jews around the globe should support this act of apology and thereby promote the highest forgiveness of the Jews. Of course, everything is in one person. Everything exists from a general and particular aspect. Every Jew must bring Yeshua to himself. This is the resurrection of the dead. You have to make a hole in yourself to Yeshua, to the higher Keter. And then the Messiah will come. If only the Jews would listen to this and wholeheartedly accept! The rest of the world wants it, whether they consciously understand it or not. If only the Jews would accept it! Here the Kabbalist of this time says on the threshold of the arrival of the Messiah, the words of liberation that come to him directly from above! They can not be ignored, can't pretend that you do not notice! Hear and heed for your good! Hebrews are absolutely not required to become Christians, but they must undergo a spiritual mikve, spiritual dipping.

Why do I ask my questions so unclearly, so inexact? Here I want to draw the attention of "others" instead of doing my own corrections. Where did I get this understanding of "giving"? This is because I myself get answers through the questions of others. And why can I not express myself like that? Because I myself receive the answers not at all through accuracy, but in some strange way through questions, individual phrases, some words.

And very rarely !! through direct answers. (The answers come to me through the connections I have inside). But the details are important only to me, others see in it something of their own, for themselves.

I read your answers to others many times, because they are written to be direct, but come as hints for me, I get a lot from there, I try to learn. Thank you for your patience. "

#### Here is my answer:

You are searching very, very far, for something very, very veiled, very, very long and pseudo-philosophical. This, of course, does not help you and will not help. Of course, you have very insufficient knowledge of the Creator (the structure of the Tree of Life), and so far your faith is only the "mechanical".

And here it is not quite appropriate to "blame the Jews". Certainly, in general terms, the fact that you cannot answer your own question on the basis of spiritual understanding is also their fault. After all, if they attracted enough light to this world, then our world would not need the terrible, EXTRA concealment of the light of the Creator, caused by the reluctance of the Jews to study Kabbalah and, above all, the Zohar!

But even now, regardless of the "negligence of the Jews", you should already try to find ways to find answers DIRECTLY FROM MY WORDS, and not from all your approximate considerations, your personal views on things.

And in this case, I would like to draw your attention to the questions asked by Olga and Anna - they, for some time, as a rule of thumb, ask essential questions - and yet their life experience is much less than yours, at least in the years of life. It is the same with regard to their experiences of spiritual work, but they somehow HEAR my words and find the answers themselves, even through the formulation of their questions. They have a JOB and it is paying off!

Consult with them, do not be shy - because we do not have and should not have competition, and the whole meaning is only in giving! You can learn from the one who gives more.

How was Adam created? As I said there: he had only NRAN (nefesh-ruach-neshama). What did he corrupt with his sin? What initially received: NaRaN! So is it difficult to conclude what is required to correct the sin of Adam? The answer suggests itself: fix your NaRaN! And that means all the worlds of BYA in themselves. That's it, the rest is work!

#### 37. THERE IS NO ONE EXCEPT THE CREATOR!

Rabbi Michael, I have a question about NAKHASH, THE SERPENT, which is mentioned in Lesson No. 6. NAHASH - from the "tall" snake. From the serpent, that is, there is a place where the origins of everything that we call the serpent come from, inside the mind, and that's all... We say that there is earth and sky our earthly sphere, then there is cosmos, and between cosmos and the spiritual worlds there is such a place, called "MADOR ALCIPOT" - a compartment for KLIPOT, a compartment of unclean forces.

All kind of magicians, warlocks, fortune tellers, take their unclean powers from the left line, NAHASHA (the serpent) - all of them — this is called everything to the left. While on the right are all these Gnostics, rosenkrauzerz, free masons, etc.

All nations of the world only attract their powers from the serpent.

That is, if a person does not make his way through this stratum of the "milky way," then he feeds from the serpent. And they - the Milky Way, the stars and the constellations of the Milky Way - then they control this person. And really affect all his deeds and actions. But if he passes through them, by the power of his choice — the choice of holiness, and not the choice of impurity — then he passes through them into the holy spiritual worlds.

It turns out that MIND also has its source?

The "tall" serpent, as I understood it, influences that person, DEVELOPING him, or rather developing his EGOISM, which in general is not bad either.

But this serpent does not allow a person to go out of his mind, to rise above his mind, that is, the Serpent, on one hand, FEEDS this person, and on the other hand, takes him captive, by not allowing a person to rise ABOVE and receive his nourishment from the TRUE SOURCE - from the Root of his soul? "

#### Here is my answer:

That's right! After all, the Tall Serpent (I also call him the "Archserpent", which also indicates his "old age" - as old as the world!) —he is the servant of the Creator. And, his function also includes monitoring of the precise execution of the correct relationship between the whole complex of the forces of the universe by the person.

On the one hand, Archserpent as you correctly understood, I quote: "it influences a person, DEVELOPING him, or rather developing his EGO, which in general is

also not bad" - even very good! After all, as you add further, I quote: "that is, the Serpent, on one hand, FEEDS the person"!

Feeding, development, influence - all these are acts of "facilitating" by the Arch-Serpent on the acquisition of mature MATERIAL for correction by that person. After all, if there is no developed egoism, then what correction can we be talking about!

"On the other hand" - I put it into quotation marks, for this applies ONLY to "one side" of the function of the Archserpent - as you know, all angels (both good and "evil"), without exception have ONLY one function. Everyone has, so to speak, his own clear "specialization."

Remember, the three angels who came to Abraham: one brought the joyful news that Sarah would give birth to a son. The second is to heal the wound of Abraham, who had just been circumcised, and the third - to destroy Sodom and Gommorah. Here as well, the Archserpent has only one function, which we consider here in seemingly possible and contradictory manifestations).

So, the fact that Archserpent, as you correctly understood, I quote: "does not allow a person to leave his mind, to rise above his mind, takes himself prisoner by not allowing that person to rise HIGHER and already get his food from the TRUE SOURCE - from the root of his soul. " - So this part of his unified function, refers to his authority, namely, to restrain a person, to make restrictions in his Kelim, to work in two lines, to remain a body and soul HERE, and not in Heaven. After all, there "in heaven" there are enough angels-workers of the Creator.

And so, the Creator appointed the ministry of the Archserpent, to try and "take a person into captivity, by not allowing him to rise ABOVE and receive his nourishment from the TRUE SOURCE from the root of his soul."

And so this task of the Archserpent is WONDERFUL and absolutely ESSENTIAL, because he himself is not able to do anything to the person!

But now it's all up to the PERSON: it is his responsibility not to fall into the Archserpents network (and his hosts), that is, the desire to receive the network only for its own sake. (And he got there, then let him get out of there as quickly as possible!). For as soon as a person gets there, Achserpent immediately receives the POWER (even if only temporary) over that person. And then he beats, tortures that person until he leaves the Arch serpents network with work Above knowledge — and there, in work Above knowledge — Arch serpent does not have the authority given to him by the Creator.

So who controls everything, in the sensations of the spheres Above knowledge? ONLY THE CREATOR HIMSELF!

And therefore, if we take the creation as a whole, then we can say with certainty: Ein od Mi-levado - there is no one but Him!

#### 38. THE CREATOR HAS NO NEED FOR US TO DESSEMINATE KABBALAH

"Michael, are any of your books being published, that is, in printed media, do they exist in print publications?"

#### Here is my answer:

No, I do not publish my books, this is not my task, I have been instructed to transfer there as many materials, from the most secret original sources of Kabbalah, the Teaching of Liberation as clearly as possible and only to those who have come to this on their own, and not to masses.

The fact is that Kabbalah, at its level on the scale of spiritual knowledge, is at the very peak of the pyramid, representing the Supreme control system of the universe. And therefore, as such, it completely defies mass study. Yes, this is not required at all!

#### THE CREATOR HAS NO NEED FOR DESSEMINATION OF KABBALAH!

There is only the individual person and the Upper Light - one on One. And therefore, at the end of the journey (both individually and in general terms) all souls will come to feel the Creator, each at his own level, of course.

But spreading Kabbalah is a stupid task for those who do not wish to correct themselves and improve themselves. So, this distributor himself burns with fire to teach others, burns with the fire of hell, with the fire of the desire to command.

## 39. "KNOWING FOR THE SAKE KNOWING" DOES NOT HELP YOU BY THE HAIRBREADTH!

"Dear Rav Michael, in Kabbalah there are four great mothers (Sarah, Rivka, Leah, Rachel), please let me know who is Miriam regarding Yeshua? Which spiritual function does she perform?"

### Here is my answer:

You have to be able to answer this yourself. Or at least provide an outline of an obvious answer. You can find this answer, through knowledge the spiritual principles. Otherwise, all this will remain empty rubbish in your head, which is already stuffed with everything you've been putting into it. Just think and give your version of the answer.

... I will give you a hint. There is a spiritual principle: "each lower level is born from the upper one that is associated with it."

And whoever wants to, can take part in the search for an answer to this question - please, everyone is welcome! This will, in addition, be a good "training" in the aspect of the practical application of spiritual principles.

And in general, starting from today, I ask that all the questions addressed to me ALWAYS to refer to the spiritual principle that served you as a sufficient basis for BUILDING your conjectural answer.

Thus, you will gradually forget about the empty talk which is a result of the all-knowing desire to "know for the sake of knowing", "to know at any cost", which, of course, does not help you by the hairbreadth!

#### 40. THE MIRACLE OF "IMMACULATE CONCEPTION" OF MARIAM

"Rav, I couldn't call her the highest primordial mother without your approval, so I didn't write it so. Also, like the two commandments received directly by the Jews from the lips of the Highest, I get as "Yeshua's breath" and the rest 611 = Gematria of Torah - these are already received through the spiritual object of Moshe on the spiritual level, Mount Sinai, but Yeshua's breath animates them. "

## Here is my answer:

"... As well as the two commandments received directly by the Jews from the mouth of the Almighty, I get as Yeshua's breath, and the remaining 611 = Gematria of the Torah already received through the spiritual object of Moshe on the spiritual level, Mount Sinai, but Yeshua's breath animates them".

It makes sense, well done!

The most important thing is to illustrate comprehension through the knowledge of the Tree of Life, the universal control system. Here, if and when you show it on the Tree of Life - only then your vague "assumptions" WILL COME TO LIFE and this will begin to HELP YOU. Putting the "finger in the air" - does not help anyone. In the spiritual, intuition is not enough, what is required is the clear knowledge of the Creator and his Control System.

The same goes for mother of Yeshua. Where is her place on the Tree of Life? After all, we are not talking about the material Miriam, of flesh and blood, but of the power in the Creator's control system, which was revealed at a certain moment in Miriam's body here on earth, in order to bring Yeshua, the liberator of creation, into the world. What was Mariam's process of conception? How did she conceive from the "Holy Spirit"? From this knowledge the phenomenon of her "Immaculate Conception" will become clear!

So NOW, we can present the whole chain of connected events ourselves to bring out the laws of this greatest miracle based on the knowledge of the Tree of Life. I

can't explain this right here and now for a simple reason: you take it and swallow it without having a sense of taste and it will not do you any good. So there is no point in me explaining this.

As no one will give you this explanation of the "Immaculate Conception" of Miryam from the "Holy Spirit", for it has NEVER been revealed to ANYONE because of ignorance of the Creator, His Highest System of Control.

However, the explanation of this greatest miracle is so SIMPLE, but neither the fathers of the church, nor the Apostles, the envoys of Yeshua ever understood it. And I will not speak of the Hebrews, as they have no wisdom left at all. The Creator took it from them, from the wise, and gave it to the CHILDREN!

And now the time has come for this, for the Knowledge of the Creator has NOW completely descended into our world, therefore NOW, for the first time in the history of the human spirit, the time has come to reveal the MIRACLE of the "Immaculate Conception" of Miryam, which will help us understand the essence of Father of Yeshua!

But this disclosure will be presented to you, after you, Olga, Anna and others who want to, try, to work on revealing this greatest secret of all time. Then, after applying their gigantic efforts, raising the most profound requests for an answer, not to know for the sake of knowledge, but to know the Creator, to add to His greatness by the means of giving.

That's when I'll bring you, (b.z.h). complete and SIMPLE explanation of this secret.

WE TRANSFORM IT into causation on the basis of the Highest spiritual principles (and not through the blah-blah, finger in the air) DIRECTLY INTO OUR FORUM, and it will cease to be a secret for you and with it, the true face of Yeshua, not the religious-mechanical Yeshua, or the one on the cross, but LIVE, CLAIRSENTIENT, ETERNAL YESHUA on the Tree of Life, will be revealed to you and the whole world.

#### 41. ANY PRAYER THAT'S OUTSIDE OF YOU DOES NOT HELP

Rabbi Michael, in the book "Kabbalah for ..." chapter 12.4. there is a mention of your guardian angel. I quote:

The Savior is the light that a person attracts to his central point, to which he must return. To the perception of each person comes his own savior. There is a special light for each person along with the general light.

The fact is that a person stands under the protection and control of his own higher root and thus can grow and develop. Some cultures call this an aura.

The root of a man is, however, much higher. Through a limited area of about 2 x 2 meters around a person, he can climb up to his root in the higher spheres. His root is his guardian angel. And this personal angel is accountable to the light in a higher sphere and so on to infinity. 2 x 2 m is a measure of the territory within which a person can and should make his corrections. Own territory of 2 x 2 m is like a pillar of radiance around a person, climbing up to its highest individual root.

It turns out that my ROOT is my GUARDIAN ANGEL.

Is there a prayer to my own GUARDIAN angel in Hebrew to help me maintain constant communication with him? In the Orthodox religion there is such a prayer.

And besides, I know that the Guardian Angel has his own NAME, which can be recognized by the date of persons' birth. In general, is it necessary to pray to your Guardian Angel?

I rummaged through all the prayer books, but never found a prayer to the guardian angel in Hebrew. "

Here is my answer:

Not! There is no such a prayer to your Guardian Angel other than through the individual knowledge of the System of Control of ALL corners of your SOUL, and

not by the search for some ROTTEN prayer composed by one or another gang of religious people!!! One must give this prayer only INDIVIDUALLY!

And the fact that you are looking for it is like a person who asks to give him a little shot, and now he feels good, he is already "in heaven, with angels, singing songs", why does he need some kind of work on himself, why does he need to feel suffering from separation with his "guardian angel".

So how can you even set yourself such a goal, to seek such a prayer OUTSIDE OF YOURSELF, while there never were, and never will be two souls in the entire universe who would have the same savior angel!

Only seek this connection in YOURSELF and only through YOURSELF.

# 42. WHERE WITHIN YOURSELF, SHOULD ONE SEARCH FOR HIS GUARDIAN ANGEL

"Thank you, Michael.

I thought that by the same principle as the compilation of "Lurian Sidur", you can correctly formulate a prayer to your own light. I thought that I can also attract my particular light, through prayer to my root. Now it's clear that this is wrong. "

Here is my answer:

The very fact that you are looking for ways to connect with your Guardian Angel is a commendable!

But how to find it, you ask, if not through some specific prayer, "spell formula"?

Of course, this connection with him is achieved through an in-depth study of the Supreme System of Control! "But how can I feel this connection, well, at least a little bit NOW, and even thou I do not fully know all the spiritual laws of the universe" - you exclaim!

And so, I want to give you, here and now, a little hint, so that you do not need to look for him not in some kind of prayers (by the way, Ari has special prayers for this purpose, but so far we don't have the ability to grasp them", and therefore we are looking for other ways, which will lead us to what we are looking for).

After all, this is the task that "was bestowed upon me" in order to give the person working on himself the MOST SIMPLE and EFFICIENT SOLUTION. So listen.

Look for your Guardian Angel, as I told you in YOURSELF. But how to do so in yourself? Where? In which place?

So, slowly, listen and try to hear, open your ears, close your eyes and listen to my words, when you listen, nothing should occupy you, at this moment throw away all this world, all your love for anything and to whomever whoever it is. Then you will have the right attitude on HEARING and then it is possible to HEAR.

There is such a place under you which is the source of your sin. That is, the lower borderline place, where the result of your sin is based, it doesn't matter whether it is your sin or the one that you are required to correct in this incarnation, as they say, "for yourself and for that guy," something from your previous incarnations.

So, the goal should be as follows: IT IS NECESSARY TO LOOK UP WITHIN YOURSELF, AND TO FEEL THE BOTTOM, but to feel the place that is able to endure, that is, in such a way that YOU CAN ENDURE. Once again: internally, you direct all your force vectors upwards, and you, on the contrary, chain the sensation of the Kelim to the lowest point "under you" that you can feel pain. The lowest point is that place where the consequence of your ROOT sin is situated.

And if you look up from inside yourself WITHOUT the feeling of this place "under yourself" - the place of "all good and evil", then you will not find your Guardian Angel!

This very subtle concept of "under yourself" it is the secret of all secrets. Nobody talks about it, or writes about it, nobody discusses it. It is terrible to look "under yourself". All of humanity, including all religions, is ready to make any sacrifices, so long as they are not required to work with the concept of "looking under yourself."

With each time, when you descend even lower "below you", you also approach your Guardian Angel. But, there it is allowed to descend only with the condition that every time you descend in sensation, YOU WIN YOUR pain - that is, you agree to endure the seemingly unbearable pain. Moreover, this is not a simple agreement with the lips: "Yes, I agree," but it should be perceptible and effective agreement. And it takes place when it hurts, and then it hurts even more, and then it hurts even more, and you have more and more strength each time, to endure it. And then, each time, you are reborn, as you conquer death, you come closer to the sensation of eternal life.

There is a Russian folk tale - "The Tale of the Koschey the Immortal." Very interesting tale. "Koschey" is Sitra Akhra, and his nickname "immortal" is only relative, because from the tale itself, it follows that he is, in fact, mortal. Only his death is very difficult to achieve. "Beyond the mountains, beyond the valleys, over three-nine lands, in a high gorge, and so on. And there, in a very inaccessible place, there is a casket, and in there is a needle. And in this needle lies the death of Koshchey (there, in fact, lies the life and death of Koshchey!).

This place of "Koshchey" is exactly that place "under yourself", where the beginning, the root or the consequence of your sin lays.

A box with a needle, on which Koshchey's status depends: mortal or "immortal" - this is that place "under yourself". And in it -lays the container of these two attributes: life and death. You will reach it by going through all those internal

pains (which, however, can be overcome, because with time you will begin to feel that those that have already been overcome - they will begin to feel, feel like mosquito bites, or even less!).

And so, by relentlessly overcoming this very pain, you create a covering for this place "under yourself", envelop it, correcting Adam's sin in yourself as well.

And know that the power to overcome all this pain on the way to that place "under yourself", is invisibly received every time, from your Guardian Angel.

And then the one who finally gets to this place, to the "Koshchey" "under him" and wins his natural resistances each time - he will see his Guardian Angel ABOVE (according to the principle: mi-besari eheze eloh - from his flesh I will see Divine).

And then he will go higher and higher, to an unequivocal, irreversible state of IMMORTALITY!

#### 43. YOU MUST FIRSTLY LET THE REQUEST MATURE

"For some reason when I thought of Miriam, the question of the BAPTISM of Yeshua by Yohan the Baptist came to me.

It turns out that the Holy Spirit descended to Yeshua so that through this baptism Yeshua would become the soul of a new generation living by the covenant of the spirit and not the flesh? "

Here is my answer:

Ok, I'll give you a hint. What is our question about: about the position of Miriam, the Yeshua's mother, on the Tree of Life, right? So, this is the first thing we need to know from the structure of the universe. A clear, unequivocal indication, an important point of reference, that can be found in the book "Teachings of the Kingdom of Heaven," and here from it, as from the initial data, you can continue further!

When we already know the exac place of Miriam on the Tree of eternal Life, then the phenomenon of the Immaculate Conception and the participation of the "Holy Spirit" as the "Father" of the future Yeshua in this conception will become clear. We will derive all this by a causal link and spiritual principles of the Lurian Kabbalah LIVE ON OUR FORUM!

Meanwhile you need to gloriously work, because you need to firstly let the request mature. And so, when you become actively involved in the disclosure of this miracle, I will gradually, step by step, help, add to you by disclosing, depriving you of the "unknown" values one after another, so that you, in the end, can complete the revelation of this miracle by yourself, and then a miracle will happen with you, to the extent that you helped it's revelation - a miracle of comprehension of the Creator.

All of your conclusions must be completely clear, logical and unambiguous according to the laws of the Highest logic! There is no place for dogmas here:

"this is how it is, and not otherwise." This is not our position, unlike that of the phantasmagoria of religious people of all kinds. While Yeshua has nothing at all to do with them (and they use his name only as an "advertising sign" or as a "scarecrow"!), They themselves vilify him, seek power over a person, oblige a person to give them - gangsters, tithes, and then go to pervert themselves or, worst of all, young children. Do they have any semblance with the covenant of Yeshua? Absolutely not!

And just recently, literally a week ago, I was suddenly overjoyed, because from inside I SAW that the END had come to religions and the hour was not far off when they, one after another, would fall apart themselves, like the Berlin Wall, like a great and mighty Soviet Union like the Roman empire etc etc. For any form of violence against an individual PERSON is against the Creator. And now, it comes out to be true that every form of religion is repugnant to Him, blessed be He!

And now, as a simple sign that this is the TRUTH, because no religion would ever be satisfied with the disclosure of this great miracle, we will see,b.z.h, that this secret was revealed to US-THE-NON-RELIGIOUS - for the first time in history of ALL humanity, the secret will be revealed of this one-time WONDERFUL IMMACULATE conception, accomplished by Miriam, which has never happened before and will never happen again, and the subsequent miracle of Yeshua's birth, because without Yeshua, who else could bring us the KNOWLEDGE and FAITH of the Creator. Yeshua begins and ends the Lurian Kabbalah!

### 44. Can anger be righteous?

"I felt warmth in my heart from your response, especially when you wrote about the VIOLENCE over the children in the church, indeed, of the religious people. These cases are INCREASING, I recall the case of the Irish Catholic priests, and realize that in such cases I AM GETTING ANGRY, I hope this is righteous anger. So, Rabbi Michael, I have the following question: "Could there be righteous anger? I mean, not just a flash of anger, but the feeling that such people must be punished by God, and then I JUSTIFY SUCH STRICTNESS".

#### Here is my answer:

Yes, anger can be righteous, that is, coming from a pure system of forces, from holyness. Do not listen to the religious and philosophical primitives, whispering to you that ANY anger comes from evil. They simply are not able to give, to RAISE, this "pure" anger. And therefore, they come up with all sorts of human theories, for example, about "nonresistance to evil," etc. This comes from illiteracy.

Yes, the respected Lev Nikolayevich Tolstoy himself, being a great writer, was, in a spiritual sense, completely illiterate, a complete ignoramus. And the fact that he put on his robes and began to pace like a simple peasant, preaching "non-violence", it is not from a good life, that is, he attracted these thoughts from the other side. I could tell you about it in details, about why he did it, but this is not the place, as we purely practice spiritual here.

Then who should you even be ANGERY with?
The answer is: Sitra Ahra and all of its manifestations!

To give you an example. As you go to bed in the evening, and he, the devil, the s"a whispers to you all sorts of sinful thoughts, sensations, desires. And therefore, you feel tense and cannot fall asleep in any way. And now, in such a situation, what you can and should do? (I am talking about you, the one who is working on yourself, and not about some "child of nature").

You must first try to defeat it by yourself with your own powers, if it turns out to be enough, you can fall asleep in peace. If you put in the effort, but it does not work out, you take a book on Kabbalah, and you work through it, "you drive holiness into yourself" and thus, you drive Sitra Achra away from yourself. If it is enough, you return to bed and calmly fall asleep. And if this does not work, then you give a prayer from the depths of the soul - and this prayer always comes from your left line. And THIS IS YOUR GVUROT, YOUR RIGHTEOUS ANGER!

And this prayer and the forces of your Gevurot, that rise upwards from you is called the Righteous (holy) anger! And then Sitra Akhra has nowhere to go. Where the preliminary techniques did not succeed (perhaps because you lack the strength, holiness), peace is finally achieved by this "WRATHFUL" prayer to the Creator with the request to save you from the claim of Sitra Akhra.

## 45. THE POWER OF THE "RIGHTEOUS ANGER" - WHEN WORKING IN TWO LINES

"I noticed that Righteous Anger gives POWER, and it is strange that with sensations of this force, feeling Righteous OTHERS OF NEXT ANGER ALWAYS SHAKE YOUR Fists, as if all YOUR 10 FINGERS OF THE HANDS FOLDING YOUR WAY, and feel the POWER OF THE VNUTE NUMBER NUMBER YOUR WRITTLE YOU FOLDING YOURSELF, and you feel the POWER OF THE INTERNAL NUT LIFE NUMBERS YOU FOLDING YOUR BEDDING, and you feel the POWER OF THE FOOTNESS ONE WRITTEN ONE WRITTEN FOLDING, and feel the POWER OF THE VNUTE ONE WRITTEN NUMBER YOU FOLDING YOUR BEDDY, and you feel the POWER of the FOOTNESS ONE. as WAVE, "Can this clenching of the fists be explained kabbalistically? I think that this is connected somehow with the force fields, with their mobilization."

Here is my answer:

In any state, it is necessary to feel and work in two lines:

1) when you work in the right line - you are absorbed in the Creator, full of mercy, mercy to everything and everyone - after all, all belong to His creation, including all kinds of "enemies". BUT with all this one-sided, unconditional love for everything and everyone in the right line, it is necessary to link this with the element from the LEFT line. At the same time, the right one dominates here. As

you can see, even being in the right line, Righteous Anger is always ALWAYS present and NOT DREAMLINE!

(As the song says: "We are peaceful people, but our armored train is on the siding"). And as Yeshua said to his disciples: "WAY!". A "vigil" - always from the left line, from the righteous anger!

2) when you work in the left line, you move as far as possible from the community with all creatures of the creation, that is, from unconditional love to all creatures of creation and remain in the "one on One" state. But not to secede, as a goal in itself, but to work on oneself through the forces of Righteous Rage. For without it there can be no advancement in the spiritual. But here, too, the element of mercy and unconditional love must be connected, and everything must remain under the auspices of righteous anger.

And so, in every condition.

And the Creator will make for you a middle line in which both sides merge into one whole - this is the state of true reality. That is, the state of true reality is the result of work in two lines.

#### 46. IS IT CORRECT TO ALLOW YOUR TEACHER INTO YOUR TERRITORY?

"The book writes the following about one's relationship with the teacher: The task of the master is to accompany you to your inner person, among other things, to facilitate the removal of accumulated plaque. Then you will unambiguously connect with your inner person, and through him - directly with the light!

# About the internal territory:

Wherever you go, your own territory goes with you. If you enter into others own territory of 2 x 2, then you violate and even desecrate by interfering in the affairs of that other person, in the most direct sense, his right to privacy and personal freedom. Do not listen to the stories about the inner experiences of others. The other person, who opens his "heart" to you, will suffer damage from what he tells you, throwing out the hidden internal, outside, to the pigs, and you will be harmed as well for listening to him. You will also get hit in the face from the above 'for having listened to him. Therefore, if someone starts to pour "his heart" out to you - run away from him! How? In each particular case, you must move away in such a way 'to not to hurt' the feelings of the narrator as little as possible. Beware of the widely accepted 'we need to talk'! For more than 60 years nursing homes have no other topic of conversation than concentration camps. Keep in mind: only when you don't give your heart to another, but on the contrary, if you remain independent, you will be able to absorb the pain of others! A man has no right to enter any woman's own territory 2 x 2, except for his wife, because he is connected to her. However, both life partners maintain their own 2 x 2 territories with their own channels to their roots.

As it is written "except of his wife, for he is connected to her"

So how does it work with the teacher? Is it ok for a student to allow his teacher into his own territory, is it allowed, can it happen, or should the teacher remain "outside" of his student's personal territory?"

## Here is my answer:

A very subtle question and at the same time a very simple and unequivocal answer can be given to it. A teacher, working with you, knows how to KEEP himself yourself SAFE and you, and therefore he cannot (and has no right!) To misuse his position of "teacher". So how does he do it? After all, to say that "I, the teacher, wish only the best for my student and cannot in any way cause any damage to his inner work" - can this really be just talk?

Look on the spiritualists of the people of the world. Don't they interfere in the personal life of their students? Of course, they give them advice, prescribe all sorts of "pills" for them: do this, do that - in short, do "as I want." Let's give a monthly tithe, let's go for another holiday, let's go for another wedding, etc.

And worst of all, what he obliges you to: Confess to me. And so, as soon as you trust this beast, you can be used. It's like that old joke, when a young, beautiful woman came to confess her sins. And the priest himself is a busy man, so he gave his servant the task to confess it, while adding: at the end of the conversation, take her address ", that is, in order to infiltrate the other 2 x 2's own territory now and physically!

Direct "animal" debauchery with seminarians, with married parishioners - these are far from isolated cases of gross violation by clerics of nations (including - and this is the most terrible - rabbis, but they have, for the most part, "sewn-covered."!)

And how then can a Kabbalist teacher succeed in teaching not to violate his own 2 x 2 territory with his student? So that "both life partners keep their own 2 x 2 territories with their own channels to their roots"?

A Kabbalist teacher knows that the slightest inner miscalculation "will cost him his life" in the very literal sense of the word: his spiritual life! After all, a Kabbalist works not horizontally, like all the spiritual fathers of the peoples of the world, but vertically, with kav. And therefore, his individual contact with Kav is for him the most defining in all his endeavors.

In addition, he is determined not by some kind of mechanical action, but by KAVANA, intentions. How can he deceive his intention and desire a non-kosher impact on his student? It is excluded!

And how does he, after all, achieve this PURE relationship with a student?

This is what you teach, among other things, in the book "Kabbalah for Complete Organization" itself: he puts himself below any condition of his student!

And we know that the action of the Masach appears only FROM MASAH AND BELOW! So, a Kabbalist teacher has two points of reference: one is connected with his Bina - and only from her does he have a higher Masach, from which he

gives a student. While his own Masach, standing in the second point of reference hidden from the student, is related to Malchut of the teacher himself, he places the student below the Masach, that is, HID him not to harm (after all, the teacher also has Malchut, which requires its own corrections. Why load the student from this personal masaah). And therefore, can not prevent the student.

This is from the Kabbalist teacher.

And on the part of the student in relation to the teacher - this refers to the responsibility of the student himself.

For example, I constantly watched in the past and I watch now, constantly "stand guard", so that my student, God forbid, "does not stick" to me! And if I feel that I have stuck, then by my reactions I "unstick" myself from her! Let him return to his own territory 2 x 2.

# 47. YOU MUST FIGHT AGAINST THE DESIRE OF "GETTING THE ANSWER BY ANY MEANS!"

"I want to describe how I perceive and how I relate to your "answers to questions", IN the topics in which you actively participate.

My mind tells me: I want to ask, I have so many questions! After all, I have a lot of questions, and I lack the answers! Yet I am not asking them! But Michael is responding! And who knows - what will happen next? Maybe he will stop responding later! You never know what will happen! So do not waste your chance!

I look at my mind and understand that I cannot act "from my mind". No matter how many unresolved, internal questions I have, I only ask them based on my feeling, so if I don't feel that now is the place and time for that question, then it remains in me. And even if "there is no opportunity to ask this question later," this does not "scare" me. To describe it in greater detail, then pulling questions out of your head, is like walking out from under my umbrella and walking under the rain. Or in other words, then you come out from under the cover of your Higher self (I feel this way).

Walking under the highest is the most important thing, and the fear that then something that I have will no longer exist -is powerless here.

And as I walk under my Higher self, even though I see that I can "get" something elsewhere, but in fact I can't get it internally, so I don't agree to receive it as I don't feel "sanctioned", as I don't have permission from the above.

And I am also just ashamed to ask my questions, as I know that the answer will come itself in due time. I feel bad for wasting your powers taken up by my question which is asked strictly from impatience.

And yet - the very very interesting! "

## Here is my answer:

Your approach to this question is very correct. It's not so important to "pity" me, which is a pity for "my powers", etc. I will be happy to answer if the question has merit. And if I do not answer, then this is also constructive.

I remember when I started my study of Kabbalah. I also wanted to ask questions! My hands "were itching" to ask questions! Every day there were hundreds of questions. But something, nevertheless, whispered inside of me, so that I can defeat this desire "to get an answer by all means" again and again!

And so I continued to study WITHOUT having anyone to give me the answers to MY questions. FOR ALL THESE QUESTIONS - WERE MY! This is my thirst for light, my KELIM, who are born in me and continue their implacable growth EXACTLY when I CHERISH THEM within myself. Even when my desire for an answer is unbearable due to my "ignorance" of the answer, but all the same I hold, I languish, awe in anticipation and complete confidence that I will not be left in the DARK from the above. So, I don't care. when I get the answer and in which form - I stop paying attention to it, and this is the ONLY way me questions bore any fruit! Certainly, I could already use the greatest tool in comprehending the spiritual: read and understand the HOLY LANGUAGE! To achieve this I walked steadily, for I instinctively knew that without the knowledge of the Holy language ANY of my questions would not receive the TRUE answer.

And until you use this tool of the Creator, all your questions will remain incoherent.

After all, what we are require is to ONLY put in the EFFORTS in comprehending the Creator, the Higher Laws of the universe, and not ready answers. It only works when you go to the store by YOURSELF, buy the right products, milk, flour, etc YOURSELF, knead the dough by YOURSELF, bake the cakes, etc., and then ate them by YOURSELF and gave some to another one to eat - this is what truly brings gigantic joy and satiety!

And therefore, watch yourself, for this thirst for answers. Try to dive deep into my answers. Look for the direction I set for you. I always refer you to the study of spiritual principles, the laws of the universe: by knowing them, you can receive answers yourself, DIRECTLY!

You have to walk the road of comprehension of spiritual principles, by yourself this will cause the SELF-RESPONDING mechanism to work inside of you and then you will begin to receive full saturation, instead of the incessant squeaking of a hungry child always crying "give-give-give"!

# 48. WHAT DO "TWO SCHOOLS OF TORAH: BETH SHAMAY AND BETH HILEL - STUDY?"

"Michael, should there be contact (at the level of this world) between בית הלל (the school of Hillel) and בית שמאי (the school of Shamaya)?"

#### My answer:

First you need to understand what these two schools of Torah are: Beth Shamay and Beth Hillel, which arose at the beginning of our calendar in the country of Israel. Of course, both are projections of the two forces of the universe: Beth Hillel represents the power of Hassadim (right line), and Beth Shamai represents the Gevurot (left) in our world. The laws passed by both schools were derived for the execution of the Torah with "hands and feet" - mechanically without Kavanah! And this is because they received the Torah, which Moshe brought down from Mount Sinai for the second time: The second tablets, the second version of the Torah, which is already much lower than the First. The second tablets came from the world of Yetzirah, while the First tables came from the spiritual world of Atzilut.

The first tablets were on the level of the covenant of the spirit (or the covenant of the spirit), and the second - on the level of the covenant of the meat (or the covenant of the flesh).

That is why in the 2nd includes duality of existence: kosher-non-kosher, permissible -non-permissible, meat - dairy, etc. The Jew who observes the Torah

lives in the reality of this duality, for it is characteristic to the properties of the world of Yetzirah, where the powers are felt as 50/50: 50% as good and 50% as evil. Therefore, they see that there are good and evil-doers in the world, Jews and non-Jews, and another likely duality of one reality.

Also, for this reason, they study the Torah in a pair, which is called 'hevruta', when one of them disputes the other by "protecting the Torah" (acts like Hassadim, the power of the right line), while the second one - "attacks" etc. And out of these discussions, a pair of students should come to unity. Thus, we see that in order to come to their union they need two separate bodies, two people involved in Torah study. Otherwise, there is no such duality inherent in their Torah of the world of Yetzira.

However, for a person who lives in the world of Atzilut, this duality is removed. So in each correction and comprehension, he feels these two contradictory forces INSIDE OF HIMSELF! He absolutely does not need a partner for this!!! And so, by individual spiritual work on himself — work in two lines — he comes to the unity of these two opposing powers of the universe at a higher level. He has his own "defender" (right line) and his "attacker" (left line). And he works, FOREVER, justifying the Creator's control over their unity, getting SHALOM in the middle line.

## 49. MEETING WITH ME "IN THE MEAT" WILL NOT GIVE YOU ANYTHING!

2010/11/8 Victor ... <... @ gmail.com>

"Dear Rabbi Michael, do you have any lessons online now? Can I come to your lesson in Amsterdam?

Thank you in advance.

Victor"

Here is my answer:

No, Victor, I REPEAT, I no longer give lessons in Russian online, but only from home in Dutch to my Dutch students. And besides, I already clearly answered you on the forum that meeting me "in the meat" will not give you anything!

And the more I will not discuss this subject with you any longer: I don't meet with anyone, not even with my best and closest students and colleagues. BY THE METHOD OF THE LURIAN KABBALA EACH STUDENT SHOULD WORK INDIVIDUALLY, BYHIMSELF.

And if you so desperately, "deadly," want to meet "with your comrades," please go to the BB as there they have a lot of meetings. There you can freely (or, quite

the opposite, "on their condition"), meet "face to face" and visit the lessons of their leader as much as your heart desires.

This is all! This topic is closed.

#### **50. DO SEEK KINDNESS FROM KINDNESS!**

I just received an email from one reader. He writes:

"Shalom Michael, Did you touch this? Did you read it? (and he proceeds to give an address of some wild site)

And here is my (Michael's) direct answer to him (and others):

I touch ONLY what I consider to be "KOSHER", that is, something that HELPS, and leads DIRECTLY to LIBERATION. To me it is ONLY the Lurian Kabbalah. Everything else, what is it for me for? Why do I need to touch it? You do not run away from good! And you do not seek kindness from kindness!

No, the true liberation for me can ONLY be obtained from the Lurian Kabbalah!!! No other sources (including all Christian!) Have the POWERS to give the light of liberation from the Klipot, neither to an individual, nor to society as a whole. And all the books of the gospel, they only TALK ABOUT liberation, give HOPE for it (but this is not enough!), but then have no POWER of liberation...!

## 51. ABOUT THE SPIRITUAL 'INHERITANCE'

/ From lesson Zohar number 280 /

Through study of Lurian Kabbalah, your eyes open, and you will see how divinely ingenious is the "inheritance" haShem gave to His own people. Inheritance is in quotation marks, for it cannot be wasted for ones own sake. . . "Inheritance", which haShem gives to His people, is simply not wasted, it is given with a condition. (And not as something to take and spend at your own discretion as you please).

In contrast to the earthly parent who is mortal, haShem is the Immortal testator, and therefore the inheritance given by haShem is Immortal. And from here comes the specific condition that He set for His legacy (to the heir!): He is allowed to use it indefinitely and it will not diminish. But this unlimited receipt and use is possible only when you bring yourself into correspondence with it's immortal giver. And only then you can use it for yourself and transfer (shine it) to the rest of the world

# 52. THERE IS NO "PERESHAIK" BETWEEN TRUTH AND FICTION

Below I quote a letter that I received from Igor and my direct answer to him:

"Dear Rabbi Michael! Let me turn to you.

My name is Igor, I am from St. Petersburg. I discovered Kabbalah almost a year and a half ago. I think I can say that I slowly but steadily walked towards it throughout my life. And when I ran into it, I completely plunged into it, it captured me and opened such deep levels in me that those first few days were ones of the happiest days of my life. The first materials on Kabbalah, which I saw, were lectures by Michael Lightman on the comprehension of reality. And looking through them, I felt that Kabbalah as a system is trully for me. At about the same time, regular courses opened in St. Petersburg at the local branch of Binei Baruch. Naturally, I had to go to them. I think that I was very lucky with the teachers, who gave me the introduction of Kabbalah not from reason, but from their own comprehension. Their lessons were like the elixir of life for me. Frankly, I enjoyed it like never before. I live outside of the city and the commute to my house is more than an hour. And during that commute I would "fly" home overflowing with joy from being involved in the greatest knowledge. Even my family noticed that my already permanently good mood became even more joyful.

At these classes we studied Pticha and the articles by Baal haSulam in the translation by Michael Lightman. Oh how I loved the Pticha! How complex and incomprehensible! And what a joy I felt every time after plunging into it and trying to find associations in everyday life, inside myself! I repeatedly began to study it from the beginning, reaching some point when I felt that it was slipping away from me. Sometimes it even caused the tears to flow from my eyes. Unfortunately, in the courses we only passed Tzimtzum Beth and a little but further. To my surprise, I also did not find in the truly gigantic media archive of the recordings by the International Academy of Kabbalah any of the lectures that would cover the other half. Only a very old and very concise course of 10 lectures. Which I have to work through on my own.

I will not say that all the statements and conclusions that were given there completely satisfied me. Yes, there were some things that puzzled me. Especially after the classes were completed, and students were asked to join the so-called main group, whose students attended Michael Lightman's lectures nightly. They come from all over the city to the training center and from 4 to 7 in the morning they watch the broadcast via the Internet in Russian. Unfortunately, this mode is impossible for many. Including for me. And women in general are not allowed to attend these classes. All this caused me to have extremely contradictory feelings at the beginning. But I knew that the essence of Kabbalah is the truth, and everything else is a test of faith above knowledge. "It so happened" that an "evening group" was formed for those who cannot attend the morning lessons. We meet twice a week and hold two-hour seminars with the "teachers", which are our seniors. At these seminars we "study" Baruch Ashlag's work on the principles of group study.

However, all this is not important at all! Yesterday I "accidentally" stumbled upon your work, the Teaching of the Kingdom of Heaven. The question of Jesus (forgive me for this Russianism) was occasionally raised before me, in those cases when I heard the denial of his existence during the seminars. Our teachers honestly said that they did not want to touch this question, because there were too many contradictions in it. Michael Lightman limited himself to the words "it is believed that Jesus was not a Kabbalist," several times, without going into details. I am outside religions, I feel embarrassed in churches and, for some reason, I cannot cross myself with the sign of the cross, physically. However, the personality of Yeshua, or rather, his teaching, projected into the New Testament, is extremely important to me. Although my relations with him were contradictory: from practically negation, which was inspired by materialistic science and various "spiritual" excursions (or rather, by my own stupidity), to the full acceptance of the power of His holiness. I stopped at the last option, with which I associate my first spiritual attainment. That is why I was perplexed why Yeshua was out of the teachings of Kabbalah. But since the system of Kabbalah itself is unshakable for me, I simply put aside this question "until better times." And so they came. I literally swallowed up your work - the Teachings of the Kingdom of Heaven in half a night. I will not say that I fully understood all the technical details, but I feel that you are speaking the truth.

I have no authority on this subject, rather for me, everyone is an authority, as I do not have my own opinion for now. This is probably an egoistic approach. And Michael Lightman is my authority only within certain limits, and, Michael-ben-Pesah Portnaar please forgive me for conscious correlation, too. But all this is also just stupid words!

I understand that there may be something not quite right in Bnei Baruch. And I feel an inner need to study all your work. And I will do it! But I can not afford to just get away from people who have already become close in spirit for me. It will be similar to rats running from the sinking ship. It is not right. The people with whom I am trying to comprehend Kabbalah, even if through translated lectures of Lightman, are extremely decent and clean people. I do not know who they are in everyday life. But I see their sense of purpose, their desire to do something to bringing all of us closer to achieving the Goal. I know them for about a year, and they were formed as a team long before my arrival. They deserve the best!

And most importantly, for the sake of which I allowed myself to distract you with my long and lengthy speeche. I just want to ask: You did not try to start a dialogue with Lightman? Well, not even a dialogue, well, just exchange cues. It seems to me that I may be a naive idiot, but Lightman really does his best to bring the spirit and being of Kabbalah to people. It seems to me that he sincerely wishes this. In the end, he works daily from morning till evening only on this. It can not be that you do cannot reach any mutual understanding with him. Please try to do so. After all, everyone needs thisl.

Now, from January 28 to January 30, there will be another Kabbalistic Congress in Berlin. Thousands of people will gather. And I'm going there to understand from the inside what it is. It will be held in Russian. You are two Russian people, two Kabbalists. Berlin is not very far from Amsterdam. Maybe - this is a providence of God?

Forgive me for taking so much of your time, perhaps because of my stupidity. And thank you for your work. Respectfully, Igor Zhurkin ".

My (Michael) answer to Igor and others:

I am very glad that you have been touched by the book "The Teachings of the Kingdom of Heaven" you should also study "Kabbalah for the complete organization of life" if you want http://www.luria.eu/rus/pdf/kvclm\_rus.pdf

No to address your "conciliatory" words and sentences. Please know, that personally I have absolutely nothing against Lightman. The fact is that the group Kabbalah and the individual Kabbalah are the exact opposites. The first was invented by a scientist Lightman, and the second was revealed to us by the great saint Ari. And there is no "isthmus" between them.

The first is for beginners who want to "be good" and "love their friends" (and therefore scientist Lightman has his own role as a "collective" teacher - for a student with an undeveloped need for individual spiritual work! His method, tries, in every way to "attach" the student to himself and to the group!).

And the second method is for advanced students, those who already firmly know that "there is absolutely nothing good in them" - who, therefore, work individually

- doing individual spiritual work, not the work of the masses, or the group. And here they are looking for and finding an INDIVIDUAL teacher who learns according to the methodology of the great, divine Ari. That is, one who teaches "to stick" to ONLY the Creator, but in no case, neither to the Rav, nor to the group, nor to the friends.

Anyway, be healthy and I wish you success, wherever YOUR heart desires to be.

#### 53. WHY DID THE HIGHER KETER COME INTO OUR WORLD?

"Why and for what purpose, did the Higher Level Keter, descended into our world embodied in human form?"

# Here is my answer:

Please tell me what is the creation that the Creator created: is it Kli keter? Kli Chochma? Or maybe the Kli Binah? Or is it Z"A? Or, is it Malchut after all? Of course, MALCHUT is LOWER than the kingdom. A person must draw the Upper Light there(here), as this is the Creator's desire! And for this, He sent His beloved Son, who is beloved, because he is the one who fulfills the will of the Father. Beloved by correspondence of properties. He sent the soul of Yeshua, the highest Keter, whom he put into the body of this world, because nothing can appear here on earth in a different way other than in a mortal body of a person to fulfill the highest order of the Creator - to bring His light here, in the place of the most impassable darkness of the universe. Oh, the most noble goal! As nothing, after all, disappears in the spiritual: Yeshua forever remains in his place as the highest Keter, dressed in the body of our world, and will also remain here, after the resurrection = exit of the Kelim of creation (Keter) from under Malchut de Rosh, where he remains as the root of light of Keter and no longer descends into

the Kelim of creation, but only shines to those from there. And only during the general gmar tikkun he will reappear with the final common Zivug on Malchut Z"A!

All this will become especially clear when you study the 5th part of TES! They never study it there (even Baruch Ashlag!) FOR THIS EXACT REASON. One cannot understand the 5th part of TES, which is the MOST IMPORTANT and decisive, without passing into Kli of the highest Keter. Therefore, they do not study it, do not teach it and obviously will not teach it in this incarnation. But without it, TES is like without a soul (God forbid!), like a technical manual for a car. Also, the knowledge of all levels of the Teaching on Liberation WITHOUT the knowledge of the Teaching on the Kingdom of Heaven WILL NOT HELP! Baruch Ashlag knew what he was doing: he did not give the 5th part of the TES - the holiest of the holiest- to the uninitiated, even to his closest disciples - he did not consider them suitable for studying it! There was no permission for this from the Highest! Therefore, they have not taught and will never begin to teach it. It is unattainable for them. But with Gd's help, we will learn it with you, but for this you need to fulfill one condition: to learn to constantly ascend to Keter ABOVE KNOWLEDGE!

#### 54. HOW TO TREAT THE FIRST TABLETS?

"So, the appearance of Yeshua, which is known to mankind, was already his "second coming?" I also have another question: how, on the basis of the above, should I look into the first tablets brought by Moses and broken by him?

# Here is my answer:

1) you try to comprehend this with your head, with your earthly mind, the same "tadpole like" way the scientists do, and therefore you cannot understand it. Mind overshadows the purity of your spiritual PERCEPTION. The world is made for PERCEPTION and enjoyment, but man has twisted his ways and began to look for reasonable arguments to his existence. And therefore, he lost all connection with the Source of life.

It was certainly his "first coming." People only recognized him already dressed in the body, in the Kli after receiving the Torah. But the spirit of Yeshua, the Teaching of the Kingdom of Heaven, has descended into this world BEFORE receiving of the Torah. Putting him in a body is nothing more than putting his spirit into KLI.

2) "And how, on the basis of the above, should I look into the first tablets brought by Moshe and broken by him" - the answer to this question is quite simple if you consider it OVER reason: the first tablets presented the Teachings of the Kingdom of Heaven (and included potentially all other parts of the Doctrine of Liberation)! But the people were not ready to receive them - they made themselves the Golden Calf and remained to serve him (religion !!!) instead of ONLY the Creator and ON THIS DAY! Therefore, Moshe broke the first tablets into smithereens and then brought the second set of tablets to the people, about which the wise men of the Torah say that they contained 1/1000 of the laws of Higher wisdom obtained in the first tablets. That is, in the second tablets (the Torah scroll) the Teaching of the Kingdom of Heaven was included in the CLOSED form, but now you must FIND it yourself. On the contrary, the first tables, the Teaching of the Kingdom of Heaven (Higher Authority of the Creator) was presented explicitly and openly.

Your questions are good, just try to come up with your answers independently (or at least with some possible reasons for the answers) and indicate why you assume this way and not otherwise. For only then will my answers help you. And now it's just like with those tadpoles. They simply ask questions to show how intelligent they are, clever ones, or to get a kick out of it in their brain. If a person does not leave this completely meaningless way of asking questions, then it will gradually turn into a source of a brain orgasm for him/her and this will turn into something like an addiction: a questionmania. This completely useless approach to asking questions was given to them by their teacher.

## 55. When does it help to ask a question?

"Everything you said about asking questions is the perfect truth. Only getting rid of this habit is very difficult. But if I start trying to formulate the answers by myself, does this not testify about my perception of these answers with my earthly mind? After all, I do not yet have another mind. So, should I just remain silent?"

## My answer:

No, in general, it's better to say something then to remain silent ... but you should only ask questions when it hurts, only when there is HISARON, a shortage, a question from the heart, not from the head. Then you can ask yourself this question and try to answer it yourself. And only then your answer will come from above knowledge and not from your earthly mind. And then you will not be

thinking where your questions / answers come from. It's just a matter of practice and skills. Every day, further and further.
56. THOSE WHO HAVE REMAINED, ARE JUST AS IMPORTANT AS THOSE WHO HAVE LEFT!
"I ask of Rav why there are only 10 people remain out hundreds, and what is the role of these hundreds, one of which I consider myself to be. I would very much like to hear my Rav's answer. I hope that I won't get beat up for my questions."
My anguar:
My answer:

The role of those many hundreds who have 'left' is very important for each of them individually and in a general aspect of influencing the surrounding environment. Their souls got what they could get FOR NOW, and for the rest, they simply did not have (so far) the required desire and strength. This is regarding those who left. In addition, in recent months I have asked a large number of students of the internal group to either quit completely or to go to correspondence courses (via the Internet). And this is because my task is not a

group undertaking, but to bring my internal students (or even one!) Into the feeling of the greatest that is given to man - the Kingdom of Heaven, the sphere of existence, which is above knowledge, the sphere of total return, the sphere of complete serenity. So, they began to live the life here on earth according to the laws of the Kingdom of Heaven. This is only achievable by the most stubborn, that is, those ready to go by faith above knowledge, which those hundreds lacked. To do this, you do not need a lot of smarts. In my Russian audio lessons, there are elements of the Teaching of the Kingdom of Heaven in the background. I gave enough lessons for 1-1.5 years and they need to be thoroughly worked through in order to "change" you. Indeed, in that Academy of Sciences (academy of non-believers), where most of you received your first knowledge about Kabbalah, everyone, including their leader, are absolutely non-religious technocrats. How is it possible to enter into the kingdom of heaven with such baggage? Technical knowledge is there, but the most important thing is missing faith. So now you must use ALL of your strength to ask for faith - willpower to do good. And the rest will come in due time. And please do not consider yourself, among the hundreds - it all depends on you, to get into the top ten! Starting next week, I begin to teach my inner Dutch group, the third part of Zohar on Thursdays, studying the Teaching on the Kingdom of Heaven. And then these lessons will be processed into a book, an Introduction to which already exists. And then I will translate it into Russian.

In regards to "beatings" - you will not be beaten on the outside, like they do in that Academy, but in our studies the student is obliged not to oppose the feeling of internal "beatings", which are given from the above, not according to the directive of some bald headed science-like guide, given not for someone's vanity, but for your own sake. So be happy to ricieve the true beatings. I wish you success and patience.

## 57. LEARN TO SEE THE SPIRITUAL REALITY, AND NOT ONLY AN IMAGE

Quote: "In regards to "beatings" - they will not beat you from the outside, as they do in that Academy, but in our studies the student is obliged not to oppose the feeling of internal "beatings", which are given from above, not according to the directive of some bald headed science-like guide, given not for someone's vanity, but for your own sake. So be happy to ricieve the true beatings. I wish you success and patience"

## My explanation:

I want to clarify my statement: 'bald head' - as even my wife hinted to me that I was "for the first time directly hinting at a specific person." And this is despite the fact that she has been studying Kabbalah with me for many years and already knows for sure that I do not speak a word about our material world, including

specific people. Therefore, I believe that others may also think that I am 'attacking' a particular person. Even thou they already read the Introduction to the Teaching of the Kingdom of Heaven and understand that I only speak about the forces of the universe. After all, as we learned everything is in one person! And the fact that I give you real life examples (images), is becaise I want give you a strong and lasting impression, for you must really feel the learning material to understand it in the spiritual. Therefore, I mention in my classes Madonna, Pope, raves. In addition, I do this to specifically convince a person that they are internally able to see only the "image" and not the spiritual reality. So that this person can study and work on this deviation! What does "bald head" mean? Who is it from the spiritual perspective?

I will reply with rephrased words from the Zohar itself. In the Temple, in Jerusalem served Cohanim (a clan of priests), Levites (a clan of ministers helping Cohanim) and the Israel itself - the people. The whole trio served (and serves) the Creator from a certain position and each group has a task. Cohanim were supposed to attract Chesed, because the high priest is a prototype of the supreme Chesed, Zaire anpin of the world of Atzilut and chesed in the spiritual is a veil made of hair (saarot), the head and the beard. Kohanim is the personification of the right line, the line of the Chassadim, blessings. That is why, they are unshaved, as you see me, in a photo, for example. This is according to corresponding properties. Of course, the physical hairs themselves do not add anything spiritual, but they understood why they did not cut their hair or shave. The Levites, on the other hand, served as chanters — the attraction of the illumination of Chochma. This is the left line, which only has Chochma WITHOUT CHASADIM! And because of that the people of Israel could receive the middle line: the illumination of Chochma and Hassadim, the light of correction.

Therefore, the Levites had to shave the beard, the head and the whole body! In order to clearly express and emphasize the direction of attracting ONLY Chochma, only working in the left line, the lines of the gvurot, only knowledge without Hassadim, I presented to you such an image of a person that you may know, so it may impact you, and hint at a specific person. The concrete personality is not the subject of Kabbalah in itself. After all, we learned that everything is in one person! After all, attracting ONLY the illumination of Chochma due to desire for knowledge alone is essentially the theme 'of our world', although they may be speaking about the spiritual. That is why this kind of study is felt, like external beatings, bringing only sorrow and bitterness to the mind.

# 58. CLARIFY YOUR REACTIONS ON THE FORUM, INSTEAD OF DIMMING THEM FURTHER

Quote from the "Teaching of the Kingdom of Heaven". Introduction, paragraph 6:

"This is the tip of the letter Jud, it is like Kli; there is no human power in it. Kli Keter is in every person. Aviut is the thickness of desire. If we are talking about the thickness of desire, this means that there are differences in light within 4 stages, there is already the power of creation in those 4 stages. On one hand kli

Keter is called stage 0, but at the same time it has the power of desire. Therefore, this Kli is everywhere and will always be a representative of the light itself. Or as we call it, it will always be Kli Yeshua. "

Question: "I have always believed that Yeshua is above AVA"Ya. He is the stage of shoresh, the beginning of the begginings - Kutso Shel Yod."

## My answer:

You write, but its like you are not saying anything. Maybe you are right, maybe you are not. And if not, then you may even confuse others. As you already know, it is always necessary to clearly understand what is the topic of the discussion: Lights or the Kelim. Light contains AVA"YA, Kelim also contain AVA"YA. The lights of AVA"YA is kay and not Ein Sof in itself, but only kay descending into the creation.

So from this standpoint, the lights: AVA"YA (kav), are certainly higher than Yeshua! However when we are talking about human souls, they are mostly at a level of AVA"YA Kelim, that is: Kli Chochma, Kli Binah, Kli Zeir Anpin, and Kli Malchut of the Souls. All of them are AVA"YA on the scale of the souls. There are also outstanding souls on the level of Keter Atik of the world of Atzilut: Baniyau ben Yeoiada, Rav haMenouna Saba and others. The level of Keter Atik also includes the soul of Yeshua. But unlike the rest of the high souls of Keter Atik, which belong to Za"T of keter of Atik (and therefore, in a sense, to the creation itself, to AVA"YA of Keter!) of all creation, and therefore, in this respect, he is above the souls of AVA"YA - that is, of all human souls. Always try to clarify your reactions on the forum, in order to prevent further dimming.

#### 59. STUDY THE HOLY LANGUAGE DIRECTLY FROM OUR AUDIO LESSONS

"Michael, in one of the lessons I heard that there is an earlier introductory course (Of Hebrew). The current lessons are very good, but they still require preliminary preparation and some understanding of Hebrew. Maybe there is an opportunity to publish lessons on Pticha in parallel. Perhaps I misunderstood, and these lessons are not in Russian? Then I withdraw my question. However, if they exist, then it will be possible to organize a multi-level training system within this forum."

## Here is my answer:

At one time I gave the introductory course of Hebrew of Kabbalah to my students, but the members of the forum should study it themselves. We have all the

materials on language and grammar. The grammar of the holy language is very simple. It takes a little effort and which will produce more than all kinds of discussions that are NOT based on the letters of the holy language. I began to learn the language in my later years, I studied its grammar day and night for one year at the University at the faculty of Hebrew, that is, I dedicated 1 full year to this study and quickly learned it, because I knew instinctively that I would not see the light otherwise. Otherwise there will only be a conversation about the spiritual, and not the spiritual itself. As a matter of fact, in general, your forum: is full of DISCUSSIONS On the spiritual, instead of the EXPERIENCE of the spiritual.

After about 1.5 years of lessons in Hebrew and while studying the texts of our lessons, you will no longer require a dictionary. All the words and concepts are repeated many, many times, and if one of you really desires the spiritual and salvation then he is simply obliged to learn the language of Kabbalah. There is no other way out. After all, it is compulsory to study Hebrew in the Vatican! I repeat, not the modern spoken language of Israel, but the written language of Kabbalah, and only from the sources that we study. First of all, from Shlavey aSulam, along with, TES and aramite of Zohar.

I once began to compile the Big Dictionary of the Kabbalistic language and for now there are a few dozen pages. My practical advice for you: your forum has many users from Israel - there you can enter the terms from our sources with or without translations and with transliteration (transcription). And so we will fill up the Dictionary with all possible khabbalist terms with transliteration (transcription). There are no such dictionaries in the world, and therefore we will do it ourselves. In the meantime, learn the Hebrew of Kabbalah and a simple grammar of the written language, and through it you will learn the Aramitic of Zohar by practicing it during your studies.

Please bear in mind that reading ONE sentence in the holy language by yourself and understanding it even with only a translation will give you light than all your questions and discussions in another language throughout your life. So do not think for a long time and do not argue, and finally get to work!

#### 60. How to react to incoming light?

"When do I need to repel the coming light, and when do I allow it to enter?"

Here is my answer:

When you are already in a state to "repel it" 'for the sake of giving. And as a result of repelling it, you will allow it to enter.

# 61. DO I NEED TO RETAIN THE SURROUNDING LIGHT?

"If OR makif, is the	surrounding light,	then is it	necessary to	o hold on	to it	with all
my strength?"						

# My answer:

Nothing needs to be held: it comes and it must go - for this is the prerequisite for the construction of the Kelim. In addition, it is impossible to hold on to OR makif!

# 62. IS IT POSSIBLE TO ENJOY THE LIGHT AND TO WHICH EXTEND?

"Is it possible to enjoy the light after a long and big Hisaron, a shortage, how much, and to what extent?"

# My answer:

You can enjoy it as much as you want, provided that you enjoy it ... for the sake of giving.

# 63. THE SPIRITUAL, LIGHT ONLY SHOULD ONLY BE TASTED!

"Because I still don't know exactly which light comes in (OR'makif or ..)"

My answer:

Do not think about it, but only feel. Do you think about the food in front of you when you are having breakfast? Just enjoy the taste. The Spiritual and the light only need to be TASTED!

#### 64. HOW DOES THE LEARNED MATERIAL ENTER THE HUMAN SOUL?

"Please tell me, how and in what way does the material being studied enter and become the new nature (of the soul) of man? Is this the key Mystery?"

## My answer:

Light is primodial, and the Kli is secondary. Therefore, the light has the power to penetrate all the "corners" of creation. When the light aquired by studying is consciously (with an active understanding of the student) or unconsciously (or without active understanding of the student, but with the correct intention to bestow) enters into the student's Kli, it makes corresponding notches there.

And then, when it leaves, these new, additional notches in the Kli will forever remain the property of the student. Prior to the study of this material, these new notches were not there, and therefore the person did not experience the corresponding additional glow, according to the principle: there is no light without the Kli. So: these additional notches, which the student acquires from the material that is being studied each time, are superimposed into him in layers one upon another and become "the new nature (of the soul) of man." This is trully the most important Secret!

## 65. "PRINCIPLE" AND "LAW"

"One phrase in the September 3 chapter of TES had a very big impact on me:

"The spread of the light and its removal led to the creation of the Kelim. 58) Ari establishes an important law for us that "the spread of the light and its subsequent removal became the cause of the reality of the Kli" (here, ch. 1, p. 9). However, it should be understood in his words that, after all, the Kli is required for the first propagation, even before it (the light) disappears, since there is no light without the Kli. And it is necessary to clarify his words in accordance with what he wrote further (ch. 6, p. 2), that when the first distribution came outside of peh de A"K, everything came out mixed together, that is, the light and the Kli were mixed together. And the Kli was not distinguishable before the disappearance (of the light), despite the fact that it is always there. "

Is it possible to say so?

With all due respect to the great master Ari, he can only reveal and transfer the Law to us, but not to establish it in any way, because the Law is established by the Rulers of the Universe, and not by a person. A person, each person, regardless of his spiritual level, is just a performer of the Law, to a greater or lesser extent.

Can you excuse me for my annoyance and for disturbing your calmness, as this how I am. I can of course keep silent, but if I will become the violator of the Law, then I will leave a stone on the path, onto which someone might stumble on. "

# My answer:

As you know, the translations cited by you are made in the BB. They are done quite well, quiet literally, but sometimes there are "little mistakes", because the original text states: "Ari establishes a great principle" - and "principle" is a completely different concept than "law ". The general principles are given by haShem to the one who comprehends Him, and so Ari is the one who comprehends, the one through whom the general principles of the function of the Highest System of Control are transferred to us. He, Ari, serves only, as it were, a conductor of His law through the principles of the attainment of the spiritual in our world. And Ari received it through Shimon bar Yohai, and that one received it from Moshe, who received it from Yeshua, and that one from the highest light of the Father that gave birth to him.

Thanks, I corrected you. Michael

## 66. "HOW TO CORRECTLY RESPOND FOR PRAISE AND PUNISHMENT?"

From Anna:

"Michael, to respond to the beginning of your (Michael's) answer:

"Here is my (Michael) answer:

"IF YOU ARE HIT THE RIGHT CHEEK, TURN THE LEFT CHEEK" (For the level of "ADV" - advanced) " and further:

My (Annies) question is not from the "ADV" level:

I understood the answer in general terms. If you are praised - do not give in, do not "stray" from praise, if you are scolded - do not "stray" from punishment either. Or did I understand something that I wanted to understand, instead of what was

actually written there. What do you mean by "do not stray" - do not succumb to it, that is, do not allow it to greatly influence you?

Or, maybe, let it into your territory only for a short time? What does it mean to give in or not to give in - is it possible to say that this it is the same thing as letting someone into your territory?

Do not give a strong impact onto yourself, but on the other hand, do we not learn from this? I mean through the fact that we are "affected" from the left and right. Is it possible to study without letting others into your territory?

Is there a little more detail on how to properly respond to praise and to punishment?

Probably list the possible reactions that can be grouped into steps, how does a person react at first, and how does she begin to react as she acquires a certain amount of life and spiritual experience?

#### My answer:

1) "How to respond to praise and punishment?" Answer: - BY DOING NOTHING!

- "But even cats like kindness?"

I understand that it is very difficult for a young man / young woman to understand this, it is even harder to agree with this, and it is even harder to put it into practice.

- 2) "Or, maybe, let it into your territory only for a short time?" There is no halfheartedness in the spiritual: either you are a single (a unique soul in a single connection with the One), or you do not exist (for now) in the eyes of the eternity, "in the book of life" of the Creator, but there is only your senseless, spiritually undeveloped "we".
- 3) "Is it possible to learn without letting someone into your territory?" Not only possible, but necessary! I understand that this answer of mine is completely "not from this world"! But there is no way around it.

And yet, here you are trying to learn this here. And those that are still "we" did not deserve it themselves, did not deserve to go to this forum and to gradually learn to work INDIVIDUALLY HERE, because here, in the Lurian Kabbalah, there is no directive for "we", but only for "I" for there is no directive to be "we" from the Creator, who is called hu ehad u-shmo ekhad - He is One and His name is "One"! And here is my practical advice: start with my books and gradually move on to the study the PRIMARY sources in the original language of the Creator.

#### **67. WHEN DOES THE RECOVERY COME**

From Lyudmila:

"I don't know what to do, I constantly feel bad, I'm depressed, I've made this diagnosis myself, I understand that my" ego "is resisting, maybe it's too early for me? I noticed that when I started to study, I started to feel bad!

# My answer:

You know that every time when the external feels "bad", the internal gladly accepts and endures, recieving a greater degree of HEALTH and liberation as a result. This results in you feeling "bad", but if you don't consciously give yourself a reason for it: for example, with irrepressible pleasures of the material world, instead you MUST BE HAPPY about it. I am also very happy for you. But it will be a pity if you yourself do not see this "bad" as the joy of moving towards the goal. This is my answer directly from the Torah: The Creator said to Rivka, the wife of Yitsak: "Two peoples are in your womb (Esau and Yaakov). When one of them rises, the other falls."

And all this is according to the principle: When the external feels "bad", feels like it is "falling", this means the internal rises, grows. And therefore, do not be afraid when you feel "bad".

# 68. DOES A PERSON FEEL "BAD" FOR HIS PREVIOUS SINS?

From Annie: "Michael, may it be that the person previously created a reason for her bad feelings. I'm not talking about Luda, but in general - is her "feeling" bad a response her past sins?"

My answer:

Yes, and it is possible, and one should be grateful, instead of grieving, because this is help from above!

"Of course, all this is done so the person does "not go astray", "does not to succumb", meaning, as you yourself correctly noted, "does not to permit others into her territory." But not in a way as to be closed from external influence, as it is done, for example, by the religious zealots of the nations of the world (including the Jewish ones). They VEIL themselves, from the inside ("we are the best, we have true faith, we have been chosen from all nations", etc. And other childish, naive nonsense) and outside (all sorts of things: scarves, hats, kipas, burkas, etc.). All of these are symbols of "non-admission" - of cutting oneself off from the real world, that is, in essence, from the world and the Creator. And they themselves, therefore, are in the imaginary world of their ideology and dogmas.

Your "tolerance" to compliments and insults should be of a completely different order. After all, all external influences - are thrown to you for your own good, and therefore, your attitude towards them should represent your a field of work on vourself. Yes, it is difficult to withstand compliments, sent to you from either side. If, for example, a man tells you: "You know, Anna, you are the most beautiful, the most wonderful ...", etc. What does he really want to say (what is his "inner intention")? Of course, it is not to praise you objectively and free of charge. His thought is just to fuck you, take you for himself. And so, he, as it were, says: "I wish to take you for my own sake. And therefore - the end justifies the means therefore I will tell you that you are "the most beautiful, the most charming woman in the world." After all, he is assisted by none other than Sitra Akhra herself. That is, when you fall for "his fishing pole" - you fall for the bait of the Sitra Ahra herself. The same thing happens when you get offended. For example, the same charming man who showers you with compliments at the beginning of his encroachments, will turn on you if you refuse (because then you will not become "his"), he will shower you with dirt, with the same zeal, he will cuss you off (However this is also for your "own good").

And the rest is your personal experience and work in two lines, from the standpoint of which Sitra Ahra wishes to "take" you into her network. This is her installation, her task, set by the Creator himself. And your task, in each SPECIFIC case, is to use your will power (which you build by going above knowledge) to create a "spiritual" barrier. How? As they are beating on you, no matter how, with compliments or insults, you do not allow yourself to be dragged into the "adventure of Sitra Ahra", with all your inner strength and faith, into a state where you succumb to it, the same applies when you surrender yourself to the EXTERNAL, you give yourself to be torn apart by the external forces. And this is why there is no "detachment from this world", but only an individual WORK with THIS WORLD."

## 69. WHAT TO STUDY, WHEN TO STUDY IT AND IN WHICH ORDER?

Vitaly asks me: "These materials (Michael: our audio lessons and books) made a strong impression on me!!! So, the following request arose in me immediately: Would you be able to tell me what to study, when to study it and in which order?"

Here is my very simple answer:

There is no specific order in which you need to study the materials. There is only one reference point that must be followed, and this is your PERSONAL feeling - that is, through YOUR Kelim - in what order, at what time, and what to work through. And do not listen to the tales of Khabbalist scientists that Kabbalah must be studied at night. I studied it at night for several years in a row and have not gained anything good from this studying at "night", except for chronic fatigue and exhaustion, which affects the study of materials and all other respects in general. A person who follows these "rules" of studying Kabbalah at night simply upsets (and squander) his health FOR NO REASON! Is this what the Creator wants?!

Many students of the academy you write to me about, have acquired chronic ailments, mental disorders. There were also such that they simply could not withstand such unhuman mockery of the body and soul and they were taken to the hospital for a long time and even died. These "Khabbalistic nights" are the fruit of the perversion of the words of the Torah, for they do not understand what the great Kabbalists meant by "studying Kabbalah at night." I will not discuss this topic here, but take all this into account and listen ONLY to your inner voice, proceeding ONLY from your own Kelim.

## 70. YOU MUST SEARCH AND FIND EVERYTHING BY YOURSELF!

Here is the letter I just received from Vitaly R. and my answer to it:

"Hello, Michael! Once again, I want to thank you for the materials on your site! This is great. But now, I have some difficulties (or rather, misunderstandings) and I have no one to turn to except for you. I really hope receive a clue from you.

I started to devote all my free time to the lessons, and, moreover, to the lessons of Zohar, Ets Haim and Shlavei haSulam. I used to go through 2-3 lessons per night. I am currently at: Zohar - lesson 18, Ets Haim - lesson 10, Shlavei

haSulam lesson 14. Today I stared to study Shlavei haSulam and could not continue. Phrases "there is no light without the Kli" and "darkness is the Kli" do not allow me to continue the lesson. It seems that I have to understand many things from this. What you want is Light? And if Darkness is the opposite of Light, then having received the desired, should it disappear, or, generate new "unilluminated" areas unceasingly in itself? Etc. as if walking in a circle. And, I will not hide, of course, I project it onto my MaT desires: for example, if a person desires to acquire a car or a house, then are these car and house Light or, after all, darkness? Can Darkness Want Darkness? In addition to such thoughts, thoughts of another kind immediately come to mind: or maybe this is just my animal psychology, a weak self-conviction to justify my laziness? Should I force myself, despite my reluctance, or is it worth waiting out? At the same time, when I think about waiting, there is a fear of completely diving into the problems of the masses again. Also: I have become accustomed to the state I receive from my studies and I like it. Therefore, I decided to turn to you. I don't know anyone else who I could consult with.

Thanks in advance for the answer! Sincerely, Vitaly Romanovsky, Russia, Tyumen ".

Your question is the most "painful" question for a person who is trying to overcome the power of the "earthly mind." For one can rise in a sense of reality (eternal life) ONLY by going with a path ABOVE THE MIND. This is the path of spiritual exaltation, spiritual "insight." And this does not require any special "supernatural enlightenment", as you just need to LISTEN TO THE SPIRITUAL principles and follow them.

These principles are: "there is no extinction in the spiritual," in any state, "first Katnut, and then Gadlut" - first "darkness", and then "light", both of which are sides of one indivisible reality, and so on. Constantly train yourself to search for the sensation of eternity through the Teaching and everything will come, completely without any cerebral tension!!! The forum has plenty of educational materials, and the choice is yours.

But you must search and find everything only by yourself.

#### 71. THERE HAS NEVER AND WILL NEVER BE ANY "GROUP KLI".

From Lyudmila:

Insidious question mark.

"A person who neglects his comrades does not receive the desire and the importance of the goal from them. There is no Kli for a loner. It's like we are all sitting at the same table. This table is Malchut of the world of Atzilut (Shkhinah). The amount person contributes to this table, the amount he invests into the common connection, he will get back as spiritual. So, he has to perform many actions until they accumulate and open up to him. If I do not participate in the life of the group, then my power opposes it. As a result, I get rejected from the table

by my own power (P1) and general force (P2), which is much more powerful. I just get rejected - because I missed the only chance I had. This is very undesirable. How can I cope with this rejection, in which I "brush off" the group and the group "repels" me? Therefore, though repulsion I am being shown the amount of effort that is required of me here and now, in order to hold on to it. Evil is revealed here, and if after a question mark, I am really thrown aside, then this is a real rejection. If, by asking myself, I make an effort and return to the table, then the rejection turns into an invitation to unity."

This is one of the endless letters that come to me [Lyudmila] from the BB, well, what should I answer them? "

## Here is my (Michael) answer:

These are all words, which carry no INDIVIDUAL spiritual work! A group is a departure from work on yourself. "Group will help", "Rav will help", "King will help", "Hitler will help", etc. Even thou all these things, may come from something that dares to call itself a "Kabbalistic group." All of these are beautiful, socially decorated lies! There is no and cannot be any group or world Kli. It only exists in the imagination of the leader of this particular group. For Hitler, the "world Kli" is the Aryan nation. For Trotsky, the "world Kli" is the dictatorship of the proletariat, etc. And for a Kabbalist-scholar, the "world Kli" is "we are Kabbalists," "the state of Kabbalah," and similar group heresy that separates, "repels," these "Kabbalistic scholars" from the rest of the "groups" and non-related individuals in other words, from the rest of the creation of the Creator! This is the "true rejection"!

A true Kabbalist does not flaunt his Kabbalah outside. He does not even consider himself a "Kabbalist", for any affiliation with one or another trend, religion, teaching, people, etc. - this is prejudice that separates a person from ALL of the general, which belongs to this world, which, in essence, he must find in himself.

Therefore, the Creator sees not a group, but only a personal, inner, spiritual unity. I am obliged to love any and every creation of the Creator EQUALLY and in no case differentially! For example, if a person is Jewish, he must learn (with pain in his heart) to love all Arabs, especially Palestinians, whom, it may seem to him, it is simply impossible to even respect. And if a person is anti-Semitic, he must work to truly love every Jew, although he sees with his own eyes that they neglect the fact that they are chosen by the Creator and brings evil to this world, instead of the good which it is due to recieve. Etc.

There is no internal unity in the group, there cannot be, and its members are simply comfortable together. They help each other with "feet and hands", so they are unaffected by hardships!

And everything that I base my answer on, in general, is not "my opinion", but comes from the highest spiritual principle: the Creator SEES only the individual heart of a SEPARATE person - only his individual Kli.

# **72. THE PATH TO HEALING**

Mihailas writes:

Hello!

Kabbalists warn that it is necessary to study Kabbalah with the right intention, for the sake of one goal - merging with the Creator in His properties. Otherwise, the "elixir of life" of Kabbalah turns into the "poison of death."

Question: How to recognize (on yourself or a friend) the first symptoms of poisoning with this "poison of death"? How are the signs of "complete poisoning" manifested, and how to heal yourself, if anything happens? "

Here is my (Michaels) answer:

You answered your own question yourself: if by studying Kabbalah YOURSELF, you feel that you have a deeper "union with the creator" every day, it means the Teaching is helping you, that is, it is a sign that you are studying Kabbalah with the intention for the sake of giving"- for the sake of merging with eternal life. So what is the "greater union with the Creator"? - It means you have more willpower NOT TO SIN today than yesterday; it means you do not receive "just for the sake of receiving." It means you are not trying to resist the effects of studying Kabbalah, but you "let yourself be corrected," by receiving the "elixir of life" from Kabbalah.

And if you study Kabbalah, and then you feel that "your head is growing," it swells, you gain some knowledge, "Binah descended here, Malchut rose there," while your willpower NOT TO SIN did not increase - you can definitely say that learning Kabbalah is "poison of death" for you- it is "killing" the root of your evil, but you are not giving in.

This is your path to healing. Only please stop all the TALKING about Kabbalah, once and for all, and resolve to ACTION instead - only individual WORK on yourself heals and ennobles.

# 73. HOW DOES ASCENSION UP THE STAIRWAY WORK?

Mihailas writes:
"Thanks for the answer!
I have another question; can you please answer it?
How does ascention up the stairway work?

As one passes each step, does he pass through all the lights NRNHAY, then to the next step? Or does the light of Nefesh include all the steps, then light of Ruach

Includes all the steps, etc.? "

Here is my (Michaels) answer:

Of course, each individual world has its own private NRNHAY. And therefore, your second assumption is correct. But this is only in relation to correction, ascension and advancement up the spiritual ladder.

But know well that when you, for example, begin to receive Ruach Nefesh, that is, the second degree of light Nefesh, then you are already shining (even though still at a distance!), from the general Nefesh of Nefesh de Ruach. So for you, who is still working on his general Nefesh, it becomes Ruach de Nefesh. And when you correct your step of nefesh to the point that you begin to receive Neshama de Nefesh, this means that you are already receiving from Nefesh de Neshama from the general step of Neshama, etc.

Thus, while you are still at the lowest common step, you are already receiving from the overlying common steps, up to the common keter of this general step.

In addition, getting any degree of nefesh means that you must FIRSTLY get it from the conjugate overlying nefesh. Which receives it from the conjugate overlying nefesh of the next step, which gets it from the next, and so on, up to nefesh, of the highest step which receives it from nefesh or yashar, in essence, from nefesh of the light of Ein Sof, the light of infinity.

The same thing happens, when you receive from the keter of your step, even if it's the most insignificant step, you are still receiving (from a distance!) from all the higher levels of Keter, on the scale of souls, up to the Highest Keter - Yeshua ...

Now you can see that this spiritual elevation is the product of only YOUR individual spiritual work on yourself, and it absolutely does not depend on the group, nor on the kind of people which you belong to from birth, family, neither does it depend on your natural intelligence, or on any buildings, "temples", mountains, nor on the "country of Israel" - everything is only in YOU and because of YOU for yourself!

This is my whole answer to you (In reality this is much more then just an answer!) You should, in fact, first search and find the answer YOURSELF in our educational materials, messages on the forum, books and audio lessons! Only then it would really work for you and bear fruit! But now you have received all of this WITHOUT DOING ANY WORK, and therefore it may do you no good - it will not lift you up!!!

Like beggar who receives charity -"the bread of shame" - because he himself did not apply effort, but received it "as charity" - the Creator wishes that the person "seeks and finds" his spiritual food on his OWN, his "manna from heaven" - the light in YOUR Kelim without "feeling shame" for YOUR work.

# 74. ABOUT THE TRANSLATION OF THE BOOK "TEACHING OF THE KINGDOM OF HEAVEN" TO THE RUSSIAN LANGUAGE

21-10-2010, the reaction to my mail:

"Dear Rabbi Michael, I recently found your book "The Teaching of the Kingdom of Heaven" on the internet. I would like to know if there are audio recordings of your lessons from which this book is made (I did not find such audio recordings on the Internet) or there were no audio lessons, and the book appeared only as a manuscript?

Thank you in advance! Victor"

# My answer:

The book is composed of the lessons of the Zohar - a separate topic, which we completed in 2009 in my "live" lessons for Dutch and Belgian students. These audio recordings were then transferred to a text form, which resulted in a book in Dutch (about 450 pages in total).

Subsequently, we began to translate it into English - the translation work continues. And from time to time, the text of the book is translated on the forum into Russian. In addition, it is gradually being translated into other languages (English, Spanish, Lithuanian, Bulgarian).

The translation work into Russian could be done much faster if any of the members of the forum took it upon themselves to translate the book from English. And I would only correct this translation. But this should in no case be "machine translation" (that is, with the help of any translation program)!!! For in this case, nothing good will come of it, but it will only turn out to be totally unacceptable drivel.

## 75. DO NOT SEEK TO MEET WITH ME, SEEK TO MEET WITH YOURSELF!

/ 2nd message from Viktor, 21-10-2010 /:

Dear Rabbi Michael, thank you very much for your prompt reply!

I was reading your books and noticed that listening to the lessons from which they are compiled gives me something more. When a book is written, something is automatically edited, but as I listen to the lesson, I hear unedited text, and it somehow makes me feel closer. So, my question is: is the book "Pri Ets Haim" available as an audio lesson. As it helps me a lot.

I have one more question: is it possible to meet with you in Amsterdam and talk with you on a personal topic? The fact is that not everything can be discussed by e-mail or by forum, and I plan to have a business trip to Leiden (this is not far from Amsterdam) in November (from November 22) for a week. I understand that you are busy, but if I can have the opportunity to meet with you, I will prepare for this meeting so that it will be effective. Some questions I will try to find out in advance so as not to waste your time on them.

All the best,

Victor".

#### Here is my answer:

No, Victor. I do accept ANYONE "at home": not even my best and closest students! And you could find the answer to this in my messages (for example, in the rubric "The solution to the Arab-Israelil conflict", in my answer to Anna and in other places), where I clearly stated that none of my students or colleagues contacts me in any other way than through My BOOKS, AUDIO LESSONS, forum posts, BUT, NOT PERSONALLY with me, not "face-to-face", even for the sake of simple conversation, PERSONAL topic, and even about Lurian Kabbalah.

You will recieve noothing from meeting the MATERIAL me! Search for "me" ONLY in the training materials of the site, forum, in my books, audio lessons, etc.

My advice to you is it would be better, to search, though everything ONLY by yourself, to seek and find meetings with yourself, each time preparing for this meeting so that it is effective, and to talk with yourself "on a personal topics".

This is all! Now go work on your own.

Below is Inna's letter to me (with her permission) and my answer to it: "inna1900 to verkabbala show details 16:58 (17 hours ago)

Hello Michael.

I would like to wish you happy holidays and to thank you for your lessons, as they became an important and necessary part of my life for me, without which my every day would be incomplete.

I try not to bother you with questions, opting to wait for the answers to come directly from the lessons, and they come. I will not lie; studying is difficult for me. Many lessons of TES require me to listen to them three or four times as its so hard for them to enter. Sometimes listening to it the fourth time is like listening to it the first time which means that it finally became clear. I still can't start listening at night, from three to six in the morning. But I will try to start from Saturday to Sunday, at least on this (not working) day I can do so.

I no longer listen and read other sources, I don't need to, I don't want to, there is no requirement or need — as Lurian Kabbalah became everything for me and MUCH MORE. And, in general, even the absence of an active discussion right now is good for me.

However, Michael, I keep asking myself the same question all the time. So, I ask you.

It is about the covenant of the foreskin. The topic is delicate and subtle, but I really want to understand it in the spiritual. Why were people given physical intimacy?

I suppose that this is one of the forms that the Creator enjoys, that which is given to enjoy. And if given, it should be. And here we are also talking about the forces that are below the belt that you are talking about in your New Book, right? But I still do not understand. You can also love your partner spiritually and enjoy this love, and this can be so strong that you no longer feel the boundary between yourself and them.

I was in Amsterdam in December, just during this wonderful snowfall season, what a beauty it was!!! The snow was falling with such huge flakes and it surrounded me so that it was already incomprehensible where the snow was and where was I! And how beautiful were then the canals and bridges!!!!!! And going back was so easy, surprisingly, we flew alone - as all of our colleagues on other flights were stuck, and spent all day at the airport. Amsterdam is an amazing city. It seems to me that no other city is so tolerant and so non-imposing (for example, in Paris and Germany, all the windows during this time were Christmasy, but if you are a person of a different culture, another religion, another history it may make you feel excluded.) Amsterdam was not like that, I was even surprised at first, but then I was very happy and seemed to understand. "

Based on your advice, I try to have the right intention when I go on the road. All the best to you and your loved ones.

Inna

P.S. I could not find the private message button on the site, so I wrote to you from my personal address.

And here is my (Michael) direct answer to Inna and other visitors of the forum:

Here the following excerpt from your letter that is significant for us:

"However, Michael, I keep asking myself the same question all the time. So, I am asking you.

It is about the covenant of the foreskin. This topic is delicate and subtle, but I really want to understand it in the spiritual. Why were people given physical intimacy?

I suppose that this is one of the forms that the Creator enjoys, that which is given to enjoy. And if it is given, to us then it should be. And here we are also talking about the forces that are below the belt that you are talking about in your New Book, right? But I still do not understand. You can also love your partner spiritually and enjoy this love, and this can be so strong that you no longer feel the boundary between yourself and them."

There are many separate sub-questions in your question, and therefore we will consider each of them separately.

1) "However, Michael, I keep asking myself the same question all the time. So I ask you."

The fact that you "keep asking yourself" this ONE question testifies to an immutable fact that you are given a chance to correct this "question" in the PRACTICE of your own life.

That this PRESSING problem is EXTREMELY important for you, for your spiritual advancement towards perfection, determined by your soul in this incarnation.

2) "This is about the covenant of the foreskin."

As a matter of fact, this is the problem of every person on earth, without exception: both in the past, the present and up until Gmar Tikkun. For you cannot run away from it, either you will work on correcting your place of the "foreskin" on your own, or you will be forced to do it under the blows of the whip which will force you to reach your own perfection. As a matter of fact, the most" UNBREACHABLE" fortress in the desire to receive for YOUR own sake - in human nature - is the place of the "foreskin". But the one who "takes it", reaches the COMPLETE SALVATION, eternal life and perfection through the same place!

And therefore, your question is the deepest, most "sore" and deciding: whether you will remain in the mud of powers of klipot and the higher forces will have to

whip you out of your "mud" or you will "climb" out by yourself, clinging to each reed by studying Lurian Kabbalah and its practical use.

3) "The topic is delicate and subtle, but I really want to understand it in the spiritual."

Your definitions of this subject and the purpose of your question give me a reason to answer it, because you want to "comprehend (this topic)" in the SPIRITUAL "plan."

4) "Why are people given physical intimacy?"

Well here is where the hitch and the contradiction to itself begins. After all, what will this philosophical knowledge give you, for the advancement towards your completeness and perfection:

"Why are people given physical intimacy?" WHAT RELATIONSHIP DOES IT HAVE TO YOUR SOUL, TO THE TRUE INNA? - Absolutely none!!!

After all, the "physical" is made exclusively from the system of evil forces! And therefore, has nothing to do with the soul of man! Of course, it is necessary to be considered of the physical, to be very attentive and vigilant with it. But the deciding factor in a PERSON is his inner part - his SOUL. You can have one husband in your life, you can have two, a dozen of temporary husbands (or wives), but the soul always remains ONE! And so, the person had physical intimacy with her first husband, and then with another (or just a stranger, during a business trip!) And what has changed? Is there any difference for the soul of that person? Even if you stay and maintain physical intimacy with one husband - what does that make of your soul? Only hassle and vanity! And not only this.

5) And then comes the "ending" of your question: "I suppose that this is one of the forms that the Creator enjoys, that which is given to enjoy. And if given, it should be. And here we are also talking about the forces that are below the belt that you are talking about in your New Book, right? But I still do not understand. You can also love your partner spiritually and enjoy this love, and this can be so strong that you no longer feel the boundary between them and yourself."

And here it is, clear evidence that your understanding of this "physical intimacy" is still a popular, group, cultural understanding determined by time, customs, religious concepts, etc., that is, all of you, remain, nevertheless FULLY "in the material" and "animal".

I will explain, although it is very difficult for me to find the right words, because this topic is really very, very "delicate and subtle," that is, as Yeshua said: "If anyone has ears, let him hear." There is nothing to say here: the corresponding COMPREHENSION is required here! Not through words, but through comprehension achieved by years of studying Kabbalah and its practical application, you can "tune your EARS" in order to "hear" the secret of working with this place of the "foreskin" which is the ONLY place from which it is possible to come to the Gmar Tikkun, to your own, complete correction!

But I, nevertheless, will present here a certain GENERAL picture for reflection and work on yourself. But you will not become better from this: However if you begin to dig through my words in search of TRUTH WITHIN YOURSELF, instead of following your frivolous "fairy tales", "fantasies", spiritually "childish" ideas, then THROUGH the pain of TRUEING TRUTH you will begin to move INCOMPLANTLY to your unique purpose of creation.

What you are saying is (please do not think, that I am speaking here about you PERSONALLY: everything that you describe in your question - any other person could have said it, including the overwhelming majority of the members of our forum!):

6) "I suppose that this is one of the forms that the Creator enjoys, that which is given for the sake of joy."

You think very wrongly here, and then you build on this your conclusions on your own false thoughts! Physical intimacy has absolutely nothing to do with the "enjoyment" (and "enjoying") given to us by the Creator! In the Torah there is a commandment: pru u-rvu - be fruitful and grow large (absorb the power of creation) that people ignorant in the spiritual translate it as "be fruitful and multiply."

Anyway: after all, we are not given the commandment "Enjoy the physical intimacy with you partner," that is, "enjoy having sex," with whatever kavana! As that Kavana is always the same, animal in nature: I'll scratch your back so that you scratched my back.

And in addition you say: "You can love your partner spiritually and enjoy his love, and it can be so strong that you no longer feel the border between yourself and him" - these are the same fantasies and childish ideas of the MASSES!

Tell me, who on this whole globe, IS IN THE STATE of "loving their partner spiritually, but to also enjoys this love physically? - This person DOES NOT EXIST!!! NO saint is able to, SO what can we say about you busy from head to TOE with your earthly affairs?

So, the fact that you naively believe that being able to "love your partner spiritually" is pure comedy, even if you have "good intentions". And this confirms that you are studying Lurian Kabbalah, "for your own sake" after all - as you do not understand what you are studying and for reason you are studying it!

After all, you know that a person is born ONLY with a "desire to receive." We are all the product of breaking of the Kelim and the soul of Adam. How can we even think that we are be able to "love our partner spiritually," while having sex with him or her?

Our "physical" nature is purely ANIMAL and it remains so, in any case, until the general gmar tikkun. And therefore, ANY POSSIBLE form of "physical intimacy" is the intention, desire, action of ANIMAL, which is in man. It is necessary, because without it there would be no children.

In other words, the truth is that "physical intimacy" is needed by a person ONLY in order to produce an offspring (if you wish to, of course!). But there is absolutely no "spiritual love of the partner" in this!

So, when a person (man or a woman) wants to fulfill the Creator's commandment and give a chance to the birth of the fruit - then they could - theoretically - have the right kavana, spiritual kavana. And the fact that they use the "physical" for this would be just a prerequisite for the implementation of this mitzvah, of this commandment.

However, it is remarkable that even with such kavana a person has no strength to fulfill this commandment, li-shma, for the sake of the Creator, for the sake of His commandment! And this is because in the long past the souls were bright, light and close to the Creator (but far from us in terms of comprehending the LIGHT of the Creator and completeness). That is, their corrections were easy, corrections of the light Kelim "above the waist". And so, they were more or less successful.

And we are the generation of the arrival of the Messiah, we are fixing the "hard-to-correct" place "under the belt", including, as the final, the HARDEST to fix place called the "foreskin"! Hence its name "foreskin" - on it the correction of flesh ends. And with the correction of the "flesh" ends - the desire to only receive!

7) "and this (pleasure) can be so strong that you no longer feel the boundary between yourself and them."

This is where your whole problem lies, that as you engage in "physical intimacy", having sex, "that you no longer feel the border between yourself and them" !!!! And what to do?

It is necessary to learn "not to feel the border" ONLY between yourself and the Creator, or, equivalently, between yourself and the power of Yeshua in yourself! And only then you will "hear", only then you will have EARS so that you can hear the truth. All other forms of "not feeling the border" lead only to death. So choose life!

## 77. WHEN THERE IS CONFUSION IN YOUR HEAD, COLLECT YOURSELF BEFORE ASKING A QUESTION.

Here is Vitaly's question to me (via email): / 2011/1/23 Romanovskiy Vitaliy <vitaliy ... @ ... ru>

"Hello, Michael! I continue to study your lessons bezrat HaShem. Many thanks to you and the Creator that they exist! Some insights sometimes happen and this pleases me very much! I have one lingering question, which quite often prevents me from concentrating on my studies. Even while studying the Zohar, I find myself trying to connect the studied material with our world, and the events happening to me here. Is this normal? I also often hear you repeat that what we are learning here is not related to the material world and at the same time, it logically follows that the material world is a consequence of our spiritual state. The question arises: for example, when I am trying to study a lesson, but somebody or something distracts me. Is it Sitra Ahra, who is acting through it, is the Creator trying to distance me from it so I can experience a certain state? Or is it somehow combined? I (of course) was reading your answers on the forum, and I clearly understand that the body does not affect the soul, however as of now while I'm trying to contemplate the spiritual in the material world, all while unfortunately moving not as fast as I would like (if moving at all). Therefore, I decided to contact you with this question as I don't trust anyone else.

Thanks in advance if you find the time to answer me. Sincerely, Vitaly. "

Here is my (Michael) answer to him and others:

Your message - has many questions. This testifies to the "confusion" in your head, in your feelings and, finally, in comprehending what you read in my books. This is reflected in the construction of your "question" to me.

You must always work on "minimizing" your question (first of all within yourself!) to absolutely minimal state. By the way, this is the problem of all members of this forum - the lack of "culture of spiritual thinking." In French, there is an expression: "salad ryus" - "Russian salad" - that is, when everything is RANDOMLY, mixed together and there is no structure. Or as Russians say: "horses and people" mixed up in a heap.

So, work on yourself in the aspect of differentiating the questions and problems arising in you, ordering them in YOURSELF and then when you read my books next time with this kavana, you will find answers, among other things, to the questions you put here, one by one.

After all, this is where all your "problems" lie, preventing you from concentrating, and not at all "in the events happening here around you."

And therefore, do not "lay the blame" on Sitra Ahra ("oh, what a wicked thing" - as she only serves the Creator!), and especially do not blame the Creator himself.

#### 78. KABBALA DOES NOT FORETELL THE FUTURE OF A PERSON.

I just received a message from certain Isas and this is what she writes to me: "Hello! I will be glad if you could come to visit us and may decide to stay, if of course, it will interest you): http://....net is a site about magic, tarot cards and runes."

And here is my (Michaels) direct answer to her and others:

Yes, I visited your site http: //...net. It's a great looking site! And the topics in it are quite interesting.

As for me, I am a complete ignoramus in the questions and practices that you cover.

Interesting fact: the direct root of Tarot is in Kabbalah, with the only difference that one of the advanced sections of Kabbalah (in the secret book of Zohar), looks into the SPIRITUAL aspects of various EXTERNAL manifestations of spiritual states on the "surface" of a person. For example, by the folds of wrinkles on the forehead, you can determine the present spiritual state of a person. By looking at the forehead, a true Kabbalist can, momentarily "read" the result of, let's say, person's bad behavior in the preceding evening. The square letters of the holy language are then drawn in some definite "broken" form, etc. The same applies to the shape of the eyes, ears, chin, neck, etc., even the hair on the head.

And of course, looking at the palms of your hands, you can see what the eye can't see, things invisible to the "unarmed" spiritual insight, but you can only see what IS already there, or HAS BEEN, but you can NEVER foresee the future of this person. This "prediction of the future" brought with it the teaching of Taro (or as they say, Tarot), which considers ONLY only the "pictures", mechanical lines, outlines, remembering them "by heart", but WITHOUT THE MAIN COMPONENT - THE SPIRITUAL!

About 6 - 7 years ago, a well-known Tarot expert came to me in the Netherlands, from Rotterdam. He found out that the very teaching of the Tarot came out of Kabbalah. And so, he came to Amsterdam for many months for my weekly lessons on the Book of Zohar, which I gave to my students of the Lurian Kabbalah, SPECIALLY in order to delve into the origins of his profession - Tarot.

However, only a few succeed in reaching the spiritual comprehension of these depths even from the teachings of the Lurian Kabbalah itself.

By the way, your name (or nickname) I-SaS, expressed in square letters of the holy language means: "will rejoice," "will rejoice greatly."

I wish you successes in your business.

## 79. in the eyes Who is righteous of the creator?

2011/2/19 Gennady P. < ... @ .... en>

"I ask myself questions in order to understand. I'm not looking for myself in my life, but only for the truth. Does only the Creator judge and not a person. As the world is created by the Creator Himself, and we are all the same SOUL?"

And here is my direct answer to Gennady and others:

A righteous person is the greatest sinner in his own eyes, for he always faces the PERFECT Creator! The sages of the Torah say: "The righteous falls seven times and gets up seven times" (if he sins unintentionally, he will recover right there). But in the eyes of the Creator, he is His favorite, since He fulfills His will, that is, seeks to coincide with Him by the properties. And this is what he achieves by fulfilling His main, comprehensive commandment: The Creator only truly gives and the righteous person also KNOWS how to truly give and also truly GIVES in this world.

## **80. FIVE STAGES OF THOUGHT**

Here is Sergey's question to me (via email): 2006/05/24 Sergey <sergei ... @ ... en> /

"Kabbalah constantly speaks of the desire to receive, desire to bestow and about the stages of desire. So what place is given to the thoughts?"

And here is my direct answer in poetic form (so it's easier to remember!):

## **FIVE STAGE THOUGHTS**

Watch your thoughts They become words

Watch your words
They become actions

Watch your affairs
They become habits

Watch your habits
They become properties

Watch your properties They become you.

#### **81. ZERO AND ONE**

(Robert's question of 11/17/2006): Can we assume that 0 (zero) means "absolute"?

My direct answer (translated from Dutch):

You, as a computer scientist, a programmer, put your question on the basis of the key concept of computer technology, built on combinations of "zeros" and "ones."

In the spiritual "technology" it looks like this: 0 - 1 - 0.

On one hand (either only in the right line, or only in the left line) there is no insight, no understanding, no inner (individual) existence. This is the "absolute zero" of individual life. After all, in the right line there is only Chesed, the light of the Creator in the Kelim of the Creator (and, where am I?). And in the left line there is only a black, as anthracite, layer of my egoism, in which the light of Chochma shines WITHOUT dressing into Chesed, and therefore it feels like a fire that exhausts and drains your powers, darkening and not giving hope for relief of pain (then why do I need this?).

But if I see these two apparent zeros on both sides of my condition and despite the feelings of complete despair and disappointment I accept, agree and JUSTIFY (and this I can only do by going "above reason"), then my feeling will increasingly come closer to 1.

In each state, of internal work on myself, I regulate my state to obtain a middle line - this is state 1 - the only one that exists! And this state is the only true reality of my sensations.

In this sense, within my individual work which focuses on creative regulation to achieve the state of "true reality", there is a sequence of alternating states: (0-1-0) 1, (0-1-0) 2 ... (0-1-0) n ..., and my perception of both zeros and ones changes every time, and the zero intervals between the units become shorter and shorter. And this incessant process of coming to the One is the correction - the treatment of the soul and its improvement.

In addition, absolute zero is a chaotic, unclean side, clinging to both sides of holiness, while 1, "one", is an expression of orderly, absolutely pure reality.

The more you purify yourself and spiritually build yourself according to the properties of the Higher Control System of the universe, the more often, intensively and frequently "you can see" the ones- the eternal reality of the One". Otherwise, you will see and feel "zeros" - an apparent, "null" picture of reality." And this "null reality" is multiple, according to the property of Sitra Akhra, the

property of the unclean forces screaming from inside the person that they have captured: "We are the legion!".

And the choice depends only on yourself.

#### 82. WHAT DO I READ WHEN I AM "VERY ILL"?

Last night I received a message from a friend. And he writes, among other things, that he is "severely ill" and asks "to do misheberah" - to say the traditional phrase in Hebrew, which, again, is traditionally said, to help the patient recover. It is usually spoken in a certain place during the prayer in the synagogue.

I will not go into the detail here, into the very construction of this standard "prayer for the ill." I know absolutely unequivocally that they pronounce it for "NOTHING" there, as they themselves do not understand a word that comes from their mouth. And what can we say about the spiritual aspect. And so, this "prayer" does not help anybody.

And so here is an excerpt from my direct response to a friend (and all other forum users):

As for your illness, you will recover very soon: refua shleyma, I wish you a complete recovery! Know now, my friend, that you still have many important things to do in avodat haShem, in your li-shma work for haShem!!!

Start by reading (right now, when you are "very ill!") my book "Kabbalah for the complete organization of life", start with chapter 7, and then the whole book from the beginning to end.

Work on what you read and accept unconditionally everything that is recommended there. And if you have already read (and even several times), then re-read it now, during your illness, with that kavana, that it will give you the power to be CURED!

I wrote this book in a simple language, but it is very multi-layered and comes from the very depths of the Teaching on Liberation, as we get free from Klipot, from the unclean forces, which are siphoning from us, but we perceive it as all kinds of "diseases." We recover for kdusha, for the sake of living in holiness.

Keep in mind that help always comes from the state of ONE on ONE WITH HASHEM, and not through intermediaries!!! The person himself is obliged to give Ma"N, the request, the prayer of haShem, and if this prayer comes from HIS heart, and not from his mouth and beyond, then haShem ALWAYS HELPS!

## 83. WHAT IS THE PURE TEACHING OF KABBALAH?

(Question of 07/02/2007): "What is the pure Teaching of Kabbalah?"

My direct answer is:

The pure Teaching of Kabbalah comes from the Books of Zohar and Ets Haim (Tree of Life) by Ari, the latter explaining the former and expressing it in a special language of Kabbalah (into sefirot, partzufim, olamot).

This pure Kabbalah is studied with one true Teacher in each generation and in the original language - in the holy language and Aramit, the language of the Zohar. All our students do this, and the vast majority of them did not even know the letters of the holy language at first.

Correctly taught regular classes of pure INDIVIDUAL Teaching of Kabbalah lead and spiritually ELEVATE you (moreover, without any intermediate "falls" and "descents"!) towards liberation, completeness and perfection, according to the principle of "maalim ba-kdusha ve-lo yordim" translated as " in holiness one (ALWAYS!) rises, and does not descend! ". And "holiness" is eternal life.

#### 84. ONE WITH EINSOF

#### Introduction

Recently, I received many messages from our members of the forum, from which I feel the clear signals and a pressing need for clarifying the path to the Creator. How to lay it "practically"? How to combine the "mechanical" knowledge of Kabbalah with their practical embodiment into a tangible, organic, intimate connection with the Source of life.

And so, I was given to understand, I was "obliged" to explain the practical method of bringing myself, my Kelim, into line with the properties of infinity, clad into our Kelim.

Keep in mind that this book, or more correctly, a draft of a book will in no way diminish the meaning of our existing books: "mine", and even more so the very sources of "my" books and our spiritual training: Shlavei Sulam, Etz haim, TPP, Zohar and other books of Ari. Only in combination with all these books will this book of "Unity" lead you to that! And therefore, I am warning you in a friendly way so as not to pounce on this new book now, and throw the rest aside. After all, then you will lose both!

And this process of unity with Enysof comes down, finally, to the above-given phenomenon of "The inverse relationship between the lights and the Kelim". From the very beginning of the study of Kabbalah, a person gets acquainted with this very important tool in building a true spiritual perception, instead of talking about the spiritual. After all, the explicit method of unity with the Source of life is given precisely through this phenomenon. This is what the religious world calls the "Appearance of Yeshua to the People." As they value the physical, material embodiment of the phenomenon of the unity of the Creator with his creation.

But a mature union with the Source of life is possible only through your own Kelim. And therefore, the people say: until I see it with my own eyes, I will not believe it! And there is a great deal of truth in this. "Myself," "with my own eyes," refers to the individual Kelim of the perceiver, not "by hearsay," that is, by believing a "story" of some religious people and their testimony, "I saw Christ," bloody tears suddenly appeared on the face of Bernadette (from the eyes of the stone statue, of course). And the same goes for all kinds of testimonies of saints, rural idiots, etc.

No, tell yourself: that as a mature person, I want my own testimony of my connection and not with intermediaries or through them, even with the worthiest, but only directly with the Source of life, "face to face"!

This is exactly the goal that was set before me by the one who "obliged" me to write this book. I don't even know at all what is required of me, but, as I have already managed to convince myself of the past, and now agreed, having spoken "ineny", here I am.

I will write the book directly on the forum WITHOUT EDITING IT, and we will correct grammatical and other errors later. Now the main purpose of it is to be effective, to have the power of the Holy Spirit, which we will learn to draw into our Kelim at any time whenever we wish, provided we are united with the Supreme, of course.

Where it is needed, I will make corrections, insertions, remove something — all at the direction of the "customer" of this book.

#### REVERSE RELATIONSHIP BETWEEN THE LIGHTS AND KELIM

I used to call this phenomenon the "inverse relationship between the lights and the Kelim," but this is not entirely correct, for only the Kelim can "depend" on the light, and not vice versa. Therefore, it is better to call it an "Inverse Relationship".

Essentially the only thing that exists is Einsof and His creation, defined by the general concept of Kli or Kelim. When we say the Creator, Hashem, HaVaYaH, Elohim, EhYE, ADNI and all the other names of the Creator, they are all ONLY "tastes" of the perception by one or another layer of our kelim, by one indivisible light of Einsof. Each and every one of them - are clothes of Einsof. Therefore no, GOD EXISTS, except for Ainsof, the subtlest glow of the indivisible light of eternal life.

So, the creation, the Kli, should transform its Kli, created for receiving, into the same Kelim (!), but with the intention of giving. Therefore, there are no other Kelim than those created by Ainsof himself. We call Ainsof differently. Both in the world of objective reality in a general aspect, and in the layers of perception inside a person, we give him the name as we perceive him in our Kelim. In the world of perceptions of Atzilut, his name is Maatzil (from the root "atzil"), in the world of Bryah, he manifests himself in the power of the name Bore (literally: the Creator), in the world of Yetzirah, Yotser (Formative, and in Assiyah, Ose) (Producer of acts).

But there is ONLY one source of all that exists: Einsof!

This is the most important comprehension that you need to awaken in yourself every morning when you get out of bed, when you go to the toilet, when you eat, you drink, you play with your kids, in short, you must use this comprehension in any situation, the feeling of this realization, the cornerstone, the foundation for your Kelim.

So, you will build your eternal, spiritual, true BODY only on top of this. This is the body that was FIRST put on the scale of the souls by Yeshua (the first to the Source of life). Therefore, your spiritual body will be connected with the BODY of

Yeshua, thereby connecting you with the Einsof - with an eternal, BLISSFUL existence.

So why should we then study the names of the Creator, representing only all kinds of garments of Einsof? - And how, otherwise, will you be able to advance to Einsof, other than wearing CLOTHES, made out of protective names of the Creator? But how can you look at the sun, at the height of the southern summer day, at noon without shades. After all, it will blind you. And if you continue to look, then your eyes will burn! So, what can be said about the gigantic power of light seen as you approach Einsof!

And now, in order to PREVENT possible "burning", "blinding", the Creator did so that a person can only see the glow of Einsof, the level of which he perceived in his kelim. Meanwhile the higher luminescence that the person has not yet comprehended simply passes unhindered through him, without lingering in him, and therefore he remains safe - after all, he does not have the corresponding Kelim for this light. And so, that person remains in ignorance about Einsof, about it's tastes and attainments for which he does not have developed the Kelim of Giving. And this why you can hear some people say "I do not believe in God", etc.

But know that there is no God, wherever you rush, even into the most "extreme" corners of the universe, so that his radiance there would be DIFFERENT than here on earth!!! And all these tales that the traditionalists, the churches, the synagogues tell people about the other world, that they "will finally be", well in the afterife come from ignorance to the structure of the universe. After all, they once dealt with all dissidents, who knew BEYOND their medieval obscurantism, Christian inquisition targeted - Giordano Bruno, Galileo ... And the Jewish Inquisition cruelly punished Spinoza, Ariel d'Acosta (both from Amsterdam), Ramchal (who also lived and wrote in Amsterdam)

No, my friend, Einsof shines as brightly, with all his strength here on earth, just like in the most magnificent place of his stay in Galgalta A. K. That is, starting from KAV and down. That is, there is only Einsof and your kli!

And what is required of you to come into full compliance with it? - Build a mature relationship with Him. But how? In the same way He built the worlds, His garments. And this will give you nothing more than the full knowledge and perception of the principle of the "Reverse relation between the lights and the Kelim"! That is, this will be a "feedback loop" between you and Einsof!

We talked about this a lot in my past lessons. Yehuda Ashlag devoted a lot of pages to his Ptikah (Ptikah le-hokhmat a-Kabbala), although it seemed to be too "technical", distracted from the "direct spiritual sensation".

And now we ourselves will uncover and "unleash" this key question, the knowledge of which is very superficial for everyone (even those who have studied Kabbalah for dozens of years! I know what I'm talking about).

And what an amazing effect this study will have on us! First, do not hesitate to make drawings, if it helps you, but then get away from them. And build the whole scale of the INTERACTION of the lights and Kelim within yourself, instead of them. And so, the "end point" of this study will be when you can already recreate

the whole picture of this interaction within yourself. As ,for example, the chess grandmaster can reproduce the whole game that he had with his opponent inside himself. And therefore, it will no longer be a problem for him to reproduce positions on many chess boards within himself when he is playing multiple games at the same time.

And now, just like a chess player, he knows the name of each cell on the chessboard: for example, C3, D4, etc., you should immediately immediately know INSIDE of yourself which light enters into which "cell", kelim, during their correction.

For example, which light enters into Kli binah of Chochma (which is, the personal kli of Binah in Kli Chohma, and therefore

we write Chohma with a capital letter, so as not to make a mistake). It is always the ONE and the same light! But I will not get ahead of myself - it will all come gradually.

And the moment will come when your spiritual perception will become so refined, so subtle, that you can define (and feel) the light in your Kli up to, as they say, "microns"! You will see from this that approaching the Source gradually, develops your sense of Him gradually. So that you can then develop a clear spiritual imagination in yourself - and this is the connection with Einsof, from the inside.

And now we are ready to take on this wonderful spiritual work and are actively involved in discussions of this greatest topic, from the study of which by the lowest, Einsof receives the GREATEST PLEASURE!

## 85. MY BOOKS ARE A PRODUCT OF INTERACTION WITH MY STUDENTS AND PEOPLE ON THE FORUM

It turns out that the "customer" of this book MUST ONLY be you the members of the forum, and here I thought that my "customer" was up above?! What does it mean? - Specifically, it boils down to the fact that out of YOUR questions which are MaN, I will, b.h. be given a chance to write this great guide, and not some abstract book, which looks into wisdom. However, we must write this book TOGETHER, interconnectedly! Only in this way can we make a real WORKING BOOK on the relationship with Eternity, with the Life of lives!

Otherwise, I simply can't write, I'm not a writer, from my head, from some knowledge, even the highest, to write for an imaginary, abstract reader, for "dead souls." After all, all my other books are only a product of interaction with my students.

You supply me with MaN, your questions \*, coming from the true need for Oneness with the Highest (formulating them according to two known parameters - sufficient grounds for raising the question "essentially") and exhibiting these questions in discussions in the book.

\*the main subject being: The inverse relationship between the lights and the Kelim.

And my task will be to work with MaN of each and everyone of you who raises the "essential" questions. Indeed, as we know from the preface to Lurian "mathematics," in true reality "nothing comes from the left side of equality to the right, if there is no query from the right side of equality to the left."

And here we need to fulfill this CONDITION and then we will undoubtedly get the required equality according to the interaction formula, and with it everything that WE WISH FOR.

## **86. GENERAL AND PRIVATE**

"There is a GENERAL PRINCIPLE, on the basis of which, the Creator or Einsof DESIRES TO GIVE altruistically, meanwhile the creation, a person is the DESIRE to RECEIVE selfishly for himself.

But there is also a PRIVATE ASPECT, on the basis of which a person HAS TO TRY TO CORRECT HIMSELF, as the DESIRE to RECEIVE for the sake of the Creator. And this MERGER originates from the INNER PERSON. In order to develop a PERMANENT ATTRACTION to this MERGER, a person MUST LEARN not to SEPARATE: FEAR, LOVE, MERCY and STRICTNESS and vice versa. Therefore, trying to see 2 sides in everything that happens to that person, so that person can build the correct relationship with the light. "

#### Here is my answer:

This is an excellent message indicating that you already know how to connect the dots, instead of simply using separate phrases, elements and information obtained from the teachings, but not through your Kelim!

There is Truth in your message, however, there is also one very, very subtle nuance, a miniature inaccuracy, onto which I gratefully, "hooked on".

You write: "There is a GENERAL PRINCIPLE, on the basis of which, the Creator or Einsof - the desire to give back - is altruistic."

The fact is that the term, the property "altruistic" is befitting the power of the Creator (HaVaYaH, Elohim, etc.), but, no matter how strange this may seem, it does not refer to Einsof. And so this, your deepest answer-request - in all respects, is an "essential question", although you yourself did not notice that you raised this question, raised MaN! I will try to answer it extensively in this book, and b.h I will give, additional deepest knowledge and insights about Einsof, which cannot be found anywhere else!

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#### 87. WHO AND WHAT WE NEED?

Above, in the Introduction to one of my books: "Why, then, do we study the names of the Creator, representing only the vestments on Einsof of every possible level? - But otherwise how can you advance to Einsof, other than DRESSED in the protective robes, made out of the names of the Creator? How can you look at the sun, at noon, at the height of the southern summer day without sunglasses? After all, it will blind you. And if you continue on looking, you will burn! So, what can be said about the gigantic power of light you see when you are approaching Einsof! ".

And so, A. made a remark: "I personally like this question. It is true, why should one know the whole complex system of the Universe (theoretically, or I would even say technically). It always reminds me of studying electronic circuits, brr ... After all, it brings absolutely nothing except drifting you away from reality, which is here and now. Here it is near, the same Ein Sof, and not there somewhere in the clouds. Water, air, sun, wind are clear to me. Joy, sadness, smiles, emotions, fire too. But what is GAR, VAK, AB and SAG - sorry, but I don't have a clue about any of it (I hated exact sciences since I was a child). We constantly say that knowing with our head is bad, but the entire system of Kabbalah is built on top of a huge number of various terms, their combinations, abbreviations, references, numbers, gematria, etc. A lifetime is not enough in order to study all this. I don't know, maybe it causes some sensations for someone, but I honestly admit it that to me it does not. How can I learn to FEEL, and not KNOW, to live in the Divine reality, and not in some disgusting post-Soviet reality, where everyone looks at you as an object to be used? If I understand correctly this book promises to be just about that. And it gives hope. Gam ze tov. Thanks in advance. "

## Here is my answer:

This is a great example of a person who reads, but does not understand what he is reading, he listens, but does not hear, he looks, but does not see what is

before his very eyes. Yet you told me in your message that you would accept my words and begin to work on yourself?

Now look, at what you "pulled out" of my words? What I asked was only a RHETORICAL question, anticipating a spiritually illiterate question that you just asked now, which you latched on, hopelessly exclaiming: "Why should we then should study the names of the Creator, representing only the garments of Einsof on various levels?".

Although I clearly answered these: "As do tell me, how otherwise, can you advance towards Einsof other than DRESSED into the protective robes made out of the names of the Creator? How can you look at the sun, at noon, at the height of the southern summer day without sunglasses? After all it blinds. And if you look a little longer, then you will burn! And what can we say about the gigantic power of light as you approach Ainsof!"

What is the meaning of your assurance to me that you will listen and will do what you learned from me? As you had to ask your question correctly, creatively, instead of the way you asked it, thereby further destroying your already destroyed "spiritual health"?

After all, you already gave your FIRM opinion, decision in your "question", as it were, in advance (coming directly from YOUR serpent, which you serve).

After all, HOW could someone who really WANTS TO RECOVER, ask such a question?

An example of a constructive, "essential" question could be: "Michael, please explain to me, how can I advance towards EINSOF specifically through all of His garments made out of the names of the Creator? So that it HELPES ME, so that I can recover in all respects?"

Yet based on the way you put it, I can see that you simply no longer WISH to recover, in other words, YOU DO NOT have the power to fight, as you already SURRENDERED to sitra achra. And I see and know what I'm talking about; I do not need to see you like a physician of the material body, to do an examination, to watch the results of your analyzes, to make an x-ray. No, THROUGH YOUR MESSAGE I see through you!

And here you cite a lot of "important" arguments in favor of your installation, just so you do not have to learn, do not need to WORK ON YOURSELF, LEARNING, as you say, "all this complex system of the Universe (even theoretically, or technically)".

This is just an excuse for this great goal, which you defined for yourself: "how can I learn to SENSE, instead of just KNOWING, how can I live in Divine reality, and not in the disgusting post-Soviet reality, where everyone treats you as an object to be used."

It turns out having KNOWLEDGE of the most complex system of laws of the universe, INTERFERES with your life "in the now", and even vice versa, "leads you away from it"!

Well, how can one argue with such a series of the "fairest" arguments, coming from the heart itself! After all, A. does not fight against the Creator, but for he is fighting for Him, however he wants to feel Him, WITHOUT KNOWING Him?

But how can you feel something, if you do not know it?

I once gave an example about a girl in the Ural city of Perm. She was then 15-16 years old and she lay there in the city hospital, where she was placed for treatment from a regional village distant from the city center (and the surface area of Perm region is about the size of the whole of France + Bulgaria and perhaps because of this, she did not have anyone who would visit her from her relatives).

So, one of the visitors of the hospital gave her a pineapple, which she, after taking it in her hands, did not know what to do with it. She has never seen a pineapple (it was 35-40 years ago in the Soviet Union). And so, she held it in her arms, all confused, shuffling it, thanking the person who gave it to her.

But why did she need it? What could she do with it? Play with it by throwing it up in the air, and then catching it?

By not knowing what a pineapple is, about it's intended purpose, what it contains, having no idea about its taste is, because she has never tasted a pineapple. It turns out that she did not need it at all as IT WILL NOT HELP HER, that is, she will not get any joy from it, satisfaction from the taste, the smell, satiation from it until she ACQUIRES THE KNOWLEDGE about it!

The same way you, never had any idea about the Creator (and what can be said about Einsof?), you did not taste the names of the Creator. So why should you, in fact, study His laws, the Tree of Eternal Life. After all, all it does is: "always remind you of studying electronic circuits, brr .."

So how are you different from the perception this girl who was unable to perceive the pineapple?

And now you know, now you have a firm KNOWLEDGE, from whom your feelings originate, without KNOWLEDGE of the Creator!

Now I do not see, for the time being, the possibility of your "healing", although, "theoretically", everything is in your hands, and you can take your own life in your own hands, and then there will be hope for your recovery.

And I will write here a little later, about the private and about UNWRITTEN of Einsof - but it is not yet for you (as you gave up and Kabbalah is for the winners!). But if you acquire complete "trust in" your Rav - as you do NOT have it (for now) as you have not received the ONE rav who is the link, the closest link you have to the "relationship between the lights and kelim", and therefore the you have no faith in your own recovery - however once you obtain it you will be able to read this book and work on it. In the meantime, I do not advise you to start.

#### 88. WHAT GIVES US A FEELING OF TRUE LIFE

"So, it is possible to continue studying Kabbalistic terms, with God's help, extracting the essence, the life itself, out them and not just "terms". "Is there life" outside "of these terms, WITHOUT these terms? Of course, there IS. But it is only possible to comprehend in these "protective suits" - in these "terms", if I understand you correctly. "

## Here is my answer:

Life is imbued in those "Terms", "but is there life "outside" of these terms, WITHOUT these terms? Of course, there IS" - these are your words, you affirmed it yourself.

So, what happens WITHOUT these terms? - The light from these "terms" - the light of the Tree of Life, whence comes LIFE - then passes through the person UNNOTICED, WITHOUT LINGERING on within that person. After all, he does not know HOW to limit the light in his Kelim. He does not have the strength to do this.

And the whole reception of the light of life consists having achieved CONFORMITY BY PROPERTIES with the light of life through KNOWLEDGE and faith, so the light of life, could CONSCIOUSLY absorb it in it's Kelim. This is called LIFE, and not some spontaneous (coming without "feedback") sensations by only 5 senses of this world. These are only the sensations of nature, that is, at this level of development, the "two-legged speaker" is only an integral part of this nature, as he is on a par with it.

While a PERSON is intended to CONTROL the nature, for it to SERVE HIM, instead of serving him serving it! Only this brings the feeling of true LIFE, that is, as far as acquiring the "terms" - the knowledge and skills of establishing "feedback" - the powers of MANAGING YOUR KELIM - BY YOURSELF.

I'll tell you a story. About a year and a half ago I was invited to another forum by S. And having opened it, I was horrified, I saw complete chaos there. Without the slightest KNOWLEDGE of the foundations of Kabbalah, everyone there spoke like a know it all. All explanations were like: here it goes like this: Binah rises there and there, ZA there and that and such irrepressible fantasies of former students of BB.

And then, seeing such mockery of the spiritual (forum users, in fact, mocked themselves and other forum users, because no one knew what Kabbalah was, what giving back was, but there were only empty words), and now, seeing all this, it was necessary to turn everything back and work steadily, FIRST, on the acquisition of FAITH!

Now, one and a half years later, as well as after your recent choice of LIFE, the time to FINALLY start the study of Kabbalah has come - its own subject of study, "terms" and spiritual phenomena, only bringing true LIFE.

And this is instead of stupid faith WITHOUT knowledge, which was practiced until a very recent event, in which you chose the path of LIFE, instead of the path of the "dead" which amuses the unclean forces, the path of posting RELAXING messages as an active forum user. Has everyone then seized upon the aspect of faith and forgot the knowledge of the Creator?!

This is what we are going to be doing, b.z.a., if you have enough spirit for this TURN OF EVENTS, because spiritual advancement occurs only through overcoming trials and only in extreme states.

#### 89. WHAT ARE THE COMMANDMENTS FOR?

In Introduction to the wisdom of the Kabbalah (פתיחה לחכמת הקבלה - Pticha lehochmat a-Kabbalah) Yehuda Ashlag writes:

א) "רבי חנניא בן עקשיא אומר: רצה הקב"ה לזכות את ישראל, לפיכך הרבה להם תורה ומצות, שנאמר ה 'חפץ למען צדקו יגדיל תורה ויאדיר" (מכות כ"ג ע"ב) ונודע שזכות הוא מלשון הזדככות והוא.. ע"ד שאמרו ז"ל "לא נתנו מצות אלא צצששףף בהן את ישראל" (ב"ר רפמ"ד). וכן מהי העביות שבנו, שאנו צריכים לזכותה ע"י התורה ומצות

1. Rabbi Hananiah bin Akashia said: "The Creator wished to honor Israel; therefore, he gave them a large number of Commandments and the Torah." And it is known that in the holy language the word "honor" (lizkot) comes from the word "clean" (lezakot). In the Midrash of "Bereshit Raba", it is said: "The commandments are given only to cleanse Israel with their help" (1).

Here is my explanation of the paragraph (1):

What are the commandments given for?

In spiritual work, we always have two phases in every correction:

- a) Phase of "purification" thinning of Aviut, thickness of desire, Kelim, in order to come to correspondence of properties with the highest.
- b) The "building" phase a return to your "own Kelim" —through 4 stages from Chochma to Malchut with the powers gained from the highest.

Firstly Olga said, obviously quoting my words: "The Light always enters the Kli from the above, as the Coarsest Light is NEFESH, i.e. LOWER LIGHT enters into the UPPER "KLI, i.e. into KLI KETHER." Them Valentina answered: "I'm asking about the first question - what is It? - is it my reaction to the light? this is Aviut's thinning from 4th level - Malchut, to 3rd – Yesod or the first ascent to Yesod, as the lowest light of NEFESH will only enter the upper Kli Keter, after the first question we didn't come close to Keter (by Aviut ..."

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The questions considered here relates to the 1st phase of the purification of desire, the cleansing of the Kelim of bestowal. So, who should be cleansed? Of course, ONLY Malchut, because only Malchut is a ripe desire to receive! All her 4 stages of desire must be cleansed to start giving.

And in this way of purification, it is necessary to raise it, to thin it first, from the 4th stage to the 3rd (this means that it rose in desire towards Kli Zeir Anpin). And then from 3rd to 2nd (this means Malchut rose in desire from ZA to Kli Binah), then from 2nd to 1st (this means that Malchut rose in desire from Kli Binah to Kli Chochma).

But the desire of the level of Kli Chochma also has some small Aviut.

Right up to this place, we potentially have our own strength, we must find the strength to purify this desire. As a person has no power for anything greater, but we must give Kavana ABOVE reason — above Kli Chochma! This is exactly what FAITH is required for, and without it,

YOU WILL NOT BE ABLE TO PURIFY YOURSELF (Which means the phase of the construction of the Partzuf is also out of the question)

And this elevation through the 4 stages of Aviut, up to the stage of zero Aviut, is achieved exclusively by the installation "above the mind" - all this is not just your reaction to the light, but the CONSCIOUS process in the "Feedback". I want to come into conformity with the highest level, and therefore I am thinning my Aviut of a given desire, which I wish to correct so it can start giving.

And now, having risen to "my" Kli keter of this state in the process of thinning my desire, I merge with kli keters property — the property of desire for bestowal. I still have no Partzuf in this state, I am only connected with Kli Keter (and even "my" Kli Keter is, in fact, not mine. As I am, the creation of only 4 stages of the desire to receive, but we also have this capability to connect with the highest via Kli keter in every state of the process of correction!). And I am there, like a fetus, I eat what my mother eats, I drink, what my mother drinks, and so on.

This is the beginning of my spiritual path, for only here I feel the desire to give back, even if it's still the most insignificant one, but it is already being transmitted to me, being dressed into Kli keter. So which sfirah dresses into kli keter then? Malchut which rose there of course. After all, it had no light of bestowal at all, either when it was in its place, or in place of Kli Zeir Anpin, etc., right up to Kli Chochma. And only when I dress into Kli keter (we say, like an embryo "inside" the mother), I can already feel at least something from the desire for bestowal.

This is "the lowest light of NEFESH, which will enter only the upper Kli - Keter," and through it Malchut will shine! But for the time being, it is only the glow of Keter, and I, my Malchut in this state, is just what we call the POINT IN THE HEART! This is the "nikuda she-bal'ev", "point in the heart", and not what is taught, jagged in religious-philosophical and academic concepts without the slightest understanding and feeling of this spiritual phenomenon.

So, I have to stay there, dressed in the Kli Keter, until I correct all five private Kelim Kli Keter (Keter de Keter, Chochma de Keter, Binah de Keter, ZA de keter and Malchut de Keter).

Which leads me to the next phase - the phase of birth: this is my way out of the womb of the mother into MY kli chochma - this is MY SPIRITUAL BIRTH! This is what Yeshua told the great Rabbi Gamliel that the Kingdom of Heaven (Malchut Shamaim) can be achieved ONLY by being "born again!". But he did not understand the words of Yeshua, for he could not rise above reason, that is, to the Kli keter of his own Kelim. After all, NO ONE prior to Yeshua could rise ABOVE their mind, that is, to the true Kli Keter. And our forefathers saw with their prophetic gaze that time-state, when it would be possible to ascend to the Kingdom of Heaven, for they themselves did not enter there, but only BELIEVED in it with full confidence.

Therefore, Yeshua said about Johanan ha Matbil (in Engish. John the Baptist) that he is the greatest of all before him, but Yeshua added - that even lowest of the Kingdom of Heaven is ABOVE him. This is also the reason that only one of the students of Ari, Haim Vital, was honored so, that Ari gave him the Teaching of the 5 Partzufim. We know that the great Joseph Karo was Ari's disciple. He wrote the Shulchan Aruch ("Set table" - a set of laws and rules for everyday life). Even Karo fell asleep during the lessons of Ari, for he was not able to ascend into the Kingdom of Heaven, into his Kli keter.

So even my "life" BEFORE raising up into Keter - the Kingdom of Heaven, the process of correcting this desire - in fact, was not called "LIFE", with all its stages of desire to receive. But only as a result of raising into kli keter, patience and perseverance in staying there and then returning to my Kelim, starting with kli chochma, I'll be reborn.

You can work on this brief explanation for now, and stop asking me questions about it time after time, for WITHOUT building sufficient FAITH above the knowledge that ensures the thinning of the desire towards kli keter, you will not be able to understand and feel anything. And then what can my "chewed up answer" give you, if you are unwilling to put in the hard-individual work on the practical application of my explanation. Look for the answer there and in parallel within yourself!

## 90. THREE PHASES OF WORK FOR THE CREATOR

"Dear Rav, thank you for the answer. I will ask you further: does work for the Creator mean that in a state of concealment, in the process of cleansing of the body, one must strive to justify the Creator's actions primarily in a state of darkness, so that the student's emotional state towards himself and those around him is calm? Is it possible to get pleasure from intellectual comprehension at this stage?"

Here is my answer:

Working for a Creator resembles a tensile test rod.

- 1) At the beginning, in the first period of "stretching", the rod stretches (reacts) in direct proportion to the applied load. The greater the load, the greater the elongation of the rod. This corresponds to a person who is at the beginning of his spiritual studies, so the person is "ASSISTED" by the powers above, or to say, stimulated (as the mother does to the child: well done, Baby, you tied a shoelace (although the kid only grabbed a lace and pulled it here and there. But It doesn't matter, his mother still encourages and praises him!). So, in this first phase of working for the Creator, a person LIKES working. As he feels that he is moving further, that he is progressing, thinking that his work brings joy to the Creator! While he only feels the Creator behind his back, like a child who learns to walk and knows that his dad is always there to pick him up, if anything happens. In other words, his work is still LO-LISHMA not for the sake of Heaven!
- 2) Then, the moment gradually comes when the Creator releases him: after all, the meaning of the creation of a MAN as a creation was to learn to walk ON HIS OWN, and therefore on TWO LEGS. So that "dad" does not have to stand behind up and protect him in case he falls and hurts himself.

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And therefore, when the Creator sees that it is now time for a person to "stand up" and walk on his own, He lets him go. And so, in this phase of spiritual work, spiritual development, a person feels that the Creator "LEFT" him, that he "does not love him anymore more" like he loved him before (when he was still a child!), And now it seems that the amount of work keeps piling up, and "there is no one to help him"!

This can be compared with the second phase in our imaginary tensile rod test, when the load grows but the rod does not stretch - similarly a person does not have a feeling of progress in his spiritual work. After all, he is no longer indulged, not stimulated: eat Baby, drink Baby. What a good boy you are! And so, the whole difficulty of continuing work in this seemingly stalemate condition: I work, but do not get anything (for myself, of course!). And so, one must endure in order to mature, as it is only possible to mature by passing these TESTS! As you cannot call this anything but a test: as now he is NO LONGER ALLOWED to "receive for himself" from the above!

And you don't know how long this state will continue for you, but nevertheless, you cannot look at your watch, but instead you must continue, by closing your eyes and covering your ears ...

3) ... until you reach the moment of FLOW, the moment of MERGER by properties with the Creator. In our example of a tensile test rod, this is the third phase, when the point of leakage and melting is reached on the stretch graph, and now the tension of the rod has gone very steeply upward. And WITHOUT additional load, the rod flows and flows - that is, its stretching "infinity".

This is the state of the FULL and PERMANENT FAITH: from now on, no matter what happens, no matter how it feels, there is always a fusion with the Highest in this third phase of eternal work.

This three-phase process in the construction of the FEEDBACK that occurs both in the personal and in the general aspects. In the personal aspect, it takes place (must take place) in each of your individual corrections. But in the general aspect, this is what I have already mentioned above: when all of your desires were so corrected LISHMA, for the sake of the Creator, that from the inside, any state automatically becomes a MERGER with eternity.

And now enough questions on this topic, and start working on this. How? Look for all this and find in those sources that I have already indicated to you earlier! THAT'S ALL!

#### 91. ABOUT THE ROOT OF THE SOUL

"Rabbi Michael, I have a question about the ROOT, THE SOURCE OF THE SOUL.

My Kli Keter has a connection with HIGHEST KETTER, with Yeshua, does this mean that through the Highest Keter I have a LINK and with the ROOT OF THE SOUL - Yeshua himself?

And can I, for example, achieve the LEVEL of the Root of Souls of the HIGHEST Righteous people, or is the root of my soul is ALWAYS ON THE SAME LEVEL? "

## Here is my answer:

All the souls of all times before the universal Gmar Tikun have their own special place in the Partzuf of Adam. When correcting yourself, you make corrections of the "sin of Adam" in the part of it, from which your soul is taken. And the soul of Adam (his Partzuf of universal humanity, having all 10 Sefirot: head, shoulders, hands, body, legs, etc.) after his sin, is located in all three worlds on the scale of the souls of the Tree of Life: Briyah, Yetzirah and Assiyah. And all the souls come from his soul, and therefore the root of each soul is in a certain place of these worlds.

There is a soul whose root is, say, binah of malchut of the world of Assiyah. The other, higher soul has a root of chochma yesod de za in the world of Yetzirah, etc. The overwhelming number of souls are rooted in precisely these regions of the 3 spiritual worlds. However, there are also higher souls who have their root somewhere in the world of Atzilut (the souls of the majority of the righteous do not exceed the place of the world of Briah). Of course, all the souls are created at the birth of nukvah the Malchut of the world of Atzilut, but they have different roots, as I said.

And the task of each person is to, FIRSTLY, discover the root of your soul - for by knowing your root, you can grow and rise up to it. How to find your root? This question is not meant to be answered here. Only after a person sufficiently corrects himself and takes a position in the spiritual worlds, only then will he / she be pointed towards his or her root by those above. In the meantime, you just need to work relentlessly on yourself and ask (you also need to know how to "ask", not as a beggar, but with charitable work, when it's irrelevant whether I get what I ask for or not!).

Now to answer the following question: "My Kli Keter has a connection with the SUPREME KETTER (with Yeshua), does this mean that through the Higher Keter I have a CONNECTION with the ROOT OF THE SOUL of Yeshua himself?"

You always have this connection, regardless of your relationship with Yeshua! However, you can ONLY really get in touch with your root (and this is a multi layered connection!) through your Kli keter! But how can you spiritually rise to the next level without passing through the Kli keter of the previous one?! Of course, the last station before going to the next level is the Kli Keter, and your Kli Keter of this level is connected in a chain with all the overlying Keters, right up to the Higher Keter-Yeshua!

So, to answer your question: "Can I, for example, reach the Level of the Root of the MOST HIGH and Righteous Souls, or the root of my soul ALWAYS ON THE SAME LEVEL"?

Your main task is to reach your root. This means: first correct all nefesh, then all ruach, and finally, all neshama of your soul, in connection with your root, so that you can connect with it = reach it by properties. And then they will show you what to do next! Of course, your further path depends only on you and your efforts. You can rise above your root if you have enough demand and strength for it!

After all, there are two phases in the general aspect of correction:

- 1) we first correct what is called the "sin of Adam," and thereby correct the level of Adam. And his level was only the NRN of the World of Atzilut! As Ga"R was never given to him by the Creator!
- 2) The soul, which corrects the sin of Adam at its level, can receive a task from above and continue the Creator's work in His creation in the second phase of His Creation: building it TOGETHER with HIM, by attracting GA"R of the world of Atzilut to our world as this level was NEVER received by the the creation of the Creator! The Creator himself left this completion of His creation TO US! And the most amazing thing is that humanity does not know this FINAL plan of the Creator!

Ponder the greatness that He gave to man - To finally become His active PARTNER on the joint completion of the creation on EQUAL BASIS!

## 92. LETTERS ARE KELIM

"The principle of the inverse relationship is already visible in the order of the letters in the alphabet and the principle of writing from right to left ???"

## Here is my answer:

The letters are nothing but the Kelim - everything that exists is expressed in letters and combinations of letters of the holy language. And as such, the letters Kelim are the product of the propagation of Ensof, and therefore they are constructed in the order of the 4 stages of light (+ keter). And from here, their writing is from right to left: to the right, Keter, to the left, Malchut, from giver to receiver.

The same goes for the relation of above and below. The letter-kli Alef is the highest and subtlest, correlated in light with the light of keter-yechida. And the lower the letters in the alphabet are, the higher their "thickness of desire", aviut, which corresponds to the scale of lights with the coarser lights.

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#### 93. ABOUT SPIRITUAL BIRTH

"Rav Michael, what actions should a person take to be born spiritually? And how much does it depend on person's efforts?"

Here is my answer:

Look, Michael, you learned a lot about the structure of the Worlds. For example, in TES. Where he also speaks about this "spiritual birth" everywhere many times, and from various sides. But it turns out that we are learning THEORETICALLY, instead of applying it on ourselves!

I'll describe it all, bza, PRACTICALY in the book Feedback, In the meantime, if you want, you can search for everything related to the phase of birth of Z"A and the beginning of the state of yenik. What qualities does a newborn acquire? What qualities, which Sfirot? Etc.

This is an everyday practice, because in every state there is a "spiritual birth."

But I cannot explain it here further, as all it is are empty words, instead of WORK ON YOURSELF: that is, knowledge is needed so that it can produce work. And you wish to know "for the sake of knowledge", and therefore it will not help, and therefore, I am forbidden to explain it, when I know in advance that it will not help.

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## 94. SPIRITUAL IS ONLY REVEALED TO THE ONE WHO ALREADY HAS FAITH.

"If we consider the Ein Sof as the central point of creation in the aspect of external and internal (the klipa and mocha), we get the following: the intention of receiving - can be viewed from the central position (creation) outside (towards the creator), but it is also possible from the periphery (creation) deep into center (towards the Creator). This seems like and is called the heavenly chariot, and in one case the one comprehending Creator will be the center of the wheel (receiving for oneself), and in the other - the rim of the wheel (giving back to the Creator). "

#### Here is my answer:

I stronly advise you to seriously and thoroughly study those sections that contribute to the cultivation of FAITH, and only generally touch on the Structure of the universe... For you will not succeed if you do the opposite.

Torah, Kabbalah is opened ONLY to someone who already has enough FAITH ... You see, FAITH is not someone saying: "Yes, I believe", but it needs to be BUILT ... PATIENTLY, brick by brick, until you build it in the HEART (and not the head!) House of Faith.

And you build faith by study and APPLICATION (!) Of the Manual on Spiritual Work (Shamati), Shlavey ha Sulam, Kabbalah for the complete organization of

life and the Teachings on the Kingdom of Heaven (translations of this book will be replenished, as it currently stands at only about 450 pages). Inside of those books the Knowledge of the structure of the universe is hidden...

And then only when FAITH is fully matured, there will be a sense in the expanded study of the Tree of Life as well ... Then it will bear fruit.

## 95. SHRINK THE "DRAMATIC" PERCEPTION OF THE PROBLEM

"My attention was attracted by the phrase:

DECREASING THE USE AND VOLUME OF OUR INTERNAL ENERGY.

This phrase caused me to have a connection with the spiritual principle:

DECREASING AVIUT DESIRE TO RECEIVE FOR YOURSELF from the coarsest aviut to zero, which already refers to giving back.

It turns out that when you thin Aviut from dalet - 4 to shoresh-zero, you, SIMULTANEOUSLY, COME TO THE STATE OF 50/50 i.e. a person, SIGNIFICANTLY THINS (SHRINKS) THE IMPORTANCE OF THE PROBLEM. He is not busy clarifying the causes or consequences of this problem, but instead focuses on the SOLUTION.

Only then he can work on the problem itself, asking a question with two possible answers: yes or no. And then again puts the question with 2 options of answer. This gives person a BALANCED POSITION OF POWER 50/50. "

## Here is my answer:

You have found a really wonderful connection! ... Only a small amendment: what I wrote there, I quote: "I repeat once again: significantly minimize the arising problematic situation (with all its characteristics, and not just simplifications!)".

Pay attention: "SIGNIFICANTLY MINIMALIZE" (WITH ALL ITS CHARACTERISTICS, AND NOT JUST SIMPLIFICATIONS!) - that is: by a thinning of the Aviut, a person DOESN'T THINK of the SIGNIFICANCE of the PROBLEM (with all its characteristics !!!) according to the principle "we don't care", but it's "DRAMA FACTOR" in the human perception ...

## 96. WHEN MALHOUT BECOMES THE "TOP OF THE PYRAMID

## "I found another connection:

when there are 2 powers in one, love and fear, mercy and austerity, then this is exactly what happens when THESE 2 POWERS merge at the TOP of the pyramid. For example, DRAMATISM is, when 2 forces are DIVIDED, and when these 2 forces merge, they ACT, as ONE and you feel joy from working for the Creator both when you feel good and when you are "bad."

Here is my answer:

You found THIS connection from the very depths, very, very creatively ...

As you write, among other things, I quote: "... THESE 2 FORCES merge at the TOP of the pyramid. That is, DRAMATISM exists when these 2 forces are DIVIDED." Absolutely correct! What you write at the end is also quite correct, I quote: "It really looks like a pyramid, because as it rises, Malchut REDUCES IN SIZE TO A POINT - BECOMES A PYRAMID."

This is true, but what you describe here is so far only the initial stage of the MERGER, as your malchut ITSELF is reduced to the size of a point. And her

position at the "top of the pyramid" is still, as it were, thanks to her connection in keter of the highest level ... which is the result of her desire for full return to the highest — return for the sake of return ... But, the plan of creation plan is, after all, is to RECIEVE AND GIVE BACK!

Now, the task of Malchut (= Malchut of the soul that has reduced itself into a point) is to gain the power of giving from this merger, in order to then build itself, its Partzuf, continuing this merger into its lower Kelim. For so far, it only has one Kli keter with the level of Malchut, while, according to the plan of creation, the light must be pulled to the location of MALCHUT ITSELF!

And so as Malchut gains strength in its Kli Keter and draws the light of the MERGER from this very minimal state to its Kli chochma, and receives the level of Partzuf de Zeir anpin. As she builds herself and her spiritual body. Now she already has 2 lights: Nefesh and Ruach. Now she can already work for the Creator to a greater degree: she already has 2 sets of Kelim in her. So Malchut, can already drawn the MERGED light into its Kli Chochma, that is, it is already able to merge with the Creator (by correspondance of properties) in its 2 Kelim.

Then, after having gained strength in Kli Chochma (having received the whole NaRaNKCH"Y of the Light of Ruach), she, Malchut, can already draw the light of the MERGER with the Creator into her Kli Binah (the light of Neshama) and now she can work for the Creator with her 3 Kelim with the level of Partzuf Neshama!

Then, similarly to the previous one, it will be able to attract the light of the MERGER with the highest to its own zeir anpin, to receive the light of haya (into the kli of zeir anpin which she "borrows" from binah until the gmar tikkun), with the level of the Partzuf haya, or the level of Chochma. Now she, Malchut, can work for the Creator with her 4 Kelim.

And then, finally, she, Malchut, will be able to draw the light of the highest Merger with the Creator into her Kli Malchut (which is still "borrowed" from Binah). This is the light of Yechida with the level of Partzuf Yechida!

It is in this last state that Malchut which truly becomes the top of the PYRAMID "and MERGES with the creator by ITS OWN, instead of just being a "point "as it was at the beginning of its path of merging with the Creator.

... But the tast of being the "upper point" of the pyramid Malchut, of course, received when it reduced itself, by becoming a POINT in Keter. As nothing disappears in the spiritual!

## 97. YOU MUST FIRST WORK ON CORRECTING YOUR HEAD: CHANGE YOUR HEAD!

"Maybe I'm wrong and misunderstand what Michael is talking about, but it turns out that work on yourself should start at the level of Tifferet = heart = light of ruach, and this is primarily work with the middot - emotions. As uncorrected emotions, can pull one back, but after having corrected them, you can start working with moha - head. Another thing is how to do it? If I go down to the plant and mineral levels, but there is no animal nature there (instincts of fear, aggression, sexual nature), but there is the possibility of uniting all the souls of that level. But how can do it? That's what I'm trying to figure out."

#### Here is my answer:

How can you assume that "what Michael is talking about, but it turns out that work on yourself should be started at the level of Tifferet = heart = light of Ruach, and this is primarily work with middot - emotions." This signifies that you simply do not understand the very basic principles of Kabbalah. After all, where should your work start - as work is the process of correction after all? Which Kelim do you start with?

Of course, from the LIGHTEST kelin, those that have the weakest Aviut, the weakest thickness of desire! That is, first you correct your Kli keter of this state, then the Kli Chochma, then the Kli of Binah, etc. And according to the position in

the "body" - you start from the head, that is, starting with the easiest desires at the level of ideas! After all, they are the easiest to fix.

But how could you conclude from what "Michael says" that you need to begin the correction work from the middle part of the Kelim, as you express "at the level of Tifferet = Hearts = Light of Ruach, and this is primarily a work with middot - emotions".

You see that your HEAD does not give your heart a chance to rest and vice versa. That is, you come up with RANDOM conclusions that are the complete opposite to the laws of the spiritual ... And all because you still internally cling to your past knowledge with your "brain" according to the laws of the earthly mind ...

So, what should you work on NOW? Certainly, it is still too early for you to work on your "heart and emotions", but instead you must change your desires - IDEAS, ideas that "inside the mind" are by ... "higher than the mind". That is, to work, for now, mainly on correcting your HEAD ... CHANGE THE HEAD!

# 98. WHERE IS THE LOCATION OF MIRIAM, MOTHER OF YESHUA, ON THE TREE OF LIFE?

And now I, Michael, will put a question to you, and you can look for an answer for it ...

QUESTION on the topic: "The place of Miriam on the Tree of Life"

I will give you the following clue: In the book "The Doctrine of the Kingdom of Heaven," we sorted out that Yeshua's dresses into the body of our world in the KETER of Zeir Anpin of the world of Atzilut.

What was the place of his mother Miriam at his conception (and at his birth)? Try to give an answer in a short and unambiguous language of Kabbalah, and not in a vague language based on your own considerations!!!

## 99. LEARN TO "REASON" BY USING DIVINE LOGIC!

Malchut de Malchut

Lyudmila wrote: The place of Miriam on the Tree of Life is Malchut Ima, this my thoughts on this. I came up with it intuitively and I see it so, or is this position too high.

Valentina: "I also lack the necessary knowledge to answer this with certainty... I still do not know the structure and function of the world of Atzilut well five Partzufim
Atik Keter
Arich Anpin A"A Chochma
Aba ve Ima of Binah
and Z"A of ZA

Quote: "The appearance of the offspring means one step lower than the father and the mother, which means it's closer to the completion of the Kelim."

Another quote: "In her love for her son, Z" A, binah gave him a keter - a crown. After all, Z"A only has his HaBa"D HaGa"T NeH"I, and does not have a keter, the light which serves as the surrounding light of binah. So now we leap to the very place of Yeshua, who, in his first coming to earth, dressed into Keter de Z"A of the world of Atzilut! This is the spiritual level of Yeshua in his coming to earth, dressed in the body of our material world. This is an internal aspect of with its degree of purity from Binah. Can you imagine what kind of soul it is? Keep in

mind that we do not discuss the level of comprehension of Yeshua here, but only of a manifestation of its level at his first arrival into this world and the root of his soul - which is Ga"R of keter of partzuf of atik of the world of Atzilut".

Another quotation is: Z"A by itself does not have its own Keter. Instead of Keter, the Sefira Daat is used in it, for it has three lines, and therefore in its head there are three Sefira: Hochma, Bina and Daat - and this is only Gadlut. It is normal for Z"A to have only 6 Sefirot, but not the head. It has chesed, gvurah, and tifferet in its body and the sof of partzuf - has netzah, hod and yesod. "

Another quote: "I give you the following clue: In the book "The Doctrine of the Kingdom of Heaven, "we sorted out that Yeshua's place in his dress in the body of our world is KETER of Zeir Anpin of the world of Atzilut."

... the Keter of the lower can be associated with Malchut of the highest degree, it means - the place of the mother should be - Binah, as it turns out that in Ava ve Ima, is the place of malchut of AVI... "

Here is my answer:

COMPLETELY TRUE, Valentina! Now we can go on, step by step ....

As you say, "... it means the place of the mother should be Binah, it turns out that in Aba ve Ima, is the place of malchut of Aba ve Ima."

Now let's begin to "reason", the Divine logic.

On the scale of the souls, Yeshua, as we know, stands alone on top of all souls of all generations. How, then, will you ask me, Miriam, his mother, can stand at the level of malchut Abba-ve-Ima? After all, it turns out that she is HIGHER than Yeshua, who is only KETER de Z"A of the world of Atzilut! And this is impossible!

In addition, we know that all souls, regardless of the positions of their roots, descend into our world at the birth of a child ... but who do they descend from? Of course, through Malchut of the world of Atzilut, "the common mother of all souls!" It turns out, that Miriam, as the mother of the Higher Keter on one hand, as she should in any case, be the level of Malchut of the world of Atzilut by herself... for how else could she have birthed a soul ...

On the other hand, how can she be at the same time, the level of Malchut of Aba Ve Ima of the world of Atzilut, being the mother of Yeshua, standing alone at the top of the pyramid of the souls and representing the level of Keter de Zeir Anpin

of Atzilut? After all, this would imply that she, being even one step higher than him, would be, at the same time, lower than him.

... And this is the beginning of the "solution" to the greatest secret of all secrets ... This is an example of what is called in our world a "paradox" which is removed, resolved in true reality, in the incomprehensible for the earthly world, the highest dimension of "Jewish mathematics" - that is, the control dimension of the Higher System of the Universe ...

After all, Yeshua spoke only from the position of this Higher Jewish Mathematics! And therefore, they did not understand him and still do not understand! And therefore, its secrets can only be revealed through JEWS ... of course, according to the properties!

And each such secret is always revealed only through ONE channel, that is, ONLY ONE JEW! And therefore, it can not be so, as in the case of earth sciences, that, for example, 2 or even 3 scientists come to some scientific discovery SIMULTANEOUSLY.

Here, in the spiritual, in order to revea His secret to a soul, the Creator is absolutely not required to disclose it SIMULTANEOUSLY, say, to at least two receivers of His secret. And this is according to the spiritual principle: ONLY BARE NECCESITIES ARE GIVEN FROM THE ABOVE!

And thus, through the Jew, they descend down to all of the humanity ... first to the Jews (whether they accept it actively from below or not), and then to the peoples of the world (as they have many hierarchical levels - levels of attainment).

What was the cause of the miracle of Miriam so that she could still be the mother of Yeshua, despite these two contradictory factors?

... Here's a hint: when talking about the spiritual worlds, it means not only the positioning of the steps, the Partzufim, the Sefirot, the souls ... but also the "dynamics" of the spiritual processes on the Tree of Life ... that is, aspects of movement, elevations, descents, etc. ... because it is a living mechanism!

## 100. MEANING OF THE NAME «ANDREI»

/ From Andrey /:

In your book, I read: "I must say that one type of connection between the root and its manifestation on earth remains in force as person's own name, despite the leaps and bounds of the process of alienation from the internal laws of the universe. This simple connection exists in every single language of all the nations of the world."

Based on the foregoing, I decided to ask my Teacher about my name, after taking into account Niki's wishes "

Here is my answer to Andrey, Niki and others:

Good day, Andrey,

In the holly letters your name is spelled: אַנִּדְרֵי

So to understand the essence of a name, I need to see and observe the person a little before identifying those combinations of his name that are meant for him in his given incarnation in addition to the letters themselves... But I will give it you, as it were, a general picture:

The path that you must follow is: נְדְּרֵי it is similar to נְדְּרֵי - 'my vows' - the obligations in spiritual work that you take upon yourself א - before One Creator, whose whole idea of creation is enclosed in the letter Alef, so you must flawlessly execute and set it BEFORE everyone else. This is your way, and therefore you see in life that without knowing it, you choose this way and follow it.

And the way back, which you are warned about in your name is: אֲנִי בֶּד - 'l' rule, 'l' rule - the position of Pharaoh in man, the desire to devour everything and everyone. "Who is the Creator, so that I should listen to him?"

## 101. MEANING OF THE NAME "VALENTINA"

This is for you personally, now that I saw you in literal sense of the word: both externally and internally, I saw something in your name that I would like to tell you. There are many combinations of the letters of your name, but I will give you the one that points to your GOOD purpose in life. VALENTINA consists of two words (in Russian, it turns into three, because in Russian prepositions are written separately from the words they define). VALENTINA = BaLe-Ntina - "come to give'. "Ba" and "Va" are written the same way with the same letter Beth, in one case with a dot inside of Bet, and in the other without a dot (like in your name). And there is a very deep meaning in it, but look for it yourself. And you will it find, with Gd's help.

Most importantly, know that your path is coming to the 'ntin' - GIVING. And it does not matter that the verbal form 'Ba' of the imperative mode is masculine - and this should be seen as a hidden indication (I will tell you: bestowal is a masculine property independently of a man or a woman). This very path will make you happy and whole, and at the same time blessings will come to your friends and entourage, including our forum ...

## 102. MEANING OF THE NAME OF "RIMA"

If you do not mind, I will give you an explanation of your path from your own name and your "appearance." In your name is the path of good, which you must choose yourself. It is combined with the letters nesh-ma'm Yod-hey, for the open vowel sound 'a' at the end of the word is closed in the holy language with the letter hey. These two words mean: RaM (exalted, great) + Yod-hey (the name of the Creator, Hochma and Bina, Abba and Ima). Your path is good - in the choice of the constant exaltation of the Creator! And one more secret is given to you in your name, how you can you achieve your perfection. This is combined: reshmmem-hey, and the sound 'and' remains only in the form of Hirik under the letter Reesh (Hirik - like Yod but diminished - impair your wisdom for the sake of higher wisdom!). That is: RiMA, which means something like a "worm": internally detract from itself, considering itself to be a "worm", in relation to the Creator. As King David said: But I am not a human, but a worm. And whoever diminishes himself, the Creator exalts!

## 103. THE VALUE OF THE NAME "ANNA"

... Your name is very interesting and SIGNIFICANT!

It consists of two identical parts = words: in the holy language "na" (nun-alaf) means "please." And in your name, there are two "pleases". The concept of "na", please - this is to give? As in our world, when they give someone a gift from the heart, they say "take it, please." (In addition, in Russian the word "na" indicates the same aspect of giving. "Na" means "take").

And here in your name there are TWO WAYS TO GIVE: one is up to the Creator, and the other is down to His Creation. It serves as your supreme destiny, therefore: "na, please, to the Creator" and "na, please, to the Creation."

Schematically it looks like this \*:

1) NA from bottom to the top:

A (or Alef)

N (or Nun)

2) NA from top to bottom:

N (or Nun)

A (or Alef)

\* or same as in your name: right to left, in the holy language: אנ נא

That is, double giving. This is your tikkun and the path to your success. You will constantly pursue this goal of your highest purpose; you will fulfill your life in all its relations! And the choice ... is only yours!

## 104. MEANING OF THE NAME "OLGA"

"Rabbi Michael, please let me know the meaning of the name Olga. Thank you."

Here is my answer:

Your name OLGA consists of the following letters:  $\iota$  Vav (transmitting sound o),  $\dagger$  lamed,  $\iota$  gimel,  $\iota$  alef (transmitting sound a).

The first letter of  $\iota$  Vav is a half-consonant, weak consonant; in fact, this is not yet a formed Kli. And it is precisely this position of the unstable consonant at the beginning of your name that leads you, often into a state of doubt, hesitation. The neighborhood of the letters  $\iota$  gimel and  $\iota$  lamed, constituting together the word GAL - wave, also contributes to this.

The letter Gimel, in itself, means "good deeds" (gmilut Hassadim) and your task, and a vital purpose, is to constantly strive to put it at the head of your name. For the first letter of the name is decisive. (There is nothing in the bottom, which would not be at the top). And now the letter  $\iota$  Vav follows gimel, then the letter  $\kappa$  alef follows Vav (which accepts the vowel sound "e"), followed by  $\iota$  lamed. Your whole name is built according to the forces in this order, is now the word Gimel-vav-alef-lamed, read as "Goel" - the liberator.

In addition, the last two letters  $\kappa$  alef and  $\tau$  lamed now form the name of the Creator EL, in his attire in Chesed. And you will set up the Creator, who supplies you with Chassadim, mercy with the foundation of your 9 Sefirot (Gimel - 3 plus Vav - 6)

This is how you come to your personal salvation and facilitate the coming of the Liberator for all mankind.

## 105. COMMON AND PRIVATE IN THE NAME OF A PERSON

"I read that not only the meaning of our name determines our purpose (quite often the names are the same for many people), but our date of birth also determines a lot. I don't know if the meaning of the date of birth is mentioned in Kabbalah. Does anyone know about this? "

## Here is my answer:

The MAJOR predesposition of a tikkun, the correction of a man is inherent in his own name! And the fact that, as you say, "after all, quite often the names are the same for many people", doesn't "hinder" for each individual person to identify this name in HIS UNIQUE way ... Indeed, in each name there are many "ways", which a person of a given name can choose for himself (a large number of

combinations of letters of his name, each of which determines the possible variant of the path. For example, a name consisting of 5 letters has 120 different combinations of letters).

... And therefore, I, as a rule, did not immediately give an explanation of the name to the person, whose path I had not yet "known." And this is because just from the total package of "paths of life" of a given name, one should choose (by raising the corresponding Ma 'N) only his / her unique path intended EXCLUSIVELY to that person.

As for your question-statement: "our date of birth also determines a lot" ... I don't know if the meaning of the date of birth in Kabbalah is mentioned, I don't know where you dug out this knowledge.

I repeat once again: the name itself is decisive in whatever language it is given (but expressed by the Eternal Letters of the Eternal Creator!) ... And yet, there is some truth in this ... although NO knowledge has an instrument to determine the path "by date of birth" ... Neither the astrologers, nor other predictors have access to this, but only ... THE CREATOR. And only post factum (after an event, life course or its segment), you can retrospectively see the will of the Creator in determining the purpose of a particular (period) human path also based on the date of his birth.

## 106. MEANING OF THE NAME "INNA"

"Hello, Michael, I got a little hung up on the forum and decided to write to you and to get to know you. I started reading the New Book drop by drop. It's a great gift for me, and I cannot possibly appreciate its immensity. To introduce myself," "my name is Inna, I live in Moscow, I raise my 2 children together with my beloved husband ... I want to slowly start participating in the forum ... step by step ... it's a little difficult for me, as I don't have any experience in Kabbalah, I don't understand many words. ... but somehow, I want to join in, I begin to feel something, even when words are not clear. It is if I was led here by hand, although no one physically did so, it just happened that way.

I'm already embarrassed as it is. It's like I'm prying on this forum and its participants through a keyhole, instead of working on myself. "

And here is my direct answer to her (and other forum users):

#### "INNA" and "HERE I AM!"

I am very touched that Kabbalah has touched you deeply! Now the most important thing to do is not to leave the "battlefield"! Indeed, in your name INNA lays the full readiness to fulfill the will of the Creator:

(as you will find, among other things, in the Introduction to the Book of the Doctrine of the Kingdom of Heaven: Paragraph 1:

- "1. The name of Yeshua ...
- "... I don't think about why it was given to me and not to the others. I open myself up for this, you should always be ready to say "Inani "- I'm in possession of me, I'm ready to do what I have to ...") "

Yeshua said so, Jacob said so, and then his son Yosif and other great righteous men, responded to the call of the Creator, unswervingly fulfilling their destiny ... And the letters of your name are arranged in this order: Yod-Nun-Nun-hey.

So, the word "Ineni" (meaning "Here I am") is written in the holy language in the reverse order than in your name: hey-nun-nun-yud and if you change (turn back) the order of the letters of your own name INNA, you will get the combination of letters constituting the word INENI. This turning should be marked by a turning of your intention from receiving for your own sake to bestowal for the sake of the Creator. I wish you great successes on your way!

## 107. SHOW "YOUR FACE"

"Michael, please let me know the meaning of my name - MICHAEL. Thank You".

## Here is my answer:

In addition to the letters of the name, there are other indicators that indicate value of the name in the PRIVATE relation. After all, Michael (s) - are a great many, and you want to know your individual path - the path of "YOUR" Michael, right?

One of the "helpers" in this definition is the person's face ... And I see only a part of your hair, while the face is hidden ... (you also hid your name from members!)

108. MEANING OF THE NAME "ALEXEY"
"Dear Rav Michael, it is inconvenient to take your time, but the curiosity killed the cat "- what (which aspects) does my name Alexey = Alex = Alyosha mean? Thank you."
Here is my answer:
Your name is very remarkable: it contains layers of meanings hints of your true path. Of these, you can choose one or another, at your discretion, that is, you yourself define to WHAT DEGREE you can bring yourself in line with the level of a particular path indicated in your name
It's like on the road: there are road signs that indicate turning right, left, right, overtaking is prohibited, etc. And the motorist himself chooses his own path. It so happens that he chose the path that INITIALLY, by mileage, was the closest, most obvious and EASY. But on the road, there were traffic jams and so he

It would help me with an answer if you could show me your face ...

arrived at the destination WITH A GREAT DELAY, all overwhelmed with fatigue, and it may even happen that it never reaches his destination ...

Instead, he could have initially chosen not the most obvious and not the shortest path... But then he would have come, definitely ON TIME and in full health. The same applies to choosing a path from a variety of paths embedded in a person's name ...

My task is to give you the MOST EFFECTIVE path, that is, the one that can lead you as safely as possible to the ultimate goal of your life:

Your name consists of letters: Alaf-Lamed-Kaf-Sameh-Yud. And your highest purpose is expressed by the letters of your name in THEIR USUAL ORDER, that is, without rearrangement of letters. This suggests that on this path you are not required to walk the winding roads, but instead your path is direct. (Similarly, in my name "Michael").

And therefore, by the way, you can see that you, having come to the forum, immediately opened up, immediately posted your photo, used your real name and surname! Contrary to many forum users, who have already been actively participating in the forum for a long time but have not bothered to display their photos or shared their surname!!! And this is because they still HAVE NO OWN PERSONALITY or individuality ... but instead they fear their own shadow. While the CONDITION for spiritual advancement is OPENNESS ... and therefore I do not respond to these "hidden" people (so doesn't the Creator!) to these invisible people... even when they express their earthly considerations on the forums.

The situation is different with "dead souls" - that is, with those forum workers who come to the forum in order to only receive information in the background, only to learn from the materials and lessons of the forum. Their position can be understood: one believes that for now he has NOT GROWN enough to post messages. And therefore, does not show his "face". I don't blame them...

But the one who posts messages WITHOUT posting his photo - I don't even touch their messages, I don't read them (and I would advise you not to read them!). As how can I know the NATURE of this external person, as this faceless person, is afraid to post his picture (after all, what will others... think of me as maybe later I will have come back to them ... therefore, I have to be careful not to show ANY PHOTO or NAME ... just in case, who knows ...?).

This spiritual forum is completely different from the rest of the forums in the world. This is not a place for nicknames, pseudonyms, or fake photos.

Know that the "faceless" (as I call them) - even when posting a message, does so ONLY through his EXTERNAL person, and we don't care about his external person. As everything hidden from the eyes, will undoubtedly be revealed... And therefore, let's hope that they grow up and understand, so then they have to show themselves in order to RECIEVE, as only then they will show their true face.

Now to get back to your name. It consists of two words:

1) Alaf-Lamed = EL (or: EL = my EL) - the name of the Creator, in His dress CHASADIM, properties of mercy

2) Kaf-Samekh-Yud = KiSi - meaning MY THRONE.

That is, the way of your life: constantly PUT EL on the throne of His glory. The legs of His Throne are the 4 upper Sefirot of Briyah (KChaBaD) and attract Chassadim to them, mercy from Binah of the world of Atzilut. For a beginner this may be a little difficult? My throne is EL and I put it on my throne of the Creator!

#### 109. HOW CAN YESHUA BE BEFORE MOSHE?

Quote: Yeshua (= Jesus of Nazareth), KETER (which has no avijut), brought the Teaching on the Kingdom of Heaven, the light nefesh, into this world.

Moshe, DAAT, brought the world the Teaching of the Torah, revealing the two forces of the universe to the world with the light of Ruach (entering Keter).

Shimon bar Yochai, TIFERET, who brought the world the Zohar - the secret Teaching of Torah with the light of Neshama.

Yitzhak Luria Ashkenazi (AR "I), YESOD, who brought to the world the Doctrine of the five Partzufim, the Doctrine of the 10 Sefirot, Ohr Hozer - the comprehension of the Creator's light through creation by Ohr Hozer.

The Messiah, the same Yeshua (as Keter) in his second coming, brought the light of Yechida and the Universal Gmar Tikkun.

These 4 GREAT Teachers brought to the world, each at their own level, sections of a common, unified DOCTRINE ON LIBERATION FROM EVIL INTENTION (= the desire to receive only for oneself). "

Question: "Explain to me, please, how could Yeshua (= Jesus of Nazareth) be before Moshe?"

Here is my (Michael's) answer:

Try to explain this to yourself please! Even if it's a partial explanation, it's not important, at least it's YOURS! And if I chew it up for you, without the required context, you will only get an intellectual high, instead of an individual comprehension of it. Everyone is so used to asking questions and getting the same logical answers. Everything is just words. But such a way of questions / answers does not develop the spiritual in a person. He just wants to know (I don't mean you personally). And the desire to know does not help in the spiritual, it does not save you.

All that exists is only 5 stages / 5 Kelim / 10 Sefirot - always look for an explanation in them. Now I'll give you a bit of a hint with the search for your personal answer, if you wish: 1) The one which is higher came prior. Isn't it? 2) because from the desire to give the Creator, He created the creation — the desire to receive. So, what came first? The desire to receive or the desire to give? Of course, it is His desire to give (Yesh mi-Yesh, existing from existing, being primary), the Creator created the creation, the desire to receive (Yesh mi-ain, existing from nothing, secondary), including all other stages of creation: from stage 1 to stage 4.

## 110. "CLASSES" OF TRAINING

I would like to share with you my thoughts based on the spiritual laws on the structure of learning of Lurian Kabbalah. I mean that over time, I would like to introduce here, on the forum, training classes, in accordance with the building of the spiritual: the lower level, above it is higher, and above it, the highest. So here, qualitatively different levels of education are required. In principle, the same spiritual disciplines will be studied at all levels, but for different levels of CLASSES (comprehension) will be corresponding to the level of teaching. For there is NO GROUP spiritual training! Otherwise, it will no longer be called spiritual, but simply a form of cultural heritage, say, mass cultural Kabbalah. This is absolutely forbbiden, because the lower Sefirah "trembles" from the fear of the "higher" —and what a wonderful thrill it is, for it to be afraid to look up at the next, higher conjugated Sefirah, feeling its light, being blinded by it! It cannot handle

the luminescence, the luminescence of another, on a highest level in relation to it, the lowest. Therefore, it is good for her to work with her own kind, where she can gradually strengthen, gain strength and rise the best of her power of bestowal — her own thinning. For that which is thinner, is higher, closer to the higher light. On the other hand, the highest Sefira in relation to its subordinate conjugate, fears falling. She fears that she will DROP from her level. This important principle of spiritual existence must also be carefully observed in the architecture of learning levels in classes on comprehension.

I carefully watch the forum and see, I feel that there are such forum users here, that already themselves, in fact, are TEACHERS! Therefore, there should be a different approach to them than to the 'novice', 'middleweight' and even 'advanced'! As for the teaching materials meant to be used for study of Lurian Kabbalah, what we have is enough for all levels of comprehension! But this division is quite significant! And we must not be hypocritically afraid of individual study. We must always remember that only an individual approach to spiritual work can 'pull' you out of the desire to recieve ONLY for yourself! Of course, there will be a common place on the forum, a meeting place for all of us TOGETHER! Here it is WITH A VIEW ON THE FUTURE. And whether you wish to participate or not - this is your right and your choice ...

# 111. IS THERE A CONCEPT OF "PASSING THROUGH MAHSOM" IN GENERAL?

## "Dear Rav!

I am very interested to know what Machsom is, and what a person feels during his transition through it. Can you share your thoughts on this topic? "

# Here is my answer:

This is a very wonderful question, because there are all sorts of rumors about the capture (= passing) through Machsom, and, I would say, they simply mislead the person in this regard. I will not say that they are doing it intentionally, but simply because of the ignorance of the elementary laws of the EXISTING phenomenon

in the spiritual space. Makhsom is like a barrier. A barrier separates, qualitatively one from another, does it not? And this exit into the spiritual is nothing but passing through the barrier between the Kli Chochma, which is in you, in your every state and the Kli keter of the corresponding state. And not some group focus on exit from your Kelim and going somewhere outside. Please do not bother to leave your Kelim anywhere - that's all you have. Thanks to them, you are called a HUMAN, the creation of the Creator!

So, you can't take the machsom in any other way, except in the following basic way: after you have thinned your Aviut (= in your private state) to Kli chochma inclusively (bear in mind: you must do it in every state and not once and for all !!!), it is then, in that moment, comes the occasion for (your next chance!) to 'PASS THROUGH THE MAHSOM' - to raise to the kli keter BEYOND KNOWLEDGE! This is the most decisive internal action, because only then will YOU LOSE ALL OF YOUR AVIJUT - you become as a spiritual is, a desire to give - and this is the moment of entering the spiritual!!!

And then, after gathering strength there (= in the Keter, in which Malchut is wearing the highest adjacent degree), you descend to your lower Kelim, step by step, as far as you can, bringing back with you to them the spiritual (= light) that you acquired while being in Keter. For being only in Keter will you receive from the Higher Light through to the Higher Keter - for only through it can you receive the Higher Light and pass (once again and with each time higher and higher on the spiritual steps) MAHSOM. After all, the Machsom is at every level and in every state, and not only when passing from the state of "This world" to Malchut of the world of Assiyah, as you have wrongly learned ... This should be enough for you so far. Go work on yourself! Everything is only in YOUR hands!

#### 112. WHAT IS THE "EXIT INTO THE SPIRITUAL?

Here is a message from one of the new members of the forum, Michael Levy. He writes: "... I am particularly interested in the doctrine of the Kingdom of Heaven. ... It is painfully curious, I have been trying to combine Yeshua and Kabbalah for a long time, but I could not do it. This is just what I am looking for" I have a question: how can I achieve Liberation? I have already studied Kabbalah for 7 years and I still can't go to the spiritual in any way. "

## Here is my answer:

So, Michael, one of the most depraved and soul-scorching ideas, was (and is) a thought and an attempt to put it into practice by "academic" Kabbalists, which their techie leader called: "going through the Machsom"! The fact is that by doing this he gave his test subjects an impossible task - an "impossible task" in the sense that there is no such spiritual concept "Machsom", and therefore why

would someone need to PASS through it? Whats interesting is the perfect form of the verb "to pass" that is as an action that needs to be done only once. So, he (and them) see it as a one-time action ... so I will make an effort, to connect with the group to "go into the spiritual" together. Their leader is a big manipulator, there is no doubt about it. He knew (and knows) how to "shackle", how to influence the psychology of a mass person who wants to win the lottery in one fell swoop.

But the truth is that the whole life is an "exit into the spiritual"! Every day, in every state, it is necessary to put in the effort for another exit into the "spiritual cosmos"! For man was not created for life in the "spiritual", but was placed precisely in THIS WORLD, devoid of any spirituality ... eating only from ner dakik, minimal illumination from the spiritual ... so that he always has the OPPORTUNITY of going to the spiritual. Therefore, they "study" Kabbalah for decades and never go beyond their "congresses", yeshivats and having fun, singing songs and dancing, with beer and sausages ...

As for your question "How can I achieve Liberation?", It is in fact very much connected with this vile idea of "passing the Machsom", which you obviously hoped for!

My direct answer to you: Only work above knowledge which will make you FEEL THE GROWING degree of liberation. As higher knowledge is only a connection with Higher Keter, with Yeshua! And this connection should grow with each passing day more and more, in order to become stronger and stronger ... until you can finally unite with it, continuously and consistently. This will be YOUR complete feeling of "liberation." But do not forget that every day, at every moment, you should look for this wonderful connection and find your private, instant liberation in it ...

... and no, and there will be no other way to liberation.

... I will soon resume the translation of my book Teaching about the Kingdom of Heaven into Russian, and we, nevertheless, will exhibit it in a general forum open to all ...

# 113. NO DIFFERENCES IN SPIRITUAL WORK BETWEEN MAN AND WOMAN!

"Is it possible to explain on the forum how souls of women differ from the souls of men. Can a woman contact the Creator directly ...?"

## Here is my answer:

I will not criticize the positions of different Kabbalistic groups in this regard, for all their fabrications are nothing but the product of the eastern conceit and undeveloped female part of those males who keep putting forward similar "spiritual" conclusions-delusions to this day. They say, a man is a prototype of ZA and a giver, and a woman only desires like Nukvah and can only receive. That

her place is in the kitchen and to raise children ... You can also allow her to translate and spread the Teaching of Kabbalah, and that's it, these are all the corrections that she can make. As this is the "nature of things", etc. nonsense, based on some of the forgotten, degenerate traditions of a group person, who historically had to ONLY jointly SURVIVE. But to survive - does not mean to LIVE! And all these primitive ideas about the essence of women do not correspond to the true spiritual reality.

So, know that there is ABSOLUTELY NO DIFFERENCE IN INDIVIDUAL SPIRITUAL WORK BETWEEN A MAN AND A WOMAN!

Both have their male and female sides. As those above can ONLY see the soul of a person, and not some gender!!! A PERSON is, by definition, a soul that has already developed both sides. So, the men of this world, who deny the absolute equality between women and men in the spiritual work, must turn to the Doctor, to the Creator, with a prayer that HE would give him the strength to develop his female side! Otherwise, he will never reach the middle line and shalom. And therefore, you see that their "men" do not know the world, but they only have plans, yes plans; congresses after congresses and so on ... For because of his undeveloped female part, he is not able to come to the middle line, and therefore does not get any rest. They are not able to create an atmosphere of shalom and serenity in relations with their partners! I know what I'm talking about! And it is great that your forum does not deal with all this rubbish. And this is my DISPOSABLE message, for The sake of keeping order. So do not waste precious time on figuring out that, strictly speaking, the control system of the universe has no reason to...

## 114. EVERYTHING IS IN ONE PERSON!

"You are certainly right about the fact that there are no real examples of the opening of the heart by the Jews ... I mean acceptance of Yeshua's with their hearts. And I am afraid there are no shifts so far ... and this again means that they will be treated like an obstinate donkey and forcefully brought to the drinking well. Which is something undesirable... it would be better if the donkey with himself for his own good ...

One thing that bothers me is how do people who declare that righteousness is the justification of the acts of the Creator, are they going to come to the state of Shalom without accepting such a huge part of the World as Christianity and the teachings of Yeshua? After all, this is dooms them to eternal duality ...

It helps to reveal many examples around me ... the last one being Gurevich's leaving of the forum ... from his malicious letter to me, it is clear that the person cuts off the opportunity to work with his whole soul ... leaving himself with a

notion of being chosen, which feeds his klipa and pulls the Jewish people to face new challenges ...

In recent years, I have done everything not to attract additional forces of Judgement to Jewry ... but what to do when they themselves attract this Judgement and force it upon themselves?

If this topic is interesting to you - I have some donated thoughts by the Creator, which I am ready to share ... "

And here is my (Michael) direct answer to S. and others:

No, this topic does not interest me at all, because ... everything is in one person!

## 115. DIALOGUE WITH A PALESTINIAN

27-9-2010 I was contacted by an educated Palestinian who speaks Russian and studies Kabbalah.

Here is our introductory Skype conversation. As you know, I do not communicate with my students, or with the readers of our site DIRECTLY. After all, each has their own individual work on themselves. But here I made an exception ... at least for the first few days of contact ... The conversation is not structured, not consistent ... it does not matter at all. I do not call him by name, because I do not know whether he agrees to this publication:

[09-27-2010 9:25:17 AM] Good morning, do you have time to talk? [09-27-2010 9:27:48 AM] Michael Portnaar: good morning

[09-27-2010 9:27:55 AM] Michael Portnaar: wait a second

[09-27-2010 9:28:14 AM] Michael Portnaar: I answer an important question in the

Russian forum

[09-27-2010 9:29:06 AM] Well, I will wait for you to become free.

[09-27-2010 9:48:34 AM] Michael Portnaar: that's all, I answered [2009-9-27 9:48:41 AM] Michael Portnaar: read it on the forum

[09-27-2010 9:48:47 AM] Michael Portnaar: this is very important

[09-27-2010 9:49:27 AM] ok

[09-27-2010 9:49:46 AM] Michael Portnaar: did you want to tell me something?

[27-9-2010 9:50:23 AM] about translating your book

[09/27/2010 9:50:26 AM] Michael Portnaar: read this message, and meanwhile

I'm going to eat in the kitchen

[09-27-2010 9:50:31 AM] Michael Portnaar: my wife is calling me

[2009-9-27 9:50:41 AM] Michael Portnaar: about the translation

[09/27/2010 9:50:52 AM] Michael Portnaar: I still have a few comments

[09-27-2010 9:50:56 AM] ok I will listen

[09-27-2010 9:51:14 AM] Michael Portnaar: when you read this message

[09-27-2010 9:51:17 AM] Michael Portnaar: then you will listen

[09-27-2010 9:51:25 AM] ok

[09-27-2010 9:51:35 AM] Michael Portnaar: we can talk about the translations for

an Arabic website

[27-9-2010 9:52:18 AM] Michael Portnaar: for in Kabbalah, not like in religions, where they descend to a person and make all kinds of concessions, in order to

just "TAKE" the soul

[09-27-2010 9:52:20 AM] Michael Portnaar: of a person

[09-27-2010 9:52:56 AM] Michael Portnaar: in the true Kabbalah, we must strive

to help a person

[09-27-2010 9:52:58 AM] Michael Portnaar: to rise up

[09-27-2010 9:53:17 AM] Michael Portnaar: to give him a method to rise

spiritually

[27-9-2010 9:53:53 AM] Michael Portnaar: into the perception of true spiritual

reality, coming from the laws of the universe

[27-9-2010 9:54:20 AM] then you need to develop a clear and accessible method [2009-09-27 09:54:44 AM] Michael Portnaar: so, I would still not "adapt" our Arabic website to the "needs" and requests of the Arab student, to what HE desires.

[09-27-2010 9:55:01 AM] Michael Portnaar: rather, I will give him what he should strive for

[09-27-2010 9:55:04 AM] Michael Portnaar: his own

[09-27-2010 9:55:14 AM] Michael Portnaar: good, his release

[09-27-2010 9:55:24 AM] Michael Portnaar: as we have on the site

[2009-9-27 9:55:46 AM] Michael Portnaar: including the words Rabbi, Jews, etc.

[09-27-2010 9:56:05 AM] Michael Portnaar: as from my materials

[27-9-2010 9:56:18 AM] Michael Portnaar: it is clear that Kabbalah is not a Jewish teaching

[2009-9-27 09:56:32 AM] Michael Portnaar: and the one who wants to find the way to the Creator

[2009-9-27 09:56:57 AM] Michael Portnaar: must overcome all sorts of prejudices about others ...

[09-27-2010 9:57:03 AM] Michael Portnaar: I'm going to eat [09-27-2010 9:57:13 AM] Michael Portnaar: we'll talk later

[09-27-2010 9:57:28 AM] Michael Portnaar: But read my message first

[09-27-2010 9:57:35 AM] ok

[09-27-2010 9:57:38 AM] Michael Portnaar: bye

[09/27/2010 9:57:42 AM] bye

[09-27-2010 9:57:42 AM] Michael Portnaar: and all the best

[09-27-2010 10:21:02 AM] Michael Portnaar: I corrected the forum message a little more using the words from the BB message

[2009-9-27 10:21:04 AM] Michael Portnaar: bye

[09-27-2010 10:21:11 AM] Michael Portnaar: See you on the air

[2009-9-27 10:21:22 AM] Michael Portnaar: because I have to go further

[2009-9-27 10:21:28 AM] Michael Portnaar: According to the program of the day

[09-27-2010 10:21:42 AM] thank you

[2009-9-27 10:21:53 AM] Michael Portnaar: and thank you so much!

[09/28/2010 9:26:45 AM] Good morning, Can you please give me some advice on how can I quickly get out of my current state (I feel that all my books and lessons, and any of my actions are useless, they are in yes and no, I have no strength - but together with this, the heart demands to fill this huge emptiness.)

[28-9-2010 10:24:58 AM] Michael Portnaar: this is a good sign

[28-9-2010 10:25:16 AM] Michael Portnaar: when you feel that your strength is leaving you,

[28-9-2010 10:25:30 AM] Michael Portnaar: but you keep working on yourself

[28-9-2010 10:25:39 AM] Michael Portnaar: as with the second wind

[28-9-2010 10:25:44 AM] Michael Portnaar: through the power

[28-9-2010 10:25:51 AM] Michael Portnaar: that is, above reason

[28-9-2010 10:26:14 AM] Michael Portnaar: the mind says stop, lie down, and you go above the mind

[09-28-2010 10:26:33 AM] Michael Portnaar: this needs to be constantly trained [28-9-2010 10:26:49 AM] Michael Portnaar: a constant search for the middle line

[09-28-2010 10:27:00 AM] Michael Portnaar: there is no direct answer to this.

100 20 20 10 10.27.40 AMILIAN LINE TO CHIRACH LINE IN LINE AND THE WORLD

[28-9-2010 10:27:18 AM] Michael Portnaar: there is only WORK on yourself

[09/28/2010 10:27:44 AM] Michael Portnaar: Groups need a recipe - as Rav says, so I will do

[28-9-2010 10:27:52 AM] Michael Portnaar: but in the spiritual it is different

[28-9-2010 10:28:31 AM] Michael Portnaar: Work through my book "Kabbalah for the complete organization of life"

[09-28-2010 10:28:40 AM] Michael Portnaar: and follow it

[28-9-2010 10:28:45 AM] I feel like i am lifting huge stones. I don't know why

[28-9-2010 10:29:03 AM] Michael Portnaar: and you will find through it a method of working on yourself

[09/28/2010 10:30:08 AM] Michael Portnaar: when you work through it, then we can have a general conversation ... on this topic

[09/28/2010 10:30:34 AM] Michael Portnaar: only it is necessary to WORK, and not just read

[09-28-2010 10:30:46 AM] Michael Portnaar: it is sure to help you

[28-9-2010 10:31:33 AM] you know this all began to happen when I started translating your book

[09-28-2010 10:32:02 AM] Michael Portnaar: this is a good sign

[28-9-2010 10:32:10 AM] Michael Portnaar: so it worked

[28-9-2010 10:34:43 AM] Michael Portnaar: if necessary, tell me and I will send you an MS. Word version of this document

[28-9-2010 10:34:53 AM] ok!

[09-9-2010 10:35:01 AM] Michael Portnaar: bye

[28-9-2010 10:35:29 AM] Michael Portnaar: and rejoice that you feel weak - it means there is contact with the highest!

[28-9-2010 10:35:41 AM] thanks to your outer person as you say

[28-9-2010 10:35:49 AM] Michael Portnaar: and it means that you will definitely strengthen

[29-9-2010 10:06:29 AM] "Michael remains loyal to him and considers the living Ari his only and direct teacher of Kabbalah" - please explain this phrase from your book so that I can give the correct meaning to the translation

[29-9-2010 10:07:31 AM] Michael Portnaar: this means that I have no other teachers anymore

[29-9-2010 10:08:02 AM] Michael Portnaar: Ari took the Teaching of Kabbalah from Shimon bar Yochai

[29-9-2010 10:08:06 AM] Michael Portnaar: author of Zohar

[29-9-2010 10:08:55 AM] Michael Portnaar: and the Zohar is a secret commentary on the Torah, which Moshe sent into our world

[29-9-2010 10:09:26 AM] Michael Portnaar: and Moshe, Daat, received it from the Creator, that is, from Yeshua, the Messiah

[29-9-2010 10:09:52 AM] Michael Portnaar: and Baal aSulam only helps me understand Ari

[29-9-2010 10:10:16 AM] Michael Portnaar: but without Ari, no one would ever understand the Zohar!

[29-9-2010 10:10:35 AM] Michael Portnaar: and therefore, my highest teacher, Ari

[29-9-2010 10:10:45 AM] Michael Portnaar: and in him - all those others

[29-9-2010 10:11:28 AM] it says here "straight"

[29-9-2010 10:11:53 AM] Michael Portnaar: yes

[29-9-2010 10:11:58 AM] Michael Portnaar: it means direct

[29-9-2010 10:12:27 AM] Michael Portnaar: I really got the task from the soul of

Ari to reveal Kabbalah

[29-9-2010 10:12:37 AM] understood

[29-9-2010 10:12:42 AM] Michael Portnaar: for use in daily life in practice

[29-9-2010 10:12:51 AM] Michael Portnaar: in the practice of daily life

[29-9-2010 10:13:04 AM] Michael Portnaar: I absolutely did not intend to do that

[29-9-2010 10:13:14 AM] Michael Portnaar: I worked in the attic of my house

[29-9-2010 10:13:18 AM] Michael Portnaar: Over the years

[29-9-2010 10:13:35 AM] Michael Portnaar: and did not want to explain Kabbalah to the "people"

[29-9-2010 10:13:49 AM] Michael Portnaar: but I was instructed to do it

[29-9-2010 10:14:04 AM] Michael Portnaar: after many years of studying alone

[29-9-2010 10:14:17 AM] Michael Portnaar: all the best

[29-9-2010 10:14:38 AM] Michael Portnaar: and everything will be fine

[29-9-2010 10:17:37 AM] "I didn't want to explain Kabbalah to the people at all," but you need to do it in the best way possible and as soon as possible

[29-9-2010 10:18:40 AM] Michael Portnaar: each person must get out of his desire ONLY TO RECIEVE WITH his own work on himself

[29-9-2010 10:19:16 AM] Michael Portnaar: ... through the knowledge of the higher laws of the universe

[29-9-2010 10:19:44 AM] Michael Portnaar: and they are passed to us by individuals who have dedicated themselves to their study

[29-9-2010 10:20:06 AM] Michael Portnaar: but everyone has their own Kelim and must do all the work ONLY BY THEMSELVES!

[29-9-2010 10:20:18 AM] the language of Kabbalah is not understandable, so it's necessary for someone to explain it

[30-9-2010 9:48:36 AM] good morning, I made a chat for Facebook on the Lurian Kabbalah and added you to watch the chat and give your opinion

[30-9-2010 9:49:35 AM] Michael Portnaar: good morning

[30-9-2010 9:49:42 AM] Michael Portnaar: where is this place?

[30-9-2010 9:51:01 AM] face book ....

[30-9-2010 10:30:21 AM] Michael Portnaar: yes, that's good

[30-9-2010 10:31:04 AM] Michael Portnaar: it would also be good if you had

translated several pages for our Arabic website

[30-9-2010 10:31:15 AM] Michael Portnaar: then we could open it

[30-9-2010 10:31:21 AM] Michael Portnaar: and gradually replenish it [30-9-2010 10:31:39 AM] Michael Portnaar: and immediately there would be an

Arabic forum that you would lead

[30-9-2010 10:32:16 AM] will do

[30-9-2010 10:32:26 AM] Michael Portnaar: and if there are questions that you yourself cannot answer, you can translate them into Russian, and my answer - into Arabic

[30-9-2010 10:32:44 AM] Michael Portnaar: and it will work!

[30-9-2010 10:33:03 AM] Michael Portnaar: and there I will be able to answer the most TRICKY

[30-9-2010 10:33:06 AM] Michael Portnaar Questions

[30-9-2010 10:33:15 AM] Michael Portnaar: which they will deliver

[30-9-2010 10:33:26 AM] Michael Portnaar: Jewish Arabic question

[30-9-2010 10:33:29 AM] Michael Portnaar: etc.

[30-9-2010 10:33:49 AM] Michael Portnaar: this will become a living place

[30-9-2010 10:34:01 AM] Michael Portnaar: for creative work

[30-9-2010 10:34:42 AM] Michael Portnaar: for it is necessary to change the old ideas into new ones based on the eternal laws governing the universe

[30-9-2010 10:35:52 AM] Michael Portnaar: for no "good initiatives" between the leadership of the country of Israel and the Arab countries will lead to any peace!!!

[30-9-2010 10:36:12 AM] Michael Portnaar: because the source of it is contradictory to the laws of the universe!

[30-9-2010 10:36:48 AM] Michael Portnaar: they want to take while others want to take away, so then they can't solve their own problems

[30-9-2010 10:37:29 AM] the leaders have their own considerations in egoisn, and we have in giving

[30-9-2010 10:37:58 AM] Michael Portnaar: and only from the knowledge and application of the higher laws of the universe, can we deduce the order of bringing the two sides to peace

[30-9-2010 10:38:22 AM] Michael Portnaar: and it will be beneficial for both parties.

[30-9-2010 10:38:48 AM] Michael Portnaar: the problem is thus not full knowledge and unawareness

[30-9-2010 10:38:58 AM] Michael Portnaar: on both sides

[30-9-2010 10:39:30 AM] Michael Portnaar: but the main problem is ALWAYS because of the jews!

[30-9-2010 10:39:57 AM] Michael Portnaar: the wise men of the Torah said: col puraniyut bishwil israel

[30-9-2010 10:40:11 AM] Michael Portnaar: All the troubles are because of Israel [30-9-2010 10:40:36 AM] Michael Portnaar: the word Bischville in the holy language has two meanings

[30-9-2010 10:40:50 AM] Michael Portnaar: 1) due, by reason

[30-9-2010 10:41:00 AM] Michael Portnaar: 2) for the sake of

[30-9-2010 10:41:43 AM] Michael Portnaar: that is, because of the disobedience of Israel by the laws of the Creator, and there are ALL troubles in the world!

[30-9-2010 10:42:55 AM] Michael Portnaar: and this too ... for the sake of Israel, for "thanks to" all these troubles, they return (must return) back to ... the Creator, and with it return ... and to shalom!

[30-9-2010 10:43:16 AM] Michael Portnaar: It would be nice if you kept our correspondence.

[30-9-2010 10:43:43 AM] Michael Portnaar: and then put it out for the forum

[30-9-2010 10:44:24 AM] I will translate it

[30-9-2010 10:44:54 AM] Michael Portnaar: bye and kol tov

[30-9-2010 10:45:10 AM] Michael Portnaar: how do you say this in Arabic?

[30-9-2010 10:45:14 AM] Michael Portnaar: kol tov, all the best

[30-9-2010 10:47:32 AM] ma asalama

[30-9-2010 10:48:29 AM] Michael Portnaar: ma asalama:)

[30-9-2010 11:00:18 AM] Michael Portnaar: Our Arabic forum, in addition to a place to acquire spiritual knowledge, must become a spiritual PLATFORM that is the most conducive to the achievement of a FULL, IRREVERSIBLE PEACE in the Middle East!

[30-9-2010 11:02:36 AM] Michael Portnaar: based on the true reality and the true eternal laws of the universe, instead of decisions of political groups that only want only a momentary victory... win during their reign, as for the rest, they don't give a damn!

[30-9-2010 11:05:40 AM] Michael Portnaar: waiting for your translations for the framework of the Arab site

[30-9-2010 11:05:49 AM] Michael Portnaar: but without haste

[30-9-2010 11:06:01 AM] Michael Portnaar: we have nowhere to hurry

[30-9-2010 11:07:05 AM] Michael Portnaar: we don't have a dead-line, only lifeline!

[30-9-2010 11:10:40 AM] translation, is a text that must come from the heart

[30-9-2010 11:11:28 AM] Michael Portnaar: by all means

[30-9-2010 11:11:53 AM] Michael Portnaar: "from the heart" means "to give back"

[30-9-2010 11:37:47 AM] this is your biography

[30-9-2010 12:13:09 PM] Michael Portnaar: received in perfect order, thanks

[30-9-2010 12:13:54 PM] I will translate this question and its answer

[30-9-2010 12:14:48 PM] or can it be formed better?

[30-9-2010 12:20:40 PM] Michael Portnaar: the Arab-Israeli conflict can be solved ONLY with FIRST AID by the means of Kabbalah. And then the clever heads of THIS WORLD will take up the concrete implementation of a higher, spiritual solution to this "eternal" conflict at all levels ... But first you need to know the PRINCIPLE of resolving this conflict. And no one can understand it... without conclusions from the higher laws of the universe. For pure Kabbalah, "non-partisan," does not protect the interests of any one side and considers the problem of this world from the standpoint of true reality, not knowing the

corruption of the thinking of a person of this world, always and always wanting to receive ONLY for himself!

[30-9-2010 12:21:33 PM] Michael Portnaar: A person and even entire societies, live ONLY according to the laws of this world, they are spiritually blind, and see ONLY a FRAGMENT of reality, and not the whole picture.

[30-9-2010 12:22:45 PM] Michael Portnaar: Strictly speaking, it is as if they are living "in slavery" of the knowledge of his time, his temporal ideas, attitudes, interests, desires ...

[30-9-2010 12:24:44 PM] Michael Portnaar: And only pure Kabbalah can give a solution to this issue, since it comes from a complete independence from the temporary MOMENT, and nevertheless "understands" every temporary condition on the scale of human events ...

[30-9-2010 12:25:57 PM] Michael Portnaar: And all because Kabbalah does not belong to a nation but instead applies to all nations of this world, at all times [30-9-2010 12:27:05 PM] Michael Portnaar: for BELOW each person, nation, during any era, at any time - there is no division into peoples, groups, etc.

[30-9-2010 12:30:00 PM] great answer, I was seeking this answer from Lightman for many years, but nevertheless he could not cross his limits, I am glad that I met a man who could cross his earthly limitations.

[30-9-2010 12:34:41 PM] Michael Portnaar: our task is to go beyond knowledge ... what I tell you is not my words ... this is what I get from your Ma "N, from your request, I raise this your Ma "N and get an answer

[30-9-2010 12:35:14 PM] Michael Portnaar: I only trust this, for it is not from my head, not from my wisdom

[30-9-2010 12:35:18 PM] Michael Portnaar: bye

[30-9-2010 12:35:26 PM] Michael Portnaar: and move on

[30-9-2010 12:36:09 PM] thanks

[30-9-2010 12:36:17 PM] Michael Portnaar: and thank you too

[30-9-2010 12:36:40 PM] Michael Portnaar: :)

[30-9-2010 3:54:29 PM] Michael Portnaar: we will insert all the applicable topics (the most important, but applied, explained by Kabbalah) into the Arabic forum [30-9-2010 3:55:26 PM] Michael Portnaar: under the heading (for example) WAYS TO RESOLVE the Arab-Israeli conflict

[30-9-2010 3:57:00 PM] let's make a scheme for an Arabic website

[30-9-2010 3:57:33 PM] Michael Portnaar: and there we will begin to disassemble them and build a spiritual building, a package of knowledge, measures, relationships, etc. that contribute and can really bring peace to the Middle East [30-9-2010 3:57:43 PM] Michael Portnaar: come on [30-9-2010 3:57:47 PM] Michael Portnaar: let's make a plan [30-9-2010 3:57:59 PM] Michael Portnaar: for an Arabic website [30-9-2010 3:58:13 PM] Michael Portnaar: what do you mean by that? [30-9-2010 3:58:42 PM] Michael Portnaar: what materials? [30-9-2010 3:58:54 PM] what to write [30-9-2010 3:58:59 PM] yes [30-9-2010 3:59:09 PM] Michael Portnaar: for now, just make a frame of the site [30-9-2010 3:59:16 PM] ok [30-9-2010 3:59:45 PM] Michael Portnaar: the text for the Luria site may not be needed now [30-9-2010 4:00:09 PM] Michael Portnaar: I mean the Center of Luria [30-9-2010 4:00:11 PM] let's start with the name [30-9-2010 4:00:21 PM] Michael Portnaar: University of Luria [30-9-2010 4:00:28 PM] Michael Portnaar: http://www.luria.eu/rus/ [30-9-2010 4:00:40 PM] Michael Portnaar: as part of the website [30-9-2010 4:01:08 PM] Arabs do not like to read [30-9-2010 4:01:17 PM] Michael Portnaar: and the text about Ari should be there too [30-9-2010 4:01:22 PM] everything needs to be cut [30-9-2010 4:01:42 PM] Michael Portnaar: about this site too [30-9-2010 4:01:58 PM] Michael Portnaar: these are small texts [30-9-2010 4:02:23 PM] Michael Portnaar: but then we will have two identical sites in both languages [30-9-2010 4:02:52 PM] Michael Portnaar: All Link Words [30-9-2010 4:02:58 PM] Michael Portnaar: Home | About this site | PRACTICAL KABBALAH | Library | Lessons from the Book of Zohar | Center Luria | Contact | Learn Hebrew I [30-9-2010 4:03:23 PM] Michael Portnaar: Forum / Audio lessons [30-9-2010 4:03:39 PM] Michael Portnaar: MY TIMES All important times in the universe, among other things - for the area. [30-9-2010 4:04:02 PM] Michael Portnaar: well cut reduce it, if you really want [30-9-2010 4:04:09 PM] Now I'll translate [30-9-2010 4:04:49 PM] Michael Portnaar: all the other words and phrases [30-9-2010 4:04:56 PM] Michael Portnaar: how: Read here further [30-9-2010 4:05:09 PM] Michael Portnaar: Center of the Lurian Kabbalah [30-9-2010 4:05:23 PM] Michael Portnaar: Search [30-9-2010 4:05:25 PM] Michael Portnaar: etc.

[30-9-2010 4:05:55 PM] Michael Portnaar: do everything you see on the Russian site, mirror it in Arabic

[30-9-2010 4:06:01 PM] I will look at the site and translate the main page

[30-9-2010 4:06:26 PM] Michael Portnaar: yes, for the main page

[30-9-2010 4:06:46 PM] Michael Portnaar: bye

[30-9-2010 4:06:51 PM] Michael Portnaar: We are Moving On

[30-9-2010 4:07:00 PM] ok

[30-9-2010 5:24:55 PM] I need a picture (background) to write on it the names of the University, a clean picture

[30-9-2010 6:08:36 PM] Michael Portnaar: write just in the Word, and our webmaster will customize

[30-9-2010 6:08:44 PM] Michael Portnaar: with the right format

[30-9-2010 6:09:13 PM] Michael Portnaar: take Arab fonts and make stylized letters

[30-9-2010 6:09:39 PM] Michael Portnaar: and if he has problems, then

[30-9-2010 6:09:47 PM] Michael Portnaar: we will see how we can solve it

[30-9-2010 6:10:10 PM] Michael Portnaar: he had no problems with Hebrew, although he did not know it

[30-9-2010 6:10:23 PM] Michael Portnaar: and did not know how to read

[30-9-2010 6:10:48 PM] Michael Portnaar: but made the text of the Word

[1-10-2010 9:43:20 AM] yes let's do it like that

[1-10-2010 9:44:31 AM] can I change the word Rabbi to teacher in translation?

[1-10-2010 9:44:43 AM] can I change

[1-10-2010 9:44:50 AM] this word

[1-10-2010 9:45:01 AM] Michael Portnaar: yes, this is better

[1-10-2010 9:45:05 AM] Michael Portnaar: teacher

[1-10-2010 9:45:11 AM] Michael Portnaar: or Kabbalah master

[1-10-2010 9:45:21 AM] Michael Portnaar: which is the same

[1-10-2010 9:45:50 AM] in Arabic the master and the teacher are the same

[1-10-2010 9:46:11 AM] Michael Portnaar: then change this word also in "Neither groups." part and in "Biography"

[1-10-2010 9:46:17 AM] Michael Portnaar: groups

[1-10-2010 9:46:28 AM] good

[1-10-2010 9:47:15 AM] one more thing Arabs hate Talmud

[1-10-2010 9:47:26 AM] how to change it

[1-10-2010 9:47:59 AM] Michael Portnaar: and from our work on the forum on the topic "The ways to resolve the Arab-Israeli situation," we will then make a book and put it on our Arabic website

[1-10-2010 9:48:16 AM] great

[1-10-2010 9:48:38 AM] Michael Portnaar: all my books can be printed and sold / distributed for free

[1-10-2010 9:48:59 AM] Michael Portnaar: I do not need any fee

[1-10-2010 9:49:12 AM] you can't sell spiritual

[1-10-2010 9:49:49 AM] Michael Portnaar: then it will no longer be spiritual ...

[1-10-2010 9:51:26 AM] a very important question does not get Arabs closer to Kabbalah

[1-10-2010 9:52:14 AM] Michael Portnaar: look, the Torah sages have never taught for money before! They did not want to get a place in a government, but preferred to do the simplest work, working with their hands, to collect fruits, for example, ... just to be and remain independent from power (money).

[1-10-2010 9:52:52 AM] Michael Portnaar: And now what? All of their "ravs" are raking in a lot of money and why may I ask?

[1-10-2010 9:53:05 AM] Michael Portnaar:

Do they teach anything good?

[1-10-2010 9:53:27 AM] Michael Portnaar: What do their students and the people get from this?

[1-10-2010 9:53:58 AM] Michael Portnaar: Some shriveled traditions, imagined by their rabbis

[1-10-2010 9:54:28 AM] Michael Portnaar: while these traditions are rooted in the higher spiritual laws of the universe.

[1-10-2010 9:54:58 AM] Michael Portnaar: But they prefer their inventions to the laws of the Creator ... and hence all the problems

[1-10-2010 9:55:19 AM] Michael Portnaar: firstly, their own problems, and from here on the problems of the rest of the world

[1-10-2010 9:55:43 AM] Michael Portnaar: does that sound like giving back?

[1-10-2010 9:56:10 AM] Michael Portnaar: Is this the reason the Creator chose the people of Israel as His people?

[1-10-2010 9:56:46 AM] Michael Portnaar: bye for now and go on

[1-10-2010 9:56:56 AM] Michael Portnaar: ma asalam

[1-10-2010 9:57:16 AM] leatraot

[1-10-2010 11:08:03 AM] Michael Portnaar: The people of Israel received the Torah as a GIFT (Torah's matan - the giving of the Torah). In addition, it is written in the Torah: what I received for free (hinam) I will teach (give, teach others) hinam! How can one demand Maaser from others for giving lessons, how can one have "copyright" for something spiritual, etc.? Of course, this will no longer be called the Torah and the Kabbalah! For it is written: I (haShem) and mammon (the one who wishes to profit) cannot be under the same roof (have similarities of properties). But you are allowed to "sell" all other knowledge, science and even religion after all, as they are only levushim - coverings, wraps, clothes ON the spiritual, and not spiritual, not the eternal itself ...

[1-10-2010 11:09:27 AM] Michael Portnaar: everything is completely connected to Israel's relations with the Palestinians ... but more on that later ...

[1-10-2010 11:12:45 AM] but a person always wants something that's not for sale. But what do we want for ourselves instead?

[1-10-2010 11:14:26 AM] do we want to earn in the spiritual?

[1-10-2010 11:20:00 AM] all the time, egoism clothes us in the form of bestowal and then we discover that it is even worse

[1-10-2010 11:57:55 AM] Michael Portnaar: all this is because of ignorance and lack of training

[1-10-2010 12:01:14 PM] Michael Portnaar: only in individual spiritual work it is "difficult" to fool yourself. Why? Because you are not standing in front of a group that can always be deceived by your "good deeds", by success in spreading someone's ideas, but instead you have to be face to face with eternity! And you will not deceive it, because only in comparison with eternity, in haShem, will you see your imperfections ... And that's just our intention, so our Kavana should be 100%, and whether this is really true or not - this is judged from above!

[1-10-2010 12:02:01 PM] Michael Portnaar: We only need this 100%

Kavana, as far as we can have it ... And in each subsequent state it becomes more and more true

[1-10-2010 12:03:16 PM] Michael Portnaar: more and more REAL as it comes to perfection=... By the principle: maalim b-kdusha, ve-lo yordim - in the spiritual (one constantly rises), but does not fall!

[1-10-2010 12:03:22 PM] Michael Portnaar: bye,

[1-10-2010 12:03:26 PM] Michael Portnaar: We are Moving On

[1-10-2010 12:07:22 PM] Michael Portnaar: in the spiritual we (constantly) rise, although we often feel that we are falling, this is because when we go up to each new step, we go up to its lowest part. And so, we feel, as if we descended: I was at the top of the previous step, and now suddenly I found myself at the very bottom of the next step ...

[9:03:51 AM] I clearly feel it, but how can I feel it as clear as day

[9:05:34 AM] Michael Portnaar: well, the main thing is that you must know that we always go further and deeper and closer and closer to perfection, regardless of all the circumstances!

[9:06:28 AM] but there is no fuel for this rise

[9:07:16 AM] Michael Portnaar: the fact is that the "fuel" should only come from yourself

[9:07:30 AM] Michael Portnaar: are you used to BB, to a different approach...

[9:07:53 AM] Michael Portnaar: that someone will help, Rav will help, comrades will help - that is, got used to "deception".

[9:09:01 AM] Michael Portnaar: And now you have no one to suck from

[9:09:34 AM] Michael Portnaar: you need to look for the source of eternal life ONLY within yourself - and this is the difficult period that you are experienc

[9:10:52 AM] Michael Portnaar: There can be no other way, after all, Kabbalah is given ONLY to the winners ... the winners of their placer, their "evil inclination"

[9:11:44 AM] Michael Portnaar: every day is a struggle, a war against death, called Sitra Achra, a creative war, a War of the Creator within oneself

[9:13:06 AM] Michael Portnaar: as those above are willing to make a MATURE MAN - free from all the prejudices of the group, people, belief, etc.

[9:14:16 AM] Michael Portnaar: but to achieve this, you must passionately want to LIVE, to build one's life according to the highest laws of the universe - only they give a person ETERNAL EXISTENCE.

[9:15:23 AM] Michael Portnaar: Every day, brings the Zivug inside of you, the Zivug between your male and female components and it should become more and more lasting and resemble a Zivug between Abba ve-Ima

[9:16:31 AM] Michael Portnaar: and the result of this Zivug is a feeling of eternal true love INSIDE of you, and not to the group, rabbi, teacher, wife, children, people, etc. This is nothing but cheating!!!

[9:16:43 AM] Michael Portnaar: bye for now, and go ahead

[9:18:09 AM] I try, only I feel naked, I forgot everything that I was taught, absolutely everything

[9:19:56 AM] Michael Portnaar: everything that you were taught there in BB that was "mechanically" translated into "we", is also useful for you in individual work, but in a DIFFERENT light, it is better to say simply in the light of your personality instead of the dark mass

[9:21:58 AM] Michael Portnaar: just DON'T HOLD on to the ideas that you have absorbed in there, all their BRAIN-WASHING ... the group, the group and once again the group - and hence all the other questions - all this is taken from the natural inclination of their leader, and not from the true Kabbalah

[9:22:52 AM] Michael Portnaar: work through everything ONLY from within YOURSELF and through your own Kelim, and not the Kelim of the Rav, the group, etc.

[9:23:44 AM] Michael Portnaar: This is what I learned from Ari, I take everything from him and have to pass it on to those who wish to learn ... who wish to recieve SALVATION for their soul

[9:23:53 AM] Michael Portnaar: goodbye for now

[9:25:15 AM] thanks, I will try, maybe I can step through this period

[9:25:59 AM] Michael Portnaar: if not - there is nothing wrong with it, you can also stay there with BB ... but I am sorry for the time we wasted together...

[9:26:58 AM] the road is hard but I am used to it

[9:29:09 AM] I am now talking to an Arab, he asks: if Kabbalah is a religion or not

[9:30:04 AM] Michael Portnaar: you will find everything in my book "Kabbalah for the complete organization of life"

[9:30:34 AM] Michael Portnaar: and all the other questions on individual spiritual work, from now on, look there by yourself

[9:31:05 AM] Michael Portnaar: for I can't explain everything to you, without context

[9:31:16 AM] Michael Portnaar: everything in that book is clear

[9:31:50 AM] Michael Portnaar: remember: the main thing is NOT UNDERSTANDING, but WORKING ON YOURSELF

[9:32:07 AM] Michael Portnaar: many people understand, but there are very few who WORK above themselves

[9:32:14 AM] Michael Portnaar: that's the problem!

[9:33:10 AM] Michael Portnaar: many come to the doctor to get medicine and an indication of treatment, but very few follow the instructions prescribed by the doctor

[9:34:28 AM] Michael Portnaar: what we can do with you TOGETHER - is the work on the rubric of the Arab Forum The SOLUTIONS TO THE ROOT OF ARAB-ISRAELI CONFLICT

[9:34:48 AM] Michael Portnaar: and in a very special way: no politics,

[9:35:48 AM] Michael Portnaar: for I do not speak about geographical Israel or material Israel, not about the country of Israel, and not about the Palestinian people of meat and flesh!!!!

[9:36:25 AM] Michael Portnaar: I base my speech on the spiritual ROOTS of both peoples and the spiritual solution to their conflict

[9:37:28 AM] Michael Portnaar: and the clever gentlemen of this world will be able to take advantage of all these UNIQUE materials, if they want, that is

[9:38:12 AM] Michael Portnaar: and everything is political, religious, national, etc. - we will not have it on our Arabic forum!

[9:38:45 AM] (flex)

[9:38:51 AM] (flex)

[9:39:37 AM] Michael Portnaar: First of all, we'll make this rubric on our Russian forum! And you will begin to translate from the Russian forum into Arabic, so I will know exactly what is happening on the Arabic forum.

[9:39:49 AM] Michael Portnaar: so, we will have a website and a forum covering only the SPIRITUAL

[9:40:11 AM] Michael Portnaar: only the spiritual roots of phenomena and processes!

[9:40:13 AM] Michael Portnaar: bye

[9:41:03 AM] Michael Portnaar: the move is now yours: once the site gets translated, we will create an Arabic forum, right away

[9:42:19 AM] Michael Portnaar: what the Roots on the settlement of the Arab-Israeli situation will give us on this crucial issue has not yet heard the ear of humanity!!!

[9:43:09 AM] Michael Portnaar: And I can say this with the right, for it will not come out of MY wisdom, but what I will draw from above

[9:43:15 AM] Michael Portnaar: everything

[9:43:30 AM] Michael Portnaar: waiting for your next move

[9:44:00 AM] Michael Portnaar: work with your inner state and work through audio lessons and books

[9:44:34 AM] Michael Portnaar: for I can't, I repeat, play the "help a friend" group game with you!

[9:44:53 AM] Michael Portnaar: I just have no right to do this.

[9:45:18 AM] Michael Portnaar: bye and ma asalam

[9:47:15 AM] I am grateful to you; I will soon come out of this state and I will be like a tram fast and focused

[9:47:58 AM] Michael Portnaar: But think carefully again if you want this: an Arabic website and a forum. After all, it must come from you!

[9:48:47 AM] Michael Portnaar: only then can I attract the answers ... as without a request, I'll fail

[9:49:37 AM] Michael Portnaar: on the principle: nothing comes down from the top, which would not have been raised from below

[9:50:06 AM] Michael Portnaar: Take Your Time

[9:50:19 AM] Michael Portnaar: do everything at your pace

[9:50:31 AM] Michael Portnaar: I'm not talking about the speed of your translations

[9:50:35 AM] Michael Portnaar: bye

[9:55:03 AM] worth doing everything, I'll do everything

[9:57:33 AM] I don't want to waste a life, not where it's true

[10:13:23 AM] Michael Portnaar: the fact is that in this world we are told what to do ... It is possible that this is a signal, a sign from above, that we need to give the world ROOT of this unique and most serious in its consequences. FOR THE WHOLE WORLD "Arab-Izrail" conflict.

[10:14:02 AM] Michael Portnaar: And so, I have no right to refuse, to get rid of words ... why I need all this ... why should I care about this ... etc.

[10:14:23 AM] Michael Portnaar: it is possible that this is YOUR most important tikkun!

[10:14:39 AM] Michael Portnaar: what exactly is meant for you in life

[10:15:27 AM] Michael Portnaar: for Kabbalah is practical "wisdom." She herself does not interfere in worldly affairs, but gives the highest roots of each and all phenomena of the world.

[10:16:06 AM] Michael Portnaar: the only reason I would respond to this topic, which, by the way, was suggested by YOU!!!

[10:16:35 AM] Michael Portnaar: This request came from you, or rather, it came to you, and from you I received it ...

[10:18:09 AM] Michael Portnaar: And probably, by responding to this call, we will do a really good deed attributable to us, to each of us in our own way ... This is the whole clue ...

[10:18:56 AM] Michael Portnaar: and not some regular "spread of Kabbalah," with which I have nothing to do.

[10:52:53 AM] Michael Portnaar: The general plan is:

[10:54:24 AM] Michael Portnaar: 1) if you wish and provide me with translations into Arabic of texts, words, all that is required to compose the framework of our Arab website of the Lurian Kabbalah, then we will make this website

[10:55:00 AM] Michael Portnaar: 2) gradually, you will be able to translate the materials of our Russian site into Arabic and replenish it

[10:55:22 AM] Michael Portnaar: and first of all, the book "Kabbalah for the complete organization of life"

[10:55:32 AM] Michael Portnaar: that's all about the site

[10:57:58 AM] Michael Portnaar: 3) we will not do the Arab forum for the simple reason that I absolutely do not know Arabic ... And it's not a matter of "censorship", but of the unshakable fact that our site - purely spiritual (that is why we separated our forum from the old, so as not to be associated with all sorts of other approaches).

[10:59:00 AM] Michael Portnaar: I can't be sure that the messages posted by other Arab forum users are not colored by any political, religious, national or other considerations.

[11:00:07 AM] Michael Portnaar: 4) in our Russian forum we will be able to make the rubric "On the spiritual roots of the solution of the Arab-Israelic conflict"

[11:02:10 AM] Michael Portnaar: there I (or we) will be able to display materials on this topic. A separate sub-heading in which only I will post materials (along with your questions) and a sub-heading Discussions in which anyone can participate.

[11:03:04 AM] Michael Portnaar: And if you wish, you can translate materials into Arabic and, if you wish, you can display them somewhere else ...

[11:05:37 AM] Michael Portnaar: I don't think that they will understand much of what I'm going to write, because to understand this you need a kind of spiritual apparatus ... But from this it will be possible for other comrades who know the Kabbalah method to shift it into more accessible language. I will not deal with this, since my expertise is PURELY spiritual, and not a transfer of the spiritual to the material ground. This is the whole general plan.

[11:08:13 AM] Michael Portnaar: Think and decide for yourself whether you want to translate materials from the site ... at least for the frame ... and then it will be seen ... You follow the course, if you wish, and if not - that's fine too in any case ... well, that brought us together ... even for a moment to get Reshimo. And in any case, I was already given to know what to do next ...

[11:08:19 AM] Michael Portnaar: all the best

[11:20:23 AM] Michael Portnaar: and one more addition: if you undertake to translate into Arabic, then please translate everything literally, without changing: without adding or removing a word from the original text. That is, not even in order to shorten, make accessible, ACCEPTABLE to Arab students. And just as it is in the text ... except for the word "rabbi" - change it to "teacher", as agreed.

[11:20:56 AM] Michael Portnaar: In any case, success in all your endeavors ...

[12:38:34 PM] I am now in a strong fall and I am sure that there will be a high rise - the external person is happy that I can't answer him weakly but still the internal person will gain strength and rise, I agree with you that it's necessary our but this agreement comes from a distant place, let me be strengthened and everything will be as it should

[12:42:04 PM] in the time that he met you, went through a lot of states that he couldn't even realize

[1:56:14 PM] Michael Portnaar: now listen to the following

[1:57:55 PM] Michael Portnaar: none of my students, not direct, and what's to say of indirect, contact me by phone, via email, or via Skype, etc. For, according to the Methodology, everyone works INDIVIDUALLY and no one "pulls" the other out of the states of incidence, etc., God forbid!

[1:58:27 PM] Michael Portnaar: Now, another thing is you expect me to be "truthful" on this issue. Resolution to Conflict

[1:58:55 PM] Michael Portnaar: this and other truths are already on our site and also on the forum

[1:59:18 PM] Michael Portnaar: here it is in my last answer in the Questions section of the forum

[1:59:31 PM] Michael Portnaar: but you need to HEAR it!

[2:00:33 PM] Michael Portnaar: so, in order not to make you wait, I tell you what everyone knows: each person has his own power of Israel and his own power of an Arab

[2:00:49 PM] Michael Portnaar: Israel - above Parsa, Arab - under the tabur

[2:01:57 PM] Michael Portnaar: Together, these are the forces of the One Creator. Israel - Ga"R, and if he doesn't work on his Arab, on NeHiM, then nothing will work for him with shalom!

[2:02:54 PM] Michael Portnaar: And an Arab in a person, if he believes that he wants to destroy Israel, he looks like a suicider, because Israel is in him, in his Partzuf over the Chazeh!

[2:03:26 PM] Michael Portnaar: And so, until he loves his Israel, he can't reconcile with Israel in general, outside of himself

[2:04:52 PM] Michael Portnaar: It's the same with a Jew, or an Israeli: until they love (= correct !!!) their NeHiM, their place under the tabur, their "Arab", they can't overcome the obstacle to peace with the Arabs outside of you.

[2:06:35 PM] Michael Portnaar: In other words: conflict resolution in the hands of EVERY Jew and every Arab! And in any case, it will not be possible in any way to come to the true peace between them with instructions, laws, etc. from above, that is, the guidelines of the countries, the Commonwealth, the UN, etc.

[2:08:19 PM] Michael Portnaar: How do you put this into practice? A Jew will be able to correct his NeHM, his Arab, ONLY by studying pure individual Kabbalah. And an Arab ONLY by studying pure Kabbalah will be able to correct his "head," Ga'R, Israel.

[2:09:52 PM] Michael Portnaar: And all this is ONLY due to individual spiritual work - this is a MIRACLE in itself. And no other miracle can happen. Neither Hashem, which the Jews trust in, nor Allah - whom the Arabs trust, can do absolutely nothing ... without the individual work of each of them!

[2:10:00 PM] Michael Portnaar: That's all!

[2:10:41 PM] Michael Portnaar: The conversation on this topic is exhausted, because it is not worth it. There is ONLY an individual who corrects himself, and with it the world around him.

[2:11:01 PM] Michael Portnaar: So, we will not do a separate section in the Russian forum

[2:11:06 PM] Michael Portnaar: for there is no need.

[2:11:20 PM] Michael Portnaar: and you need to roll up your sleeves and work ONLY on yourself.

[2:11:24 PM] Michael Portnaar: Bye my friend

[2:12:18 PM] Michael Portnaar: and you can contact me if something is not clear when translating the site's texts into Arabic, if you wish to do this.

[2:21:44 PM] I, as an Arab and moreover a Palestinian, went through a lot in my heart to sit and listen to Rabbi and be sure that I would find a correction of my soul with him - no one can imagine this road if he does not pass it, I have already passed this way and I want to offer it to my people the truth in a simple way that I can understand it without the tremendous experiences that I myself went through [2:25:27 PM] and if the Arabs accept even a small part of it, they will bring light on all levels in the spiritual and in this world

[3:18:23 PM] Michael Portnaar: yes, work on yourself and if you wish, translate the texts of my books / lessons into Arabic - because they are not mine, but belong to ALL

[3:18:45 PM] Michael Portnaar: goodbye for now ...

## 116. PYRAMIDAL STRUCTURE OF THE SPIRITUAL PRINCIPLES

So, in the spiritual we meet with a concept /phenomenon which is very important for us ...

There is a BASIC, main, most internal, most general principle ... Let's call it, for convenience, the principle of maximum, or MAHI-PRINCIPLE. So, then a more external and less general (more "concrete") sub-principles "dress" into it. Also, the latter (which we call the sub-principles, or MINI-PRINCIPLES, for convenience) differ in their levels: as they are broken down into secondary, tertiary, etc. sub-principles, which, in turn, are subdivided into even less general and more specific sub-principles. And so on to infinity ...

As Anna writes: "It's like a pyramid... Is everything structured in this form of a pyramid? In material processes too, for example, when at the beginning of his studies a person is lost, it is difficult for him, he is at the bottom of the pyramid, but then he gradually rises and above himself and those small processes finally become visible at the higher vantage point where he is located now - that point contains these lower points ... but still does not contain the upper ones. While the upper one contains all the lower ones ... "

Yes, that's right. In any area of human activity this world has its own pyramid. There is, for example, the statistics published in the 2012 edition of the famous American magazine Forbes, its own (annually published) pyramid of the scale of material wealth: Mr. Carlos Slim Helu at it's very peak, followed by Bill Gates in 2nd place, Warren Buffet in 3rd etc. ... (and Roman Abramovich takes "only" 16th place!) etc ...

There is also the (official!) Pyramid of earthly power. So, according to the 2012 Forbes ratings, at its very top is the head of the country of China, Hu Jintao, then, in second place - Barack Obama, third place - behind him is the king of Saudi Arabia. Putin is in 4th place, ahead of Pope Benedict XVI, who stands in 5th place with the rank of the 5th most powerful, etc.

But in the spiritual, the Creator, in His great wisdom, has provided something absolutely different to the pyramid of the material world: here there is ONLY a pyramid of one, an individual personality: a person always begins his life from the bottom, at the foot of his own pyramid of spiritual conformity to the Highest laws of the universe, on the unique level of his soul ... and is obliged, for his own good, to rise to the peak of his own pyramid in its mature state. And he / she should absolutely not care about the levels of other people's pyramids.

... It is interesting that an example of this spiritual principle is found in the Talmud, in the treatise "Brakhot" ("Blessings").

One great sage of Torah, found Rabbi Zosi crying, so the great sage asked him: "Why do you cry?" ... It was somehow strange to see Rabbi Zosi crying as it was such an unusual state for him ... after all, Rabbi Zosi was always happy, justifying everything around him ... And then suddenly ...

"I thought about - Rabbi Zosi answered him - how great Moshe, our teacher was! ... But I'm so insignificant ... And what will I answer when they ask me what good have, I done here on earth?"

Then the great sage answered him: "With Moshe they ask as if asking of Moshe, and with Rabbi Zosi they will ask as if asking from Rabbi Zosi!" ... Tears suddenly dried out from the face of Rabbi Zosi ... he sparkled with light ... with the light of Rabbi Zosi!

But in general, the spiritual pyramid is ALWAYS headed by Yeshua, followed by Moshe, who brought the Torah into the world. On the 3rd place is the author of the book - Zohar, Shimon bar Yochai. At the 4th place -

the author of the book The Tree of Life, the great, divine Ari. And on the 5th place is Mashiach himself, the Liberator. And all these 5 stages are only in "one person" - the unified soul of the Liberator!

"Ani Rishon - Ani Aharon" - "I am the First and I am the Last" ...

Today I received a series of messages on my personal email from Oleg P.

- 1) 2011/3/6 Oleg P. <pav ... @ mail.ru> at 16:57 h. Writes:
- "I study on my own, I understand that this is nonsense, I seek the Creator in me, help me."
- 2) 2011/3/6 Oleg P. <pav ... @ mail.ru> at 5:10 pm writes:
- "I wanted to organize a group, but something is not right, I feel that I must first come to the Creator or to the foot of mountain so I can ascent, then I need a group, am I wrong? Help me organize individual classes."
- 3) 2011/3/6 Oleg P. <pav ... @ mail.ru> at 6:04 pm writes:
- "Is there an opportunity to study remotely, I want to learn from you, please take me on as a student."

Here is my direct answer to Oleg and others:

I will answer in the chronological order of the arrival of your messages.

- 1) "I study on my own, I understand that this is nonsense, I seek the Creator in me, help me." Well done! You said it all right:
- a) "I study on my own" excellent!
- b) "I understand that this is nonsense" and you perfectly noticed this as well! It is precisely the Creator who wishes from each of us to understand that "studying Kabbalah independently" is "nonsense" ... in a sense of "studying independt" from the Creator without the Creator. In other words, in his teaching, not relying ONLY on the Creator, but replacing Him with something or someone else, for example, a group, a rabbi this is really ... complete nonsense!

And when you study CONSTANTLY BY-YOURSELF - that is, when you stand alone with the Creator ... that is, when it is hard to work alone, but you firmly know that you can progress ONLY ALONE, then this "nonsense" becomes creative. And your words confirm that this is exactly what you pursue: "I seek the Creator WITHIN MYSELF"! Not in others, not in comrades, not in a group (by the way, this is the answer to your 2nd message), not in a rav, but only WITHIN YOURSELF!

And, finally, you show that your "independence" is relative ... and comes not from arrogance, but from the realization that you need help: by screaming "help!" ...

... And I am happy to take you on as a student ... for your words bring joy to my heart ...

Specifically: go to our forum, study everything you find there (including all my audio lessons of the 1st year of study) ... and be sure to justify everything that you read in my books and hear in my audio lessons ...



Here is a letter to me from Vladimir S. from Moscow:

From: S. Vladimir <vstr .... @ ... ru>

Date: 2011/3/7

Subject: Kabbalah Classes

#### "Hello Michael!

My name is Vladimir S. from Moscow. I am 60 years old. I am studying Kabbalah for four years. How I came to it is not important now. However, what is important is that I am not an ethnic Jew, and when I began to search for a place to study, it turned out that no one wants to teach Kabbalah to a non-Jew - with the exception of people you know. Considering that something is better than nothing, I began to study their materials that I found on the Internet, and in the summer of last year I came to their Moscow branch. I took a full-time course of study and was assigned into the so-called "youth" group (it is not called "youth" because of the age of the participants, but by the length of study) with a chance to get into the "internal" group within a year and a half of study.

I know your attitude towards BB, and it coincides with mine - so you understand that I did not feel very comfortable there. And some time ago I realized that this could not continue. Not only because of my negative attitude towards drunkenness, round dances, "locomotives" and calls for unification, after which work with primary sources is almost completely forgotten, but also because I felt that it was wrong to sit "in the pocket" of this company, figuratively speaking. Are they to blame for the fact that their leader, knowing nothing and not wanting to know about Yeshua, mocks him as a Kabbalist dropout? But that delight and admiration, it would not even be an exaggeration to say, worship of him, which was accompanied by his recent arrival in Moscow, led me into a state of shock. Perhaps this was the "last straw" - I decided to leave them. I did not dare to immediately declare this. I told them that I will a time out for a few weeks to think things through. To be honest, it was scary to be completely alone: all my friends are either atheists or Orthodox Christians. Both perceive Khaballah as something purely negative. Therefore, when they ask about what I do in my free time, I answer that I study the Bible. Fortunately, even though my wife does not feel a need to study herself, she doesn't bother me and, moreover, supports me. So, after leaving BB, I did not think to stop practicing Kabbalah as I have nowhere else to go! I went to BB and bought a collection of works by Baal Sulam, TES and Shamati in Hebrew, and began to learn the language, while continuing to watch and listen to BB lessons on TES, the works of Baal Sulam and Rabash.

And here, quite unexpectedly for myself (but, of course, not by chance), while cleaning my browser, I stumbled upon an unknown (when and how it got there) bookmark with the address of your forum ... I will not go into details. In short, I realized that it was for me. So, I immediately registered under the nickname "Vladimir", received a notification that my record is still inactive and must be approved by the administrator. Two weeks have passed, there is still no endorsement, but it doesn't matter: the training materials are publicly available, I download and study them. Perhaps I would not have written this to you for a long time, but, seeing your answer to Oleg, I decided to share my joy: it's nice to feel that I am not the only one.

But, since I decided to write you, I will ask you a question. There are a lot of materials available for study on the website, enough for years of study. And it is precisely this abundance that causes some confusion: it is unclear how best to organize the educational process, which topics to study in parallel, and in which order, and in what sequence. And - most importantly - I am in dire need of lessons on the "Teaching on the Kingdom of Heaven." Where can they (and can, in general) be found? I am fluent in English, I study Hebrew and I will definitely study Aramaic. But if necessary, I can learn and Dutch. I might be 60 years old: but I am very capable of languages.

I would appreciate the answer. Sorry if my question is too long - I tried to keep it as short as possible. "

**My answer to you** ... is even shorter: the fact that you yourself indicate that you are in dire need of lessons on the "Teachings about the Kingdom of Heaven" is the answer to your question "how best to organize the educational process".

Then you write: "... I am fluent in English; I study Hebrew and will definitely learn Aramaic ...". And here is an important addition:

- 1) Translation of the entire book (approx. 450 p.) "Teaching about the Kingdom of Heaven" into English is expected to be completed in a couple of months. Meanwhile, it would be good for you to work on its translation into Russian. It does not matter that there are many incomprehensible things. Translate as it is written, and then I will correct it ... it will go much faster ... if you want, of course. After all, a painstaking translation into Russian will give you a more subtle understanding of the material ...
- 2) In the meantime, I can fully concentrate on translating my Zohar lessons from Dutch (original!) Into Russian ... There will also be parallel Hebrew and Aramaic. And now studying the Book of Zohar with me will complement and best organize your individual learning process. (And do not forget, of course, the multiple study of my book Kabbalah for the complete organization of life ... and not just study, but application of taught lessons in your everyday life!)

PS: Our forum administrator will confirm your registration today.

I wish you much success and ... please feel at home here!

# 119. WHERE TO BEGIN? - TO START WORKING RIGHT AWAY!

But the answer from Vladimir, 03/07/2011, 20:26:

"Thank you, Michael. I downloaded the first part of the Doctrine of the Kingdom of Heaven. I will happily translate it], especially since I know this work: as for the last ten years I have earned my living doing translations. Naturally, I will take into account your last recommendation: why study, if not for the complete organization of life?

Respectfully, Vladimir ".

And also, my short answer to Vladimir:

I attached all the parts of the book available today.

"Teachings on the Kingdom of Heaven" in English in Word format ... it is better to use it for translation.

... Know one thing: that we are not in a hurry, we don't have any deadlines, but only life-lines ... The main thing is to focus on YOUR individual spiritual work!!! If you will feel that the translation work is HELPING you - please continue on with the translations. If it is not helping you - please stop.

# 120. LEARN THE LANGUAGE OF KABBALAH DIRECTLY FROM MY LESSONS

2011/3/9 Stroganov Vladimir <vstr ... @ ... ru> "Hello Michael.

The Moscow branch of BB just released two manuals on the study of Kabbalistic Hebrew. The second, in my opinion, is much more successful than the first. I believe that the first three parts (except for the fourth part, which uses fragments from the ADAPTED version of the Book of Zohar) could be recommended to your Russian-speaking listeners (with your pre-notifications or comments, of course). Here is the link: http://www.kabhebrew.info/\_private/vtoroe-posobie.htm Please take a look when you have some time. "

And here is my direct answer to Vladimir and others:

... The fact is that even all the BB manuals on the study of the Hebrew Kabbalah, have been conserved invented by their leader-scientist with an idea of a group that radically contradicts the methodology of the Lurian Kabbalah ... and thus, contributes to the destruction of the human soul rather than its construction and improvement ...

... And the Hebrew / aramite of Kabbalah is best learned DIRECTLY from my lessons ... because I translate everything LITERALLY, and therefore all the elements of the holy language in my lessons are ORIGINAL. So, you can start with my audio lessons for the course called Heblet...

# 121. "CHILD OF THE LANDLORD OF THE COVERT GARDEN"

Vladimir Stroganov: About your spiritual gene.

Your name Vladimir consists of 2 parts: VLaD + IMIR (where capital letters are the letters of the holy language).

VLaD (in Hebrew: VaLaD - child, son, progeny. As you know, only consonants convey the essence of the name or surname, and vowels - only a modification of the essence).

The second part of your name is a different combination of IMIR, namely: MIRI - means "tenant" (= one who has the right to use a piece of land, but does not have ownership or rights to it. So, this piece of land is leased to grow fruits, grains and etc.).

... These two components of your name are not clear at a first glance: What does it mean "Child, son of a tenant"?

So, to uncover your spiritual gene, your last name is also attached:

STRoGaN(ov). It consists of 2 significant parts: STRo + GaN (and the ending or sufix "ov" is only the archaic form of the genitive case, which in Slavic languages usually implies someone's belonging to something: for example, Ivanov is Ivanov's son, son of Ivan and therefore it does not apply to the spiritual essence of the name).

STRo - means "hidden, secret", and GaN is a garden (ie. Gan Aiden - or completely - Garden of Aiden - paradise).

So now let's put your first and last name next to each other: Vladimir (= child, son, progeny, descendant) of "tenant (land)" + Stroganov (= hidden, secret garden - that is: paradise). It turns out that your first and last name form the so-called grammatical form "Smikhut" - a phrase, and the last name is passed in the genitive case:

/ Child of the "tenant" of the hidden garden. And who was the "tenant" of the hidden garden, of paradise? - Adam, of course!

And now I understand your spiritual gene: You, Vladimir, are a descendant of Adam, who "worked as a tenant" in a hidden garden, then sinned and brought death into the world, and therefore was expelled from the "hidden garden."

... But your task and mission are to correct Adam's own sin and return, enriched by the fruits of your individual work (= masachs!), To YOUR "hidden garden". In other words: through INDIVIDUAL work on yourself you can (and must) find IN YOURSELF this "hidden garden", enter it and continue the work of the "gardener", which was started and not finished ... by your forefather, Adam ...

# 122. WHAT MUST WE WAIT FOR FROM THE ABOVE?

/ I just found an old message from Lyudmila to me in my personal mailbox of the forum:

Sat Mar 05, 2011 10:23 pm

To: Michael Portnaar

Message /

"dear Michael, am I on the right path? I am waiting for the Light, but "I see and feel" a large empty space, and sometimes myself as this" space ", did your students experience something similar? What are the "steps" that I must perform in my prayer and study??? Thank you, I walk this path alone and I have no one to share this with...

And here is my direct answer to Lyudmila and others:

- ... This is because when you are reading my books, listening to my audio lessons, you do not give in to their effects and do not change in accordance with the recommendations I give in there.
- 1) I'm waiting for "Light" this is completely wrong! Your inner attitude boils down to the following: I, Lyudmila make the effort to study Kabbalah, and therefore, quite legitimately (= according to the laws of this material world!), expect to recieve the LIGHT as the reward from above. Know that this is the position of a "slave" in relation to his master. And so, those from above do not respond to such a "request", to such "studies" ... for this is comedy, and not a work lishima. This is not for the sake of the Creator, not for the sake of bestowal, but ONLY work for your own benefit ... with the desired reward of "light", in this case.

So, what is the right attitude? - It is necessary "to wait, to ask for STRENGHT TO CORRECT YOUR KELIM! As this is the only thing that us earthlings are lacking, according to the principle: ein or bli kli - there is no light without Kli! After all, as soon as there is corrected kli (= Kli, reduced in accordance with the light!), the light itself begins to be felt in this Kli!

... And therefore, it is necessary to "wait" ONLY for the strength to correct the Kelim ... with the individual spiritual work of LISHMA - for the sake of bestowal. You yourself must desire to GIVE TO the Creator, instead of your desire, expectation to receive the LIGHT from Him. You are like an unemployed person who is not looking for work by himself. Choosing to sit around with folded arms and lament his fate ...

Therefore, you "see, feel a large empty space." "Empty" - an uncorrected Kli feels like emptiness! As the light cannot enter the "emptiness"!

And the fact that you add: "... I go alone and I have no one to share", the reason for this lies precisely in ... the incorrigibility of your Kelim. After all, they are - as you yourself say - "emptiness", and how, tell me, you can share something with "emptiness" ... except only more "emptiness". And emptiness + emptiness = emptiness, zero + zero = zero ... you will not add anything to emptiness ...

And so, as you correct your Kelim, you will feel more and more that you are NOT ALONE, and that YOU HAVE SOMEONE TO SHARE WITH - with the light that comes into your corrected Kelim

From 2011/3/13 Vladimir Stroganov <vstr @ ... ru> "Hello Michael.

I began to translate the "Teaching of the Kingdom of Heaven" from English, I am sending you a draft translation of the first few pages, "About this book." It took me two nights. Unfortunately, I can't spend a lot of time translating. But, since you said that nobody is pushing us, I found it more useful not to continue from the place up to which the translation already exists, but from the very beginning. Please take a look and edit it. In the meantime, I will continue to translate it slowly, in parallel with the study of lessons of "Shlavey haSulam", "Ets Chaim" and "Zohar".

Respectfully, Vladimir ".

## Here is my (Michaels) answer:

Thank you for the sample translation of the book "The Teachings of the Kingdom of Heaven." - it is very skillfully done! And the fact that there are discrepancies between the English and Russian translations is also constructive: as in the Russian translation I, if considered it to be necessary, added / modified the text ... after all, my LIVE lessons in Dutch served as an original book! I translated the Introduction of the book into Russian myself, and then Valentina translated the first 22 pages of the New Testament itself from English into Russian with my comments. Then I briefly looked through her translations and slightly corrected them. And then I translated another 1-2 pages, stopping on page 76 of the first part of the book.

Honestly, I believe that at this stage there is no need to IMPROVE the translation of the book again, from the very beginning. It would be far more efficient to continue the transfer from where we left off, i.e. from page 76 (and I will correct what is needed, at a glance!) ... And when the whole book - all 3 parts - are translated, then it will be possible to do a full edit .... but this will also require very subtle approach: adding words to help connect or clarify what was said, to beautify the words, the style of sentences, etc. can "kill" the very spirit of the book - the force of influence, which I take not so much from the beauty of the great Russian language, as from the SPIRIT, that is, that which I uncovered through my "living" lessons! And therefore, many sentences are "eleptic", incomplete, unfinished ... with "tricky" words and phrases, and when you encounter such cases, please translate them as is ... and then I will correct them ... "by the spirit", and not by the word ... After all, this book does not pretend to be called a literary work with an aesthetic impact on the reader ... Thank you and go further ...

# 124. THE MOST PRECIOUS TREASURE IN THE WORLD

One of our students writes me:

"... I am now faced with new changes; I am being fired from my job. Even although I don't like it, as the promises to pay for an apartment from the firm are not sustained. And it's probably not the will of the Creator to live apart with a young wife. I'm waiting in prayer for the will of God."

And here is my direct answer to him and others:

Work through my audio lessons, BUT DON'T HURRY UP WITH THE ORIGINAL (in Hebrew and Zohar - Aramitic). Work constantly and my book "Kabbalah for the complete organization of life." It will give you the correct orientation, among other things, in your difficult situation on the material side of life - "getting fired" ... - so that you know WHAT and HOW you ask! After all, you yourself gave the correct answer: "I wait in prayer so that it will be according to the will of God"

... There was such a great Rabbi Eliezer, the greatest expert on the Torah of his great generation in the Torah. And so ... he was very, very poor ... so much so that he didn't even have the means to buy a fish for the Sabbath (after all, he had a big family and a "young wife"!) ...

And so, he prayed for haShem, so that He would give him, nevertheless, the most NECESSARY funds for the EXISTENCE ... But haShem knew the great power of rabbi Eliezer ... knew that by continuously studying the Torah, he was able to withstand ANY material poverty and adequately overcome it ...

And you can ask: "Why do I need all this? What does this "overcoming" of poverty give to me? What is good in "poverty", so that it would be worthy in the eyes of the Creator, so that a person could "heroically overcome it? As He has absolutely everything! He "makes us poor" and He "makes us rich" ...! Isn't the "wealth" of a person (with) a sign of blessing?

And now I remember such a passage in Midrash (the allegorical narration of the Torah sages): "HaKadosh baruh hU, Holy, blessed be He, sought in His treasury what to give to His chosen people of Israel. And he did not find anything more precious then, POVERTY. " Strange, isn't it?

And in another place, the sages of the Torah say: "He who does not study the Torah (Kabbalah!) In wealth (that is, being rich), will not study it in poverty (that is, when fate will turn to him and he will become poorer!).

And vice versa: "He who studies the Torah in poverty" will (continue) to study it in wealth as well ...

#### 125. "CENTER FOR THE REVELATION OF THE CREATOR"

## 2011/3/19 from Vladimir Stroganov <vstr ... @ ... ru>

"... Unfortunately, the translation is not moving as fast as I would like ... I understand that the main thing is not the quantity, but quality. But I deliberately load myself to quickly weed out the remnants of the technology-mass approach to Kabbalah.

I am still getting mountains of letters from the BB, even though I wrote to them that I had left. It reaches the point of homerism: as today came an SMS: "The disclosure of the Creator in the Center ... (address specified). Begins at 17.00 h.". I laughed my face off. :) "

# And here is my (Michaels) answer:

... As for the "speed" of translation, then I immediately sincerely and friendly warned you that we have absolutely no rush with this. We have no need to hurry to some kind of "Center" for the disclosure Of the Creator (to the masses!) ... at such an address ... Beginning at 5.00 pm ". ... Does He not reveal Himself at another address...? And is He, the Creator, so punctual that he allows Himself to be revealed at exactly 5:00 pm?

... Of course, it's very funny how a lot of spiritually illiterate guys are worked on there ... (just "guys", because a woman is only a friend of a man for them: she MUST for some reason only contribute to someone ... it's unclear to whom and in what capacity... it is incomprehensible! ... As a dog touches his master: he wags his tail here and there, jumping up and down in delight and showing him his dog's devotion ... so they all dance to the tune their idol). And they all prescribe his commands (for example: "To all women to stay on the ground!") To their (and to other peoples!) girlfriends "in the likeness of properties" - indeed, these "guys" themselves show the same "canine" dedication of the pack towards their beloved "master" ...!

... And each of us firmly knows that, in fact, the "Center for the Disclosure of the Creator" is purely individual: is only in the human heart ... and is exactly the same: whether it is in the heart of a man or a woman! And, that the Creator is ALWAYS ready to reveal Himself, at any moment of the day or night ... when the person himself individually DESIRES SO ... in his heart ..., individually devoted to SONS devotion and love ONLY to the One-Creator!

# 126. WHERE THERE IS HURRY, THERE IS ALWAYS SITRA AHRA

2011/3/23 From: Vladimir Stroganov <vstr ... @ ... ru>

"Hello Michael.

Thanks for editing. Tomorrow I am leaving the city for some time (maybe ten days). I will not have access to the Internet, but I have a computer. Translation, with God's help, will continue. Upon return, I will send the following fragment. Respectfully,

Vladimir ".

And here is my answer to Vladimir (he translates the "Teachings on the Kingdom of Heaven"):

All the best and do not hurry ... instead do the translation "from the rhythm of eternity", from the state of "here and now" for, as the wise men of the Torah say: know that where there is haste, there surely is sitra ahra ... "unclean power"

#### 127. KABBALA DEALS WITH SPIRITUAL ELEVATION OF MAN

2011/3/25 From: Marianne <marianne ... @ ... nl> / translation from Dutch /

"I am very interested in Kabbalah and I accidentally found your site. My question is the following: I am a lesbian and now ... while typing this in Google, I met a passage stating that this is not okay, that Kabbalah only allows connection between a man and a woman. Before further delving into the study of Kabbalah, I would like to know if there really such a restriction. For then I feel, like it's a bad idea to mess with it. Could you please give me an answer, what is your opinion on this matter? "

And here is my direct answer to Marianne and others:

Some of my best and most devoted students are homosexuals and lesbians ... The fact is that Kabbalah deals with the spiritual elevation of man. And what sexual preference he / she has is not something that neither Kabbalah nor the Creator is absolutely interested in (and therefore not me, as a teacher of the pure Lurian Kabbalah).

Come quietly to our forum ... there you can learn a lot ... and learn about yourself too!

#### 128. IF I CHANGE ...

2011/4/1 From: Olga V. <o ... @ mail.ru>

"Hello, Michael! I live in Russia; my name is Olga. My six-year-old son Mikhail is sick with autism - a mental disorder. The situation with the child is very tense. I try to adapt him to life with all my might. There are no boarding schools with human conditions for such children in Russia. While the child is small, I am coping, but what will happen next is not known. And to give him to a boarding school means to condemn him to death. I'm looking for a spiritual magnet. A friend advised your site. Nkomo, because if I change, the child simply can not help but change."

And here is my direct answer to Olga and, possibly, to others:

As a matter of fact, the pure Kabbalah is not engaged in the direct treatment of the physical, emotional and mental components of a person, but focuses on his SPIRITUAL "health improvement" - on spiritual correction. And, of course, everything is interconnected: when the inner part, the soul is corrected, the rest cannot but change and bring itself into accord with the spiritual component.

There are also cases when over a child is predetermined in his or her incarnation to fulfill his mission in this world in a state of ... "autism disorder". His relatives should then be well versed in the mechanism of this higher correction. After all, this is a correction is both for the child, and for his parents and the whole environment. How to deal with it?

There is no and can be absolutely no shame in this, no regret. You can not look at such a child and with pity, as underdeveloped, etc. the excesses of a man of this world who does not understand the highest mechanism for correcting a person, lead him to his completeness and perfection. Therefore, any form and stage of "autism" can be considered a completely "healthy" state of a person. "Healthy" - in its most important and defining component - spiritual! In other words, a person inside himself is completely healthy, because the soul can never become "autistic"!

And so, one of your phrases gave me a reason to answer you: "I want to know if it is possible with the help of Kabbalah to somehow soften the situation with the child, because if I change, the child simply cannot but change." What you said is wonderful! After all, you did not ask me for some kind of "magical" magical means. You are not looking and do not resort to the "help" of all sorts of alternative medicines, healers, sorcerers, fortune-tellers, etc. in such a tense situation. (Although in such cases, parents, being in despair, often resort to such a false decision, and proceed to pay a lot of money, like a drowning man, trying grab onto any reed: "Maybe it will pull me out!"

No, you, Olga, chose the correct position: "... if I don't change, my child simply cannot change." See, you have already been given the right attitude to cope with your situation from the above! Absolutely Correct! You will surely cope with this attitude and your child will feel better, get better and will positively change TOGETHER with you!

And since you yourself have already chosen the correct position, you were then "sent" to me, here in our world and I sent you to a concrete realization of what you have already been given to you from the above in general terms!

And that's why my PRACTICAL advice to you is to read and work through my book "Kabbalah for the complete organization of life" (http://www.luria.eu/rus/pdf/kvclm\_rus.pdf). Try to follow all my instructions and recommendations, i.e. and apply what you read there ON YOURSELF. First read it with one breath, in one gulp, and then work through every paragraph, even every sentence, word, regardless of whether it affects you or leaves you indifferent.

The main thing is ... do not resist, but accept with joy everything that you read there, for in this way you will add to yourselves the correct perception of things, among other things, in your attitude towards the child. And now, he, your Michael, will certainly feel it and this will have a beneficial effect on your states. After all, I repeat once again that the soul cannot become "autistic"! Before the face of the Creator there is no "autistic" soul: the soul of every person is ABSOLUTELY HEALTHY in such a state! It is necessary, of course, to do the work on corrections, but this is the task for each of us. And the Creator has no and cannot have underdeveloped creations ...

And also go to our forum and work with the materials exhibited there ...

And finally, tell me the name of the (natural) father of Michael.

This is all! Proceed immediately to work on yourself and know that "miracles" occur ONLY from within the person what that person makes an effort himself... and conquers his natural weaknesses ...

## 129. "CONSECRATION" - IS ONLY INSIDE OF A PERSON!

Lüdmila wrote:

the consecration of the new moon, is it necessary?

Can you ask this of yourself: Will this "consecration" give me anything (even the most insignificant) for MY spiritual advancement? Will this help me in my striving for the correspondence in properties with the Creator and His Messiah? In other words: will this "consecration" contribute to the salvation of MY soul and its ennoblement? If the answer is no, then why do you need all this commotion ...

After all, the Creator looks only directly at the HEART of a person: does the New Moon consecrate — that is, does Malchut consecrate Shchinah (which "lies in the dust of the earth") with each "new" act, thought and correction?

And is the Creator interested any other "cosecration" produced by a person OUTSIDE his heart?! Therefore, the people called to be chosen by the people of the Creator, in their spiritual blindness, are lost, leaving the "Moon" - Malchut, Schinah, "in the dust of the earth," going, instead, to "consecrate" some kind of moon - some kind belonging to the material nature, the heavenly body ... the creation of the Creator, and not the Creator himself. And so, then they really go outside, lift their heads up and look at the moon, while uttering some incomprehensible words, spinning like jesters around this moon. And she laughs at their childish fun ...

#### 130. PROBLEMS ARISING FROM THE MIND

2011/4/6 Vitaly R. <v ... @ yandex.ru>

"Hello, Michael! Bezrat Hashem" I "passed" through many of your lessons already .... Now I have a question (kaima lesheila)! The Creator gave me a meeting (I dare to assume so) with my Nukva - that is, the girl who as I suppose, my Nukva, because the Creator even honored us with real demonstrations that does not allow us to move away from each other. And here's the question: as our relationship continues, I observe very sharp fears, doubts and stupidities of this world in her, moreover, in her usual states, this is not observed although she does not study Torah... Remembering the words that everything that supposedly happens outside, is inside of me, I try to find in myself where, in what place, such things "sit" in me ... But I can't find it. ... Moreover, it is difficult to imagine how to correct them ... Before writing this question, I thought a lot on this topic, comprehended that, haShem needs for the following question be unclear: how to behave in such situations? After all, it is clear that these are only manifestations of my egoistic Kelim, and far from being the highest ... If I react calmly to what is happening, ignoring the "shouts" of my egoism, how will this be perceived by a person immersed in this world with its slogans? like "the future depends on you" .... On the other hand, if this is really the materialization of my Nukva, then the appropriate Mochin should descend to her .... On the other hand, if the Mochin do not descend, I am guilty, because I deviated sideways somewhere.... I would be very grateful if you could help me!!! Sincerely, Vitaly. Tyumen ".

Sincerely, vitaly. Lyumen .

And here is my, Michaels, yet another answer to Vitaly:

As I have repeatedly and amicably pointed out to you that you are a "tadpole" and believe that you can know everything with your brains ... And from here come all your problems. I will not go into the private aspects of your questions (after all, you are no asking me a specific, MINIMUMALLY SIGNIFICANT question, but a whole legion, a whole lot of questions. And all this testifies to complete chaos, first of all, in your thoughts, and from then in your feelings).

How can I give you a useful answer, i.e. the one that can help you? After all, no matter what I answer you, you will answer - not as they do in Tyumen, but as they do in Odessa - again with a series of questions! And all this is because you are still not able to listen to what you hear from my lessons and read in my books. That is, you are not yet able to put them into practice in your daily life: you simply don't want to WORK ON YOURSELF and CHANGE! After all, it would mean for you to really make an effort, to feel the pain that accompanies these positive changes! And then you must, must pass these tests of strength ... strengthening your trust in the Creator. So you stubbornly remain the same as you were ... as in that song: "how you were, that's how you stayed."

And therefore, in this case, you attribute some qualities to "your Nukva" - qualities that you endow from your own incorrigibility ... with your own brain. Poor Nukva ...!

... And all your references to "the will of the Creator" are only beautiful words (the product of your sick"dialectics"), from which I do not feel any individual work on yourself... because there is no hint in your words of faith in Him which is above knowledge!

That is my constructive answer to you! But can you hear the benefits and find help in it ...?

#### 131. BY MEAT OR SPIRIT?

2011/4/7 From Joseph I. <josef ... @ inbox.ru>

#### "Hello Michael!

Most recently, just a week ago, I came across your website. I think this is exactly what I was looking for! Before that, I spent about a year studying the Pticha through Lightman's lessons (I know your attitude towards him, I have a similiar opinion, but at that time there was nothing else). Then I studied Pticah with comments by Moshe Shlomo Slutsker.

So, I would like to make text files (in the Word) from your audio lessons. Give the original text, transcription, translation into Russian, and your commentary. I just started "Zohar", "Letters of Hamenuna Saba". I can make a trial file and show you what you could correct if something goes wrong? Or maybe it is worth to make a text file for other lessons? For example, is it possible to directly cut the Hebrew text in jpg format into the Word, and write the commentary and translation manually in Russian?

However I will have a slow rate of work, at least at the beginning, due to poor knowledge of Hebrew (or rather, I'm only familiar with the letters, and I can only read with vocals for now, and have very little, almost no vocabulary, but I think with the help of your lessons mastering Hebrew and Aramaic will be much easier), due to the lack of free time, but I will try.

And I would like to ask you a couple of questions.

I am not a Jew. And in many places on the net I asked orthodox Jews a question: Is it possible to study the Torah and the Kabbalah for a non-Jew? The answers were different, but as a rule of thumb they answered - no, a non-Jew should not study the Torah. This is explained by the fact that the Torah must be studied in order to fulfill the commandments, and a non-Jew cannot observe the Sabbath, etc. Others say that it is possible, but only at the level of Pshat, and only the written Torah, as non-Jewish person cannot learn the oral Torah, and Kabbalah is also out of the question. Here is an example of what is written in the Talmud: "a non-Jew who studies Torah is like a high priest". To which they replied that it also says: "a non-Jew who studies Torah is worthy of death," and so the Sages have the following comments on this, that a non-Jew can study in the scope of commandments given to descendants of Noah. Then they say that a Jew has a special soul — Neshama. And that a non-Jew can, if he so wishes, go through the giyur, become a Jew and get Neshama. My question is how the presence or absence of Neshama in a person is determined, and who can confirm that during the passage of the givur, the person receives Neshama, I never received an answer. On the other hand, it's not a problem, go through the giyur, and you recieve knowledge like a Jew. But the problem is that whille living in a non-Jewish environment, the fulfilment of specifically Jewish commandments is almost impossible, and in this case passing the givur does not make sense. And I am more of a loner, I like to dig through things myself and teach myself, public actions somehow do not really attract me. For this reason, I did not buy into Lightman either.

My question to you is: is a Jew a purely spiritual concept, or does a person born from a Jewish mother really have spiritual advantages? And can you still study the Torah, and the deepest part of Kabbalah as a non-Jew?

I also have one more question: The Orthodox claim that understanding Sod is not possible without a good knowledge of the Torah and the Talmud. It seems to me on one hand that is true, but on the other, the same Pshat is better understood in the context of Kabbalah.

Does it matter in what order to study? Starting from the level of Pshat, etc., or can you simultaneously study both Pshat and Sod? Please forgive me for my sloppy writing!

With respect Joseph"

And here is my, Michael's, a direct answer to Joseph and other forum users:

This is just a wonderful letter! I feel that you are fully ripe for studying Kabbalah! There are all required "conditions":

- 1) the rejection of "group" learning methods
- 2) the desire to "roll up the sleeves" and make an effort, in particular, to shift the audio lessons into text form WITHOUT the constant praise of "comrades". (The approach to such work is correct, as you write: "... For example, can I directly paste the Hebrew text in jpg format into the Word, and write the commentary and translation manually in Russian?" Please start with lessons of Zohar. A trial translation is not required: complete 1 lesson and send it to me, and I will correct it, etc.)
- 3) a constructive search for "eligible" opportunities for studying the Torah, the Talmud and the Kabbalah ("Is it possible to study the Torah and the Kabbalah to a non-Jew?" ... "
- 4) an acute manifestation of individuality in spiritual search and comprehension ("And I am more of a loner, I like to dig myself and teach myself, public actions are somehow not very attractive to me").
- 5) inner thirst and search for the path of unity with the "Jew" (Wonderful question: "is a Jew a purely spiritual concept, or does a person born from a Jewish mother really have spiritual advantages?").

Here on these 5 points you ... pass - in my eyes ... with your letter you have already "passed the entrance exams" for full training of the Lurian Kabbalah - the highest, secret section of the entire Torah, including all the other sections of it (Talmud, Mishnu, Midrash, etc.)

... A few words about your name Joseph. Its meaning in the holy language: "it will add" ... You can add either to one side of the forces of the universe, or to the other, right? Either you add strength to Sitra Ahra, the evil side, or you choose kdusha, the holy side, life according to the highest laws of the universe. And here it is clearly felt in your letter ... his very spirit testifies to you that you choose the Creator. Like Joseph ha-tzadik, Joseph the righteous, the son of our forefather Jacob, remained equally loyal to HaShem, both in his areola of glory and well-being, and in prison, shackled ... And although your destiny is already embedded in the Name Joseph, the choice is always left to man. After all, it is possible with this name to become a tyrant, is it not? Putting yourself against the will of the Creator and humanity, with all the terrible consequences that follow from this choice ...

I really like the train of thoughts in the construction of your letter: you don't immediately ask me questions, as it is often done ... according to the principle: give-give-give! ... In this case, "answer me" ... but firstly you propose ... you wish to give yourself, that is, to take the WORK, you want to be given a job for the Creator! This is great! This is the only way to grow spiritually from day to day ... It was also my choice when I first began to practice truly spiritual ... After all, others do not understand this SECRET: Give the Creator and only then will you receive it ... for the sake of bestowal! And this is according to the highest spiritual principle: nothing comes down from above, no matter what is requested from below. "Give," is your Ma"N, in your case, the desire to bestow, give back some of your time, your efforts to transfer lessons, etc. You will go far with such a Kavana and you will not stumble! And if you stumble, you will recover, through your own actions ...

And now I will try to explain to you, first of all, the aspect of "Who is a Jew?" from the position of the Torah, Kabbalah, the Teaching on the Liberation ... of the Creator Himself. Through this we will answer a number of your questions.

There are general and particular aspects of the concept of "Jew." As you know, in general terms, there are the people of Israel, and unlike the nations of the world, in general the people of Israel represent the people of kelim of giving. Meanwhile the nations of the world are the nations of kelim of receiving. Kelim of giving without kelim of receiving is insufficient. After all, both are 2 parts of one whole the Creation. One is impossible without the other.

Meanwhile in particular there is both in one person, in each person, regardless of who he is born as. Thus, in a Jew "by the meat," there are kelim of giving, which is above the chazeh, relating to the power of Israel in it: "a Jew in a Jew." Every Jew also has (including the most ultra-religiously-nationalist Orthodox!) the Kelim of receiving, which is lower than the Chaze, related to the Kelim of receiving, which is Jewish: this is the power of the "nations of the world", that is, goy (= non-Jewish) which is in a Jew. Moreover, the forces, qualities, and properties of each and every one of the people of the world, are present in these Kelim of receiving of a Jew. There are, for example, the forces of the Germanic peoples, Papuans, Palestinians, Russians, Georgians, Americans, Indians, Chinese, etc.

The same is true for the one who is non-Jewish by the meat. His Kelim is higher than the Chazeh, the Kelim of bestowal is his power of Israel, it is his "Jew"! And his Kelim of receiving, under the Chaze, are his peoples of the world, his goim. This is how the Creator himself sees each person: after all, He, haShem, sees ... better to say, hears, perceives only the individual HEART of a person!

If a Jew by meat does not individually work on himself - even if both his parents are Halachic Jews (= Jews according to the law of the meat) - then in the eyes of the Creator they are complete, real goyim, spiritual "non-Jews" - with the desire only to receive!

("Individually working on yourself" means interacting with the Creator through kay, stretched by the light of infinity to all of the creation. Religious, orthodox execution of the Torah is not a work for the Creator at all, it's still for the time

being the work "for the boss": to get some kind of reward from Him. And I know what I'm saying: as I was in the very core of orthodoxy! So how can they, the orthodoxes, judge the secret Torah, the Kabbalah, if they don't touch it! Therefore, I can "judge" them, but they don't have the strength to rise to me ... The forces received from Kabbalah come directly from the world of Atzilut ... "I can see everything from the above ..." At that time, as from the whole study of the orthodoxy, only a faint glow from the worlds separated from Atzilut, Yetzirah and Assiya descends!). Is this clear? This is me ... very simplistic ... in words, but behind them is the great power of comprehension!

Look carefully: now you know that the Creator DOES NOT SEE "meat", it simply does not interest him. He is not interested at all, whether there is a man in front of him or a woman, a child or an adult, a homosexual / lesbian or whoever chooses the opposite sex as his sexual preferences. Each person has only his own individual corrections in this regard. ... After all, the Creator sees and hears only the HEART of an individual person.

Of course, in each of us there are 4 natures: bodily, emotional, mental and - the highest - spiritual. And of course, any spiritual correction entails the corresponding amendments in other aspects of human nature. But this is purely individual and in no way yields to the prescriptions of the mass approach.... After all, the Creator ... yes, he sees and hears only the individual HEART of each individual individually!

And so, with regard to the "meat", what fundamental difference can be "in meat" between, say, Jewish meat and goy meat? Or the meat of a Jew (or goy) and the meat of a pig, a crocodile? NONE, my friend! Absolutely none!

Imagine that some ultra-Orthodox Jew, even a big rav, for example, in the country of Israel, let's say ... in the territory of settlements surrounded by Palestinians, suddenly received the strongest heart attack... And now, he is sent to the hospital ... and it turns out: his heart stopped... it is necessary, to operate as soon as possible, to make a heart transplant.

... But where to find the living and also "kosher" heart in the desert, which could have saved this honorable Jew?

And so, the newly-fatally wounded (no matter from whose bullet) a young Palestinian man is brought to the emergency department of this hospital. There is no way to save him, and in a matter of minutes his inevitable death will come ... If there is no possibility to save one person, and yet there is one to give another a chance to survive, then it is clear what needs to be done.

And now the surgeon runs to the ward of the resuscitation department, where our rav lies and tells him ... in a low voice: "We have the heart of a young Palestinian who is about to inevitably die. We can transplant it to you, Rabbi!"

Well, how do you, Joseph, think that our honorable and respectable orthodox rav will answer the surgeon? \*

\* ... I must say that literally on the same tragic day when Rabbi's heart passed, a non-Jew came to him during the day with questions ... "Please tell the Rabbi, is it

possible to learn Torah and Kabbalah to a non-Jew?" "No," the rav said, "a non-Jew (by the meat) must not study Torah." And there can be no talk about Kabbalah in general! After all, a Jew (halachic = in law = in meat) has a special "heart", a special soul - Neshama. In a non-Jew (by the meat) there is simply no such thing, but he desires, he can go through the giyur, become a Jew and get a soul, Neshama. "

And so, this non-Jewish person by the meat, who is so passionately striving for the Creator (for his Jew, who in him, already awakened in him a "point in the heart!"), Received a categorical refusal even to study the eternal laws of the Creator given through Israel to al mankind!) ... from whom? From a Jew by the meat, authorized for the scrupulous observance of earthly, meat laws, given to Jews in meat by an elite group of their people who call themselves rabbis ...

And now the surgeon asks our hero ... in a low voice: "We have the heart of a young Palestinian who is about to inevitably die. We can transplant him to you, Rabbi!"

How do you think our rav answers him? ... After all, the very idea of transplanting a "Palestinian" heart into a kosher Jewish chest ... ba! And our rav, even without blinking an eye, growled: "come on, come on, hurry here ...!"

And there is another option ...

And now the surgeon asks our hero ... in a short voice: "We have a young, healthy ... pig here in the hospital. We can transplant it's heart to you, rabbi ... and you will still live and hum!". - And now our Rav, without even blinking an eye, growled: "come on, come on, hurry here ...!" ... After all, the Creator sees and hears only the individual HEART of each person individually! ...

And, now it should be absolutely clear to you that ... of course, "a Jew is an exclusively spiritual concept", and "a person born from a Jewish mother does not really have any spiritual advantages over a non-Jew" in meat " if he aspires with his individual work to bring himself in compliance with the properties with the Spiritual, with the Creator and Yeshua, with His Messiah!

... And what is written in the Talmud, that "a non-Jew who studies Torah is worthy of death", here the wise men of the Torah reveal to us a great secret. After all, this is the highest reward for a "non-Jew," that is, the desire to receive, an assurance a person in a state of "non-Jew", who will engage in Torah, that "his desire to receive" will be worth death ... and it's place will be taken ... by the desire to bestow ... eternal life!

#### 132. CHOOSE ONLY ONE TEACHER FOR YOURSELF AND FOLLOW HIM!

2011/4/7 Joseph Iordanishvili <josef ... @ inbox.ru>

"Thank you very much for the beautiful and kind response! I am very pleased! I have already started to transcribe the first lesson on the letters of Hamenuna Saba into text. Probably it will take a few days to finish it. Once I finish it, I will immediately send it to you.

I want to ask you another question, but purely on Kabbalah (on Pticah).

According to Lightman, or rather as he explains: a person builds a screen, and as soon as he can push back the or chozer (by virtue of his Aviut) from the incoming direct light (Op Yashar), he comes into contact, in a Zivug (merger) with the Creator. As far as I remember, he also says that this is called transition through Machsom, and there, further, starts spiritual, practical work.

But Slutsker says, something more logical, that below the Parsa (below Atzilut), there are no screens, there are only broken Kelim of Partzuf of Adam, in the worlds of the BY"A. So as far as I understood, the worlds of the BY"A, is the current state of partzuf of Adam, how he perceives the world. That is, the present state of the worlds of BY"A is our sense of the physical world (Malchut de Malchut). And then, when Mashiah (thr pulling power) comes, partzuf of Adam will begin to rise and enter the world of Atzilut, starting from its head, etc. And there, already in the world of Atzilut, a screen appears at the Creation, and it enters into a merger (in a Zivug) with the Creator.) However according to Slutsker Adam will not enter as a whole, but those called lev a-eaven (uncorrectable Kelim), will be cut off.

And in this case, the question is. If there is no comprehension below Parsa, although there is Atik there, but the worlds of BY"A do not feel it. How could the righteous rise and comprehend?

Slutsker said such a thing: that there is no one who would live in the revelation, in a Zivug. That this is not the righteous who rises, but the Creator who "descends," giving the rightcheous comprehension and Knowledge. This Atik is His presence in everything. But that does not mean having a screen. As he gives this example: Moshe, during his physical life, did not enter the promised land (Atzilut), but only saw it, as if from the side. And that the Creator always appeared to Moshe, and not vice versa.

With respectful. Joseph"

And here is my, Michaels, direct answer to Joseph and others:

... I would advise you to drop absolutely everything that one or another guy says, otherwise you will get completely confused ... Choose ONLY one teacher and follow his training, follow all of his recommendations, do not deviate either to the left or to the right, and allow yourself to change in accordance with his teachings

... and do it with joy ... and most importantly: always justify! Only then you will receive a complete picture of his comprehensions and only this will help!

However, neither Lightman, and even more so, Slutsker, receive the light of comprehension ABOVE knowledge — that is, they do not receive from Ruach ha-Kodesh, from the Holy Spirit ... but only produce their work "with their brains" (and therefore receive only "from their own brains"!) ... for both remain Jews only by the meat: neither they accept Yeshua, Higher Keter, so please tell me, what can you get from the above... by bypassing Keter?!

This is all and for me this question has been settled! The rest, please, look for the answers YOURSELF in my lessons, books and forum posts.

We have two books on the Zohar:

- 1) Translation from Dutch lessons: "Learn Zohar"
- 2) translation (beginning) of my audio lessons of the Zohar in Russian: "Learn the Zohar +"

This is the second Russian version; it would be good for you to transcribe it into text...

## 133. FINISH WHAT YOU STARTED!

2011/4/8 Joseph Iordanishvili <josef ... @ inbox.ru> "Hello Michael!

"Choose ONLY one teacher and follow his teachings, all of his recommendations, do not deviate either to the left or to the right, but allow yourself to change in accordance with his teaching ... and do it with joy ... and most importantly: always justify!"

## I have already chosen!

I looked through the attachment. I just started to translate these lessons, translated the Letters of Hamenuna Saba up to line 22. My text is somewhat differently structured, and a little shorter. I have a whole lesson up to line 22 with commentary by haSulam and your commentary, packed into 5 pages. I thought, since I started this topic, I will continue it to the end? Can I send it to you, so you could take a look? With respect Joseph"

#### Michael's answer:

... Yes, please send it to me, and I will take look. ... And you thought well: once you started this topic, then continue it to the end. Your michael

# 134. IN TRANSFER OF SPIRITUAL, ALL FORMS OF EXPRESSION ARE STRUCTURALLY IMPORTANT

2011/4/9 Joseph Iordanishvili <josef ... @ inbox.ru> "Hello Michael!

In the attached file is the entire first lesson. I rechecked it several times, it seems that there should be no mistakes, except maybe in some transcriptions.

The following lessons, as I understood, I should add to this file... "

#### Michael's answer:

Thank you and you understood correctly: all additions are right in this file of the book. If something is grammatically incorrect in my audio lessons, if it is not smooth or incomprehensible -highlight it, for example, in red, etc. After all, a lot of things that I say there ... I say, with hints, unfinished phrases, between words, etc. Where it is hard for me to express the power of the spirit in words ... there I "brake", stumble, cough, sigh - and this is also structurally necessary! But how to convey it "on paper"? ...

## 135. "DRAWINGS" - ONLY INSIDE YOURSELF

2011/4/12 Joseph Iordanishvili <josef ... @ inbox.ru> "Hello Michael!

I have already finished my second lesson; I will double-check it tonight and send it to you with the first one. I also wanted to ask. Can I draw drawings from the lessons and insert them into the book if necessary? "

And here is my (Michaels) direct answer to Joseph and others:

... With drawings, one must be extremely careful, for they, as a rule, are inspired by evil forces ... in order to create materialized images in humans ... instead of the invisible spiritual forces of the universe ... And, in addition, they inspire some ridiculous pride in the creator of these drawings, they say, look at my insights! After all, representations on a technical drawing, creates an impression of "scholarship" among the spiritually illiterate masses, and therefore they rate it highy!

And from here, the overwhelming majority of the drawings, which the technician the leader of the Kabbalistic Academy produces from his irrepressible head, are terribly harmful to the soul of man. They contribute to the destruction of the soul of the student rather than to its construction. And the "Kabbalist scientist" simply plays on the naive feelings of the faceless mass of his students! After all, the desire to receive inside of a person eludes the perception of the spiritual in every possible way, and therefore tries to instill in him some need for images.

Of course, I don't prohibit you to do the drawings YOURSELF, if you exercise sufficient caution ... And yet, I would advise you to do "drawings" - spiritual representations - only inside of yourself ... Striving for the representation of the spiritual there were materialized images, drawings — you, obviously, still remain from that very academy. For them, after all, there is one request, one desire for their tech-scientist: make us a (mass) drawing! (It's like a heroin injection for a drug addict: if only I can get an injection, then everything will be fine!) It's so nice and, most importantly, to a FAMILIAR to the material eye of a person, functioning as a principle: what I don't see, I don't believe!

... And you, my friend, wage a constant struggle with this illusion put on you by s"a ... And every time you overcome the "urge" to draw a drawing that, in fact, cannot be imagined at all, you will get a gigantic influx of internal forces. You will have an increasingly improved anti-drawing armor system ... anti-image defense!

And so, the day will come when you will no longer need "this stuff" ... It was the same with me, this is also the position of my great teacher Ari! Did Shimobar Yohai leave us some blueprints? Did Moshe? And finally, did Yeshua himself?

So why do you need to learn tricks from apprentices of apprentices who give out their own fabrications of the truth! ...

## 136. THE WHOLE GROUP IS ONLY IN YOU!

2011/4/13 Vladimir Stroganov <vstr ... @ yandex.ru> "Thank you, Michael, for the materials. Let me share some of my impressions.

As soon as I began to study your lessons in depth, as I began to translate the Teaching on the Kingdom of Heaven and transcribing lessons on Pri Ets Haim, I was immediately in trouble: my daughter's family problems, illness of my wife's parents, some recalculations with fiscal authorities ...

On the other hand, the other day a friend of the BB called and said that an independent Kabbalah study group was being organized, where everything would be different from what the professor did. I replied that when I was left alone and in a complete, hopeless impasse, the Creator sent me a teacher, whom I had been searching for for at least three years, and I don't need even a new and independent group. But he so insisted that I come to their lesson and see what they are doing (what if you like it?) That I agreed. Yesterday I went. To my surprise it turned out that, with the exception of one person, there are all the same faces, and they study Pticah by ... video lectures of the same person whom I always called by first and last name, and they called rabbi!!! In other words, the whole "novelty" and "independence" of this group lies in the fact that they also do not like "yeshivat khavarim" with songs and dances, and they do not want to ONLY unite, but also to study original sources. Moreover, in the Russian translation.

It would seem that everything is clear, yes! BUT! It's an amazing thing: during class, I suddenly clearly felt (and not understand with brains), THAT, in fact, some things that I had never understood before meant. When I tried to put it in words — and not by a textbook, on the contrary, I dared to show where the professor was "lost", no one understood me, except for the teacher. And he said: "What serious things are you saying! See how the group helps you grow? Be sure to come again. You can even come without them (meaning the other members of the group), we have something to talk about."

Flattering offer, isn't it? I will not hide; I had a treacherous little thought: "Maybe I can study there and there?" Fortunately, I remember the golden rule: "chasing two birds..." And I will tell you frankly: with all my pride, being well-read and my hypercritical approach to any authority, upon meeting you, FOR THE FIRS TIME I had a desire to stick my opinion somewhere far, to diminish myself and ONLY learn, trying to open up and fully accept what you give without criticism and analysis. I was just translating your lesson on Brit Kedusha, where you spoke about five million pounds and so on... s'a never sleeps! And this time I managed to overcome it, with God's help.

We are moving forward. Respectfully,

Vladimir ".

Here is my (Michael) direct answer to Vladimir:

Good decision - this is already a great victory, for breaking out of the bonds of a group thinking requires "superhuman" efforts. Here's an example from life ... As you know, I have been in ultra-orthodox circles for quite a long time ... and I did it with love, with full dedication and unshakable faith, as much as I could ...

After all, Yeshua himself (whom I had previously listened to from the inside only spontaneously, intuitively), sent me to them, so that I could understand the "nature" of my brothers by the meat, and then, from myself ... then I decided to accept Yeshua ,The Messiah, myself with all his heart and KNOWLEDGE ABOUT HIM, instead of this whole "world group with one world Kli, black raven", performing religion, but rejecting the Creator! After all, whoever rejects Yeshua, the Higher Keter, rejects thereby the Father who sent him to us! And what's the point then, please tell me in this religion WITHOUT the power of Yeshua? - Absolutely n-o-n-e!

And even when I left the Orthodox Yeshivat Khaverim once and for all, it was not at all easy for me to remove a pile from my head (a black cap covering the head of an Orthodox), but what can we say about tsitsit and other attributes of their religion ... The same thing happened with my wife. As she aptly remarked: "It is easier to wear a ritual wig and shawl than to remove them ..." - even after leaving the Orthodoxy, she "struggled" for a long time with their external, ostentatious instructions ...

And even after I left this "group," they called me and called me, asking the tsedakis — money for all their worthless Zionist affairs, etc., until, finally, I categorically did not push them away from myself and closed all communication with them. And the first thing I refused was my membership in the Jewish Community of Amsterdam. And now ... what a blessing! My phone is resting from their irrepressible calls ... and I no longer have to be distracted by all their silly, spiritually immature ideas ...

After all, the entire GROUP, my friend, is only in you! ... The "group" is all aspects of your Kelim-desires, which you have with your own "Yeshivat Khaverim" - meetings together, correcting your desires ... "with songs and dances "- you raise up, step by step up ... on your own individual Tree of Life ...

#### 137. About bad habits

2011/4/14 Igor Zhurkin <igor ... @ ... ru>

His question about "food and drinks":

As for your "food and drink" question, this has absolutely nothing to do with our subject matter!

After all, it does not matter what kind of material food a person eats. Does he drink wine, vodka or not!

... In general terms: food should not be greasy - saturated fats - the materialization of the "food" of impure forces. And of course, it is better not to touch the alcohol at all - the materialized "drinking" of impure forces! And what can we say about smoking: does a true Kabbalist — individually working on himself — take a cigarette in his mouth? ... in the same mouth that speaks the glory of the Creator? Of course not! After all, one and the other are incompatible!

And if you are still weak in the knees: you love those fat foods ... you drink ... you smoke - then you have to work on it, gain will power and overcome these harmful habits, inspired by sitra achra ... After all anything above 10% body fat - is what you spiritually and physically gave up to unclean forces!

Anything related to such issues. I will not answer them anymore ... after all, they have nothing to do with Kabbalah ...

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#### 138. EVRYTHING WE HAVE IS OPEN FOR EVERYONE!

2011/4/14 Igor Zhurkin <igor ... @ ... ru> "Good afternoon, Michael.

Thank you and thanks again for your participation.

I am completely satisfied with your answers.

Taking this opportunity, I would like to ask about where can I learn more about your learning processes. All that I have for now is your recorded lessons. in the form of sound files and their transcripts in the form of text.

This is currently the only form of training for "outsiders" or are there any other forms? "

Here is my (Michaels) answer:

We do not have any other forms of education in Russian other than everything that you can directly find on our website and forum.

#### 139. SPIRITUAL FORUM CANNOT BUT BE "QUIET"

2011/4/15 Igor Zhurkin <igor ... @ ... ru> "Good afternoon, Michael.

"... I occasionally have questions about your books, and I'm interested in the opinions of others, it's interesting to see answers that are different from mine. After all, it seems to me that I can check myself and see something that I don't see yet and it will help me in my inner work. It seems arrogant to ask you questions in personal correspondence, but for some reason it's quiet on the forum."

And here is my (Michaels) direct and final answer to Igor:

... If you want to get a complete picture of my comprehensions and pass it through your Kelim so that it could HELP you, then DROP everything you are interested in, what others say in other forums, and focus ONLY and EXCLUSIVELY on my audio lessons, books and messages on our website / forum of the Lurian Kabbalah. That's when things will go forward... if you really want. In the meantime, as I sense, you are wavering ... wherever the wind blows, it bows you here and there ... as if you are a drunk ... And therefore, nothing helps you.

... It doesn't matter what questions they ask me in our forum: my answers to them are important to you. This is where all your full attention should be focused on. And then things will go smoothly. If you can't do this - you really cannot do anything with comprehension of the spiritual (and yourself out of it!), I assure you of this now ... so why should you lose precious time?

As for your creative poem about "Ets Chaim", I confess that I wanted to somehow support you and therefore put it on our forum. But you are restless and continue to "bomb me" with your absurdities. As a matter of fact, this essay has no place on our forum - this is in fact your personal form of presenting this great book. I will not give you my judgment about it. But I am deleting it from our forum: after all, it will not add anything to others! ... And all because you, I repeat, at any price "run away" from individual work on yourself!

This is all! Please no longer contact me with questions and your own creative works but work independently on all those materials that you find on our forum and site! I will not answer you again, because you absolutely can not hear me!!!

Can you hear, finally, these my words, my "admonitions and teachings" - in this I am no longer your assistant ...

And when you can hear, you no longer need to pester me with these worthless messages with questions that emanate only from your desire for knowledge. After all, so far you have not even touched individual work on yourself. From here, come all your troubles of confusion and vacillation ... and you can not "calm down" ...

As for your remark that "for some reason the forum is quiet," it is not at all "for some reason": after all, the spiritual forum cannot but be quiet ...

#### 140. PERSUIT OF KNOWLEDGE IS SPIRITUALLY - FATAL!

Why is the pursuit of knowledge in the spiritual - fatal, that is, leads precisely to the opposite - the rejection of the spiritual, of eternal life?

"Knowledge" is the light of Chochma

"Faith" is the light of Chassadim.

And what do we learn in Zohar? Chochma, knowledge, cannot be perceived by the lower ones (this is us) other than through the shell of chassadim, the light of mercy, of faith. Why is this so? - By itself, chochma, without dressing into chassadim is attracted by a person exclusively through the left line ... In other words, in a spiritual sense, receiving "pure chochma", triggers a mechanism similar to the "short circuit". The light of chochma then also disappears back to the source, and its instantaneous shocking glow, which entered into the lower one for a moment, receives the Klipot, the impure forces that are in a person. In other words, this receipt does not benefit him!

So how should the legitimate, lawful attraction of chochma work, what are the conditions for attracting cochma under the chazeh?

1) chassadim must far exceed the "amount" of chochma.

RaBa"Sh gave such an example: when you want to drink brandy ... dip gingerbread into it, that is, soak it into gingerbread! In this case, the main thing is gingerbread, and secondary is cognac, only the taste of brandy, as part of the gingerbread! As a result, you get a pleasant feeling WITHOUT intoxication ... While drinking pure cognac or pure alcohol and without a snack is not tasty, bad for health, and can be fatal!

2) Chochma should be enveloped in chassadim.

After penetrating under the khazeh, chochma needs to be covered with a layer of chassadim, in order to warn klipot against attaching to it: they, the impure desires, need ONLY chochma! And they hide from chassadim - chassadim are "disgusting" to klipa... it simply does not tolerate them.

Where there is even only chassadim from ima, even without the illumination of chochma, there is no manifestation of s"a!" This, however, is not yet a perfect state, but there is already PROTECTION from the attachment of klipot. And even it may seem that the feeling is imperfect, but at least you already do not have the "leakage" of creative forces.

3) the attraction of Chochma must occur through the middle line. After all, then it will not be an attempt to drink "pure alcohol" without a snack! By holding chochma through the middle line, you take away the "head" of chochma - Ga "R, and you only get the Va"K of chochma under chaze. And this is quite enough for the lower one to come to a perfect state ("perfect state" is a state of perfect receiving, receiving for the sake of bestowal. And this is exactly the form of perfect receiving that can be naturally applied during the 6000 years of

Conclusion: to achieve the benefits of learning the spiritual, to receive HELP from the above ... FAITH MUST BE ABOVE MORE KNOWLEDGE!

creation before the gmar tikkun). And with this receiving one senses "salvation of

the soul", "freedom", "shalom", "eternal life", etc.)

... This is, obviously, my shortest, simplest answer ... "argument", which I internally constantly rely on when I strongly point out, time after time, on the inconsistency of the attitude to the study and application of the spiritual from the position of "the desire to know "...

## 141. OPIUM or MEDICINE?

2011/4/27 From Anatoly P. <panat ... @ ... en>

"Hello Michael. Thank you so much for your materials. I am particularly impressed with what you write about Jesus - Yeshua. I grew up in a Russian orthodox family, but I am not a believer, but I am interested in the Lurian Kabbalah, which you preach. And I came to your forum very recently and read your Teachings of the Kingdom of Heaven and about Yeshua from Correspondence with Disciples. It's hard for me to understand a lot. Can I ask you a question that I cannot find an answer to myself: Christianity speaks of Jesus and you speak of the same? What is the difference? Thank. Anatoly P. "

And here is my direct answer to Anatoly and others:

The fact that you "read the Doctrine of the Kingdom of Heaven" and Yeshua from the Correspondence with the Disciples, yet you ask yourself this question, my friend testifies that you were obviously reading, from a non neutral position, as opposed from a position cleared of all previous knowledge and beliefs ... And so, you did not understand what I, strictly speaking, repeat in various forms about the difference between the vision of Christ by the religion and the spiritual revelation of the power of Yeshua of the Lurian Kabbalah. I certainly do not blame you. But try to find the answer yourself: only then it will help you in your spiritual growth, if you have come to our forum for this. And if you came only for knowledge, then you will not find anything "worthwhile" here for your brain ...

But ... I will give you, after all, a hint ... only in two words, "aphorism." Just do not be offended, please, I am saying this in a friendly and cordial way:

Religion is an OPIUM for a nation with all the consequences that follow from it ... And Kabbalah is a MEDICINE prescribed for each soul individually, in a suitable recipe for it, so that it must first be cured, and then it will also help you grow, until you achieve salvation - complete perfection and completeness ...

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## 142. NO ONE HAS THE POWER TO CURSE A KHABBALIST

2011/4/27 Joseph Iordanishvili <josef ... @ ... ru> "Hello Michael!

"... I wanted to ask you question which is probably stupid, what to do with the objects of idolatry in the house? They seem to have their own energy; do they interfere in the spiritual? I mean such things as tarot, icons. Or are they just things that do not have their own power, if you do not attach any importance to them?

With respect
Joseph"

And here is my (Michael) direct answer to Joseph and others:

... When you study the Kabbalah li-shma, no objects of idolatry, no spells, no curses, no evil eye, etc., from whatever side they fall on you ... they won't get you ... because you eat from the highest source ... from holiness. After all, in order to curse, make some evil spell, etc., you must certainly rise above the one you curse. In other words, the curse must be "by the forces of attraction from above" above you! That is, the source of his wisdom must be spiritually above yours. And who, tell me, is the source higher than that of a Kabbalah practicing li-shma, for the sake of bestowal? This is haShem Himself and His Mashiyah! (Recall, at least, the case of Bil'am in the Torah, he - the wisest of all 70 nations of the world - wanted to curse the people of Israel, but opening his mouth, extracted only words of blessing from there ...)

And these things that you are talking about (like: tarot, icons, etc.) - you answered it correctly yourself: "these are just things that do not have your own power, unless you attach any importance to them" ....

## 143. THE TRUE PATH FOR YOURSELF

Message subject: question

From: Anna

Sent: Wed May 11, 2011 11:47 am

To: Michael Portnaar

Can you somehow comment on this place from the Bible?

You have heard that it was said: "Do not violate adultery." 28 But I tell you that he who only looks at a woman with lust, has already broken adultery in his heart. 29 If your right eye leads you to sin, pluck it out and throw it away. It is better for you to lose part of the body than the whole body to be thrown into hell. 30 And if your right hand leads you to sin, then cut it off and throw it away. It's better for you to lose part of your body than your whole body goes to hell.

Your opinion abou this is important for me:

You heard what was said: "An eye for an eye and a tooth for a tooth." 39 But I say unto you, do not avenge the one who hurt you. Whoever hits you on the right cheek, then turn to him the other. 40 If anyone wants to sue you to take away your shirt, then give him your outer clothing. 41 If anyone forces you to go one mile with him, go two. 42 But to the one who asks you, give it to the one who asks for a loan from you, do not refuse.

After meeting with you I understand that translation is very important. And that our Russian Bible, it may not in some places correspond to the original. But, for example, I can't study ONLY your lessons and books, as I don't feel it's the right way for myself. "

And here is my (Michael's) direct answer to Anna and others:

Precisely because, as you write: "But, for example, I can't study ONLY your lessons and books, as I don't feel it to be the right way for myself," I can't answer these questions for you... After all, if you're not oriented ONLY" according to my lessons and books "then my answer will not help you either. That is, it means that you take something from here, and something from there ... but in the end it turns out: one person said that, the other this and it's all "hodgepodge." And then my

answer won't do you any good. After all, you just want to "know". And this is not a reason for me, not a sufficient reason to give you an answer.

I wish you, of course, success where you "feel the right way for yourself" ...

# 144. WHICH PRAYER THE CREATOR HEARS?

2011/5/12 Joseph Iordanishvili <josef ... @ ... ru> "Hello Michael!

Michael, there at the end of lesson 14 (Zohar) you said that a person should say a prayer before eating, after blessing, and all together it is a hundred blessings. Does it mean an internal request, Ma"N, or do you need to say certain prayers at a certain time? I recently copied for myself the original text of the Shema Yisrael in my notebook, I wanted to memorize it. But for now I started to transfer the lessons of Zohar, so for the time being, I postponed this".

And here is my, Michaels, direct answer to Joseph and others:

No, no prayer will help if it does not proceed as Ma"N to the highest: to Zo" N. And no matter how much you memorize any prayers, this is an empty affair: everything rests on your kavana, and it must be ONLY lishma, for the sake of the Creator. The whole point of the prayer is to bring Zo"N of the world of Atzilut to the Zivug. This is because before Gadlut, before the expulsion and destruction of the temple, they, Zo"N were in a constant Zivug, and after that - each of us must bring them into zivug.

Now tell me, please, who among the worshipers knows about this? What prayer has this one correct kavana? Only the one who studies Kabbalah for the sake of bestowal is aware of what prayer is. And all the other prayers, prayers are a wild "cry of a child" who wants to receive ONLY for himself: "Give us our daily bread" (and what is "bread" in the spiritual?). These are the so-called "prayers for others" (and who are the "others"? After all, each community prays only "for its own": for its parishioners, for its such and such Christians, for its such and such Jews, for its such and such Hindus, etc.), prayer "for peace" (and what is "peace"?), etc. Do all these religious-national and other groups exist for the creator? Of course not! Moreover, they do not really know the reason why or for whom they pray, more so, they do not know the main thing, to whom they address their "prayers"!

And the Creator hears ONLY prayers, such as you yourself write: "inner requests, Ma"N "- true Ma"N, coming from an empty self, exhausted by the desire to receive ... INDIVIDUAL heart.

## 145. WHAT SHOULD I BE GUIDED BY WHEN CHOOSING A TEACHER?

2011/5/12 Pakhomkina Svetlana < Peres ... @ ... ru>

"Hello, dear Michael, there are many different books on Kabbalah. Given that the sources are the same, the methods are very different. Tell me, please, what should I be guided by when choosing a teacher?"

And here is my, Michaels, direct answer to Svetlana and others:

When choosing a teacher, you should ONLY be guided ... by the desire of your heart! This can be compared, in a sense, with the choice of a life partner ... and I would say ... even more important. After all, you can find more then one "life partners".

Meanwhile you should immediately choose ONE teacher and always justify everything he says and writes ... and never change him for another ... Only such a choice will lead you to YOUR cherished goal!

## 146. IT IS NECESSARY TO WORK HARD FIRST!

2011/5/13 Pakhomkina Svetlana <pro ... @ ... tv>

"Hello, once again, dear Michael, in the continuation of the topic of choosing a teacher there is another important question. How should a student relate to a teacher? Is it enough to look at him as just as a lecturer who gives material and directs to the Creator, or is personal attitude, exaltation with love, for a great rav, to one who feeds you required? Who is a teacher in relation to a student? "

And here is my, Michaels, direct answer to Svetlana and others:

... Read ONLY my books, ONLY listen to my audio lessons, regularly ONLY visit our website and forum, and throw everything else away as unnecessary rubbish ... and then you yourself will find ... miraculously ... not answers only to this question, but also to all possible (and impossible!) questions that you may ever have. The spiritual (= true spiritual!) Will self-generate in you by itself ...

This is all! I will not answer you anymore, for you want as a child, only to know ... and in our place, NOT for knowledge, but for individual spiritual work! It is necessary to work hard first!

## 147. MECHANICAL RULE OR KAVANA?

2011/5/26 Stroganov Vladimir <vstr ... @ ... ru> "Question: Is it possible to write" Elohim "?"

No, "traditionally" the names of the Creator are not written as they are written, for it is written: Do not mention the name of your Creator in vain. "In vain" is when, while uttering or reading some name of the Creator, you do not raise Ma"N. This is a "mechanical rule" - for the one who performs the Torah "with arms and legs".

But in Kabbalah, we do NOT do anything in vain, but ALWAYS are aimed at raising Ma"N: are we in prayer, are we studying Torah or other sources of Kabbalah, when performing Maasim Tovim, good deeds ... etc. up to the smallest details and details of our everyday life.

Therefore, we CAN write the names of the Creator as they are written! After all, the Creator Himself hears ONLY the individual heart of the soul aspiring to Him!

## 148. "CORNERSTONE" IS YESHUA

Michailas wrote:

"Hello Michael! How are you doing?

Sometimes I look at your training forum. You state everything beautifully and systemically. Thank you for open access to great values.

Michael, I want, if I may, ask you some questions.

(Midrash Tanhuma, Kdoshim, 10).
"The land of Israel is at the core of the world, and Jerusalem is at the core of the land of Israel, and The temple is at the core of Jerusalem, and The Holy of Holies is in the middle of the Temple, and The Ark of the Covenant is in the middle of the Holy of Holies, and before the Ark is the Keystone on which the world is founded."

My question is: What does Midrash mean by this keystone, and what does it say in another place - "the stone that the builders threw away, became the cornerstone"?

And the second question: Rabbi Shimon in one place the Zohar (I don't remember exactly where) says "Oh if I open and oh if I don't open ..." What secret is Rabbi Simon talking about?

Thank you, with love michael

Here is my answer to all forum users:

The cornerstone is Yeshua: Higher Keter, the connecting "stone" between the Creator and man.

And I can't answer Michaelis second question: it's not yet for you, because you just want to know, and I'm not allowed to reveal the secrets of the Torah to the "inquisitive".

... After all, it was about this that Rabbi Shimon "worried about" himself ... that the "inquisitive" will find out the secrets of the universe revealed by him and will not be correct themselves - individually work on themselves ...

## 149. WHEN THE DOUBT LEAVES...

2011/6/19 inna ... <inna ... @ ... en> "Hello Michael,
I want to ask you for advice.

Some time ago I had a very strong internal need to transcribe lessons of Shlavey aSulam and I started with lesson 14, followed by 15 in one breath. But since Vladimir has to work on my lessons after me, even though I try to write them diligently (I learned how to insert Hebrew text, etc.), but after starting to communicate closely with Vladimir, I understand that this is not enough. As a result, correction of the lessons I have written takes a lot of time from Vladimir, and this is at the same time that he is still doing a tremendous amount of his own work ... Both Vladimir and I, understand that this our common, joint work which gives us separate, special work for both of us, for each of us our own. But still, I cannot stop feeling that I distract him.

Michael, should I write my lessons and keep bothering Vladimir (I really want to write them!)? Or is it better to wait, and now just listen to the lessons? This is where I want to ask your advice and it is very important to me.

Yes, Eternity is ahead of us and we are in no hurry, but doubt does not leave me. I would be grateful for your answer, with great love

Inna. "

And here is my (Michaels) direct answer to Inna and others:

... if you are "bothering Vladimir with editing," then, strictly speaking, you only helping him with his individual work, supplying him with an additional portion of work "on correction".

As for your question (in which you can find your answer already there!): "... should I write lessons and keep bothering with Vladimir (as I really want to write them!)? Or it is better to wait, and now just listen to the lessons. This is my question as your advice and it's very important to me. Yes, we have Eternity ahead of us and we don't hurry anywhere, that I don't doubt," I can't give you

advice on whether to continue transcribing lessons or not. because I can't talk to a person at all, in a state where he "has doubts" ...

After all, the main sign of spiritual advancement lies precisely in the fact that ... "doubts leave you". And vice versa: when there are doubts, this work means (for the time being!) "For its own sake". And therefore, only when the doubt leaves you, then you will understand for yourself how you should act ...

The sages of the Torah said: "Everything is in the hands of Heaven, except FEAR before Heaven." Paraphrasing this saying, one can rightly say: "Everything is in the hands of Heaven, except for overcoming the DOUBT before Heaven"! Overcome all sorts of doubts - this is the whole work of a person ...

## 150. THERE IS NO "BEFORE" AND "AFTER" IN THE TORAH

2011/6/16 Oleg <... @ gmail.com>
"How do I start learning Kabbalah ...?
Respectfully,
Oleg".

I will answer with excerpt from lesson of Zohar number 141:

"The sages said:" there are no concepts before and after in the Torah. There is no obligatory chronological order in the Torah, the same is true in the spiritual and when studying Kabbalah, there is no obligatory order, first study this, and then that. Of course, there is order itself, for example, how The Book of Zohar is build, how Etz Chaim is build, and of course there is a very important sequence for study, so as not to get ahead, but gradually from one after the other, paragraph by paragraph to go consistently as the author himself wrote this book.

But a person who has already passed through spiritual space can take any place, no matter where it is located, at the beginning, middle or end, to do this, and it will give him a great light of salvation. Of course, we are trying to move forward step by step, and there is a hierarchy of spiritual levels in this, but as the Sages said; "There is no before and after in the Torah," it is like the eternity itself, which has no past and no future, but only the present ... "

I have already written about the general order of studying various books of Kabbalah, and therefore I will not repeat it here. Search this on the forum itself! We do not chew and put in your mouth. From the very beginning, the student is required to have self-discipline and perform individual work on himself according to the principle: search (= make efforts in the search!) And you will find!

## 151. ALL YOUR "SURROUNDINGS" - ARE ONLY IN YOU!

2011/7/6 Bugemots <bugemot @ ... com> "Hello. Michael.

I read the book "Kabbalah for the complete organization of life" and this is what it says: "Every person gets a free choice in life. And this free choice is ONLY that you can choose your surroundings. Leave your old friends if they scoff at your desire to perfection".

What does this mean - I need to stop communicating with my friends due to the fact that our goals are different, and they make fun of my studies? Or the relatives — for them Kabbalah is a sect and a nightmare — they don't know much, but what can I do to limit communication with them? Or I do not understand, mixing spiritual with material? But this is what is written: "The four unions must be observed in relation to matter"

I read it now and did not hesitate to write this letter for a minute, because I got extremely anxious.

Oleg"

Here is my (Michaels) answer to Oleg and others:

You should see your task not in "not hesitating for a minute" to write me, as it were, to respond EXTERNALLY, but to put the reading as deeply as possible into YOURSELF! ... And the main thing is to always WORK to justify my words. And if this work (= justification) will work out quite easily for you ... it means that something is wrong, then it is only your desire to receive "accepts" my words - it goes ONLY to feed it further!

I must be painfully HARD ... even HURT ... to take my words in ... you should FEEL the struggle from within, contradiction with what I write in the book ... a strong desire to "spit" on all of this ...

After all, my words (and even more correctly: the spiritual forces are conveyed by these words!) Have the aim to TURN, TRANSFORM your desire ONLY to receive, into the property of bestowal — that is, into such a property that is completely alien to you and hateful!

And then THEN only it will be your creative work that transforms you ... instead of superficial "extreme agitation" - that is ... only sensual (or intellectual, what's even worse!) Perceptions of what you read ...

This is all! Do not write to me, work without my "feedback"... after all, the main thing (= that will help YOU!) Is to establish and strengthen FEEDBACK in YOURSELF!

... After all, all your "surroundings"- ARE ONLY INSIDE OF YOU!!!

## 152. PROPERTY OF A CHASSIDI: MINE IS YOURS AND YOURS IS YOURS

/ Fragment from the lesson of Zohar No. 144 transcription by Joseph Iordanishvili

"Chasid" - giving, from the word Chesed. This is not the Chassid who wears a black robe and has a long beard, which can be found on the street, but the Chassid is the one who wears Chesed (Grace). In Pirkei Avot (Teachings of the Fathers) it is said about the property of Chasid, who dresses into Grace, and there are the words "sheli shelha ve shekh shekh" (mine is yours and yours is yours). Yours remains yours, and mine, it's yours, this is a feature of a Chasidi, a person who dresses into mercy. What Yeshua told us; "If you are asked to give a shirt, give two, if you are asked to walk a mile, walk four," give more from yourself, so his remains his, and give him yours. It is not at all clear what it is. In our world, there is absolutely no such thing, but only apparent bestowal, all sorts of "saints", etc. In our world this is not possible, we have only seen this in Yeshua. And when a person takes this property of Chasidu, puts on this property of Chasidum from Yeshua, borrows this property from Yeshua, then he can act like a Chasidi. And then he will have the point of Malchut, which connects with Binah, as only she can do that. Listen carefully to what I am trying to express in simple words. But the second point to Gmar Tikkun can in no way do so. The second point is she herself, Malchut, which he hides, and there is no person from whom she could accept the property of Chasidi.

## 153. YOU CAN'T THROW AWAY WORDS FROM A SONG

From: Svetlana To: Michael Portnaar

Posted: Wed, Jul 13 2011 22:43:58 +0000

Subject: Introduction

"Good evening, Michael! Or rather night already. I registered on this forum, because I didn't know how to write to you, it's very difficult to go straight to "you." I wrote to you on Skype today at the return address, I just think it is unlikely that my message has reached. Here it is, not to rewrite it again: "Good afternoon! I already know that you do not answer here (on Skype) - I read all the pages on the "Questions to MP" forum to get acquainted with questions and answers. You say that I need to participate in the forum, and not just be an observer, but I am not ready to ask questions OF YOU - I understood from your answers that you need to be prepared for your insightful assessment of even the question itself ... and I was scared, although I have questions, of course... I want to tell you so much ... and to hear at least a word ... because now it is very difficult for me ... I just have to explain why ... I came to Kabbalah 2 years ago after disappointment in religion, I was an active preacher of the good news of the kingdom in the international Organization called Jehovah's Witnesses, I have deeply studied the Bible, and I know all the prophecies from the beginning to the end, it is clear that on the earthly level and in the interpretation of this organization. I also read Eastern teachings and practices. Through various books on esotericism, hermeticism, and others. I got to the book of Zohar, after reading it, I saw a completely different picture and decided to take a course of studying Kabbalah in BB ... it's hard to put into words what conditions I was experiencing ... there was anger, and a grudge against religion, and inspiration from what I learned ... I almost lost my friends, they are all from Jehovahs Witnesses, but have not yet left it, because my son is still there, but I don't attend their meetings and I'm not afraid of expulsion. When I studied Kabbalah at the World Academy of Kabbalah, I thought that I finally found the truth .. I was even ready to give up my belief in

the atoning sacrifice of Christ ... While I was studying Kabbalah, I felt that I was moving on the spiritual path, although I didn't notice any special feelings, except my depression has disappeared and some interest in life has returned (one of the peculiarities of my life was that I couldn't walk since childhood, there were many difficulties in life, and it so happened that My son does not walk either - as before he was one, doctors gave him vaccine against polio, and this should not be done ...) But according to the methodology of BB, it is necessary to join the group, at least a virtual one. I didn't have much desire for it, but I did it for the sake of advancement, met some people, joined the group ... and after a short time I saw that I stopped going... yet there were questions ... I accidentally read your book " The fruit of the tree of life, "the teachings of the Kingdom of Heaven" - you have no idea what a relief it was to discover that not all Kabbalists reject Jesus Christ (you can't throw away words from a song). Then I read "Kabbalah for the complete organization of life" and I agree with you on everything. So what must I do? .. although my path is tricky, but I want to continue it ... with you if you do not refuse ... although I respect Laitman and he has the right to implement his ideas. By the way, I want to say that this is not entirely correct, when those who left that, express their own negative attitude, because they ate from that source and for the time being, they liked it and it worked. I do not think that in your forum you should collect various gossips. Sorry for the direct statement ... But it's somehow unpleasant for me to read it ...

But such a social activity, as in the BB, is not for me, I just do not have enough strength for it. With respect to you Svetlana "

Here is my direct answer to Svetlana:

Come to our forum viewforum.php? F = 51 (if you cannot register by yourself, send me your email address and our administrator will register you). Work with materials that are there INDEPENDENTLY - that is, with "connection" with me DIRECTLY: through my books, forum posts, etc. And do not write me any letters ... This will not help you!

## 154. DON'T LOSE THE MEANING OF LIFE!

2011/7/25 Sofka Arabadzhiev <sofka ... @ ... bg> "Hello dear Rav Michael Ben Pesach Portnaar,

My name is Sofka Arabadzhiev. I am 50 years old. I am from Bulgaria. For the first time, I want to apologize that I do not speak Russian well and cannot express myself very well. I read your books and in them I found answers to the questions I had been looking for many years. And, of course, I would like to ask you some questions that concern me. I would be very happy if you answer them. As a woman, do I have a different path to spiritual development than men? What should I do to make spiritual progress? Should I read the Zohar, the Teaching of the Ten Sephiroth — in general, what books should I read? I would very much like to have a teacher to lead me in the right direction, but I heard that women do not need this. Is it true? I went through many other teachings until I came to Kabbalah. I am very glad that I have found for myself the wisdom of Kabbalah and you. Long sought the meaning of life. And when I found it, I do not know what to do to comprehend it. Thank you in advance for your time!

With best regards!

Congratulations

Sofka

And here is my (Michaels) direct answer to Sofka ... and to all other women who are confused by all sorts of group rules.

No, Sofka, in the spiritual sense, women need all that men need. There is absolutely no difference between the one and other ... But I already wrote a lot about this ... also on the forum, in my lessons and books. And therefore, look for yourself and find it there. And learn all without exception, what you find on our website and forum!

You also write: "I've been looking for the meaning of life for a long time. And when I found it, I don't know what to do to comprehend it." - What do you mean you do not know ... to comprehend it? - If you found it that's all, now you already

have some important insight. Now do individual work on yourself - this is what you need to do ... and all of this you will find in our materials ...

Just look both ways, so as not to lose what you found with such difficulty. As the sages of the Torah said: "at the one who is stupid? - He who loses what he is given!" And they teach it (and you learn!) Using the example of the Jews: the Torah was granted to them, and they took it and "lost it" ... (= instead of the Creator, they began to engage in TRADITIONS - children's entertainment, invented by their big intellectual heads).

Can you imagine: they received the most precious gift in the world of all time: access, the key to eternal life! And they got it and ... lost it... But this gift, and now they always have it before their eyes ... but they don't see or hear ... And the whole secret ... everything rests on accepting ... laying on yourself ... INDIVIDUAL spiritual work, because only such work can be li-shima - for the sake of the Creator! And only whether the work lishima - that is, through YOUR individual Kelim! - adjusts to Him in properties, and with it ... the perception of

eternal life, perfection! ... So, do not write me any more letters, and work

## 155. THANK YOU, THERE IS NO NEED!

independently - only this helps!

2011/7/26 Dmitry Havkin <havkin ... @ gmail.com>

"I will be in Amsterdam from the 26th to the 30th. I want to attend some of your lessons. I have been familiar with Kabbalah for about 8 years through Lightman. When can I drive up or where? Thanks"

And here is my (Michaels) direct answer to Dmitry and all others:

I do not give any more lessons in the classroom, but only on the Internet. In addition, I do not meet eye to eye even with my close and devoted students, and what can we say about outsiders. But you can "meet" me and (this is much more useful!) ... through my books, audio lessons and messages that you can find on our website and forum.

## 156. THE ORDER OF STUDYING THE LURIAN KABBALA

2011/7/29 Nino Ninov <ni ... @ gmail.com> "Hello dear Rav,

...I have one question. There are many audio lessons in your site. They relate to the Zohar, TES, Shlavei HaSulam, etc. With which lesson should I start? And in what order? "

Here is my direct answer to you and others:

The order of study is as follows:

- 1) Lessons of Heblet (letters and reading of the holy language)
- 2) Lessons on Shlavey aSulam and pass all audio lessons to the end! Learn these lessons in parallel with the study of the electronic book Shlavey haSulam (which will be gradually replenished), "Manual on individual spiritual work" and "Kabbalah for the complete organization of life" constantly repeat it with more and more attention to individual episodes and deepening of thoughts and feelings of the read.
- 2) Then take the lessons of the Zohar and go through them to the end (read also our electronic Books on the Zohar!) But learn the in PARALLEL with the lessons of TES (also in text form!)
- 3) Then listen to the lessons of Ets Haim.

# 157. THE PATH TO TRUTH

trueneman wrote:

The path to Truth is located at: /....ru/

(Attention! This is not an advertisement of the site - this is an "advertisement" of Truth).

It is possible that this is really "not an advertisement for the site", but all of this is the philosophical nonsense, which you call the "The Path to Truth" (and even capitalize it!) ... a "path" that never helped anyone and will not help anyone!

Therefore, I will remove the address of your site from our SPIRITUAL forum - this is not a place for it! And you should be prudent and refrain from posting any insinuations on our forum, and instead start immediately working on yourself, CRITERALLY working through the materials of our forum of the Lurian Kabbalah. It will be YOUR rightful path to the Truth!

And if you do not listen to my friendly words, then when you re-post a message, our administrator will be forced to remove you from our forum ... and FOREVER! Why mess with yourself?!

#### 158. STABILITY - IN SPIRITUAL WORK

2011/8/16 Sofka Arabadzhiev <sofka ... @ ... bg> Hello dear Rav.

Recently, I asked you to tell me what my name means, what my spiritual gene is, but you didn't answer me. From the forum I realized that it is very important for a person. Is there any reason you choose not to answer my question?

I only want to know this, so as not to forget why I am in this world. I will not ask more questions, because I realized that I was too small, insignificant, I was at the beginning of the path, very backwards in comparison with your other students. I have a lot of work to do on myself.

Sorry for perseverance. "

Here is my (Michael) direct answer to Sofka:

... Now I can answer you, because you are motivating your question ... now this question is "essential."

Your name Sofka consists of 5 letters, which means that 120 combinations of words, meanings, ways of life can be made from it. It is clear that the definition of YOUR unique way ... is not simple and can not be approached in any way mechanically, based only on letters. Indeed, in Bulgaria there are probably thousands, and perhaps tens of thousands of women with the same name Sofka, aren't there? And for each of them there is some special combination of letters + another series of EXTRANSIVE factors that must be taken into account to determine, in each individual case, it is one unique spirit. Sophka's gene How I specifically define it is not important. As a rule, this additional information, which I trust above knowledge. ... among other things, from our correspondence with you, even the most concise ...

In each name, as you know, there are, as in life, two sides, two paths: the one that needs to be prevented, and for you to be alert and not to be tempted to follow it is the path of personal destruction. And there is a creative path, following which, the man himself chooses his good destiny, embedded in his name.

In your case, the path that you must constantly avoid is expressed in letters: sameh-vav-fe-kuf-ain. It consists of two words: the first is "sof", which means "end". And the second is more complicated: it is kuf + ain, which is sometimes folded into two letters: nun-yod. If we now combine the letter "Kouf" with the letter Ain, turning over the order of its components, we get: Kouf Yod-Nun is the name Cain.

So, it turns out that the path you should always avoid (watch out for so as not to fall for the temptation to follow it!) sounds like: the end of Cain - that is, the end of this path, the known end of Cain's path, with all the ensuing consequences.

And the creative path named Sofka consists of 5 letters, the last of which is not ain, but alef: sameh-vav-fe-kuf-alef. And also, this combination of letters consists of 2 component words: sof + kuf-alef. "Sof" we know - this is the "end", "completion". And kuf-alef, if you turn them in the reverse order, we get A"K ... Yes, you are not mistaken: the world is Adam Kadmon! It turns out that your creative name is: the end, the end of Adam Kadmon.

In other words, the meaning of your creative life is to contribute to the completion of AK, that is, the work of correcting yourself (and through yourself and the rest of the world), which goes to correct the lowest part of AK, which is under the tabur, the lower part of BYA, right down to the world of Assiya, which borders on this world, which is called sof, is the end.

And since your soul is from the generation of the Messiah parish with the arrival of which "His feet will be on the Olive Mountain" (= the world of Atzilut descends to the world of Assiya), then your soul must contribute to this complete completion of the sof, the end of the structure and the design of Creation ...

## 159. VE-MI LO AHSHAV, Aymatai - AND IF NOT NOW, THEN WHEN?!

2011/9/21 <eu @ ... com>

"Dear Michael Ben Pesach.

I've been meaning to write you for afew days already, but fear comes over every time

The first time I found your site was a few years ago. I returned several times. This time I couldn't just leave. The fact is that I have been studying books by Baal Sulam for many years. And although I cannot comprehend his wisdom, but something was able to catch on during this time. I was delighted with your revelation about Yeshua. My soul rushed to this disclosure, and now it does not agree with the mere study of books, but with the rise to the source and the merging. But the body is very heavy, because I am proud and very lazy.

I was happy to find complete translations of TPP, without omitting words. Because if a Kabbalist writes in the text "He is blessed," then he does so because he felt that what he writes about being Blessed in full truth, and how can this be omitted from the text!? ... I learned this from Ramchal, who is like a Brother for me, although a teacher at the same time. However, Yehuda Ashlag, ARI, RASHBI and others are not so close and shine from far away, but I would like to deserve an approach to them, therefore I am writing to you.

I wanted to tell you that I read your lessons and books, and I find warmth and love in them.

With thanks,

Zhenya

PS: I do not subscribe with my full name just because my environment would not approve this letter, and can make trouble, as my wife, who fully supports me in my aspirations for the Highest, is very upset when I get into trouble and always asks me to be careful. But I hope the time will come when I can openly write to you. "

And here is my, Michaels, (collective) answer to Zhenya (i.e. all other Zhenyas, of this kind!) ... And so, I answer him not directly, but through the forum ... as after all, he never asked me a question in his previous message!

But he didn't put a question to me just because he didn't put the question to himself: why am I studying Kabbalah? ...

The great sage of the Torah, hillel, said: ?! ואם לא עכשיו, אימתי ve-im lo ahshav, eimatai -

And if not now, then when?

And the moment of state of ahshav - "now" is ... when you are not worried about "your environment": whether it approves of "your letter" or not ... After all, your environment, can "get you trouble" ONLY in your imagination!

As it turns out ... you are afraid of yourself, and not some of your imaginary environment!

And "your wife", Zhenya, is also your reaction to your own Nukva, which is inside you. Since you have it uncorrected and you do not subject it to correction, but only admire "the knowledge of Yeshua," you receive negative signals from her: she is "very upset because you get into trouble."

And if you are "shy" by admitting that "you are delighted with the revelations about Yeshua," this is not a sincere confession! And if so, what is the use of your recognition and ... admiration! After all, the one who is "embarrassed" by his confession, the acceptance of Yeshua, will be embarrassed by the very power of Yeshua (which is in you!) Before the Most High!

... And in vain you cherish yourself with the hope that "the time will come when you can openly write" ... after all ... they are ein haeshay, eimatai!

## 160. SOMETHING HAS CHANGED, BUT WHAT?

2011/9/21 <inna ... @ ... en> "Hello Michael.

I really hope that you, with God's help, is well.

I decided to disturb you because, in recent months, one thought inspires me and leads me into spiritual work, but I cannot understand something.

This concerns my family history and the interweaving of family names. My grandfather, my mother's father, was named Tevel Kagan

... He grew up as a very capable boy and his parents wanted to see him as a future rabbi, everything went to that, he studied religion and it seemed that his way was determined ... When he was 15-16 years old, fleeing from pogroms, he left for Ukraine, to Kharkov ... I do not know why and how this happened, but there he was no longer engaged in religion, received his usual education ...

... When I got married, my last name became Kukhno. And just recently, it suddenly dawned on me - Kagan and Kukhno, are very similar names. But something has changed ... But what?? Michael, I really did not want to bother you with this question, but I cannot understand the answer myself. Or maybe there is no answer.

And here is my direct answer to Inna:

"Kagan" and "Kukhino" are derived from the same Hebrew word: kohan, priest.

In the first case (kagan), the letter h was voiced (made a consonant consonant) and it became "g". In the second case, it was stunned (made deaf consonant) and it became "x." This is an external transformation of this word-surname.

And an internal change is the addition at the end of the word the letter "Vav", sounding like the sound "o", and therefore transmitted by the letter "o". (And the intermediate sound "e" or "a" in such cases - according to the laws of the holy language - drops out).

In this form, the word-surname Kuhno gets the meaning: "His priest" is the priest of the Most High. Why is "his"? Since ONLY Yeshua knows Him as the Father in the form of the first person "I", and for all of us the Creator remains in the form of the third person "He". And we comprehend Him through Yeshua!

And this internal transformation has already been laid in the name of your grandfather Tevel, meaning "dipping", immersion in water for purification from sins - the same thing that was produced on the Jordan River by Yochanan ha-Matbil - "(ma)tbil"- has the same root of the word as tet-bet (bet) - lamed...

And since your grandfather did not deal with the Torah during his lifetime and he did not achieve unity with the Creator through "dipping" and unity with Yeshua ... after all, ONLY Yeshua is His Priest, this task was transferred to you, modifying your last name to Kuhno...

# 161. THE WHOLE CREATION IS RULED BY THE HIGHER LAWS OF THE UNIVERSE

[11:57:55 AM] josef: if possible, I also wanted to ask. From the publication on the forum: "It would seem that the screen INSIDE should be felt the same way, regardless wether I REFLECT the Direct light from the desire which is Pleasant or Unpleasant to me. For example, when a person tells me nice things, but I push them away, because I shouldn't be pleased so I don't accept them for my own sake, but at the same time I myself am disgusted and not pleased that I upset that person. Or on the contrary when a person tells me disgusting things, but I do not push them away, and instead absorb them even thou they hurt me, but in this way, I am also building a screen."

[11:58:25 AM] josef: what do these actions that she calls the "screen" have to do with the spiritual?

[2:21:52 PM] Michael Portnaar: here's my direct answer to you about this "screen"

[2:23:29 PM] Michael Portnaar: certainly? The screen described in the message above is not a screen on the spiritual! But one must know that even at the level of the states of "our world" we can find traces of the same laws as in the spiritual worlds! Moreover, even Sitra Ahra is built according to the same immutable laws of the universe!

## **162. TRANSITION TO JUDAISM**

From Yuri D., 28-09-2011 (translated from English):

"I am married to a "non-Jew", and she wants to become a Jew. This is what she wanted even before we met. Do you think this is necessary? I ask you about this because it leads to huge problems in our marriage, as I want to support her, but Judaism has always been very difficult for me, especially after I "met" Yeshua. I understand there is private and general issues in the aspect of "being Jewish", but it is necessary for her, to go through the giyur and be added to the general face of the people of Israel, as she seems to feel about this? Please answer me, because it is not at all a matter of "want to know," from my head, but this is a problem that has been hurting in my heart for almost 4 years, as long as we have been together ... and she is about to start this process of conversion to the Jewish faith, and we are around Chabad LOT, since there are not so many of them here in San Francisco ... And I find Chabad especially difficult because of their messianic inclinations. Please help! "

And here is my direct answer to Yuri and all those whom he can help:

Going to Judaism or to some other "-ism" is a cultural-religious activity that does not spiritually take any action. In fact, there is no transition from one state to another! And therefore, in order to preserve what the wise men of the Torah call "shalom beit" - "peace in the house", you can agree with this. After all, this is the desire of your spouse, is not it? And if she asked you to, say, buy her new shoes,

wouldn't you go to meet her and buy exactly the shoes she wants. Although you may not really like those shoes. And therefore, give it up to her in this "transition from one nonsense to another" why care about all these contrived rules of spiritual blindness. They want to preserve their national identity in this way. Let them!

The main thing is that you, in your heart, do not succumb to the temptations of the performance of their traditions. But do not stop talking to your wife about this and do not argue with her! Don't make fun of her religious feelings. Remember that you, in your time, were far from accepting the true path, of the spiritual!

As Rabbi Shimon Bar Yochai says: each fruit has its own time and place! Be patient with the process of spiritual maturation of your wife!

# 163. ON THE EXHIBITION OF A PHOTO IN THE PROFILE OF THE FORUM MEMBER

[4:34:02 PM] josef: Good evening Michael. I am very embarrassed to ask a question again. As Alexey said at the forum: "curiosity killed the cat." I'm here about the photos .... You previously described the meaning of my name and surname, but that was before we began to communicate via Skype. Where my photo is visible. Can you tell me something about it or is it too small and fuzzy?

[5:29:25 PM] Michael Portnaar: the point is not in the photo itself, but in the fact that a person decides to EXHIBIT it in his profile on the forum, i.e. not afraid of the opinions of others. This is already some kind of victory over the innate fear of the mass-group consciousness!

[5:32:24 PM] josef: yes! .... before I spoke with one girl, she even advised, they say, you are too open on the Internet, and they say, you can get hurt because of this ..... Especially on the esoteric forums .... as rarely does anyone expose himself ... especially his first and last name.

# 164. "KABBALA FOR THE COMPLETE ORGANIZATION OF LIFE" - BOOK number 1 IN MY LIFE!

2011/10/2 <simonas @ ... com> "Shalom Michael,

I want to help you to do something that would be difficult for you to do yourself, and most likely impossible ...

Everything has its time ... and so every book leading to the Father comes in its time ...

Therefore, it is necessary to convey to this generation that without your simple, uncomplicated book "Kabbalah for ...", this generation has no chance to get through to the Zohar, nor to Etz Haim, nor to anything else, for TRUE SPIRITUAL WORK, because without that this generation will not make be able to turn this simple book into an instrument for handling parts of OWN soul from that obtained in early sources ... this will be only empty knowledge ...

And a person needs his OWN experience, so that he can react to the input [data] from outside by working INSIDE ... so that he can bypass the past log, or go through it, according to the circumstances, where experience will say - how to act ... but before that, one must learn to walk ... One must gain some knowledge of one's own soul, its parts, which properties are inherent in one or the other part, how they interact, how they function separately, and so on, etc.

Without the word of Yeshua, these are all just empty words, because a person has no idea what properties are in question ... moreover, there is no orientation, which the property to look for, where it is going ...

Therefore, I strongly recommend having your book as the number one book in life ... starting with it every morning, because it will give the right direction ... then you can deal with other sources all day, but have a connection with your own soul, other sources refer to disclosures' links in SELF - will be saved.

I am writing this because you cannot write it yourself ... you can put it on the forum for yourself, because the guys need to start using it sooner rather than later... because they will speed up the path - and this I can guarantee from my experience and the experience of my fellow travelers ...

Everything has its time ... your book - IS FOR THIS GENERATION! "

## 165. WHAT TO DO IF YOUR PARTNER IS RELIGIOUS?

As I already wrote above in the message "Transition to Judaism", religion produces absolutely no spiritual action. So, the cries of a religious man and his execution of the "commandments" with his hands and feet, are not seen from the above. And therefore, there is absolutely no sense in their performance. The commandments of which the Torah speaks of are purely spiritual commandments.

Then why the wise men of the Torah obligated the people of Israel to fulfill the Torah with their hands and feet?

Firstly (- read: before the coming of Yeshua, who brought us the Covenant by the spirit!), The fulfillment of the Covenant by the meat was required, as preparation for the future adoption of the Second Testament by the spirit. But with the arrival of Yeshua, there is no and cannot be a justified reason for execution of the commandments mechanically, with primitive kvana: if haShem so commanded, it means that it should ... means we will serve Him with "hands and feet".

But what to do if you have a partner (or candidate to become a partner!), who is religious, i.e. the one, who "keeps" commandments from the outside?

In the same message, "Transition to Judaism," I wrote: "... for preserving "shalom bait"- "peace in the house," you can agree with that."

And finally: "The main thing is that you, in your heart, do not succumb to the temptations of the performance of their traditions. But don't talk to your wife about this and don't reprimand her! Do not make fun of her religious feelings. Remember how far you were at one point in time from accepting the true path, of the spiritual! "

And finally: "As Rabbi Shimon bar Yohai says: each fruit has its own time and place! Be patient with the process of spiritual maturation of your wife!" Wife or husband - it does not matter, there is no difference.

In other words, be prudent and patient with the process of growth, spiritual development, of your partner.

Now let's see what situations this our "rule" applies to, our "recommendation" to be "patient"?

Of course, ONLY if your partner does not require you to observe his / her religious "commandments" in any way! That is, only when he / she is doing it by him/her self and she is not trying to involve you in this child's play! That's when you can tolerate your partner's religiosity. After all, this does not affect your HEART, which you have forever connected (and connected in each state) with the light of salvation through Yeshua, the occupations and work of a Mature PERSON, and not a naive child. Let your partner suck the mother milk from a tit, but this does not help you anymore: you need SOLID food!

I am ONLY talking about your inner consent to tolerate the naivety and immaturity of your religious partner! He / she still needs some kind of affiliation, group identification, while you already firmly know that the group is killing the person in you, yes, it kills your connection with the Creator himself, through Yeshua!

Therefore, if the partner insists that you return to the primitive state of the soul ... to the state of a stone, to the state of inanimate nature, then you must give a DECISIVE PUSHBACK to it! You must (if you truly love the eternal Creator and Yeshua), with your inner strength and faith, ask a serious question! "Do you choose me or your used-up religion!". You must put a supreme spiritual ULTIMATUM to your partner! "I belong only to the Highest and do not wish under any circumstances to belong to any group of" idiots from any religion! "If you want to: then stay with me, if you don't then go to them by yourself or wherever you want ...!"

But it will have its decisive impact only if it comes straight from your heart, and not from the lips and beyond. i.e, your partner must hear from you your DECISIVE NO! And this should be done AT ONCE! And then your partner will stop their religious indulgence and listen to you instantly! After all, it will not be heard by their head which is filled with all kinds of religious hodgepodge, but it will be heard by the HEART! (And if not, then your partners religion is, God forbid, "chronic", then you should part ways with them... with heart full of joy!)

However, if your partner sees and hears that you yourself are not sure of your demands, then he will take the initiative in his own hands and ... decide on his way, drawing you into his dirty and empty game that only separates you from Kabbalah, from Yeshua, and then ... from a spiritual connection ... with me!

REMEMBER THAT THERE ARE NO Partial Solutions in The Spirit! So, when you are choosing: between your LIFE or DEATH ... choose LIFE and give a decisive rebuff to religious inclinations that your partner addresses to you!

... By the way I said all this so, but in general: everything is in one person ... After all, Yeshua points this out to us: If an eye, hand or foot seduces you, pluck them out and throw them away from you, as it's better for you so that one of your members perishes, so your whole body, not be thrown into the gayin (to hell) ... where the "eye" is the part which determines the place in the head of the Partzuf. The "Hand" is in the middle part of the Partzuf, and the "foot" is in the lower part of the Partzuf.

# 166. HELP IN CREATING A DICTIONARY OF THE LANGUAGE OF ZOAR

/translation from English/

October 7, 2011 00:59, Michał Tenriv <... @ gmail.com> wrote:

"I have software add on. It contains fragments from the Kabbalistic dictionary in such a way that when I put the mouse on the Hebrew / Aramaic word, it shows me its meaning.

I think it would help a lot, especially if you read the Zohar or TPP ... and you see all sorts of abbreviations that you cannot find in a regular dictionary.

I do not know what will happen to Zohar, since there is no his Aramaic translation.

... I heard about Pritzker translation, but it is not available for free. shalom

Michał "

And here is my (Michael) answer:

It is not part of our task to translate Zohar in such a way that "when you put the mouse on a Hebrew / Aramaic word, it shows its meaning"!

And Kabbalah requires INDIVIDUAL WORK, for one to put in EFFORT in his studiesl, instead of searching for ready-made dictionaries of this kind!

Only in this way will the words of the Zohar enter into you and remain there to live FOREVER!

By the way, if you want spiritual, not just empty knowledge, my advice to you ... leave the Pritzker translation - this is not Kabbalah!

... We are currently engaged in the compilation of the Zohar Language Dictionary ... So, all your structurally significant comments and suggestions can help us with this ...

# 167. FEELING OF LONELINESS - A SIGN OF SEPARATION FROM THE CREATOR AND YESHUA

From the correspondence with the student:

[6-10-2011 9:32:25 PM] Student: Is there any other forum page where I am every day?

[6-10-2011 9:32:51 PM] Disciple: ... where do your students write among themselves?

[7:40:43 AM] Michael Portnaar: there is no such page - they do this themselves if they want to correspond with each other

[7:43:43 AM] Pupil: yes, I already understood that, thanks

[7:44:03 AM] Pupil: but I realized that it is better if there is no such thing ... so that "groups" do not form

[7:44:24 AM] Michael Portnaar: you understood that too!

[7:44:34 AM] Disciple: it's not required ... but sometimes I "feel" ... loneliness

[7:45:00 AM] Michael Portnaar: but, I repeat, you can, of course, correspond with each other

[7:45:58 AM] Student: many times, ... I very much wished to study with you ... personally! But this is also the desire to receive for my own sake.

[7:45:58 AM] Michael Portnaar: when you feel lonely - this is the TIME and PLACE to work YOURSELF!

[7:46:51 AM] Michael Portnaar: these are the moments to be taken with love and work on them until ... until this feeling passes

[7:47:54 AM] Michael Portnaar: otherwise, you just run away from work. As in the BB: as soon as someone there feels lonely, he immediately calls his friend, etc., so that he can lead him out of one mud ... into another. This is their wild method called "aravut" by them ... From the above, they give a person a feeling of "loneliness" ... to help a person who is "lonely" person in spiritual work, to feel the real shortage and happily work on correcting this "feeling" ... and they, you see, are pulling him out, I mean, dragging him away from the Creator with their group idiocy!

[7:48:50 AM] Michael Portnaar: Know that if sometimes you still feel "lonely," then you still don't love the Creator and Yeshua enough! For one who loves Yeshua does not know the feeling of being alone!

[7:52:19 AM] Michael Portnaar: but about your desire to "learn with me personally", because you already now study with me "personally" - through my books, lessons and messages. "Personally" - this is YOUR kavana, and not studying with me "one-on-one"! You still have a lot to learn from the TRUE work on yourself. You have a head, however the spiritual sensations, the correct perception of the spiritual — you have to work hard on this! In this regard, you are still very "green" ... as you should gradually mature ... and this takes years of work!

[7:54:56 AM] Disciple: yes, you are right, as always

[7:55:14 AM] Pupil: your word is always about Yeshua, thanks

[7:55:59 AM] Pupil: and it does not mean that it is easily achievable

[7:56:20 AM] Disciple: Many times, I "struggle" with this, as if I could fight Yeshua

[7:56:36 AM] Pupil: and therefore, I am still a "child"

[7:57:22 AM] Pupil: ... and I've been struggling with your words for a year now

[7:57:36 AM] Pupil: but I know that this is "childish"

[8:00:21 AM] Disciple: Have a nice day

[8:00:31 AM] Pupil: thanks!

## 168. CHARITY or MERCY

[15-10-2011 10:15:12 PM] Yuriy: I have a question: mercy is always translated as mercy ... but isn't it rahamim - mercy?

[15-10-2011 10:32:12 PM] Yuriy: Chassadim in English is often translated as mercy ... And if Rahamim is mercy in English, what is Chassadim?

[15-10-2011 10:32:49 PM] Yuriy: this is not only for future translations, but this question is always a bit confusing ...

[9:01:31 AM] Michael Portnaar: charity is charity, rahamim, the light of mercy is light coming from above. FOR ONLY that which comes from above can be called MERCY!

And the fact is that they call charity, mercy, as applied to a person, to organizations here on earth is a PERMANENT comedy of "bestowal", behind which there is always deception, deceit, and its own calculation! Down below in a person there is NO and cannot be

(ANY !!!) properties of mercy, and there is only din with attached klipot!

... But below it is possible to cause a state of mercy and this is mercy, the correct translation of which is ALWAYS mercy, the light of Chassadim

[9:03:38 AM] Michael Portnaar: in the light of Rahamim, there is Ga"R - the light of Chochma, and in the light of mercy, there is no Ga"R, there is no presence of Chochma, but only Chassadim, Va"K of the lights (without a head!)

[9:04:39 AM] Michael Portnaar: and therefore, one is not to be confused with another. Confusion comes from religion, i.e. from ignorance and darkness ... And for the perception of the spiritual, Kabbalah, requires the knowledge of the exact definitions of spiritual concepts and processes ...

## 169. TO LEARN ETS CHAIM - ONLY IN THE ORIGINAL!

2012/6/4 Anatoliy < Anatoliy ... @ yahoo.com>

Hello, dear Rav! I wanted to know how to get your literal translation of the Ets Haim book in Russian? I live in New York. If possible, please give me advice. Respectfully Anatoly.

Here is mine (Michaels) direct and honest answer: my "literal translation of the book Ets Chaim in Russian" does not help you at all! The fact is that it should be taught only in the original!!! And for more understanding, it is good to study TES in addition to it, but also in the original! So, you are not able to escape through this question: either you painstakingly study the language of Ets Chaim itself (and it's extremely simple!), or nothing truly spiritual will ever work you... But only blah blah - good motives WITHOUT spiritual work! So, choose yourself. Register on our forum and work on it actively if you want ...

I wish success, michael p.

Anatoliy answer to me:

Thank you very much for your answer, in principle You are mainly right. We in NY (in New York) have a group of young guys that strictly study only the originals of the books. But I visit once a week on Saturday. Therefore, it is very difficult for me to understand the language. Our Rav forbids to study any books in Russian. Only the originals of "ktivei ari", haRASHASH-sidurami guys are praying. How important is it to pray every day? As we have a rite, although you write that there are no rituals (in Kabbalah). Please give me an answer. Do I need to pray three times a day?

Michael Portnaar to Anatoliy (to Anatolia):

Answers to all your questions you must search and find you by YOURSELF in my books, articles and audio lessons! And if you do not want to, then remain a puppet, a pawn of your shaky rabbis! This is all! I will not answer you again, for you must finally start working YOURSELF! And if not, then forget me, our website / forum and continue the idiotic way to hell with your ravs!

## 170. ONTO WHOM TO GRAB?

2012/6/6 Anatoly Vlasov <vlasov ... @ mail.ru> "Good afternoon Michael.

I have a question. The words MASHIACH (Liberator) and NAKHASH (Serpent) in Hebrew have the same gematria 358. Is this the principle: The Creator created one against the other? "

Michael: Yes, thanks!

## 171. "NEGATIVE STORIES ABOUT KABBALAH" - ARE THE FAULT OF PSEUDO-KABBALISTS!

2012/6/8 Anatoly Vlasov <vlasov .... @ mail.ru> "Good afternoon Michael.

I want to share some of my observations and ask you to answer my question.

Increasingly, on television of Ukraine and Russia (although I watch TV less and less), negative stories about Kabbalah began to appear, attributing to its close connection with Freemasonry and magic. Moreover, no matter the subject of the plot be it religious, political or scientific. Once I fell under the influence of this information myself, I had the same opinion about Kabbalah.

But now, while studying the Lurian Kabbalah, with your and God's help, I do not take the connection of Kabbalah with Freemasonry seriously (at least what I learned about it in my time) and adequately respond.

But ... In communicating with people who are not strangers to me, sometimes, when a conversation arises about the meaning of life and the question is posed: "for what and how to live further?" I gently recommend reading your books. And I say that in these books you can find answers to such questions and that they also provide practical techniques that help in everyday life. Many people have a lively interest and questions: "Where did you get these books?", "And who is the author?", "Where did he get it?". And when I say that the basis of these books is

Kabbalah, the expression on many faces' changes. And instead of a lively interest in their eyes appears fear and tension. And a person begins to excitedly tell me that he heard from similar sources: that Kabbalah is a spiritual teaching of masons based on magic, etc. After my explanations (to the best of my knowledge, comprehension), they "let go." But the argument is that there is no smoke without fire, and I, by large do not know what to say.

Is there still any connection between Freemasonry and Kabbalah? If so, with which Kabbalah? Personally, I formed the opinion that freemasonry is far from the Lurian Kabbalah.

P.S. I am concerned about this issue primarily because of the fact that these people are sympathetic to me and I want them to like and learn the knowledge of the Lurian Kabbalah.

Regards Anatoly. "

And here is my direct answer to Anatoly Vlasov:

I have one piece of advice for you, if you want to listen to it: let go, finally, of yourself and don't touch all this rubbish that has been spinning in your head before and is still tugging inside of you. That is why you are worried about the comments of any clever people, like the masons, who "went from one bank and did not come to the other!" The same applies to all other "lovers" to chat "about" the spiritual! No religious, philosophical, or any other concept of "spiritual," has absolutely no METHOD of individual spiritual work! And therefore, they do not have the methodology of saving the soul! Why do you need their "opinions" - opinions alien to the spiritual! After all, THEY DO NOT FULLY KNOW THE CREATOR!!!!

... And the fact is that "... More and more often on television of Ukraine and Russia (although I watch TV less and less) negative stories about Kabbalah began to appear, attributing close connection with Freemasonry and magic to it" - this is not only because of complete ignorance and misunderstanding of Kabbalah, but mainly due to the fault of the "distributors of Kabbalah": all these religious and Kabbalist scholars do such a great disservice to Kabbalah and ... to the Creator! And all because by calling themselves Kabbalists, they still did not accept YESHUA as the ONLY Supreme Keter and Liberator! And without such acceptance of Yeshua by the soul and body, the whole Kabbalah ... IS DEAD!!! And vice versa: with the adoption of Yeshua, the Kabbalah leads a person to perception of the eternal LIFE!!!

This is the meaning in my terminology of "shriveled ravs" - those that pronounce the words of Kabbalah from the lips and beyond WITHOUT accepting YESHUAH! But the whole outside world ... is not a fool, and it feels the emptiness of their words, despite the fact that they are throwing around holy terms from the Kabbalah, carefully tracing the geometrical Kelim in the form of cups ...! After all, the Creator hears ONLY the heart of a Kabbalist, who COMPLETELY gives himself (= his own territory) and not the lips of Kabbalist-distributors - the "owners of houses" (= who leave their own territory of receiving for their own sake to themselves)! And the crowd hears the last ones (on the radio, on television, at lectures in cinemas, etc.), and those who try to work for the Creator LISHMA (for the sake of His name), they cannot hear (they don't speak publicly!) For those

who write their "negative stories about Kabbalah", their apparatus for perceiving the spiritual is not fully developed and they themselves DO NOT LOOK for the true, pure Lurian Kabbalah to find salvation in their tormented (by religion, science, Freemasonry, magic, etc.).) souls ...

## 172. WHAT SHOULD PRECLUDE THE WRITING OF A MESSAGE ON THE FORUM?

josef 6/28/12 8:38 PM Michael can I ask you a question .... from the lesson 111 of Zohar?

Michael Portnaar 6/28/12 8:38 PM ask

## josef 6/28/12 8:39 PM

it says ... that if the teacher (or person) .... does not know the words of the Torah to their clarity but updates them .... i.e. raises MaN, etc. .... a man of lies comes out .... and so on. ..... and when we write something on the forum ... for example, I ... and I do not know ... what am I writing ... to the point of clarity ..... is this something else?

#### Michael Portnaar 6/28/12 8:44 PM

what it says there is when the "teacher" does not know the clarity of the topic that he is covering, then when he raises his MaN the answer from above, acceptable

(= level acceptable for the student), he may inadvertently raise it to the other side of the medal, and then he draws ... from devil-where!

6/28/12 8:47 PM

and it can also happen on the forum in approx. horizontal section, when co-forum users create messages, not relying solely on the principle of LOVE EACH OTHER (LEO)! Since this is exactly the intention of LEO subforum as it protects the creator of the message from such a false and dangerous raising of MaN in his reply to the messages of another forum member!

6/28/12 8:48 PM

in case he did not give such a kavana of LEO from the inside 6/28/12 8:48 PM

You asked a good question and thought of the right answer to it

#### Michael Portnaar 5:11 PM

Regarding the lesson of the Zohar № 111: What is the condition, a sign that the teacher raises MaN where it is required?

5:23 PM

What is a sufficient reason to be sure that the teacher will draw down the proper MaD? Or, what installation should a teacher have in order for his MaN to rise to the right place, and not to devil-where?

5:10 PM

(I already mentioned this earlier in my posts)

#### iosef 5:36 PM

intention, kavana for the sake of bestowal .... Man and, as a result, MaD descends from the above .... i.e. attracts light to the student? .... it's hard for me to formulate ....

5:38 PM

Malchut rises to binah ...?

5:43 PM

What is a sufficient reason to be sure that the teacher will draw down the proper MaD?

- I don 't know ... how to answer .... this is internal confidence ....

## Michael Portnaar 6:21 PM

Malchut has 2 points: one in its place — and it must always be hidden until Gmar Tikkun, and the 2nd point is its elevation and connection with binah. And through the latter, we can raise the MaN and recieve MaD from the above — after all, this is already an orientation towards Binah (the lower one, which rises to the highest, becomes like the highest one). And Binah is truly a property of bestowal. Therefore, a Kabbalist teacher always monitors (or should be careful!) To raise MaN only through the 2nd point - connecting her with binah! And so, in this way, it is impossible for such a teacher to be wrong - to raise the MaN "where shouldn't go" and not to attract light to klipot and shav.

It is the same with posting on the forum: before writing, you have to do the work to connect your malchut with binah inside of yourself and only then start writing! This is the whole trouble of forum users and this is the whole cure and LEO!

#### josef 6:26 PM

but one must know that this is so, i.e. a person must really have the strength to overcome, is lishima is given from above as a gift? .... and who on the forum can actually do this? ... after all, loving each other .... it's not as simple as convincing

yourself ... that I wish him well, and therefore I write to him ...?

#### Michael Portnaar 6:30 PM

therefore, it is necessary for forum members not to fantasize that you love someone, but to do real work within yourself, relying on the methodology of the Lurian Kabbalah. And all these references, quotes of Jesus Christ, are completely helpless in this matter without the METHODOLOGY of the entire Teaching on Liberation! Yeshua himself teaches us to make efforts from within, and not just engage in childish, primitive faith in the king-father, in a sweet, kind Jesus, in Rav, in groups, etc. As on the LEO forum: for the time being everything done there is mainly covered with or overt hatred with ehidtsey, anger and, worst of all, envy of thr neighbor = to the forumman.

And all because they write messages in LEO spontaneously, "from the heart," "right on the spot" - without prior internal work, that is, they raise the MaN from their head, and not from communication with Binah, and receive what was requested. This is called mida knedgad mida: property vs. property: requested with evil intentions ... and got the same thing back like a boomerang! But why throw you own mud at others ...!!!

## 173. "VIDEO" AND THE STUDY OF THE SPIRITUAL ARE ABSOLUTELY CONTRAINDICTORY!

/ On the use of "video" in the study of the spiritual /

There is absolutely no need for the presentation of prayers / lessons, etc. in the form of video clips, etc. After all, we are engaged in the Lurian Kabbalah, and not a "spiritual" show! These video effects will not help us in spiritual advancement! Quite the contrary!!! After all, I could give lessons every day through a video camera or otherwise, so that "the whole world" would contemplate me. There are always fans of "help" who want pictures, "show them your face", "let them see the tzadik alive," "let them see you as a guru", etc. the offers that I have received so far from all over the world, especially from America. In this sense, the Americans offered me to become an "alternative" to Berg and Lightman ... in other words, to make a world organization according to Kabbalah of a "new type", using the latest effects of modern video technology and other advertising "nastiness" (in a spiritual sense) ...

For anyone who wants a TRUE individual spiritual advancement, I strongly recommend Avoiding all sorts of images, video presentations and other such materials representing the fruits of material representations of the spiritual ... whether with chirping birds, or with a cross, or with icons, or this or that bald or overgrown head of some wheezed rave, or with Madonna ("Mother of God") with the baby Jesus, etc. forms of visual enslavement! By these seemingly innocent activities "through" video and the earthly eye, you put an insurmountable barrier between yourself and the Creator. And what spiritual liberation from material slavery can you then expect?!

And therefore, we do not have any need for us to be "seen," found, on the first pages of search engines!!! And even the opposite: let them carefully and painfully search for us ... and here, on page 17, the searching person suddenly comes across our website of the Lurian Kabbalah Center! ... finally found! Our website and forum are being created for such a person! And the "stray flies" who accidentally heard something about Kabbalah and in a hurry open Internet pages with the keyword "Kabbalah" - let them get into the "honey" of priority for search engines on Khabbalistic sites. (They are ready to pay for this advertisement, which for us would only be anti-advertisement!).

Please, NEVER, and under any circumstances, forget this my friendly warning ... and haShem will be with you!

## 174. ABOUT PRINTING OF MY BOOKS

- 1) Books on my lessons in the text can be printed anywhere and by anyone that is, those who wish in any printing house, however, there is only one publisher Verkabbala Uitgevers (this is our registered publishing house of the Lurian Kabbalah Center).
- 2) It is allowed to edit any of my books for printing needs and then submit them to me for approval ... (for a final check so that there would not be any "self-inclusion").
- 3) There is no fee for the sale / distribution of printed copies of books either to the publisher, nor to me personally!

## 175. FIRSTLY TES, AND THEN ETS CHAIM

2012/7/5 Anatoly Vlasov <vlasov ... @ mail.ru> Good day Michael.

I appeal to you with a request. I was determined to start learning lessons of Ets Chaim (for the second time) but could not find them on the site. Tell me where I can find them.

Sincerely, Anatoly.

## And here is my answer:

## Good afternoon, Anatoly

... I would advise you to go through the audio lessons of TES in the order that they appear in our text, but thoroughly, working through every word in the holy language. This will give the fastest progress ... because I myself gave Ets Chaim

only for to get students familiar with the language of Ari and that then, after having worked on TES, a person could

self-learn Ets haim ... And so, I did not put audio lessons of Ets haim on the

I wish you success michael

## 176. KEY TO SUCCESS - INTENTION TO GIVE AND NOT TO TAKE!

2012/7/7 Vladimir Lavrinovich <ava ... @ mail.ru> "Dear Michael!

Vladimir Lavrinovich writes to you, I live in Russia in the Urals (unless of course you know where it is). In April of this year, I accidentally discovered the world of the Lurian Kabbalah and was amazed. Your lessons began to change the reality around me. I especially liked your book "Kabbalah for the complete organization of life". Just yesterday, Joseph from the city of Tbilisi suggested that I transfer lessons on BSHK, since I did not have (I do not have) any idea about this material, I decided to at least somehow prepare for the upcoming work on BSHR and re-read those materials that were posted on your forum. On about the eighth page (depending on where you're counting from) you say - "Everything will gradually open up. I'm busy now, but I hope that in September I'll give people, managers, businessmen, politicians who want to, can do two evenings, say. Full this kind of training so that they can work on themselves. This will give them

everything that no other teaching in the world can give. The time has come to give it to the outside as well. Today I finished this course, there is already location in the center of Amsterdam. I am ready now to show that Kabbalah does wonders, to show this to people, not to those who, of course, are just eating ice cream and looking around, but to those who are motivated to experience a miracle. Their lives will turn in the right direction, and they will win the competition without overworking. They will both work more, and the productivity will be more. And at the same time, they will love life and they will have vitality. It is necessary to apply it, and not just sit studying with each other. You need to go to the corners of the streets and give it, because it is not yours - you have the right to speak. Everything consists of five Sefirot, it is very important to understand yourself in all respects."

So, I was very interested in this training, I would like to start working on myself using your materials. Tell me where can I find these materials, where to start and most importantly what is the work on myself?

Thanks in advance.

With the deepest respect, your student Vladimir! "

And here is my (Michaels) answer:

2012/7/7 Michael Portnaar <michael ... @ gmail.com>

That "training", about which I wrote in the book "Kabbalah for ..." I did not give anyone the EYE-TO-EYE - neither an individual nor a group. This, strictly speaking, was not my goal, I just wanted to ATTRACT ATTENTION to this method, built on the conclusions of the Lurian Kabbalah, to show that L. Kabbalah does wonders to a man! And then, each person should independently conduct this "training" on himself in everyday life!

...Yes. everything will come with time ... but first you need to gradually learn how to work on yourself. How? In my books, articles, messages you will find everything you need for this. And most importantly, to start correctly, as Joseph did, for example: he did not ask me: "give me (Joseph) this, give me that." But instead, in his 1st message, he proposed in plain language: how can I be useful (what can I GIVE, not take!). This is the key to success!

This installation also implies a complete, INTEGRAL acceptance of me as your ONLY teacher! And when the time comes, you will gradually get - through me - a connection with my great teachers ...

That's all, and the rest is your individual work. I do not correspond personally with my students and colleagues ...

michael p.

# 177. THIS IS A PLACE FOR A SPIRITUAL, NOT FOR church bellis full of empty noise

As I see in the forum section LEO (love each other) ... they don't understand it or even ... don't listen to my words, but they use ... they scatter religious notions "humility", "holiness", "kindness", etc., and refer to some "sources" of Christianity, which do not help at all! ... It is a pity, but, obviously, there is no spiritual level yet, and therefore again and again they take up familiar religious concepts. We used such concepts mainly in the book "Guide to Individual Spiritual Work", and even then, only as an introduction ... for a person "from the street"!

And now, if you mention concepts like "humility," think carefully, and what does this mean in the spiritual (and not in the language of religious brains!) - what kind of Sfirah is this? What spiritual phenomenon on the scale of the Tree of Life does this apply to?

That will already make sense - and will be able to help you in your spiritual progress!

As can some shriveled dictum of some church theologian, a philosopher-talkologist whom peregrina calls "Holy Just John of Kronstad" and mention the "source": "How to achieve holiness. Humility. Goodwill" help you.

Why do I need to "reach" all of this? What will it give me?!!! Does this "achievement" bring me closer even by a millimeter to MY supreme goal of union with the Creator!?! Of course not, I just get enslaved even more with all these church bells full of empty noise!!!

What is "humility"? This is the state when you completely thin your Aviut - the thickness of desire - to stage 0, to Keter, to "humble yourself" with the bestowing property of Keter, which has no Aviut (= 0)! And not some characteristic of a man! No one was HUMBLE from the beginning of the world and no one can become humble in itself until the end of the world! There can be no talk of "reaching" humility!

There was, there is and there will be only one soul descended into this world through Binah, which is always be humble — as it is always of level of Keter — Yeshua! And people of all times do not have their own Keter - we always borrow it from the power of Yeshua every time! After all, Keter is a manifestation of the divine (bestowal) in this world! At the time, as a creature consisting of 4 stages WITHOUT KETER! And in each state, you can feel the power of Keter (liberation) = the state of "humility" only thinning yourself: "Humbling your desire" for the sake of the desire of the Supreme!

This is approximately the way you should work on such "everyday" concepts as "holiness", "philanthropy", "humility", etc. - it will be an integral part of individual work on oneself, and not of empty chimes of the church bells!

... Let forum users once more (in what counts!) Reconsider with their brains and finally begin, to think and feel SPIRITUALLY, rather than engage in religious chatter. If there is such a need - please, no one is holding you - go with these empty-chimes, chime away to the appropriate forums (and there so many of them, you can't count: after all, everyone has his own empty noise!) And there you will also receive applause. And here, on the spiritual forum - they simply do not fit, do not correspond to the spirit of the forum. And here they will NOT HELP at all!!!

And now everyone should understand that in our forum there is no place at all for the name: Jesus Christ! After all, this name is an image, an icon, a cross is a religious attribute, and we have no points of contact with ANY RELIGIONS! And now, from now on, I will simply remove such messages from the forum! And a true student will make an appropriate conclusion for himself from this deletion - it will be like a friendly warning to him, and if not, then he / she simply has no place to WRITE on our forum, however it's not forbidden to learn on your own!

## 178. "SOFT SURGEONS MAKE STINKING WOUNDS"

From the correspondence with Joseph:

Michael Portnaar 10:19 AM

... I understand how it would be "hard" for beginners to handle all sorts of what may seem like "attacks" on the "dissidents"!!! And these "beginners" can be (and often are) those that have been learning Kabbalah for many years! And all because they do not see and do not hear what and how I write. Everything seems to them that I attack individuals, specific religions, etc. But I don't respond to such children's messages: after all, the point is only to find the "justification" for this ... in my books, articles and messages

I have never had any problems with this .... maybe because I see the motivation of such "attacks" ...... and it never occurred to me to be offended .... I only received new areas to work on through this ...

Michael Portnaar 10:25 AM

and the fact that I am "not stroking the head" and "not encouraging" (how glorious and good you are) is because I am not allowed to say this ... for a simple reason it will not help that person in the end! After all, my "Teacher" does not "pet me" or "caress me" on the head either!

10:26 AM and glory to Gd! 10:27 AM

there is a saying in Dutch: "Soft surgeons make stinky wounds"

10:37 AM

herenit's the same, so that the "wound" (= the desire to receive for oneself) in a person individually working on himself does not dissolve, for one needs a surgeon "with a firm hand" and with a good intention - to help ... And the fact that his intervention is felt as painful - this is the necessary feeling when recieving treatment, is it not?

## 179. WHAT IS A "MARRIAGE for bestowal"?

One of our forum users had just returned from Israel, where she had attended a Jewish wedding. According to tradition, the local rabbi spoke there with kind words. And so, she, being, of course, under the first impression of his words, returning from there, wrote me a message about it: "... The Rabbi spoke about bestowal! And that the best lessons about how to learn it can be obtained in marriage."

And although she did not ask herself or me about the meaning and truth of the words of this ray, here is my direct answer to both her and each of you:

As they say: it's not all - gold that glitters! Always look "inside", everywhere and not on the external manifestations, in this case "on beautiful and clever words".

Know and remember that in any marriage they give only FOR THEMSELVES!!! Each of the spouses gives the marriage partner ONLY for the sake of himself in principle: "I'll scratch your back so that you scratch mine"! And yet, because the husband "gives" to his wife, considering that she is his - that is, part of him! And the wife does the same thing. Therefore, he / she gives at the same time ONLY to herself!!!

And all these clever ravs utter only good words, but do not work on themselves! This is the whole misfortune of their rabbis and, in general, the people of Israel! They have only good words, but there is no work on themselves! All of them (for now) ONLY for the sake of their own "belly"!

And true marriage - unity with work for bestowal - is possible ONLY in individual spiritual work through union with the eternal laws of the Supreme management of the universe!

/ Work on what I have said to you in the simplest words. How? - by justifying them again and again, until you fully agree - until they become completely yours internally! Why should you waste precious time and energy on unreal, childish and ... false notions /?

## 180. TO WHOM CAN I TEACH KABBALAH?

2012/10/26 / From one of our forum users /:

Michael, I am confused, I don't know how to behave and just as long as I go with the flow. A few years ago, it turned out that I involuntarily brought a person to suicide with my actions, now the lesson is not resolved, and again under the similar circumstances there is again a guy with weak nerves who tries to ruin my life and my instincts again, my animal remembers the last scenario. Without going deep into details, you can say this - a person causes a great limitation of force in themselves and it's not for me to change it, but everything materializes through me. I don't like these thoughts, the ways and what comes into the world, as if I bring the property of din into the world, I try to stop it, dissolve it in myself,

sometimes it even works, but I immediately see that it brings harm and it should get from this property. I am confused .......... The higher management brought us together in such a way that we cannot separate, and for him and for me the question is vital and just stick your head in the sand like an ostrich will not work. In this place, I understand that each of us has our own lesson. I want to learn my own sooner. In the meantime, I'm confused ................... as something must be done, but what?

And here is my (Michael) direct answer:

This is your individual work and I have no right to interfere in it! In addition, it is not my specialty to give you advice: in Kabbalah we are not engaged in psychological aspects and disorders, but with the SPIRITUAL Elevation of a MAN from his normal state! Therefore, one can teach Kabbalah only to a person who is in mentally normal (= balanced) state! I wish you success,

## 181. WE ARE ONLY REQUIRED TO PUT IN THE EFFORTS!

2012/10/28 Nino N. <ni ... @ gmail.com> "Hello dear Rav,

You are disturbed by Nino from Bulgaria.

I received an e-mail from one reader of the Bulgarian section of your site (kabblah-arizal.nl/bg), the text of which I send to you:

"Здравей Нино.От известно време практикувам меркаба по учителя Друнвало Мелхиседек.Приеми моля те последната ми молба-с коя(кои) Давидови псалми се оживява напълно Меркабата. Лека вече. Иван"

Translation of this letter reads as follows: "Hello, Nino. I practice for a while the

Merkaba, using the techniques of Drunval Melchisedek. Tell me, please, through which of David's psalms Merkaba is fully revived. Good night! Ivan."

I told Ivan that I am not an expert and cannot answer. Then he asked me to ask this question to you. This is what I'm doing now.

Excuse me for bothering you!

Thanks in advance for the timely response!

Good luck!"

Nino "

And here is my (Michael) direct answer:

Kabbalah is given to mankind with the goal of HELPING it is overcoming the forces of impurity and evil. And the desire to just know something apart from the context of the source (Zohar, Oetz Haim, etc.) and getting a READY answer the questions posed for the sake of knowledge - DOES NOT HELP AT ALL! After all, "questions" are a shortage and, as such, must proceed from the inner pain of a feeling of non-coincidence in properties with the Supreme, and not for the sake of getting another dose of intellectual kick, as in our world they get from alcohol, drugs, etc. And therefore, I do not answer such questions - why? They after all they will not help the one who asks them!

And let Ivan himself look for all the answers and find it HIMSELF in "my" books, articles and forum posts! After all, from above we only need ... to put in the effort, not "knowledge"!!!

## 182. REACT, INSTEAD OF LIMITING YOURSELF!

/ Here is my translation from English of the message I received this afternoon from a certain Sharon O. And the original itself I quote here under the Russian translation /:

"Dear Rabbi, Portnaar,

I just wanted to wish you a good Sabbath! Also, very, very much thank you from the bottom of my heart. I have just read five questions and five eternal answers in any situation or incentive that needs to be applied to reflect the direct light through the or chozer, using masah to experience the goal of creation in Basics of Study of Kabbalah, Part 1.

I have never learned this method in the way that you described, which is so simple, so direct and so beautifully described.

It was the most turbulent week for me with several situations that experienced me to the depths of my soul. And it seems interesting to me that this happened when the war in Israel was also last week. I am so grateful that now there is a ceasefire, praying with all my heart that more and more people change their behavior so that there are no more wars in Israel or in any other place.

But I can only change myself. And so I look forward to applying these five questions and five eternal answers in my next situation, which makes me leave wholeness, because I really don't want to respond anymore, and I want my vanity to die, or at least throw the seed of my ego into the earth, and let it rot as you have described it so wonderfully.

These five questions are a blessed instrument, I can tell. I know that I meditate or do yihud (unity), I always have in front of me, as far as I can remember, that I know for sure the best way to meditate! This is such a gift, for which I am very grateful. Neither the Kabbalah Center nor Bnei Baruch taught me this simple, but at the same time, amazing method. I was told to limit myself, not react, and pray to the Creator for help. But now, armed with your five questions and answers, I know that I will go much faster in the right direction.

Thank you so much, Rabbi Portnaar, for everything. I also read TOF 1 (The Doctrine of the Kingdom of Heaven, Part 1) and asked Yeshua for help, especially during the past week during a difficult time when I could not see solutions by my own little earthly mind. And all of them were solved surprisingly, Baruch Hashem. And I look forward to learning more about how to communicate with Yeshua in my life, blessed be He, more and more.

I wish you many blessings, joy, love and light, and a beautiful Sabbath.

Regards in unity, Sharon O. "